### **Professional Summary**

Extensive professional work history in social services in areas related to health care, program implementation & planning and managerial positions. Recipient of numerous awards and recognized for leadership capabilities in working with diverse levels of social work.

### Professional Skills

Bilingual/Bi-cultural: English/Spanish Presenter

Group Facilitator Grant writing Conference Coordinator-MC

Program Development/Implementation/Evaluation Culturally Sensitive

#### **Professional Education**

8/90 – 12/92	MSSW – University of Texas at Austin, Administration & Planning -Social Work
8/87 – 12/89	BSW – University of Texas at El Paso, Generalist Social Work

#### **Licensure and Certifications**

Licensed Clinical Social Worker, State of Texas

Texas State Board of Social Work Examiners – LCSW Board Approved Supervisor

Certificate – Advanced Case Management (C-ASWCM) 2005 - 2014

Basic Disaster Certification

Red Cross Trained Behavioral Health Volunteer

Psychological First Aid

#### **TEACHING EXPERIENCE**

2008-Present	LCSW Supervisor
2009-2011	University of Texas at El Paso – Co-Instructor, Social Work in Health Care
1996 - 2016	University of Texas at El Paso, Field Instructor – MSW Student Interns
2012-2013	New Mexico State University, Field Instructor – MSW Student Interns
2001 - 2013	University of Texas at Austin, Field Instructor - MSW Student Interns
1996 - 1997	New Mexico State University, Field Instructor – MSW Student Interns

## **Professional Experience**

01/2013- Present University of Texas at El Paso

**Child Welfare Training Collaborative Project Manager:** Oversee the provision of services for the Child Protective Services (CPS) partnership in line with the Title IV-E grant deliverables and in accordance with federal/state regulations and funding requirements. Plan, develop and implement, monitor and evaluate training programs in partnership with CPS, UTEP faculty and community partnerships. Coordinate continuing education programs.

11/98-12/2013

University Medical Center of El Paso

University Medical Center of El Paso – several positions: Sr. Clinical Social Worker-Crime Victim Services (CVS), Sr. Clinical Social Worker-catastrophic population/Social Work Manager/ICU Social Worker/Outpatient Clinic Social Worker

- 10/08-12/13: Provide bio-psychosocial based needs to include follow-up and monitoring, crisis
  intervention/clinical care, advocacy and coordination of continued care for medical and behavior health
  and supportive services to include access to CVS state compensation funds for victim survivors that
  present to the hospital. Provision of psychosocial consultation for the program and guidance to other
  MSWs and MSW internship program, CEU programs/conferences. Member of the Ethics Committee.
- 12/06-10/08: Act as a consultant to the Care Management Department to ensure adequate and timely interdisciplinary care planning. Provide psychosocial support with special populations catastrophic cases; participate in continuous quality improvement efforts related to this population; provide leadership support to the social workers with multiple roles to ensure a patient-centered approach to care. Development of liaison roles with community entities. Act as an advocate within the organization and community partnerships in the interdisciplinary care planning efforts of the special populations. Member of the Hospital Cancer Committee, Ethics Committee and Diabetes Teaching Committee
- 03/01-12/06: Manage the Social Work component as an integral part of the interdisciplinary care team. Supervise eleven Social Workers, two Discharge Coordinators and two Office Coordinators. Oversee social work operations to ensure Department goals are met. Responsible for the provision of guidance, planning, development, and evaluation of bio-psychosocial approaches to care planning. Identify trends/areas within the organization and in the community to address and maximize patient care planning opportunities in line with department goals. Provide in-services/trainings to Associates, care team and/or community constituents.
- 05/00-03/01: Perform bio-psychosocial assessments, individual, group and team conferences to
  maximize adequate and timely care planning for diverse populations in the intensive care unit.
  Rotation of on-call and back-up support upon Social Work staff shortages in other areas within
  the hospital to ensure department goals. Hospital committee participation to address areas of
  opportunity for higher level of care for populations served.
- 11/98-05/00: Develop and implement a social work referral and reporting process for five clinics (two primary health clinics and three prenatal care sites). Identification of patient needs to aid with bio-psychosocial concerns in efforts to provide a strengths perspective for patient care plans. In-services to the clinic care team. Provision of individual, family, and group counseling. Coordination and implementation of didactic group work for the prenatal care population through community planning and collaboration. Facilitate psycho-educational support group for patients living with diabetes. Development and implementation of a grant from TDH for Case Management for the Prenatal Program. Supervise one Associate for the case management support of an approved grant.

04/95-08/02

Border Area Liaison, Gulf States, Hemophilia, & other Bleeding Disorders

**UT Houston** 

### Liaison for El Paso- Mexico residents diagnosed with bleeding disorders (Contract basis)

Coordinate clinic/program services. Provide individual and family counseling, facilitate psycho-educational programs and group consistent with population needs. Assist in planning and coordination of educational conferences. Presented in National Conference in Villahermosa, Mexico.

08/94-07/98

Columbia Regional Oncology Center

El Paso, Tx

### **Oncology Social Worker**

Provide a bio-psychosocial approach to care for patients at the outpatient setting (pediatrics/adults). Work within a multi-disciplinary team approach to ensure patient progress and quality of life during the course of treatment. Coordinate & facilitate support groups. Individual and family counseling provided. Developed and maintained community networks. Planning, coordination and implementation of patient bio-psychosocial support services.

03/75-08/94 Texas Department of Human Services

El Paso, Tx

Different positions: Self-Sufficiency Services Supervisor - Assistant Supervisor/Group facilitator-Case Worker

- Supervise fifteen staff members to include interns/volunteers. Manage unit operations. Ensure program
  objectives were met in attempts to steer recipients off welfare rolls and toward self-sufficiency through
  an assessment/engagement process inclusive to education, training and supportive services.
   Development of resources based on client needs and program mission. Previous to Supervisory
  position, assisted Supervisor in overseeing unit operations in the Self Sufficiency Services Program.
- Facilitate didactic group work for recipients on public assistance. Development of curricula based on cultural-language characteristics and needs. Topics: Self-esteem, Decision making, Cultural Diversity, Assertiveness, Stress Management, Money Management, etc. Individual and group case work, intervention strategies to ensure appropriate and effective coping mechanisms to aid in the recipient's efforts in pursuit of self-sufficiency goals. Job development.
- Outreach worker for Early Prevention Screening Diagnosis and Treatment (EPSDT): Provided community outreach and education for early intervention and treatment

### **Professional Appointments**

- Society Social Work Leadership in Healthcare/Texas Board Member:
   Past President 2012; President 2010; President Elect 2009; Member at Large 2008
- Society Social Work Leadership in Healthcare/Texas Nominations Committee 2003-2004
- National Association of Social Work TX: El Paso Branch Chair 2000-2002
- National Association of Social Work TX: Leadership Search Committee 2003-2005, Board Member 2001-2002
- University of Texas at El Paso, Dept of Social Work: Community Advisory Board Member: 2010
- Adult Protective Services Task Unit (STU): 2005 to 2009
- Homeless Coalition Discharge Committee Homeless Coalition Discharge Committee – Committee Chair: 2007 to 2009
- Rio Grande Community Resources Coordination Group member: 2001
- Centro Salud Familiar La Fe Advisory Council: 2006 to 2008
- National Association of Social Workers/Texas Chapter Member: 1995 to present
- El Paso Social Work Academy: Steering committee member 2006
- Homeless Coalition: Board member 10/2007 to 2008
- El Paso Lupus Association, Board member: 1995 to 1996

### **Other Professional Experience**

8/95 – Present: Home Health Medical Social Work – provide therapy for homebound patients enduring adjustment to medical condition/decline in functioning and align with medical plan(s)

5/05 – 9/08: Adoption-Kinship; Social/court studies – Child Protective Services (Adoption/foster/relative studies), Adult Protective Services and Probate Court

### **Presentations**

- Maintaining a Resilient Perspective in the Practice of Social Work, Presenter at Ft. Bliss Military base, El Paso, Texas. March 21, 2019
- Children Without Placement: Co-Presenter. Title IV-E National Round Table, Portland, Oregon. May 2018
- Working with a Patient Living with Cancer Risk for Suicide: Department Social Work Advanced MSW class lecture. 2017.
- Transformation of Child Protective Services in El Paso Texas: Co-Presenter. 41<sup>st</sup> National Institute Conference on Social Work and Human Services in Rural Areas: From Surviving to Thriving: New Paradigms in Rural Health. July 2016
- Simulation Techniques for Continuing Education with CPS Employees: Co-Presenter. National Title IV-E Roundtable College of Social Work Salt Lake City, UT, June-2016
- Addressing Ethical Challenges in Our Personal and Professional Experience: Co-Presenter.
   University Medical Center -Care Management Department -Social Workers, May 2016
- Navigating Systems: Social Work Hospital-Based Program for Survivors of Crime –
  presented at the Society in Social Work Leadership in Healthcare 47<sup>th</sup> Annual Conference,
  Denver, Colorado November 2012
- Establishing a Trusting Relationship through an Engagement Process in Working with Survivors of Trauma/Sexual Assault – May 2012
- Crime Victim Services in a Hospital Setting: Texas Victim Services Association 11<sup>th</sup> Annual State conference – September 2009
- Case Management in the Hospital Setting: Challenges, Opportunities & Chaos Presented at the NASW-TX state conference November 2008
- Avian Flu: Implications for Social Work: Co-presented NASW El Paso Chapter, 10/06

- Guardianship in an Acute Care Setting-10/06 & 04/07: Guardianship conference
- Social Work: A Case Management Approach in working with Evacuees presented to social workers to assist them in helping hurricane evacuees, 09/2005
- Family Care giving: Challenges and Opportunities Co-presenter, Celebration for Social Work month. R. E. Thomason County Hospital. March 2004
- History of Social Work Co-presenter, celebration of Social Work month. R. E Thomason County Hospital, 2003
- Medical Social Work Along the US/Mexico Border: Maintaining a Bio-psychosocial perspective: Co-presenter, NASW State Conference Arlington, Texas, 2002
- A bio-psychosocial approach to patient care within the context of an interdisciplinary team concept: National Federation for Hemophilia Conference Villahermosa, Mexico 2001

### **Publications**

- Berger, C.S., Balderrama E. R., Martinez, V, Castrejon, B., Yoshimoto, M. Team Building pending submission to the *Child Welfare Journal*
- Berger, C.S., Balderrama E. R., Martinez, V (submitted December 2018). *Child Welfare Journal. Team Building declined due to lack of pre-post evaluations*
- Schmidt, K., Berger, C.S., Armendariz, A., Martinez, V., and Balderrama, E. (submitted 2016). Post-Graduate Simulations for Child Welfare Workers. *Child Welfare Journal*.
- Balderrama, E., Berger, C. S., Martinez, V. Children Without Placement (CWOP): Submitted for publication August 2018.

#### **Professional Activities**

- Borderland Continuing Education Social Work Committee (BCESWC) Chair. March 2018 present; Provision of CEU ethics events MC (fundraiser)
- National Association of Social Workers/Texas El Paso Branch: Steering Committee Member from 1998 – 2009
- El Paso Shelter Behavioral Health Coordinator Hurricanes Katrina and Rita
- First Annual Social Work in Healthcare Conference El Paso, Texas: Planning Committee Chair, 2009
- Annual Social Work Case Management Conference El Paso, Texas: Planning Committee Chair, 2004
- Hurricane Evacuee volunteer Salvation Army and the Mayor's Social Work Task Force
- El Paso Shelter Behavioral Health Coordinator Hurricanes Katrina and Rita
- University Medical Center/Crime Victim Services Quarterly CEU Program Committee Chair, 2010 to 2013
- University Medical Center/Crime Victim Services/Care Management Department CEU Program Committee Chair 2003 to 2013

### **Professional Memberships:**

- Society Social Work Leadership in Healthcare/National 2010 2015
- Society Social Work Leadership in Healthcare/Texas Member 2000, 2003 to present
- National Association of Social Workers/Texas Chapter: Member from 1995 to present,
- National Association for Professional Women Member: 2010
- Texas Victim Services Association member 2012

### Awards/Honors/Recognitions

- Innovative Program Award, 2014, Society for Social Work Leadership in Health-TX Chapter
- "Viviendo con Cancer (Living with Cancer)," certificate of recognition for contributions of program development at University Medical Center of El Paso June 2012
- Gold Nugget Award recipient, University of Texas at El Paso, Health Sciences Center 2010
- National Association of Social Workers El Paso Branch: Social Worker of the Year Award 2009 - presented in March 2010
- Susan Browder Award 2008, Society Social Work Leadership in Healthcare Texas
- Katrina Hurricane Recognized by El Paso Mayor for volunteer work. 2007
- Excellence in Service Award, Rio Grande Council of Governments, Area Agency on Aging, May, 1999
- "Brazos de Amor Para la Ninez (Arms of love for children)," El Paso, Texas: Appreciation plaque 1998
- Outstanding Contributions Honor Award, U.S./Mexico Border Health Meeting The Gulf states Hemophilia Center. November 1998

References: Furnished upon request