

- 2 PM** ○ **CAPS & BE HEALTHY @ UH* | HOUSTON ROOM**
Counseling and Psychological Services will review suicide prevention and assist you with responding to suicidal thinking and behavior. UH Wellness will also share how you can live a healthy and balanced life to increase success, assist with stress management, promote healthy life choices, and support emotional well-being.
- COUGAR SERVICES | HOUSTON ROOM**
You'll hear from different on-campus services such as parking, the bookstore, and dining.
- DIVERSITY CHALLENGE | HOUSTON ROOM**
One of our claims to fame is our diversity. Let's talk about how to maximize your experience at the second-most ethnically diverse university in the U.S.
- COUGAR PRIDE & TRADITIONS | HOUSTON ROOM**
Let our Orientation Leaders show you how it's done! You'll learn our fight song and other traditions that'll get you ready for your first football game.
-
- 4:30 PM** ○ **DINNER & COUGAR TO COUGAR SMALL GROUP | VARIOUS ACADEMIC CLASSROOMS**
-
- 6:30 PM** ○ **CAMPUS HIGHLIGHTS TOUR OR MATH PLACEMENT | UH CAMPUS**
Tour the campus with a UH O-Team leader! If you need to take the Proctored Math Placement Exam, this will be your opportunity to do this while on campus.
-
- 7:30 PM** ○ **COUGAR CARNIVAL | UH RECREATION CENTER**
Meet student leaders across campus and learn how you can get involved.
-
- 8:15 PM** ○ **SPOTLIGHTS | HOUSTON ROOM**
Our Orientation Leaders will share their stories about how and why they chose the University of Houston.
-
- 9 PM** ○ **COOGS FEST | STUDENT CENTER BASEMENT**
Take photos at the photo booth, visit the Games Room for bowling, and sing along during karaoke.
-
- 10:30 PM** ○ **CANDLELIGHT CEREMONY | CULLEN FAMILY PLAZA**
Take part in this beloved ceremony as you become an #OfficialCoog!

FRESHMAN ORIENTATION DAY 2

- 7:30 AM** ○ **RESIDENCE HALL CHECK-OUT | COUGAR VILLAGE II**
- 7:45 AM** ○ **BREAKFAST | SPACE CITY ROOM**
-
- 8:45 AM** ○ **BEHIND CLASSROOM DOORS | HOUSTON ROOM**
A chance to learn some academic insights and tips for a successful transition to the academic rigor during your first year at UH.
-
- 9:20 AM** ○ **CUB CAMP & SUMMER READING PROGRAM | HOUSTON ROOM**
Come to Cub Camp this summer to learn more about UH and bond with the Class of 2023! Learn about the Provost's Summer Reading Program.
- IT & ACCESSUH | HOUSTON ROOM**
Learn how to navigate your student portal so you can pay your bill, register for classes, and more.
- ALUMNI ASSOCIATION | HOUSTON ROOM**
Learn about what you can look forward to as a UH alum.
-
- 10 AM** ○ **SPECIAL INTEREST WORKSHOPS – PICK 1 OF THE FOLLOWING**
- ON-CAMPUS STUDENT HOUSING & RESIDENTIAL LIFE | HOUSTON ROOM**
 - COMMUTER STUDENT SERVICES | THEATRE**

- 10:40 AM** ○ **SPECIAL INTEREST WORKSHOPS – PICK 1 OF THE FOLLOWING**
- HONORS MEETING | SPACE CITY ROOM**
 - JUMPSTART YOUR CAREER | HOUSTON ROOM**
 - URBAN EXPERIENCE PROGRAM & FIRST-GENERATION COLLEGE STUDENTS | SKYLINE ROOM**
 - LEARNING ABROAD | THEATRE**
-
- 11:15 AM** ○ **CLOSING REMARKS | HOUSTON ROOM**
-
- 12 PM** ○ **COLLEGE MEETING & ACADEMIC ADVISING | VARIOUS ACADEMIC COLLEGES**
Learn about your college's expectations, meet with advisors, and enroll in courses.

NEXT STEPS AFTER ORIENTATION

- Financial Aid** – Accept or decline any pending scholarships, grants, or loans in your myUH portal. Questions? Contact the Office of Scholarships & Financial Aid at (713) 743-1010, option 5.
- Parking** – Sign up for your parking permit.
- Roommate** – Email your roommate, and get to know them! Ask what they're bringing to your room, ask about their interests, and let them know you're excited to meet them.
- Payment Plans** – Select a payment plan in your myUH portal under Student Financials. Questions? Contact Student Business Services at (713) 743-1010, option 6.
- Cougar Card** – Take your Cougar Card photo before you leave your orientation, or upload your photo to the Cougar Card icon on AccessUH.
- Salutations Training** – Complete the mandatory Sexual Misconduct Awareness and Prevention training, which will be sent to you via email.
- FERPA** – If you'd like to release your academic or financial information to someone besides yourself, fill out a FERPA release form, which can be found online or at the Registrar's Office in the Welcome Center.
- CASA** – Get your fingerprint registered at CASA so you can take upcoming exams on campus. Register at the CASA Classroom and Business Building or CASA Garrison.
- Get to Know Campus** – Walk around campus, and learn where your classes will be before your first day. You don't want to be late!
- Cub Camp** – Register for Cub Camp at uh.edu/cubcamp, and meet some of your new classmates before classes begin.
- Weeks of Welcome** – Attend the Weeks of Welcome events during the first few weeks of school. Whether you're a commuter or living on campus, you definitely don't want to miss this!
- UH Campus Store** – Check out the UH Campus store in the Student Center to get your textbooks for the upcoming semester. That's where you can also get a new, red UH shirt (or two!) for Cougar Red Fridays!
- Apps** – Download the Navigate Student app, which will help you make appointments with your advisor and stay on track for graduation. You can also download the UH Go app to keep up with all of the happenings on campus!
- Final Transcript** – Don't forget to send your final transcript to us.

**Content shared in these portions of the session may be a trigger for some students and guests. Please notify a staff member prior to or during this session if you have concerns or if you need to take advantage of the counseling resources on campus.*

CAMPUS RESOURCES

Office of Scholarships & Financial Aid

(713) 743-1010, option 5
Fax: (713) 743-9098

Office of Student Business Services

(713) 743-1010, option 6
bursar@uh.edu

Office of the University Registrar

(713) 743-1010, option 7
uh.edu/our

Office of Admissions

(713) 743-1010, option 4
admissions@uh.edu

Campus Recreation

(713) 743-7529
uh.edu/recreation

Student Health Center & Pharmacy

(713) 743-5151
uh.edu/healthcenter

Counseling & Psychological Services

713-743-5454
uh.edu/caps

Dean of Students Office

(832) 843-6183
uh.edu/dos

UH Dept. of Public Safety

(713) 743-0600 or 3333
uh.edu/police

UH Wellness

(713) 743-5430
uh.edu/wellness

Women's Gender & Resource Center

(832) 842-6191
uh.edu/wgrc

A.D. Bruce Religion Center

(713) 743-5050
uh.edu/adbruce

UH Veterans Services

(832) 842-5490
uh.edu/veterans

Cougars in Recovery

(713) 743-5862
uh.edu/cir

Center for Student Involvement

(832) 842-6245
uh.edu/csi

LGBTQ Resource Center

(832) 842-6191
uh.edu/lgbtq

Center for Student Empowerment

(713) 743-6032
uh.edu/cse

Center for Fraternity & Sorority Life

(832) 842-4955
uh.edu/cifsl

Student Center

(832) 842-6260
uh.edu/studentcenters

LAUNCH

(713) 743-5411
las.uh.edu/lss

Justin Dart, Jr. Student Accessibility Center

(713) 743-5400
uh.edu/accessibility

UH Career Services

(713) 743-5100
career.uh.edu

SHUTTLE BUS INFORMATION

Day 1 – Charter

7 to 9 AM

Zone E > Student Center > Cougar Village 2

6:30 PM

M.D. Anderson Library > Zone E

Day 2

7 to 9 AM

Zone E > Student Center

All day

Circulator Shuttle Bus Route

NEW STUDENT ORIENTATION

Student Schedule

FRESHMAN ORIENTATION DAY 1

ALL EVENTS ARE MANDATORY

- 7:45 AM** **ORIENTATION CHECK-IN | COUGAR VILLAGE II BREEZEWAY**
Grab your name tag and some new UH swag. Be sure to wear your name tag at all times—it's your ticket to all meals and activities.
- 8 AM** **INFORMATION FAIR | BALLROOM**
Learn about campus departments that provide services, programs, and resources to support you during your college career.
- IMMUNIZATION HOLDS | BAYOU CITY ROOM**
If you have a bacterial meningitis hold on your account, you may submit documentation to have this hold removed. This hold will prevent you from enrolling in courses.
- TSI HOLDS | BALLROOM**
If you received a slip at check-in for a TSI hold, visit with staff to review your options for having the hold removed. This hold will prevent you from enrolling in courses.
- CHANGE YOUR MAJOR | SPACE CITY ROOM**
Submit new documentation if you wish to be considered for a different major. You must meet the requirements for the major you request. This is your only opportunity to have your major changed.
- PHOTO BOOTH | STUDENT CENTER SOUTH 2ND FLOOR**
Take a picture so you'll always remember the beginning of your journey as an #OfficialCoog!
- 10 AM** **WELCOME | HOUSTON ROOM**
The Executive Director of Admissions and Orientation Team will give you a big welcome and provide an overview of the two-day program.
- TAKE CHARGE OF YOUR SUCCESS | HOUSTON ROOM**
Learn what you need to know about tuition and fees, how to pay your bill, payment deadlines, and financial resources including scholarships, grants, and loans.
- COOGS GET CONSENT* | HOUSTON ROOM**
Equal Opportunity Services discusses the campus-wide sexual assault prevention campaign, your rights as a student, and available resources.
- 11:30 AM** **LUNCH & COUGAR TO COUGAR SMALL GROUP | VARIOUS ACADEMIC CLASSROOMS**
Talk to Orientation Leaders about academic advising and registering for courses. Ask them any questions you have about transitioning to UH.
- 1:30 PM** **ACADEMIC SUCCESS | HOUSTON ROOM**
Hear from our Vice Provost and Dean of Undergraduate Student Success on how you can be academically successful as you transition to UH.



uhoteam



UHAdmissions

University of Houston | Office of Admissions | Welcome Center
4434 University Drive | Houston, TX 77204-2023

(713) 743-1010 | uh.edu/go-uh | admissions@uh.edu

UNIVERSITY of HOUSTON | ADMISSIONS