

MH-RITES Center Director



Robert Gearing, Ph.D., Assistant Professor, Graduate College of Social Work (GCSW)

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Dr. Robin Gearing is the Director of the MH-RITES Center. He is an Associate Professor at the Graduate College of Social Work (GCSW) at the University of Houston. He also serves as a Clinical Associate Professor at the University of Texas Health McGovern Medical School Department of Psychiatry and Behavioral Sciences.

Robin Gearing, PhD focuses on improving the mental health outcomes of individuals with serious mental illnesses and their families.

This interest is the result of more than 20 years of clinical work with youth and adults, of having firsthand professional knowledge of the needs and gaps in the field, and of seeing uneven efforts to manage the devastating functional, emotional, and fiscal costs of serious mental health conditions.

Dr. Gearing's research is driven by an interest in improving mental health treatment engagement and adherence to empirically-supported psychosocial treatment and medications in community based settings.

Dr. Gearing has nationally and internationally conducted a series of studies examining and operationalizing the multidimensional components of adherence; identifying the barriers, promoters, and temporal patterns of adherence; and investigating the development, adaptation, and promotion of treatment adherence strategies and empirically supported interventions. Dr. Gearing's research has appeared in over 60 peer-review journal publications.