

Advanced Post-graduate Clinical Fellowship in Social Work

At McLean OCDI Houston we are dedicated to offering a compassionate therapeutic environment while implementing evidence-based mental health care to provide the most effective treatment outcomes. We specialize in cognitive behavior therapy (CBT), particularly exposure and response prevention (ERP) therapy, in addition to other treatment techniques for individuals struggling with anxiety, OCD, and related disorders. Our treatment program is ideal for individuals with obsessive compulsive disorder (OCD), anxiety disorders, obsessive compulsive spectrum disorders, phobias, and depression. We offer multiple levels of care including a partial hospitalization and residential support program for adults, intensive outpatient care for teens, and outpatient services customized for individuals across the life span. We also work to advance treatment and outcome research in the field of OCD, anxiety, and related disorders. Our findings demonstrate that our patients, in general, benefit greatly from receiving treatment in our programs with care that is designed to fit their individual needs.

Social work fellows will join our multi-disciplinary team where they will serve as an integral clinical team member. Fellows are expected to conduct group therapy, individual outpatient therapy, maintain an independent caseload and serve as the family therapist for patients in our intensive programming. A large emphasis of this program is focused on training which includes but is not limited to observation, supervision, didactics, trainings, team meetings and more. The fellowship is ideal for candidates seeking a rigorous, high quality training experience that will be challenging and support their growth as a new clinician.

As an affiliate of McLean Hospital in Boston and part of the prestigious, world renowned Massachusetts General Hospital system and Harvard Medical School, McLean OCDI Houston offers access to Grand Rounds, expert speakers, networking opportunities, research symposiums, and more.

This advanced clinical fellowship is limited to social workers who have completed their graduate education (from an accredited program) and have obtained their LMSW license. This advanced clinical placement will focus on training, education, and the implementation of clinical skills in an anxiety and OCD specific training center, The McLean OCD Institute at Houston. This one-of-a-kind training opportunity allows social workers to become specialized in treatment interventions for individuals living with anxiety and/or obsessive compulsive disorder. Our expectation at the completion of our fellowship program is that trainees are fully equipped to treat anxiety and OCD across various levels of care.

Qualifications:

- Master's degree in social work (MSW, MSSW) from a graduate college or school of social work accredited by the Council of Social Work Education (CSWE)
- Concentration in clinical social work with an interest in the clinical application of CBT and working with an anxiety/OCD population
- LMSW from the Texas Behavioral Health Executive Council (BHEC) before summer/fall of 2022



Benefits:

- Social work fellows are eligible to company benefits including insurance, PTO and an education stipend
- Hours towards your LCSW licensure with an LCSW-S
- Annual stipend: \$40,000
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Application:

Our application deadline for the 2022-2023 fellowship year is April 15, 2022. To apply, please submit the following to Elizabeth McIngvale at: <u>emcingvale@houstonocd.org</u> and cc Tina Still at: <u>tstill@houstonocd.org</u> and Emily Weems at: <u>eweems@houstonocd.org</u>.

- 1. Cover letter
- 2. CV
- 3. 1-3 letters of reference
- 4. Unofficial transcript

For more information please contact Elizabeth McIngvale, PhD, LCSW at <u>emcingvale@houstonocd.org</u>.