2024- 2025 Social Work Fellowship

Position Title: Advanced Social Work Fellow at OCD Institute | Texas

Position Type: Social Work

Advanced Post-Graduate Clinical Fellowship in Social Work

At OCDI Texas we are dedicated to offering a compassionate therapeutic environment while implementing evidence-based mental health treatment outcomes. We specialize in cognitive behavior therapy (CBT), particularly exposure and response prevention (ERP) therapy, in addition to other compensatory treatment modalities for individuals struggling with anxiety, OCD, and related disorders. Our treatment program is ideal for individuals with obsessive compulsive disorder (OCD), anxiety disorders, obsessive compulsive spectrum disorders, phobias, and depression. OCDI Texas is one of only a few programs in the country that offers multiple levels of care including a partial hospitalization and residential program for adults, intensive outpatient care, and outpatient services customized for individuals across the life span. We also work to advance treatment and outcome research in the field of OCD, anxiety, and related disorders. Our patients receive care that is designed to fit their individual needs resulting in our proven track record with successful treatment outcomes.

Social work fellows will join our multi-disciplinary team where they will serve as an integral clinical team member. The fellowship is a full time, salaried position. Fellows are expected to conduct group therapy, maintain an independent outpatient caseload and serve as the family therapist for patients in our intensive programming. A large emphasis of this program is focused on training which includes but is not limited to observation, supervision, didactics, trainings, team meetings and more. The fellowship is ideal for candidates seeking a rigorous, high quality training experience that will be challenging and support their growth as a new clinician.

Duties and responsibilities of this position include but are not limited to:

- Assessment of patient's symptoms; both adults and adolescents.
- Evaluate, plan, and implement individual cognitive behavioral therapy (CBT) for outpatients
- Complete video assessments and care coordination on the admissions team
- Evaluate, plan, implement and lead/ co-lead therapy groups, and therapeutic activity programs at the OCDI TX.
- Lead family therapy sessions and all clinical responsibilities related to overseeing a
 family therapy caseload across all levels of care.
- Help develop and implement family training programs.
- Support residential patients with ERP coaching.
- Lead a weekend group quarterly for additional day of PTO.
- Design, coordinate and manage assigned patient's treatment programs; serving as liaison to the treatment team; supervise and collaborate with students and residential counselors as they support patients in implementing the treatment plan and other general and/or designated responsibilities.
 Take an active role in designing our intensive/ outpatient services, marketing efforts and
- Take an active role in designing our intensive/ outpatient services, marketing efforts and be proactive in figuring out (with the team) effective ways to run and grow the clinic.
- Engage in administrative and operations duties for OCDI TX as needed.

- Engage in program meetings.
- Attend supervision groups and meetings.

Requirements/Qualifications:

Qualifications:

- Master's degree in social work (MSW, MSSW) from a graduate college or school of social work accredited by the Council of Social Work Education (CSWE).
- Concentration in clinical social work with an interest in the clinical application of CBT and working with an anxiety/OCD population.
- LMSW from the Texas Behavioral Health Executive Council (BHEC) before summer/fall of 2024.

Benefits:

- Social work fellows are eligible to receive company benefits including insurance, PTO and an education stipend.
- Hours towards your LCSW licensure with an LCSW-S.
- Annual stipend: \$50,000.

Application:

Our application deadline for the 2024-2025 fellowship year is April 1, 2024. To apply, please submit the following to Elizabeth McIngvale at: <u>emcingvale@houstonocd.org</u> and Emily Weems at: <u>eweems@houstonocd.org</u>.

- 1. Cover letter
- 2. CV
- 3. 2 letters of reference including one from your most recent internship or employer
- 4. Unofficial transcript

Commented [CW1]: Not sure what this is? Just double checking!