

# UC 10827 10S

TO: Lawrence Williams, Chair  
Undergraduate Council

FROM: Richard Scamell  
Degree Programs Committee: Programs

SUBJECT: UC 10824 10S: Nutrition Minor

DATE: June 2, 2010

APPROVED JUN 02 2010

The Committee met on Wednesday, May 26 to consider a proposal from the Department of Health and Human Performance to revise the requirements for a nutrition minor. Participating in the discussion were committee members Betty Barr, Roger Blakeney, and Richard Scamell. Joel Bloom and Laura Moore attended the meeting as guests.

The intent of the program of study in UC 10824 10S is to present a broad view of nutrition and illustrate the pervasiveness of nutrition-related issues across the life span of individuals and in the community. It also complements the opportunities for students planning to enter the medical, health, and human service-related professions. A comparison of the current and proposed programs of study follows.

#### **Current Minor**

##### ***Required Coursework (6 Hours)***

NUTR 2332: Introduction to Human Nutrition  
NUTR 3340: Life Cycle Nutrition

##### ***Elective Courses (9 hours)***

NUTR 2333/2133: Food Science I & Lab  
NUTR 3334: Advanced Nutrition  
NUTR 4235: Food Science II  
NUTR 4312: Nutrition Assessment & Planning  
NUTR 3330: Food Service Systems & Planning  
NUTR 4333: Medical Nutrition Therapy – Cardiovascular  
NUTR 4334: Community Nutrition  
NUTR 4339: Sports Nutrition  
NUTR 4347: Medical Nutrition Therapy – Metabolic  
NUTR 4396: Elective

#### **Proposed Minor**

##### ***Required Coursework (12 Hours)***

NUTR 2332: Introduction to Human Nutrition  
NUTR 3340: Life Cycle Nutrition  
NUTR 4334: Community Nutrition  
NUTR 4339: Sports Nutrition

##### ***Elective Courses (Choose One of the Following)***

NUTR 4396: Gerontology  
NUTR 4396: Eating Disorders

Note: NUTR 2332 has a prerequisite of MATH 1310: College Algebra and either BIOL 1334: Human Anatomy and Physiology, BIOL 1344: Human Anatomy and Physiology, CHEM 1301: Foundations of Chemistry, or CHEM 1331: Fundamentals of Chemistry. All other nutrition courses listed have only NUTR 2332 as a prerequisite.

#### **Recommendation**

The Committee recommends approval of UC 10824 10S.