



UC 8491 055

UNIVERSITY OF HOUSTON

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*Tabled
10/5/05
Not reviewed
by Dept.
Approved
CLASS
Under Studies
Committee
4/7/05
Removed from
agenda 2/22/06*

TO: Dr. Sarah Fishman-Boyd
Associate Dean
College of Liberal Arts and Social Sciences

FROM: Maria Pedraza [redacted]
Assistant Director of Athletics
Student-Athlete Services

DATE: March 4, 2005

RE: Request for Change in the Undergraduate Catalog

I am writing to request a change to the Undergraduate Catalog under "Course Limitations and Restrictions" for the College of Liberal Arts and Social Sciences (CLASS). Specifically, I am making an appeal to include *Health 2310: First Aid and Emergency Care* under section 5(a), courses that may be used for credit toward a CLASS degree.

The course Health 2310 is taught in the classroom; it is an academic course and not an activity course. Health 2310 is a classroom course which entails weekly and requires regular exams. It serves as the pre-requisite for Health 4310 which *is* included in the CLASS list of approved courses that count toward a degree in CLASS.

Some of our student-athletes transfer this course in from other colleges while many athletes take the course here at UH before declaring a major (the NCAA allows 4 full-time semesters before a student-athlete has to declare a major). The use of this course in the "electives" block would expedite the timely the graduation for some of our athletes. As you may know, student-athletes must complete predetermined percentages of their degree plan as they proceed through college: 40% of the degree after 2 years; 60% after 3 years and 80% after 4 years of enrollment. Losing 3 hours of credit can hamper a student-athlete's progress toward graduation.

I have attached two recent syllabi showing the writing component of the course, the emphasis on written exams (given by the instructor in addition to those required by the American Red Cross), presentations and projects. Both classes require presentations and papers with the goal of challenging students to communicate and be proactive about their own health and the health and safety of those around them.

I would be delighted to discuss this appeal further, with the assistance of an instructor from the Department of Health and Human Performance who can provide additional information regarding the course. I am thanking you in advance for your consideration and the review of the attached syllabi.

RECEIVED APR 13 2005

of Houston graduates who have not interrupted their enrollment for more than 13 months.

d. All continuing students who obtain permission from the dean of the college of their major to graduate under the degree requirements of the new core.

Other students, including most students enrolled at the University of Houston prior to Fall 1999, will not be required to satisfy the new core requirements; instead, they may choose to satisfy either the old core curriculum (see previous catalogs) or the new core curriculum. Students choosing to complete the old core must have completed certain portions of it by Summer 2001; if they did not, they must complete the new core. Further information on core eligibility and on courses that satisfy core curriculum requirements can be obtained by consulting the core curriculum web site (www.uh.edu/academics/corecurriculum), the current class schedule, or an academic advisor.

Core Curriculum Requirements	Hours
Communication	
ENGL 1303, 1304 (Freshman Composition)	6
Mathematics	3
Mathematics/Reasoning	3
U.S. History	6
American Government	6
Humanities	3
Visual/Performing Arts	3
Natural Sciences	6
Social/Behavioral Sciences, (3 hours must be writing intensive)	6
Total	42

Lists of courses that satisfy each category of the new core curriculum may be found in the university's course schedule under the section entitled "Courses Approved for the New Core Curriculum."

- Satisfactory completion of at least 30 semester hours of credit in residence at the University of Houston.
- Satisfactory completion of the last 30 semester hours of credit to be applied toward the degree in residence at the university.
- Satisfactory completion of at least 36 semester hours of credit in advanced courses (i.e. 3000- or 4000-level).
- Satisfactory completion of at least 27 semester hours of credit in one major field of study.
- Satisfactory completion of at least 18 semester hours of advanced credit in one major field of study. (Students seeking teacher certification must fulfill specific requirements stated under Teacher Certification Program in the College of Education section of this catalog.)
- Satisfactory completion of at least 15 semester hours of credit, at least 12 of which shall be advanced, in the major in residence at the university.
- A minimum cumulative grade point average of 2.00 on all work attempted in residence at the university.
- A minimum cumulative grade point average of 2.00 on all work attempted in the major in residence.

11. A minimum cumulative grade point average of 2.00 on all core curriculum courses attempted in residence.

Course Limitations and Restrictions

- Students shall not receive course credit by special examination in any field of study in CLASS if they have ever enrolled in course work in that field of study at the University of Houston or any other accredited college or university.
- Courses designated as remedial courses, such as ENGL 1300, MATH 1300, or READ 1300, shall not apply toward the 120 hour semester requirement for any degree in CLASS.
- Students shall not apply credit for any TMTH (Technical Math) courses toward the number of semester hours required for any degree in CLASS, unless the course was successfully completed while they were majors in the College of Technology.
- Students shall not apply more credit toward their degrees in CLASS than is indicated below for the following courses:
 - No more than a combined total of 8 semester hours from DAN 1106, 1107, 1110, 1111, 1112, 1113, 1115, 1212, 1213, and 1215.
 - No more than a combined total of 8 semester hours from MUSI 1100, 1101, 1102, 1103, 1110, 1120, 1121, 1122, and 1140.
 - No more than a combined total of 8 semester hours from THEA 1111 and 1112.
- Unless they are obtaining a minor in Health or Kinesiology or are candidates for teacher certification with a second teaching field in Health or Kinesiology, students may apply credit toward any degree in CLASS for only the following courses offered by the Department of Health and Human Performance:

- HTL 1353, 2320, 3301, 3304, 3306, 3381, 4302, 4306, 4308, 4310.
- No more than three semester hours in KIN or PEB physical activities courses.
- KIN 1252, 3300, 3301, 3304, 3305, 3306, 3309, 3325, 3360, 4200, 4307, 4310, 4315, 4325, 4345, 4350, 4355, 4360, 4365, 4370.

Bachelor of Arts Degree

In addition to meeting the general university and college degree requirements previously stated, candidates for the Bachelor of Arts degree in CLASS must complete the following college requirements, all of which may be satisfied either by course credit or credit by examination:

- Satisfactory completion of six semester hours of credit at the 2000 level or higher in one foreign language.
- Satisfactory completion of nine additional semester hours of credit in three of the following fields of study—African American studies (AAS) American cultures (AMER), anthropology (ANTH), art (ART), art history (ARTH), Chinese (CHNS), classical studies (CLAS), communication (COMM), communication disorders (COMD), dance (DAN), economics (ECON), Eng-

add 2310 here

HLT 2310 - Section 01380
Emergency Care and First Aid

Fall 2004
1-2:30pm T, TH
209 Garrison Gym

Dr. Christopher Rampacek
141 Melcher Gymnasium
Office hours 9-10am M, W
713.854.7575 cellular

Course Objectives

drampacek@houston.rr.com

- To learn and practice first aid, CPR and lifestyle behavior change skills and strategies.
- To prepare students to meet emergency situations in both their personal and professional lives.
- To challenge students to think, communicate, learn, teach and improve the quality of their, and others, lives.

Text and materials

Community First Aid & Safety (2002) American National Red Cross.

Course packet #69 - University Copy Center

A pair of rubber gloves and a breathing barrier. They may be purchased from an American Red Cross chapter facility or a medical supply store.

A \$3.00 fee is only required for ARC certification.

Course Evaluation (100 points total)

- 5 written ARC exams (Responding to Emergencies, Infant CPR, Child CPR, Adult CPR and First Aid) - 55% of the grade
2 practical ARC exams (CPR and First Aid) are only required for certification.
- Final exam - 35% of the grade.
- Design a personal wellness plan for improving the safety and quality of your life.
Typewritten one page summary and in-class presentation - 10% of the grade.
- Attendance policy - No excused absences are given. The first 2 absences are free then 5 points will be taken off of the final grade for each additional absence. Arrival after attendance is taken will result in an absence.
- Extra credit for professional and collegiate activities may be offered during the course.

HLT 2310
COURSE OVERVIEW

Personal safety, risk factor identification and management	37, 78-81
“Healthy People 2010”	Packet
Wellness and behavior change	
Designing a safe and healthy lifestyle	
Taking action, life-threatening emergencies for adults.	1-78
Practice session.	
Life-threatening emergencies for children and infants.	82-127
Practice session.	
ARC CPR exams (written and practical)	
Injuries; wounds, bleeding, shock and burns	128-170
Muscles, bones and joints.	171-196
Practice session	
Sudden illness; seizures, diabetes, stroke, poisoning (Poison Control Center 1.800.764.7661) fainting, heat and cold illness	197-240
Treating young and elderly victims	
ARC First Aid exams (written and practical)	
Nutrition	Packet and handouts
Supplements and ergogenic aids	Packet and handouts
Eating disorders	Handouts
Health consumer education	Handouts
Alcohol and tobacco	Packet
Health and wellness lifestyle presentations	
Final exam	

Tristen

HLT 2310 – Emergency Care & First Aid

The schedule and procedures in this course are subject to change in the event of extenuating circumstances.

By maintaining enrollment in this course you agree to abide by all points in this syllabus and the University's policy and procedures.

Class Meeting: Tuesdays & Thursdays
Instructor: Christine Stoltz
Phone: 713-743-9851
Office Hours: By appointment

Class Location: 203 Garrison Gym
Office: 139 Melcher Gym
Email: christinestoltz@yahoo.com

Course Purpose: To train individuals to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening emergencies such as respiratory problems, cardiac problems, sudden illness, and injuries to infants, children, or adults. To become certified in Community First Aid and CPR by the American Red Cross.

Course Objectives:

- Understand the causes of cardiovascular diseases.
- Identify how to reduce the risk of a heart attack.
- Recognize the signals of a heart attack, and provide care to reduce the chance of cardiac arrest and/or death.
- Identify how to respond to emergency situations.
- Identify how to reduce the risk of injury to infants and children.
- Learn how to care for an infant, child, or adult who stops breathing.
- Learn how to care for an infant, child, or adult who is choking.
- Learn how to give CPR to an infant, child, or adult whose heart has stopped beating.
- Learn how to control bleeding.
- Learn how to care for non life-threatening emergencies such as a sprain, strain, or fracture.
- Identify how to use your community's emergency medical services (EMS) effectively.

Required Book: American Red Cross – Community First Aid and Safety Stock No. 652100

Grading:	Description	Points
	Participation	40
	Instructor Tests	60
	Red Cross Tests	50
	Red Cross Skills	45
	Project	60
	First Aid Kit	45
	Total	300

Grade Breakdown		
Points	Percentage	Letter Grade
281 – 300	94 – 100%	A
269 – 280	90 – 94%	A-
257 – 268	86 – 89%	B+
248 – 256	83 – 85%	B
239 – 247	80 – 82%	B-
227 – 238	76 – 79%	C+
218 – 226	73 – 75%	C
209 – 217	70 – 72%	C-
197 – 208	66 – 69%	D+
188 – 196	63 – 65%	D
179 – 187	60 – 62%	D-
0 – 178	0 – 59%	F

*Extra credit is NOT available.

*In the event anyone is caught cheating on an exam, you will receive an "F" on the exam.

Attendance: Students are expected to attend all allocated classes. Students are expected to sign in for each class session. If you do not sign, you do not get credit for the class. If you miss a skills or Red Cross test, *with prior instructor approval*, you may make up the missed session. After the fifth unexcused absence the student's grade may be dropped by 20 points for every class missed.

Late Policy: Students are considered late if they are 5 minutes late. If a student is either late or leaves early, they will only receive partial credit for that day's attendance.

Paper Options

Choose ONE. **LATE PAPERS ARE NOT ACCEPTED**

I. **Article Review (60 points).**

You are required to review, compare, and contrast *two* articles about the *same* topic. The articles must be from recent appropriate sources, and relate to an aspect of this course while extending your knowledge on a specific topic. Prior to the report being submitted, the instructor must approve all topics. If the topic has not been approved, 5 points will be deducted from the final score on the paper.

The report must include:

- (i) Source and date of publication.
- (ii) Significance of the articles i.e., Why did you select them? How do they relate to this course?
- (iii) Brief overview/summary of contents of both articles. (1 page max so don't regurgitate them [that is called plagiarism])
- (iv) Compare and contrast the information in the articles. (2 pages)
- (v) What have you learned from the articles? How effective do you think the articles are? Do you think they contain reliable and well-researched information?
- (vi) Conclusion
- (vii) Copies of the articles

Approximately 4 typed pages (12 point font, double spaced, 1" margins). Place your name, class, and date on a separate page at the back of your paper. Please put the paper and articles in a folder. Grading will be based on summaries (10), significance of articles and what you learned (10), spelling, grammar, and following directions (10), comparison (20), and conclusion (10).

★ OR ★

II. **Work Experience**

Work in the field. You must complete a minimum of 8 hours of work experience. Students must have work area approved before starting. If the work area has not been approved, 5 points will be deducted from the final score on the paper.

Write approximately 4 typed pages (12 point font, double spaced, 1" margins). Place your name, class, and date on a page at the back of your paper. The paper should detail your experience, what you learned, what you could use from this class, your opinion of the work, and any other relevant information. Grading will be based on spelling, grammar, and following directions (10), detailing of work (20), what you learned and relevance to

course (20), and conclusion (10). **INCLUDE A SIGNED WORK SHEET DOCUMENTING THE HOURS.**

Suggestions are (but not limited to), shift on ambulance, shadowing medical doctor, dentist, physical therapist, athletic trainer, etc.

Presentation

Be prepared to give a short (5 min) report about your paper to the class (10 points in participation). The report will be graded on length (5), content and presentation (5).

First Aid Kit

First Aid Kit (45 points) **LATE KITS ARE NOT ACCEPTED**

You are required to put together a first aid kit. The kit must contain items necessary for treating any of the injuries or illnesses covered in this course. A typed list of all contents and their uses/instructions must be included.

The kit will be graded on its content (25), neatness (10), and typed list (10). The kit should be about the size of a shoebox, with your name clearly marked on the front. Please be prepared to spend up to \$20 - \$30 on the kit. If you buy each item separately it will cost more. If possible, group together and buy some items in bulk.

Red Cross Certification Cards

If you would like to purchase the cards from the American Red Cross showing that you have been certified in adult/child/infant CPR and/or basic first aid you may do so at the end of the semester if you meet the requirements.

The requirements are:

1. Have no more than two incorrect on any section of the Red Cross tests. (You may correct the test for certification purposes only).
2. Complete all the skills.
3. Pay the administration fee charged by Red Cross. (\$3 per card)

WebCT Information for Students

Starting Friday, Jan. 16, registered students will be loaded into WebCT courses from the Admin registration system. This will happen automatically based on section numbers provided by instructors.

Unique WebCT IDs for registered students are created by a central account management system, from the official registration rosters. Students who register late should allow at least 3 working days for their access to be enabled.

First-time student users of WebCT need to get their WebCT ID by using one of the following options:

- 1) Online at <http://www.uh.edu/webct> - click "New Users" to get a WebCT ID.
- 2) In person in Room 56 in the basement of the MD Anderson Library on the main campus, Monday-Friday, 8 am to 8 pm.
- 3) By phone at 713-743-1411 Monday-Friday, 8 am to 8 pm. After Jan. 20, hours will be extended to midnight Monday-Friday and noon to 8 pm on Saturdays and Sundays.

Once students have their WebCT IDs, they can log on to WebCT courses by going to <http://www.uh.edu/webct> and clicking "Log On."

A student's initial password is his/her birth date in the format mmddyyyy (example: April 1, 1984 would be entered as 04011984). WebCT IDs and passwords are case sensitive. Students should change their password the first time they log on to WebCT.

Support for students using WebCT is available in four ways:

- 1) Online at <http://www.uh.edu/webct> - click on "Get Help" and then select "UH Main Campus"
- 2) In person in Room 56 in the basement of the MD Anderson Library on the main campus, Monday-Friday, 8 am to 8 pm.
- 3) By phone at 713-743-1411 Monday-Friday, 8 am to 8 pm. After Jan. 20, hours will be extended to midnight Monday-Friday and noon to 8 pm on Saturdays and Sundays.
- 4) By sending email to support@uh.edu with the student's full name, course name and number, instructor's name and a description of the problem.

Academic Dishonesty Policy

** Internet sources are considered to be other people's ideas & work just as if they published it.

Article 3. Categories of Academic Dishonesty

3.02 Academic Dishonesty Prohibited. "Academic dishonesty" means employing a method or technique or engaging in conduct in an academic endeavor that the student knows or should know is not permitted by the university or a course instructor to fulfill academic requirements. Academic dishonesty includes, **but is not limited to**, the following:

- a. Stealing, as theft of tests or grade books, from faculty offices or elsewhere; this includes the removal of items posted for use by the students.
- b. Using "crib notes," as unauthorized use of notes or the like to aid in answering questions during an examination;
- c. Securing another to take a test in the student's place; both the student taking the test for another and the student registered in the course are at fault;
- d. Representing as one's own work the work of another without acknowledging the source (plagiarism). This would include submitting substantially identical laboratory reports or other materials in fulfillment of an assignment by two or more individuals, whether or not these used common data or other information, unless this has been specifically permitted by the instructor.

- e. Changing answers or grades on a test that has been returned to a student in an attempt to claim instructor error;
- f. Giving or receiving unauthorized aid during an examination, such as trading examinations, whispering answers, and passing notes, and using electronic devices to transmit or receive information.
- g. Openly cheating in an examination, as copying from another's paper;
- h. Using another's laboratory results as one's own, whether with or without the permission of the owner;
- i. Falsifying results in laboratory experiments;
- j. Mutilating or stealing library materials; mis-shelving materials with the intent to reduce accessibility to other students;
- k. A student's failing to report to the instructor or department chair an incident which the student believes to be a violation of the academic honesty policy; and
- l. Misrepresenting academic records or achievements as they pertain to course prerequisites or corequisites for the purpose of enrolling or remaining in a course for which one is not eligible.
- m. Possessing wireless electronic devices capable of transmitting and/or receiving wireless signals in an exam room unless expressly permitted by the instructor. Students seen with such devices will be charged with academic dishonesty.
- n. Any other conduct which a reasonable person in the same or similar circumstances would recognize as dishonest or improper in an academic setting.

Article 4. Sanctions

4.01 Sanctions. The sanctions for confirmed breaches of this policy shall be commensurate with the nature of the offense and with the record of the student regarding any previous infractions. Sanctions may include, but are not limited to, a lowered grade, failure on the examination or assignment in question, failure in the course, probation, suspension from the university, expulsion from the university, or a combination of these.

4.02 Probation, Suspension, and Expulsion. The terms probation, suspension and expulsion as used herein refer to these sanctions only as they are imposed as a result of violations of this Academic Honesty Policy. All policies and procedures for the imposition and appeal of these sanctions are contained within this policy.

11/10/17