

UC 11085 10F

Approved 1/22/11

CBM003 ADD/CHANGE FORM

Undergraduate Council
 New Course Course Change
 Core Category: NONE Effective Fall 2011

or

Graduate/Professional Studies Council
 New Course Course Change
 Effective Fall 2011

1. Department: EPSY College: EDUC
 2. Faculty Contact Person: Jenny Yi Telephone: 3-9841 Email: jyi@uh.edu

3. Course Information on New/Revised course:
 • Instructional Area / Course Number / Long Course Title:
HLT / 3380 / Culture and Health
 • Instructional Area / Course Number / Short Course Title (30 characters max.)
HLT / 3380 / CULTURE AND HEALTH
 • SCH: 3.00 Level: JR CIP Code: _____ Lect Hrs: 3 Lab Hrs: 0

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4. Justification for adding/changing course: To meet instructional needs of students
 5. Was the proposed/revised course previously offered as a special topics course? Yes No

If Yes, please complete:
 • Instructional Area / Course Number / Long Course Title:
 _ / 0 /
 • Course ID: 0 Effective Date (currently active row): _____

6. Authorized Degree Program(s): B.S., Health
 • Does this course affect major/minor requirements in the College/Department? Yes No
 • Does this course affect major/minor requirements in other Colleges/Departments? Yes No
 • Can the course be repeated for credit? Yes No (if yes, include in course description)

7. Grade Option: Letter (A, B, C ...) Instruction Type: lecture ONLY (Note: Lect/Lab info. must match item 3, above.)

8. If this form involves a change to an existing course, please obtain the following information from the course inventory: Instructional Area / Course Number / Long Course Title
 ____ / ____ / ____
 • Course ID: _____ Effective Date (currently active row): _____

9. Proposed Catalog Description: (If there are no prerequisites, type in "none".)
 Cr: 3. (3-0). Prerequisites: Junior standing or consent of instructor. Description (30 words max.):
 Examine the relationship between cultural variables and health/healthcare
 -care delivery.

10. Dean's Signature: _____ Date: 10/15/10
 Print/Type Name: Jacqueline Hawkins

COLLABORATION FOR LEARNING & LEADING

HLT 3380: Culture and Health

Instructor: Dr. Jenny K. Yi, Associate Professor
Office: Garrison 102E 713-743-9841
Email: Jyi@UH.EDU
Office Hours: Monday and Wednesday 2:30-4:30 or By appointment

Recommended Readings

- Barr, Donald A. (2008) Health Disparities in the United States: Social Class, Race, Ethnicity, and Health. The Johns Hopkins University Press, Baltimore
- Robert M Huff and Michael V Kline. (2008) Health Promotion in Multicultural Populations: A Handbook for Practitioners and Students. SAGE Publications. ISBN: 9781412939126.
- Thomas A. La Veist. (2005) Minority Populations and Health: An Introduction to Health disparities in the U.S. ISBN:0-7879-6413-1
- Fadiman, A. (1997). The spirit catches you and you fall down. New York: The Noonday Press
- Understanding and Applying Medical Anthropology. By Peter J. Brown (Ed.) (1998) Mayfield Publishing.
- Additional Readings will be handed out in class to supplement the texts.

Introduction: In this survey course in Culture and Health, we will examine the relationship between cultural variables and health/health care delivery. The goal of this course is to introduce students to a cross-cultural perspective and to a critical analysis in delivery of health care.

Students will be able to:

- Develop a contextual understanding of culture, including influences such as social class, gender, and ethnicity.
- Examine the interrelatedness of the components of culture and health.
- Examine how culture influences the health of individuals, families and communities.
- Examine traditional views of health and illness of selected cultures.
- Develop a critical perspective of the relationships between culture and health/health care delivery.
- Identify strategies used to provide culturally competent care.

Methods of Instruction

- Lectures
- In-class assignments and class discussions

Course Requirements: The course will utilize a lecture/discussion/presentation format. Students are expected to come to class prepared for critical discussion, reflection, and debate. Students will be evaluated on the basis of the following:

- | | |
|---------------|------------|
| • EXAMS | 200 POINTS |
| • ASSIGNMENTS | 80 POINTS |
| • ATTENDANCE | 20 POINTS |
- Class Attendance and Participation (20 points) Discussion will be based on readings, so students are expected to come to class having read the required material in order to participate

fully. CLASS ATTENDANCE is mandatory. I will take attendance at every class. You have to attend classes regularly since materials presented in class, may not be in your textbooks. Attendance in class is a requirement for successful completion of the course. Signing in for class is the responsibility of each student. Each registered student must sign-in at the end of each class.

- Assignments (80 points) Topics/Due: TBA in class. In addition to exams, students will write two short papers (40 points each) designed to assess the understanding of current health status and causes of health disparities among racial/ethnic minorities in the US and the complex relationship between socioeconomic status and race in US health care systems. The assignments will be graded according to content, quality and timeliness. This paper should be no longer than 5 pages (double spaced) and must returned in person in class.
- Exams (200 points): There will be two in-class exams worth 100 points each. The in-class exams will cover the readings and lecture materials covered prior to that exam. The format of the in-class exams will be multiple-choice, true and false, and short/medium-answer questions. Missed exams will be counted as zero unless arrangements are made in advance. Make-up exams will be given only if a physician's note or other verifiable document is provided.

TENTATIVE COURSE SCHEDULE-- SUBJECT TO CHANGE AT INSTRUCTOR'S DISCRETION

DATE	TOPICS
Week 1	Introduction Overview
Week 2-4	Culture, Illness, and Health Social determinants of health
Week 5-11	Health Issues among Racial/Ethnic Minorities <ul style="list-style-type: none"> • American Indian/Alaskan Natives Health Issues • African American Health Issues • Hispanic Health Issues • Asian American Health Issues • Pacific Islander Americans Health Issues • Other medically underserved populations
Week 12-14	Cross Cultural Communication Cultural competency

- Class attendance and participation throughout the semester is a requirement for successful completion of the course. It is your responsibility to attend class. If you miss a class meeting for any reason, you will be held responsible for all material covered and announcements made in your absence. Accommodations will NOT be made for lectures missed.
- All papers are to be typed, double-spaced, and written in 12-point font to receive full credit. You will receive half-points of any assignment turned in after papers have been collected. No papers will be accepted after one day from the due date for any reason.
- *ADA Statement: When possible, and in accordance with 504/ADA guidelines, we will attempt to provide reasonable academic accommodations to students who request and require them. Please call the Center for Students with Disabilities at ext. 3-5400 for more assistance.*