

# Holly Kay Oxhandler, MSW

Graduate College of Social Work, University of Houston, Houston, TX 77204-4013

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## EDUCATION

Ph.D.	Anticipated Graduation 2014	Social Work	University of Houston
M.S.W.	2011	Social Work (Clinical)	University of Houston
B.S.	2007	Psychology, Studio Arts	University of Houston

## RESEARCH EXPERIENCE (SELECTED)

Research Interests: Evidence-Based Practice; Integration of Religion/Spirituality into Behavioral Health Treatment

April 2011-present University of Houston, Graduate College of Social Work

- *Principal Investigator*, Faculty Supervisor: Danielle Parrish, PhD, Project: Pay it Forward: A Student-Led MSW Mentoring Program

September 2009-present University of Houston, Graduate College of Social Work

- *Research Assistant*. Supervisor: Danielle Parrish, Ph.D. Projects included "Utilization of Virtual Reality Technology for Treating Social Anxiety Disorder in Adolescents: A Feasibility Study" and "Views of Evidence-Based Practice: A Comparison of Social Workers, LMFTs and Psychologists." Duties included project coordination, recruitment, quantitative data entry and analysis in SPSS, conducting literature reviews, and preparation of project-related presentations and scholarly papers.

June 2008-July 2009 Baylor College of Medicine, Michael E. DeBakey Veterans Administration Medical Center Hospital

- *Research Coordinator I*. Supervisor: Melinda Stanley, Ph.D. Hired as a research assistant and counselor for NIMH-funded randomized clinical trial (Peaceful Living Project). Responsibilities included reviewing electronic medical records for anxiety/depression indicators; administering manualized cognitive-behavioral therapy with older adults with anxiety/depression; entering notes in patients' electronic medical records; administering telephone assessments and screenings; data entry; manage project website.
- *Research Assistant* for pilot study investigating older adults' opinions on incorporating religion and spirituality into therapy for anxiety/depression. Responsibilities included co-authoring the development of the manualized CBT treatment; collecting qualitative data via interviews; assisting with drafting interview materials; assisting with literature reviews; managing project website.

## Advanced Research Training

- 2012 Structural Equation Modeling, Austin, TX, Four-day workshop presented by Tiffany Whittaker, PhD
- 2012 Advanced Regression, Austin, TX, Four-day workshop presented by Carlos M. Cavalho, PhD
- 2012 NVivo 9, Houston, TX, Two-day workshop presented by Cynthia Jacobs, PhD
- 2011 Duke University Center for Spirituality, Theology, and Health Summer Research Workshop, Durham, NC, Five-day workshop led by Harold Koenig, MD, MHSc
- 2010 "Write Winning Grants" (Grant Writers' Seminars and Workshops, LLC), Houston, TX, One-day workshop presented by Stephen Russell, DVM, PhD.

## TEACHING EXPERIENCE

- 2011 - present *Teaching Assistant*. Graduate College of Social Work, University of Houston, Instructor: Danielle Parrish, PhD  
Courses: Diagnostic and Statistical Manual of Mental Disorders (DSM) IV-TR & Evaluation of Practice  
Provided guest lectures, managed Blackboard technology, assisted with grading, and held office hours.
- 2011 & 2012 *Guest Lecturer*. Lecture: "Spirituality and Professional Self-Care", University of Houston, GCSW  
Course: Professional Self-Care, Instructor: Sandra Lopez, LCSW, ACSW, DCSW
- 2012 *Guest Lecturer*. "The Power of Now and Sacred Moments in Psychotherapy", University of Houston, GCSW  
Course: Spirituality and Social Work, Instructor: W. Andrew Achenbaum, PhD

## REFEREED PUBLICATIONS

Parrish, D.E., Rubin, A., **Oxhandler, H.K.**, Traylor, A. (In progress). Orientation of social work field instructors to evidence-based practice.

Parrish, D.E., **Oxhandler, H.K.**, Duron, J., Ramirez, E., & Bordnick, P. (In progress). Utilization of virtual reality technology for treating social anxiety disorder in adolescents: A feasibility study.

Parrish, D.E., Duron, J., & **Oxhandler, H.K.** (In progress). Recruitment of adolescent participants for a university-based study: Lessons learned.

Armento, M.E.A., Zeno, D., Barber, C., Phillips, L., **Oxhandler, H.K.**, Barrera, T. & Stanley, M. (In progress). *Calmer Life Program – Counselor Manual*. (Currently being investigated)

Armento, M.E.A., Zeno, D., Barber, C., Phillips, L., **Oxhandler, H.K.**, Barrera, T. & Stanley, M. (In progress). *Calmer Life Program – Participant Workbook*. (Currently being investigated)

### **CONFERENCE PRESENTATIONS (SELECTED)**

**Oxhandler, H.K.**, Alquicira, L.M., & Parrish, D.E. (November 2012, accepted). *Pay it forward: Implementation and evaluation of a MSW peer mentoring program*. [Refereed]. Paper to be presented at the annual program meeting of the Council on Social Work Education, Washington, DC.

**Oxhandler, H.K.** (December 2011). *Religion, spirituality, and health: Further disseminating the research*. [Invited]. Presented at the University of Houston Social Work and Research Conference, Houston, TX

**Oxhandler, H.K.** (October 2011). *Spirituality and professional self-care*. [Invited]. Sixty-minute workshop presented at the annual meeting of the North American Association of Christians in Social Work, Pittsburgh, PA.

Parrish, D.P., & **Casciani, H.K.** (October 2011). *Social work field instructors' orientation to the evidence-based practice process*. [Refereed]. Paper presented at the annual program meeting of the Council on Social Work Education, Atlanta, GA.

Parrish, D.P., Rubin, A. & **Casciani, H.K.** (January 2011). *Social work practitioners' views of and current engagement in the EBP process*. [Refereed]. Poster session presented at the annual meeting of the Society for Social Work and Research, Tampa, FL.

Parrish, D.P. & **Casciani, H.K.** (October 2010). *Tools for implementing evidence-based interventions and programs*. [Refereed]. Ninety-minute session presented at the annual meeting of the National Association for Social Workers – Texas Chapter, Houston, TX.

Camp, M.E., Cully, J., Barber, C., Phillips, L., Bush, A.L., Zeno, D., **Casciani, H.**, Lomax, J. & Stanley, M. (November 2009). *Religion and spirituality in therapy: Patient preferences and related characteristics*. [Refereed]. Poster session presented at the annual meeting of the Gerontological Society of America, Atlanta, GA.

### **FELLOWSHIPS AND AWARDS (SELECTED)**

2010-present	Doctoral Research Assistant Fellowship, Graduate College of Social Work, University of Houston
2011-2012	Dr. Fernando J. Zuniga y Rivero Doctoral Fellowship in Gerontological Social Work
2011	Templeton Foundation Scholarship for Duke University Center for Spirituality, Theology, & Health Research Workshop
2010-2011	Mark Magaziner Research Scholarship Recipient
2009-2010	Masters Research Assistant Fellowship, Graduate College of Social Work, University of Houston

### **SERVICE (SELECTED)**

2011-present	Spirituality Research Team Member, Institute for Spirituality and Health at the Texas Medical Center
2011-present	Reviewer: <i>Perspectives in Social Work Journal</i>
2011-present	PhD Representative, Student Association, University of Houston Graduate College of Social Work
2009-present	Student Ambassador, University of Houston Graduate College of Social Work
2012	Invited blog contributor for the National Association of Christians in Social Work's <i>Shared Grace</i>
2011-2012	PhD Student Representative, PhD Curriculum Committee, University of Houston Graduate College of Social Work
2011	Content reviewer: Semi-Structured interview for <i>Religiosity and Spirituality among Adolescents with Sickle Cell Disease</i> , Dora Clayton-Jones, PhD Candidate, Marquette University College of Nursing
2010-2011	MSW Student Mentor, University of Houston Graduate College of Social Work
2010	Student Representative for the Graduate College of Social Work for a meeting with the University of Houston's President

### **PROFESSIONAL WORK**

2011-present	Bridging the Gap National Symposium (April 5 & 6, 2013) Planning Committee
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### **HONOR SOCIETIES AND PROFESSIONAL MEMBERSHIPS**

2011-present	Phi Alpha Honor Society Member
2010-present	Council on Social Work Education (CSWE)
2010-present	Society for Spirituality and Social Work (SSSW)
2009-present	National Association of Social Workers (NASW)
2009-present	National Association of Christian Social Workers (NACSW)