

# LeadUH | Fall 2020 {Virtual} Curriculum

## CoogCareers Leadership Program

To be eligible, students must complete 1 component from each category below.

### EXPLORE

- Upload and have a resume approved in Cougar Pathway
- Participate in a 30-minute Career Counseling appointment to discuss an internship, career, or graduate school-related topic of your choice.

### ENGAGE

- Resume Workshop
- Navigating LinkedIn Workshop
- Job Search Workshop
- Virtual Etiquette Workshop



### EMPOWER

- Financial Literacy
- How to Connect with an Industry Professional Workshop
- Interviewing Workshop
- Salary Negotiation Workshop

### EMPLOY

- All Majors Virtual Career Fair, September 16, 2020
- Health & HDFS Virtual Career Fair, October 23, 2020

**Will I need to attend Face to Face this year?**

**Fall 2020 Lead UH workshops will all be virtual and be made available on YouTube. Both the live and YouTube session will qualify students for the award.**

### REFLECT

- Write a Cover Letter (1 page, single spaced) reflecting on your overall experience. Provide specific examples that discuss how participating in the UCS events has improved your confidence in networking, communication, and overall ability to accomplish your goals.

**REQUIREMENTS: Students will need to complete a brief survey after each session to receive participation credit. Track your progress on your Get Involved profile.**

**AWARD: Eligible students will receive the Coog Careers Leadership Award AND the Thinking & Communication Scarlet Seal of Excellence in May 2021.**

Questions? Email Adalia Espinosa at [aespino3@central.uh.edu](mailto:aespino3@central.uh.edu)