

## **Elizabeth R. McIngvale, LMSW**

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110HA Social Work Building, Houston, TX 77204-4013

### **EDUCATION**

- 2010-Present     PhD Student, Graduate College of Social Work, University of Houston
- 2010                MSW, Loyola University of Chicago
- 2009                BSW, Loyola University of Chicago

### **LICENSURE**

- 2010                Licensed Master Social Worker, Texas State Board of Social Work  
Examiners

### **HONORS AND AWARDS**

- 2007                Texas Mental Health Champion Award; MHA of Texas  
Austin, TX

### **PROFESSIONAL EXPERIENCE**

- 2005-Present     Founder/President; The Peace of Mind Foundation, Houston, TX
- 2005-Present     National Spokesperson; International OCD Foundation, Boston, MA

### **AREAS OF INTEREST**

- Anxiety Disorders, Cognitive Behavioral Therapy, Direct Practice, and DSM

### **PRESENTATIONS**

- McIngvale, E.** (2011, June 11). Support Groups; How to build and maintain them. OCD Texas quarterly meeting, Houston, TX.
- McIngvale, E.** (2011, March 3). Evidence based practice. 7<sup>th</sup> Doctoral social work student research symposium, Houston, TX.
- McIngvale, E.** (2010, December 3). Living with OCD: My personal & professional experiences. 13<sup>th</sup> fall psychiatric symposium, Knoxville, TN.
- McIngvale, E.** (2010, October 16). Keynote Address. Life with OCD: From sufferer to Advocate. Presented at the kickoff meeting for the OCD Texas Organization, Austin, TX.
- McIngvale, E.** (2010, August 5). Overcoming OCD through Creativity. Presented at the TAVAC (Texas Association of Vocational Adjustment Coordinators), The Woodlands Waterway Marriott Hotel, The Woodlands, TX.
- McIngvale, E.** (2004-2010). Keynote Address in 2006 and 2007. Speaker and Presenter at the annual conference for the International Obsessive Compulsive Foundation. Washington, D.C., Minneapolis, MN, Boston, MA, Houston, TX, Atlanta, GA, San Diego, CA, Chicago, IL.
- McIngvale, E.** (2010). In-service for professionals in the Clear Creek ISD district on the topic of Obsessive Compulsive Disorder. Held in Clear Creek, TX.
- McIngvale, E.** (2007). Keynote Address. McLean Hospital Annual Dinner, Boston, MA.
- McIngvale, E.** (2007). Presented in front of the Texas State Senate for Mental Health Parity. Austin, TX

**McIngvale, E.** (2006). Keynote Address. Opening of the University of Texas Harris County Psychiatric Center, Houston, TX.