

UNIVERSITY of HO

College of Education
Office of the Dean

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March 26, 2007

RECEIVED MAR 30 2007

APPROVED APR 18 2007


To Whom It May Concern:

The proposal from the faculty in the Department of Health and Human Performance (HHP) to create a "Wellness-Fitness" Track in the Bachelor of Science Degree in Kinesiology has my full support.

This proposal creates a degree track that promises to be popular with undergraduate students at the University of Houston. The proposed degree track would also be of considerable service to our larger community since wellness and fitness are an antidote to epidemic obesity.

The proposed track focuses on an area in which our faculty have nationally competitive strengths, and in that regard it constitutes a natural programmatic development of their knowledge and skills. I would expect that the strongest graduates from this degree track will want to continue with our faculty in HHP to pursue graduate studies.

I am pleased to give the proposed "Wellness-Fitness" track in the B.S. degree in Kinesiology my enthusiastic endorsement.


Robert K. Wimpelberg, Ph.D.
Professor and Dean / Elizabeth D. Rockwell Chair

College of Education

Department of Health and Human Performance

3855 Holman St Garrison Rm 104

Houston, TX 77204-6015

hhp.uh.edu



March 23, 2007

To Whom It May Concern:

This letter is in strong support of the recommendation from the Department of Health and Human Performance, in the College of Education at the University of Houston, that a Wellness-Fitness curriculum track be instituted within our Kinesiology undergraduate degree program. Additionally, I concur with the committee's recommendation that our current Movement and Sports Studies track be placed in moratorium (i.e. no more students admitted to the track). As a department we are committed to seeing that those currently in the track have ample opportunity to complete their Movement and Sports Studies track and earn their degree.

The reasons for requesting the new Wellness-Fitness track are well documented in the accompanying paperwork. Briefly, the opportunity to develop a degree which integrates kinesiological, nutritional and wellness concepts with a single curriculum better serves the needs of today's students who wish to work in the wellness-fitness industry.

The Health and Human Performance Department currently has the resources and personnel to deliver a first-rate program and are looking forward to the opportunity to do so.

If you would like additional information, please contact me at (713).743.9868 or by email at clayne2@uh.edu.

A black rectangular box redacting the signature of Charles S. Layne.

Charles S. Layne, Ph.D.
Professor and Chair
Department of Health and Human Performance

New Program Request Form for Bachelor and Mas Page 3 of 15

Directions: An institution shall use this form to propose a new bachelor's or master's degree program. In completing the form, the institution should refer to the document *Standards for Bachelors and Masters Programs*, which prescribes specific requirements for new degree programs. Note: This form requires signatures of (1) the Chief Executive Officer, certifying adequacy of funding for the new program; (2) a member of the Board of Regents (or designee), certifying Board approval; and (3) if applicable, a member of the Board of Regents or (designee), certifying that criteria have been met for staff-level approval. Note: An institution which does not have preliminary authority for the proposed program shall submit a separate request for preliminary authority. That request shall address criteria set in Coordinating Board rules Section 5.24 (a).

Information: Contact the Division of Academic Affairs and Research at 512/427-6200 for more information.

Administrative Information

1. Institution: University of Houston, Central Campus
2. Program Name – Show how the program would appear on the Coordinating Board's program inventory (e.g., *Bachelor of Business Administration degree with a major in Accounting*): Bachelor of Science in Kinesiology, Wellness-Fitness Track
3. Proposed CIP Code: 31.0501.10 Fitness and Sports
4. Brief Program Description – Describe the program and the educational objectives:
 The proposed Wellness-Fitness Track addresses the Urban Fitness "niche", which is one of the Department of Health and Human Performance's operational niches. The wellness-fitness Track provides a comprehensive and integrated approach for promoting wellness across the lifespan and in diverse settings. This approach includes kinesiology, nutrition, and health components. The psychological and sociological aspects of fitness and its socio-cultural contribution within the urban context is also a dominant element of the wellness-fitness degree. In addition, several physical activity practicum courses that include pre-professional training in individual and team physical activities that may be used in a variety of settings are included. The wellness-fitness degree plan is comprised of a minimum of 124 credit hours and is grounded in a university core (50 hours), a solid kinesiology core (20 hours), wellness-fitness core (42 hrs) and approved electives (12-15 hours). A copy of the wellness-fitness degree plan is attached.
 After completing the wellness-fitness degree plan students will:
 - 1) Be familiarized with the functioning of the human body through the integration of physiological, psychological, sociological and environmental aspects.
 - 2) Demonstrate skills to assess individuals' body composition, dietary intake, physical activity and physical fitness levels.
 - 3) Be able to design, implement, and evaluate comprehensive fitness and wellness programming.
 - 4) Be able to gain experience in several potential employment settings including corporate, school, community, government, and medical surroundings.

The proposed degree track replaces the current Movement and Sports Studies' track (see attached document). The resources that are currently devoted to the 'Movement and Sports Studies' track will be transferred to the Wellness-Fitness track. Therefore, no *new* university/departmental resources are required to offer the aforementioned track.
5. Administrative Unit – Identify where the program would fit within the organizational structure of the university (e.g., *The Department of Electrical Engineering within the College of Engineering*): The Department of Health and Human Performance within the College of Education
6. Proposed Implementation Date – Report the first semester and year that students would enter the program: Fall 2007

7. Contact Person – Provide contact information for the person who can answer specific questions about the program:

Name: Dr. Norma Olvera
 Title: Associate Professor
 E-mail: Nolvera@uh.edu
 Phone: 713-743-9848
 Fax: 713-743-9860

Dr. Joel Bloom
 Associate Professor
 Jbloom@uh.edu
 713-743-9847
 713-743-9860

Program Information**I. Need**

Note: Complete I.A and I.B only if preliminary authority for the program was granted more than four years ago. This includes programs for which the institution was granted broad preliminary authority for the discipline.

- A. Job Market Need – Provide short- and long-term evidence of the need for graduates in the job market. NA
- B. Student Demand – Provide short- and long-term evidence of demand for the program. NA
- C. Enrollment Projections – Use this table to show the estimated cumulative headcount and full-time student equivalent (FTSE) enrollment for the first five years of the program. (Include majors only and consider attrition and graduation.)

YEAR	1	2	3	4	5
Headcount	57	71	84	98	111
FTSE	50	62	73	85	97

The estimated headcount and FTSE enrollment for the first five years of the new wellness-fitness degree was calculated using data from the replaced Movement & Sports Studies track collected from 2002-2005. Data were fit in a linear equation to estimate the number of students that will enroll for the first five years of the new track. Headcounts were rounded up.

II. Quality

- A. Degree Requirement- Use this table to show the degree requirements of the program

Category	Semester Credit Hours	Clock Hours
General Education Core Curriculum (bachelor's degree only)	50	
Required Courses	62	
Prescribed Electives	12-15	
Free Electives	0	
Other (Specify, e.g., internships, clinical work)	(if not included above)	
Total	Minimum 124	

- B. Curriculum – Use these tables to identify the required courses and prescribed electives of the program. Note with an asterisk (*) courses that would be added if the program is approved. *(Add and delete rows as needed. If applicable, replicate the tables for different tracks/options.)* (see attached wellness/fitness degree plan).

Prefix and Number	Required Courses	SCH
KIN 1252	Foundations of Kinesiological Studies	2
KIN 3304	Human Structure and Human Performance	3
KIN 3305	Soc. & Cult. Asp. of Kinesiology and Sport	3
KIN 3306	Physiology of Exercise	3
KIN 3309	Biomechanics	3
KIN 4310	Measurement	3
KIN 4315	Motor Learning	3
KIN 1104	Movement Activities for Children	1
KIN 1304	Public Health Issues/Obesity	3
HLT 1353	Personal Health	3
HLT 2320	Foundations of Health	3
NUTR 2332	Introduction to Nutrition	3
KIN 3301	Design & Evaluation of Physical Activity Programs	3
NUTR 3340	Nutrition Life Cycle	3
KIN 3350	Psychological Aspects of Sport/Exercise	3
HLT 3381	Health Promotion & Disease	3
KIN 4200	Movement Studies of Special Populations	3
KIN 4355	Organization & Administration	3
KIN 4370	Exercise Testing	3
NUTR 4396	Res.Obesity/ Weight Management	3
KIN 4397	Childhood Obesity	3
PEB	Activity Class	1
PEB	Activity Class	1
PEB	Activity Class	1

Prefix and Number	Prescribed Elective Courses	SCH
HLT 2310	First Aid	3
HLT 3301	Individual Behavior/CPR	3
KIN 3300	Motor Development	3
KIN 3325	Sport Therapy & Athletic Training	3
KIN 4397	Obesity Epidemic	3
NUTR 4334	Community Nutrition	3
NUTR 4339	Sport Nutrition	3
NUTR 4348	Introduction to Nutrition Counseling	3

- C. Faculty – Use these tables to provide information about Core and Support faculty. Add an asterisk (*) before the name of the individual who will have direct administrative responsibilities for the program. *(Add and delete rows as needed.)*

In the following table 100% time assigned to the program indicates these individuals are full-time faculty members. Less than 100% indicates these individuals are hired as clinical or lecturers to teach specific courses within the proposed degree track.

Name of <u>Core</u> Faculty and Faculty Rank	Highest Degree and Awarding Institution	Courses Assigned in Program	% Time Assigned To Program
e.g. Robertson, David Asst. Professor	PhD. in Molecular Genetics Univ. of Texas at Dallas	MG200, MG285 MG824 (Lab Only)	50%
Bloom, Joel Associate Professor	Ph.D. Physical Education and Education Administration, University of Wisconsin	KIN 3301 KIN 3325 KIN 3304	100%
Bode, Sharon Clinical Assistant Professor	Ph.D. Human Environmental Sciences, Oklahoma State University	NUTR 4396	100%
Bush, Jill Assistant Professor	Ph.D. Kinesiology Penn State University	KIN 4370	100%
Foreman, Faith Clinical Assistant Professor	Ph.D. Public Health, The University of Texas School of Public Health	HLT 3381 HLT 2320	50%
Lee, Rebecca Assistant Professor	Ph.D. Human Services Psychology, University of Maryland Baltimore County	KIN 4397	100%
McFarlin, Brian Assistant Professor	Ph.D. Kinesiology, Purdue University	KIN 1304 KIN 3306	100%
Olvera, Norma Associate Professor	Ph.D. Developmental Psychology, University of Houston	KIN 4397	100%

No new faculty required to deliver the proposed degree track			
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Name of <u>Support</u> Faculty and Faculty Rank	Highest Degree and Awarding Institution	Courses Assigned in Program	% Time Assigned To Program
Alastuey, Lisa Visiting Assistant Professor	Ed.D., Supervision, Curriculum, and Instruction-Higher Education, Texas A&M University-Commerce	HLT 2320 HLT 3301	100%
Fite, Kevin Lecturer	M.S. Higher Education, Iowa State University	KIN 4355	10%
Hawthorne, Kelli Lecturer	M.S. Nutrition, Texas Women's University	NUTR 4334	10%
Honig, Caryn Lecturer	B.S. Nutrition and Dietetics, M.Ed. Education University of St. Thomas	NUTR 4348	10%
Knoblauch, Mark Lecturer	M.S. Kinesiology, University of Nevada at Las Vegas	KIN 3300	20%
Korman, Sanja Lecturer	B.S. Physical Education, University of Sarajevo Bosnia, Herzegovina	KIN 1104	10%
Kurz, Max Assistant Professor	Ph.D. Motor Control, University of Nebraska	KIN 3309	100%
*Layne, Chuck Full Professor (department chair)	Ph.D. Motor Control, University of Texas	KIN 4315	100%
Matalon, Kim Associate Professor	Ph.D. Foods and Nutrition, University of Illinois of Chicago	NUTR 3340	100%
Pearson, Demetrius Associate Professor	Ed.D. Physical Education, University of Houston	KIN 3305	100%
Proctor, Robin Lecturer	M.S. Health and Human Performance, University of Houston-Clear Lake	HLT 1353	30%
Rampacek, Chris Lecturer	Ed.D. Curriculum and Instruction University of Houston	HLT 2310	10%
Rhode, Paula Assistant Professor	Ph.D. Clinical Psychology, Louisiana State University	KIN 4310	100%
Scott, Claudia Lecturer	M.S. Nutrition, Texas Women's University	NUTR 2332	10%
Wilson, Penny Lecturer	B.S. Nutrition, University of Houston	NUTR 4339	20%
Yi, Jenny Associate Professor	Ph.D. Public Health, University of Massachusetts at Amherst	HLT 3301	100%

- D. Library – Provide the library director's assessment of library resources necessary for the program. Describe plans to build the library holdings to support the program. See attached letter.
- E. Facilities and Equipment – Describe the availability and adequacy of facilities and equipment to support the program. Describe plans for facility and equipment improvements/additions.

The Department of Health and Human Performance has the necessary research and teaching facilities to support the proposed Fitness and Wellness track. These resources are maintained in the interconnected Garrison and Melcher buildings that are located on the University of Houston main campus. The Garrison building has a fully staffed student computer facility that contains 30 computers that are connected to the internet. These computers contain software such as Microsoft Office (*e.g.*, MS Word, Excel, *etc.*), and teaching software resources such as Matlab, HUMAN motion analysis software, *etc.* Students in the Fitness and Wellness track will use these computers to access their Web-CT Vista accounts where professors will post assignments and additional learning materials. Garrison has three high-tech classrooms that are available for teaching the fitness and wellness courses. These classrooms contain a computer that is interfaced with a projector. These classrooms allow for seamless integration of technology in the classroom. One of the high-tech classrooms is equipped with 16 individual computers for each student. This classroom will be used to create a high-tech exploratory learning environment. Classrooms in the respective buildings can support small or large lecture classes (130 students).

Both the Garrison and Melcher buildings are well suited for teaching fitness-related courses. The Garrison building contains a fully equipped weight room, spinning room and aerobics studio. The Melcher building contains a pool and gymnasium suitable for indoor soccer, basketball and volleyball capabilities and outdoor courts for tennis. These facilities are outfitted with the necessary equipment for teaching individual and team exercise programs. These facilities will serve as arenas for teaching fitness and wellness concepts, and will allow for the student to directly experience the fitness concepts taught in the classroom. This will ensure that the student has direct hands-on experience, and will be well prepared as a professional working in the health and wellness field.

The Laboratory of Integrated Physiology (LIP) in the Garrison building is a fully equipped human performance/physiology/biochemistry laboratory capable of performing a wide variety of human performance testing, including exercise testing, muscle strength assessment, motor coordination/motor performance testing, learning/memory assessment and biochemical analysis of biological samples. The LIP is made up of three interconnected areas, a biochemical analysis laboratory (1400 sq. feet), a physiological/motor control testing laboratory (2400 sq. feet) and an exercise/strength testing laboratory with attached seminar/teaching area (2100 sq. feet). The LIP has a separate minor surgical procedure room (140 sq. feet) attached to the biochemical analysis laboratory that houses three phlebotomy stations and one minor surgical bed/station. Each of the interconnected areas contains the latest cutting-edge technology for biomechanical and physiological assessment of human performance. The available technology will be used for teaching demonstrations in the fitness and wellness courses, and undergraduate research.

The Cameron Building is well suited for teaching the nutrition-related classes. Two large classrooms with blackboard, screen, projection and audio system are available for teaching between 40-80 students. The Cameron Building has a fully staffed student

computer facility that contains 20 computers that are connected to the internet. These computers contain software such as Microsoft Office (e.g., MS Word, Excel, etc.), and teaching software resources such as Microsoft Power Point, Microsoft Photostory 3, Microsoft Producer, and Nutribase – an application for diet, nutrition, and fitness. The Cameron Building has a food science lab area containing six individual kitchens equipped with residential range/oven, refrigerator and sinks with hot and cold running water. Five students per kitchen is the maximum. Tables and chairs to seat 30 in an informal setting are also available.

- F. Accreditation – If the discipline has a national accrediting body, describe plans to obtain accreditation or provide a rationale for not pursuing accreditation.

SACS- Southern Association of Colleges and Schools. There are no discipline specific accrediting bodies.

III. Costs and Funding

Five-Year Costs and Funding Sources - Use this table to show five-year costs and sources of funding for the program.

The proposed degree track replaces the current 'Movement and Sports Studies' track. The resources that are currently devoted to the 'Movement and Sports Studies' track will be transferred to the Wellness-Fitness track. Therefore no *new* university/departmental resources are required to offer the program.

Five-Year Costs		Five-Year Funding	
Personnel ¹	\$0	Reallocated Funds	\$0
Facilities and Equipment	\$0	Anticipated New Formula Funding ³	\$0
Library, Supplies, and Materials	\$0	Special Item Funding	\$0
Other ²	\$0	Other ⁴	\$0
Total Costs	\$0	Total Funding	\$0

1. Report costs for new faculty hires, graduate assistants, and technical support personnel. For new faculty, prorate individual salaries as a percentage of the time assigned to the program. If existing faculty will contribute to program, include costs necessary to maintain existing programs (e.g., cost of adjunct to cover courses previously taught by faculty who would teach in new program).
2. Specify other costs here (e.g., administrative costs, travel).
3. Indicate formula funding for students new to the institution because of the program; formula funding should be included only for years three through five of the program and should reflect enrollment projections for years three through five.
4. Report other sources of funding here. In-hand grants, "likely" future grants, and designated tuition and fees can be included.

Signature Page

1. Adequacy of Funding – The chief executive officer shall sign the following statement:

I certify that the institution has adequate funds to cover the costs of the new program.

Furthermore, the new program will not reduce the effectiveness or quality of existing programs at the institution.

Chief Executive Officer

Date

2. Board of Regents or Designee Approval – A member of the Board of Regents or designee shall sign the following statement:

On behalf of the Board of Regents, I approve the program.

Board of Regents (Designee)

Date of Approval

3. Board of Regents Certification of Criteria for Commissioner of Assistant Commissioner Approval – For a program to be approved by the Commissioner or the Assistant Commissioner for Academic Affairs and Research, the Board of Regents or designee must certify that the new program meets the eight criteria under TAC Section 5.50 (b): The criteria stipulate that the program shall:

- (1) be within the institution's current Table of Programs;
- (2) have a curriculum, faculty, resources, support services, and other components of a degree program that are comparable to those of high quality programs in the same or similar disciplines at other institutions;
- (3) have sufficient clinical or in-service sites, if applicable, to support the program;
- (4) be consistent with the standards of the Commission of Colleges of the Southern Association of Colleges and Schools and, if applicable, with the standards or discipline-specific accrediting agencies and licensing agencies;
- (5) attract students on a long-term basis and produce graduates who would have opportunities for employment; or the program is appropriate for the development of a well-rounded array of basic baccalaureate degree programs at the institution;
- (6) not unnecessarily duplicate existing programs at other institutions;
- (7) not be dependent on future Special Item funding
- (8) have new five-year costs that would not exceed \$2 million.

On behalf of the Board of Regents, I certify that the new program meets the criteria specified under TAC Section 5.50 (b).

Board of Regents (Designee)

Date

UNIVERSITY OF HOUSTON
COLLEGE OF EDUCATION
DEPARTMENT OF HEALTH AND HUMAN PERFORMANCE
B.S. IN KINESIOLOGY

WELLNESS-FITNESS TRACK
Degree Plan (minimum 124 hrs.)

Student Name: _____ Semester/Year of Admission: _____
Student Number: _____ College Attended: _____
Student Telephone: _____ Advisor's Signature: _____

ACADEMIC FOUNDATIONS**UNIVERSITY CORE****50 hours**

COURSE	TRANS	GRADE	SH
Engl 1303			3
Engl 1304			3
Hist 1377			3
Hist 1378			3
Pols 1336			3
Pols 1337			3
Biol 1310,1110 or 1361,1161			4
Biol 1320,1120 or 1362,1162			4
Math 1310			3
Math 2311/PSYC 3301			3
Math Reasoning*			3
Math Reasoning*			3
Psyc.1300 or Soc.1300			3
Social Science (WI)*			3
Humanities*			3
Vlvisual & Performing Arts*			3
TOTAL HOURS COMPLETED			50

* CHOOSE COURSES FROM THE COURSE INFORMATION LIST IN UH CLASS SCHEDULE OR SEE ADVISOR

WELLNESS-FITNESS CORE**42 hours**

COURSE	TRANS	GRADE	SH
KIN 1104 Mvt. Act. Children			1
KIN 1304 Public Hlth Issues/Obesity			3
HLT 1353 Personal HLT			3
HLT 2320 Foundations of HLT			3
NUTR 2332 Introduction to Nutrition			3
KIN 3301 Dsgn/Eval.Phys.Act.Prgm			3
NUTR 3340 Nutrition Life Cycle			3
KIN 3350 Psy. Aspects Sppt Exercise			3
HLT 3381 Hlt Prom.& Disease			3
KIN 4200 Mvmt. Stud.Special Pop			2
KIN 4355 Org. & Administration			3
KIN 4370 Exercise Testing			3
NUTR 4396 Res.Obesity/Weight Mgmt			3
KIN 4397 Childhood Obesity			3
PEB Activity			1
PEB Activity			1
PEB Activity			1
TOTAL HOURS COMPLETED			42

KINESIOLOGY CORE**20 hours**

COURSE	TRANS	GRADE	SH
KIN 1252 Found. of Kines.			2
KIN 3304 Human Structure			3
KIN 3305 Soc. & Cult. Asp.			3
KIN 3306 Physiology			3
KIN 3309 Biomechanics			3
KIN 4310 Measurement			3
KIN 4315 Motor Learning			3
TOTAL HOURS COMPLETED			20

***APPROVED ELECTIVES OR MINOR 12-15 hours, 9 adv**


COURSE	TRANS	GRADE	SH
HLT 2310 First Aid			3
HLT 3301 Individual Behavior			3
KIN 3300 Motor Development			3
KIN 3325 Sport Therapy & Ath. Training			3
KIN 4397 Obesity Epidemic			3
NUTR 4334 Community Nutrition			3
NUTR 4339 Sport Nutrition			3
NUTR 4348 Intro.Nutrition Couns.			3
TOTAL HOURS COMPLETED			12-15

Health or other advisor approved minor

Health Minor: Since some of the courses required for a HLT minor are included in the W/F core, course requirements for earning a minor degree in health and eligibility for CHES are as follows:
HLT 3301, HLT 4310, HLT 4392 (internship) and 6 hrs.of advanced health elective courses.

10/11/2006

University Libraries

114 University Libraries
Houston, TX 77204-2000713/743-9795
Fax: 713/743-9811

Laura Koltutsky
Education Liaison Librarian
University of Houston Libraries
Houston, Texas
77204-2000

Dr. Norma Olvera
Department of Health and Human Performance
3855 Holman Street, Melcher Gym, Room 139
Houston, Texas
77204-6015

March 9, 2007

Dear Dr. Olvera,

Here is our letter of support for the new Wellness-Fitness Track program. The M. D. Anderson Library is excited to play a part in supporting your new program through our collection and library services such as library instruction, research assistance, and computing.

The current materials budget for Health and Human Performance has been and continues to be more than sufficient to meet all faculty and student monograph requests. The current budget also allows for the purchase of the majority of new books that appear in catalogs and other selection sources. The serial budget is sufficient so that most journal subscription requests have been approved. Health and Human Performance has a separate budget of \$28,173.00 (2006-2007) for serials and books but it also shares in the general College of Education materials budget of \$161,310.00 (2006-2007). This budget is more than sufficient to fill all faculty requests.

When assessing the ability of the University of Houston Libraries to meet the needs of the new Wellness-Fitness Track you must look at the entirety of the library collection rather than simply the budget allocation for the College of Education programs. The joint library catalog of the University of Houston, University of Houston Clear Lake and the University of Houston Downtown allow students to share these resources through a paging service. The interlibrary loan service provides efficient and timely access to resources not available through the University of Houston Libraries. Copies of theses and dissertations by University of Houston alumni are accessible to students and may be checked out. Dissertations and theses written elsewhere are also available through the interlibrary loan service.

The University of Houston's membership in the Houston Area Research Library Consortium (HARLiC) allows graduate students and faculty to borrow resources from other local research institutions such as Rice University. Beginning in 2005 all University of Houston faculty and graduate students have had access to the electronic holdings of the Houston Academy of Medicine -Texas Medical Center Library. This has especially benefited the Health and Human Performance department by allowing access to the electronic resources of a major medical library.

University Libraries


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The University of Houston Libraries has increased students' access to over two hundred electronic databases as well as thousands of electronic journals. Specialized databases such as SPORTDiscus with Full Text, CINAHL Plus with Full Text, and the Health and Wellness Resource Center provide the Department of Health and Human Performance with relevant resources. All of these electronic resources can be accessed by students and faculty on campus or over the Internet from their home or workplace.

The campus wireless network allows patrons to use library resources from multiple points in the library. Students may check out one of more than seventy laptops for use while in the library. The M. D. Anderson Library houses over two hundred and seventy desktop computers for use by students and we provide free printing to our patrons. Research assistance is available from librarians, staff, and student research assistants from opening to closing. M. D. Anderson Library is open 108 hours per week or an average 15.4 hours per day to provide access in the evening and on weekends.

As the liaison librarian to the College of Education and more specifically the Health and Human Performance Department I would be pleased to purchase specific materials for the Wellness-Fitness Track if that is required. I would also be happy to work with faculty involved in developing the program in creating an instructional program that will support the goals of the program.

Sincerely,


Laura Koltutsky

College of Education

Department of Health and Human Performance

Houston, TX 77204-6321

Date: November 13, 2006

To: Dr. Joel Bloom
Chair- University of Houston Undergraduate Council

From: HHP Undergraduate Committee [REDACTED]
[REDACTED] Dr. Olvera (Chair), Drs. Sharma, Pearson, Alastuey, and Kurz

RE: Recommendation for the Physical Education Teacher Certification Program

On October 14, 2005 (see attached memo), the HHP Undergraduate Committee unanimously voted to recommend that the Sport and Movement Track 1 be placed on a moratorium. The HHP Undergraduate Committee now proposes a new Wellness and Fitness track to replace the Sport and Movement Track 1 as of Fall 2007 (see attached degree plan). This new Wellness and Fitness track may reflect a better "fit" with contemporary trends. The Wellness and Fitness track requires a minimum of 124 hours with 50 University core hours, 20 Kinesiology core hours, 42 Wellness and Fitness core hours, and 12-15 approved elective or minor hours. This program of study provides students with a more integrated approach to wellness that includes basic kinesiology, nutrition, health, psychological, and socio-cultural aspects of physical activity. In addition, students are trained in the development, implementation, and evaluation of lifestyle interventions that are culturally, gender, and developmentally appropriate for urban populations in diverse settings (e.g., schools, community centers, health clubs, recreation facilities, etc.).

The proposed Wellness and Fitness track was approved unanimously by the HHP faculty on May 4th, 2006 with two friendly amendments. It should be duly noted that the Undergraduate Committee's recommendation and the new Wellness and Fitness track were facilitated by the findings of the two Ad Hoc Committees impaneled by the HHP Chair.

We respectfully submit the new Wellness and Fitness track for your review. If there are questions please feel free to contact me at nolvera@uh.edu or (713) 743-9848.

CC: Dr. Charles Layne, Health and Human Performance, Chair
Dr. Robert McPherson, Executive Associate Dean, College of Education
Dr. Robert Wimpelberg, Dean, College of Education

College of Education

Department of Health and Human Performance

3855 Holman St Garrison Rm 104
Houston, TX 77204-6015

hhp.uh.edu

To: Charles Layne

From: HHP Undergraduate Committee

Date: October 14, 2005

RE: Recommendation for the Physical Education Teacher Certification Program

The HHP Undergraduate Committee has considered the advantages and disadvantages of the physical education teacher certification program. Whereas in the past the teacher certification program served a critical need in addressing the in-class instructional mission of the state of Texas admirably, to date the climate of the state and nation does not appear to view physical education pedagogy programs as a priority. **However, because of the cyclical nature of society (i.e., historical circumstances, political policies, educational reforms, etc.) the committee unanimously voted to recommend that the physical education teacher certification program be placed on a moratorium.** This recommendation is proposed in lieu of a termination of the teacher certification program in the event that a more favorable climate evolves.

There are a number of factors that appear to be driving the lack of support for the physical education teacher certification in HHP. The following factors were key in our decision to vote for a moratorium on the program:

- 1) The lack of funding for tenure-track pedagogy faculty lines in HHP from the College of Education.
- 2) The inability to recruit and retain qualified pedagogically trained faculty in the HHP department (currently, there is one full-time and one part-time faculty member to support the teacher certification program in physical education).
- 3) National trends suggest a decline in the number of available pedagogists.
- 4) The new Wellness and Fitness track degree proposal may reflect a better "fit" with contemporary trends.
- 5) In the future, there may be a growing need to re-implement the physical education teacher certification program. Placing the teacher certification on a moratorium would allow our department to re-engage in meeting the community's needs when (and if) the time comes.
- 6) Completely phasing out the program may hinder our relationships with schools in the community if we wanted to reinstitute the teacher certification program.
- 7) Secondary level alternative teacher certification programs are available in the greater Houston area.
- 8) New state education rulings may allow people seeking teacher certification to take the TeXES exam without traditional university teacher training course work.
- 9) Difficulty in receiving NCATE sub-area accreditation of physical education and health programs due to a perceived lack of direct departmental focus in teacher education.

It should be duly noted that the Undergraduate Committee's recommendation and subsequent rationale were facilitated by the findings of the two Ad Hoc Committees impaneled by the HHP Chair. We wish to acknowledge their department service and diligent work.