

CURRICULUM VITAE
JODI BERGER CARDOSO, Ph.D., LCSW

I. ACADEMIC HISTORY

Name: Jodi Berger Cardoso
Address: University of Houston
Graduate College of Social Work
110HA Social Work Building
Houston, Texas 77204-4013
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Phone: (713) 743-1157

Present Rank: Assistant Professor (appointed August, 2012)

Tenure Status: Tenure track

Academic Degrees:

2012	Ph.D.	The University of Texas – Austin, TX Doctor of Philosophy in Social Work
2004	M.S.S.W	Columbia University – New York, NY Masters of Science in Social Work
1999	B.S	Portland State University – Portland, OR Major: Sociology, Minor: History

Academic Positions:

2012- Present	University of Houston; Houston, TX Assistant Professor, Tenure Track Graduate College of Social Work
2010-2012	The University of Texas at Austin; Austin, TX Instructor School of Social Work
2007-2010	The University of Texas at Austin; Austin, TX Graduate Research Assistant School of Social Work

Research Appointments:

2012-Present	Center on Immigration and Child Welfare
2012- Present	Child and Family Center for Innovative Research. University of Houston

Professional Trainings:

2015	Cognitive Behavioral Intervention for Trauma in Schools (CBITS) University of California-Los Angeles
2015	Advanced Training: Forensic Evaluations of Immigrant Children. Physicians for Human Rights (PHR)
2014	Trauma-Informed Cognitive Behavioral Therapy (TF-CBT)

2010 University of Houston, Graduate College of Social Work
 Hierarchical Linear Modeling (HLM)
 The University of Texas Summer Statistics Workshop, Austin, Texas

2008-2010 Population Research Center Trainee
 The University of Texas at Austin, Austin, TX

2009 Regression Analyses
 The University of Texas Summer Statistics Workshop, Austin, Texas

Memberships:

2010-present Society for Social Work and Research
 2010-present Council on Social Work Education
 2014-present National Association of Social Work
 2014-present Society for Prevention Research
 2013-present National Hispanic Science Network

Professional Licenses:

2007- Present Licensed Clinical Social Worker in Texas
 2004-2006 Licensed Master Social Worker in Texas

Honors and Awards:

National Honors and Awards

2014-2016 National Institute of Minority Health and Health Disparities Loan Repayment
 Program (NIH LRP), *Cultural Stress and Behavioral Health Disparities
 in U.S. Latinos* (\$21,389.74)

2014 Society for Prevention Research. Early Career Scholar Travel Award,
 Washington D.C.

2013 NHSN Scientific Development Travel Fellowship Recipient
 National Institute on Drug Abuse (R13DA26647-05)

2008 Fragile Families and Child Well-Being Workshop Scholarship
 Columbia University School of Social Work

2008 Professional Development Scholarship
 American Humane Association

2007-2008 Recruitment Mentoring Graduate School Fellowship
 Graduate School, The University of Texas at Austin

1999-2002 United States Peace Corps, Youth and Family At-Risk Volunteer
 Santo Domingo, Ecuador

Institutional Awards

2011-2012 Mike Hogg Endowed Graduate Fellowship
 The University of Texas at Austin

2010-2011 Graduate School Continuing Fellowship
 The University of Texas at Austin

2009-2010 Laughton Endowed Presidential Scholarship
 School of Social Work, The University of Texas

2008-2009 Laughton Endowed Presidential Scholarship
 School of Social Work, The University of Texas

II. RESIDENT INSTRUCTION AND STUDENT COMMITTEES

Courses of Instruction:

University of Houston – Houston, TX

Clinical Applications of the DSM (spring: 2013, 2014, 2015)

Social Work Practice Skills Lab (fall: 2013, 2014, 2015)

Clinical Social Work Practice with Latinos (fall: 2015)

The University of Texas – Austin, TX

Social Work with Individuals and Families (2010-2012)

Student committees

1. Erica Soltero. *Documenting and comparing food policies and their relationship with food resources in U.S. and Mexico school neighborhoods*. University of Houston, Department of Health and Human Performance (anticipated defense, May 2016).
2. Katie Garner. *Modeling the effects of social support visibility on psychological well-being: A socio-cultural perspective*. University of Houston, Department of Social Psychology (July, 2015).
3. Kathleen Forman. *Behavioral health risk management within warrior transition command using a clinical decision support system*. University of Houston, Graduate College of Social Work (Qualifying defense: May, 2014).

III. SCHOLARLY ACTIVITIES

* *Co-authored with current or former doctoral student*

Journal Articles:

1. Goldbach, J.T., **Berger Cardoso, J.**, & Cervantes, R. (in press) Cultural stress and alcohol problem behavior in Latino adolescents. *Psychology of Addictive Behaviors*. (Impact factor 2.77)
2. **Berger Cardoso, J.**, Goldbach, J.T., Cervantes, R.C., & Swank, P.R. (in press). Stress and multiple substance use behaviors in Latino adolescents. *Prevention Science*. (Impact factor 3.15)
3. Finno-Velasquez, M., **Berger Cardoso, J.**, Dettlaff, A.J., & Hurlburt, M. Effects of parent nativity and immigration status on mental health service use Among Latino children investigated by child welfare (in press). *Psychiatric Services*.
4. Cano, M. A., de Dios, M. A., Castro, Y., Vaughan, E. L., Castillo, L. G., Lorenzo-Blanco, E. I., Piña-Watson, B., **Cardoso, J. B.**, Ojeda, L., Cruz, R. A., Correa-Fernandez, V., Ibañez, G., Auf, R., Molleda, L. M. (in press). Alcohol use severity and depressive symptoms among late adolescent Hispanics: Testing associations of acculturation and enculturation in a bicultural transaction model. *Addictive Behaviors*. (Impact factor 2.76)
5. Narendorf, S.C., Small, E., **Berger Cardoso, J.**, & Wagner, R. Managing and mentoring: Experiences of assistant professors in working with research assistants (in press). *Social Work Research*

6. **Berger Cardoso, J.**, Hamilton, E.R., Rodriguez, N., Eschbach, K., & Hagan, J.M (in press). Deporting fathers: Involuntary transnational families and intent to re-migrate among Salvadoran deportees. *International Migration Review* (Impact factor 1.18; 5-year impact 1.83)
7. Cervantes, R., **Berger Cardoso, J.**, & Goldbach, J. (2015). Examining differences in culturally based stress among clinical and non-clinical Hispanic adolescents. *Cultural Diversity and Ethnic Minority Psychology*, 21 (3), 458-467 (Impact factor 1.76; 5-year impact not reported)
8. Scott, J., Faulkner, M., **Berger Cardoso, J.**, & Burstain, J. (2014). Kinship care and undocumented Latino children in the Texas foster care system: Navigating the child welfare-immigration crossroads. *Child Welfare* 93(4) 54-69 (Impact factor 0.59; 5-year impact not reported)
9. **Berger Cardoso, J.**, Dettlaff, A.J., Finno, M., Scott, J. & Faulkner, M. (2014). Citizenship and immigrant status among Latinos involved in the child welfare system: Characteristics, Risk and Maltreatment. *Children and Youth Services Review*, 44, 189-200. (Impact factor 1.10; 5-year impact 1.38)
10. von Sternberg, K., **Berger Cardoso, J.**, Jun, J., Learman, J., & Velasquez, M. (2012). An examination of the pathways leading sexually transmitted infections among survivors of sexual violence. *Women's Health Issues*, 22 (3), 283-292. [PMID:22382125](#) (Impact factor 1.61; 5-year impact 2.08)
11. Hamilton, E., **Berger Cardoso, J.**, Hummer, R., & Padilla, Y. (2012). Assimilation and emerging health disparities among new generations of U.S. children. *Demographic Research*, 25 (25), 783-818. (Impact factor 1.16; 5-year impact 1.51)
12. Thompson, S., Bender, K., **Berger Cardoso, J.** & Flynn, P.M. (2011). Experiential activities in family therapy: Perceptions of parents and youth. *Journal of Child and Family Studies*. 20 (5), 560-568. (Impact factor 1.42; 5-year impact not reported)
13. **Berger Cardoso, J.**, & Thompson, S. (2010). Common themes of resilience among Latino immigrant families: A systematic review of the literature. *Families in Society: The Contemporary Journal of Social Services*, 91 (3), 257-265. (Impact factor 0.29; 5-year impact 0.49)
14. **Berger Cardoso, J.**, Padilla, Y., & Sampson, M. (2010). Racial and ethnic variation in predictors of maternal parenting stress. *Social Service Research*, 36(5), 429-444. (Impact factor 0.44; 5-year impact 0.55)
15. Dettlaff, A., & **Berger Cardoso, J.** (2010). Mental health need and service use among Latino children of immigrants in the child welfare system. *Children and Youth Services Review*, 32 (10), 1373-1379. (Impact factor 1.10; 5-year impact 1.38).
16. Faulkner, M., & **Berger Cardoso, J.** (2010). Mexican American youth: The impact of generation and gender on outcomes in young adulthood. *Journal of Immigrant and Refugee Studies*, 8 (3), 301-315.
17. Fong, R., & **Berger Cardoso, J.** (2010). Child human trafficking victims: Challenges for the child welfare system. *Journal of Evaluation and Program Planning*, 33 (3), 311-316. [PMID:19716601](#) (Impact factor 1.09; 5 year impact 1.32)

18. **Berger Cardoso, J.**, Gomez, R., & Padilla, Y. (2009). What happens when family resources are across international boundaries? An exploratory study on kinship care placement with Mexican immigrant families. *Child Welfare Journal*, 88 (6), 67-84. [PMID: 20695292](#) (Impact factor 0.59; 5-year impact not reported)

In Review:

1. ***Berger Cardoso, J.**, Ren, Y., Swank, P., Sanchez, M., & de la Rosa, M. Pre- to Post-immigration sexual risk behavior and alcohol use among recent Latino immigrants in Miami. *Culture, Health & Sexuality*. (Revise and Resubmit)

In Progress:

1. **Berger Cardoso, J.**, Faulkner, M., & Scott, J. Parenting in the context of deportation risk: A study of undocumented families in Texas.
2. Scott, J., Faulkner, M., & **Berger Cardoso, J.** Survival in the shadow of the state: The work lives and economic practices of undocumented Latino families in Texas.
3. Faulkner, M., **Berger Cardoso, J.**, Scott, J. Navigating parenthood without documentation: An exploratory study of deportation planning among undocumented Latino parents.
4. **Berger Cardoso, J.** Pre-migration trauma exposure and multiple risk outcomes in Latino immigrants.
5. **Berger Cardoso, J.** Unaccompanied children: A mental health and child protection crisis with a lasting impact.

Book Chapters:

1. ***Berger Cardoso, J.**, & Barros Lane, L. (forthcoming, 2016). Practice with immigrant and refugee children and families in the mental health system. *Immigrant and Refugee Children and Families: Culturally Responsive Practice*, New York, NY: Columbia Press
2. **Berger Cardoso, J.**, Faulkner, M, Thompson, S.J. (2011). Health of Latino children of immigrants: issues from birth through adolescence. In L. Berhardt (Ed.). *Advances in Medicine and Biology* (pp. 205-222), Hauppauge, NY: Nova Science Publishers, Inc.
3. Gomez, R., **Berger Cardoso, J.**, & Thompson, S. (2009). Kinship care with Hispanic children: Barriers and obstacles to policy and practice implementations. In S. J. Quintero (Ed.), *Child Welfare Issues and Perspectives* (pp. 1-16). Hauppauge, New York: Nova Science Publishers Inc.

IV. PEER REVIEWED PRESENTATIONS AND POSTERS

International Conferences:

1. **Berger Cardoso, J.**, Scott, J., & Faulkner M. (December, 2014). *Deportation, traumatic stress and depression in undocumented parents in Texas*. Transdisciplinary Collaborations: Evolving Dimensions of US and Global Health Equity, Minority Health and Health Disparities Grantees' Conference. National Harbor, Maryland.

2. Cervantes, R., **Berger Cardoso, J.**, & Goldbach, J. (October, 2013). *Differences in Cultural Stress and Depression in Clinical and Non-Clinical samples of Hispanic Adolescents*. National Hispanic Science Network on Drug Abuse (NHSN), Bethesda, MD.
3. **Berger Cardoso, J.**, & Cervantes, R. (October, 2013). *Cultural Stress and BMI in Hispanic Adults in Los Angeles*. National Hispanic Science Network on Drug Abuse (NHSN). Bethesda, MD.
4. Learman, J., Jun, J., & **Berger Cardoso, J.** (September, 2011). *Examining the path between sexual violence and sexually transmitted infections*. International Conference on Violence, Abuse, and Trauma: Linking Research, Policy and Practice. San Diego, CA.
5. **Berger Cardoso, J.** (November, 2009). *U.S. citizen children left behind: Endgame policies and parental deportation*. Migration in an Era of Restriction Conference, Austin, TX.

National Conference Presentations:

1. ***Berger Cardoso, J.**, Scott, J., Faulkner, M., Alvarez, S., & Barros Lane, L. (January, 2015). *Parenting in the context of deportation: A study of undocumented families in Texas*. Society for Social Work and Research, New Orleans, La.
2. Faulkner, M., **Berger Cardoso, J.**, Scott, J. (January, 2015). *Navigating parenthood without documentation: An exploratory study of deportation planning among undocumented Latino parents*. Society for Social Work and Research, New Orleans, La.
3. *Scott, J., Faulkner, M., **Berger Cardoso, J.**, Barros Lane, L. (January, 2015). *Survival in the shadow of the state: The work lives and economic practices of undocumented Latino families in Texas*. Society for Social Work and Research, New Orleans, La.
4. Finno-Velasquez, M., **Berger Cardoso, J.**, Dettlaff, A., & Hulburt, M. (January, 2015). *Parent nativity and legal immigration status: A national survey of barriers to mental health service use among Latino children with child welfare involvement*. Society for Social Work and Research, New Orleans, La.
5. *Narendorf, S., Small, E, **Berger Cardoso, J.**, & Wagner, R. (January, 2015). *Management and mentoring: Experiences of assistant professors in working with research assistants*. Society for Social Work and Research, New Orleans, La.
6. **Berger Cardoso, J.**, Randle Hamilton, E., Eschbach, K., & Hagan, J. (August, 2014). *Deporting Fathers: Involuntary Transnational Families and Intent to Re-migrate among Salvadoran Deportees*. American Sociological Association, San Francisco CA.
7. **Berger Cardoso, J.**, Goldbach, J.T., Cervantes, R., & Swank, P. (May, 2014). *Cultural stress and multiple risk outcomes in Hispanic Adolescents*. Society for Prevention Research. Washington, D.C.
8. **Berger Cardoso, J.**, Dettlaff, A., Finno, M., & Scott, J. (May, 2014). *Citizenship & immigration status among Latinos in the child welfare system: Characteristics, risks, and maltreatment*. National Conference on Child Abuse and Neglect. New Orleans, La.
9. Cano, M.A., de Dios, M.A., Castillo, L.G., Castro, Y., Vaughan, E.L., & **Berger Cardoso, J.** (May, 2014). *Alcohol use severity and depressive symptoms among late adolescent Hispanics:*

Testing the effects of acculturation and enculturation in a bicultural transaction model.

American Psychiatric Association, New York, NY.

10. **Berger, Cardoso, J.**, Goldbach, J., & Cervantes, R. (January, 2014). *Examining the influence of cultural stressors on depression in Hispanic adolescents.* Society for Social Work and Research, San Antonio, TX.
11. Scott, J., Faulkner, M., & **Berger Cardoso, J.** (January, 2014). *Kinship care and undocumented Latino children in the Texas foster care system.* Society for Social Work and Research, San Antonio, TX.
12. **Berger Cardoso, J.**, Narendorf, S., Small, E., & Goldbach, J. (October 2013). *Using research assistants to support research and teaching: Discussions for new faculty members.* Council on Social Work Education, Dallas, TX.
13. **Berger Cardoso, J.**, Cervantes, R., Hess, K., & Fisher, D. *Correlates of Cultural Stress and Obesity in Hispanic Adults.* (March, 2013). Society for Behavioral Medicine preconference workshop sponsored by the National Institute of Diabetes & Digestive & Kidney Diseases, San Francisco, CA.
14. **Berger Cardoso, J.**, Hamilton, E., Padilla, Y., & Hummer, R. (January, 2012). *Assimilation and emerging health disparities among new generations of U.S. children.* Society for Social Work Research, Washington, D.C.
15. Padilla, Y., Hamilton, E., **Berger Cardoso, J.**, & Hummer, R. (November, 2011). *Health conditions in children of Latino immigrants: Does the epidemiological paradox extend beyond birth outcomes?* American Public Health Association, Washington D.C.
16. **Berger Cardoso, J.**, Jun, J., & Learman, J. (October 2011). *Multiple Partners: Mediating the pathways between sexual violence and sexually transmitted infections* Council on Social Work Education. Atlanta, GA.
17. Hamilton, E. & **Berger Cardoso, J.** (March, 2011). *Is the immigrant health advantage apparent in childhood? Immigrant generation, race and ethnicity, and child health across the early life-course.* Population Association of America annual meeting, Washington, D.C.
18. **Berger Cardoso, J.** Scott, J., Rodriguez, N. Hagan, J. & Eschbach, K. (January, 2011). *U.S. Citizen Children Left behind: Endgame Policies, Parental Deportation and Re-Migration Patterns.* Society for Social Work Research. Tampa, FL.
19. **Berger Cardoso, J.**, Gomez, R., Dettlaff, A. (October, 2010). *La Familia: Utilizing family resources among Latino immigrant families in child welfare.* Council on Social Work Education. Portland, OR.
20. Dettlaff, A., & **Berger Cardoso, J.** (January, 2010). *Latino Children of Immigrants in the Child Welfare System: Mental Health Need and Service Use.* Society for Social Work and Research. San Francisco, CA.
21. Barczyk, A., Gomez, R., **Berger Cardoso, J.**, Thompson, S. (January, 2010). *Homeless, Street-Involved Emerging Adults: Attitudes towards Substance Use.* Society for Social Work and Research. San Francisco, CA.

22. **Berger Cardoso, J.**, Gomez, R., & Padilla, Y. (November, 2009). *International kinship placement of children in Mexican immigrant families in child welfare*. Council on Social Work Education Annual Program Meeting. San Antonio, TX.
23. Gomez, R., **Berger Cardoso, J.**, & Davis, K. (November, 2009). *An Analysis of Kinship Care Policies: Implications for Latino Immigrant Families*. Council on Social Work Education Annual Program Meeting. San Antonio, TX.
24. Learman, J. & **Berger Cardoso, J.** (November, 2009). *Resiliency among Latino immigrant families: Implications for social work education*. Council on Social Work Education Annual Program Meeting. San Antonio, TX.
25. **Berger Cardoso, J.**, Gomez, R., & Padilla, Y. (August, 2009). *What happens when family resources are across the border? An exploratory study on kinship placement within Mexican immigrant families in South Texas*. Society for the Study of Social Problems. San Francisco, CA.
26. Fong, R. & **Berger Cardoso, J.** (August, 2009). *Child human trafficking victims: Challenges for the child welfare system*. Society for the Study of Social Problems. San Francisco, CA.
27. **Berger Cardoso, J.**, Sampson, M., & Padilla, Y. (August, 2009). *Determinants of maternal stress: A racial and ethnic comparison*. American Sociological Association. San Francisco, CA.
28. Fong, R. & **Berger Cardoso, J.** (August, 2008). *Victims of human trafficking and unaccompanied minors: Dealing with issues of culturally competent practice and services*. Society for the Study of Social Problems. Boston, MA.
29. Aguilar, J. & **Berger Cardoso, J.** (July, 2008). *The Immigrant family: The impact of current immigration policies and practices on U.S. citizen children* Society for the Study of Social Problems. Boston, MA.

Invited Presentations:

1. **Berger Cardoso, J.** (April, 2015). *The impact of migration, trauma, and integration on the mental health of immigrant children from the Northern Triangle*. Unaccompanied Child and Family Migration: Strategies and Solutions for U.S. and the Region. Migration Policy Institute, Washington, DC.
2. **Berger Cardoso, J.** (October, 2014). *Migration and child welfare: Understanding the intersection between systems*. Engaging Biological Parents and Families. The University of Texas, Austin TX.
3. **Berger Cardoso, J.** (October, 2013). *How to integrate leadership opportunities into your doctoral education*. Council on Social Work Education. Dallas, TX.
4. **Berger Cardoso, J.** & Narendorf, S. (June, 2013). *Mental health challenges associated with trauma for youth aging out of the foster care system*. Texas Reach Conference, Houston, TX.
5. **Berger Cardoso, J.** (May, 2012). *Departing fathers with dependent children: Examining intent to re-migrate among Salvadorans deported from the United States*. Graduate College of Social Work Research Conference, Houston, TX.

V. GRANT AWARDS AND APPLICATIONS

Completed Research Support

1. Early Career Scholar Berger Cardoso, J. (PI) 1/2014-8/2015
Parenting in the Context of Parental Deportation: An examination of Latino families in Texas
The purpose of this study is to define and examine the unique aspects of parenting stress associated with raising U.S. citizen children within the context of deportation-risk.
Hogg Foundation for Mental Health
Role: Principal Investigator, Co-investigators Monica Faulkner & Jennifer Scott

2. ACF 13-233-SOL-00767 Urban Strategies Inc. (PIs) 9/2013-9/2014
Federal Strategic Action Plan on Services for Victims of Human Trafficking: Enhancing the Health Care System's Response to Human Trafficking.
The purpose of the study is to strengthen the health system's responses to the identification of victims and services to survivors of human trafficking by educating health care providers and building their capacity about culturally appropriate, trauma-informed care.
Administration to Children and Families
Role: Torres, Principal Evaluator & Berger Cardoso, Co-evaluator

3. New Faculty Grant Berger Cardoso (PI) 1/2013-8/2013
Deportation of parents with dependent children: Informal and formal caregiving arrangements
This exploratory study will examine the how Latino families with young children use familial and social networks to create formal and informal custody arrangements in the event of parental deportation. In-depth interviews with unauthorized Latino parents of young children will be conducted in Houston and Austin.
The University of Houston, Division of Research New Faculty Grant
Role: Principal Investigator

4. Institute for Urban Policy Research and Analysis Berger Cardoso (PI) 6/2012-8/2012
Deporting Fathers with Citizen Children: Examining Intent to Re-migrate among Salvadoran Migrants
Using data collected in El Salvador, this project examine the re-migration intentions among Salvadorans removed from the United States. I examined models based on transnational family structure, with a special emphasis on fathers with citizen children in the United States.
Role: Principal Investigator

5. Mike Hogg Scholarship for Mental Health Berger Cardoso (PI) 5/2011-8/2012
Dissertation title: *Examining the mediating role of family processes in the relationship between family income and mental health outcomes among young children involved in the child welfare system.* Using data from the National Study of Adolescent and Child Well-Being, this study applied the family stress model to an analysis of children and families involved in the child welfare system.
The University of Texas at Austin
Role: Principal Investigator

6. Competitive Graduate School Fellowship Berger Cardoso (PI) 5/2010-8/2011
This fellowship was a pre-dissertation award granted by the Graduate School at the University of Texas. Recipients participate in a competitive evaluation process, whereby they are assessed on

their contribution to their field and to the larger academic audience. Students are evaluated across the university on peer-reviewed publications, presentations, and internal and external funding and awards.

The University of Texas at Austin

Role: Principal Investigator

7. R44MH073180 Cervantes (PI) 9/2008- 8/2010
Hispanic Stress Inventory-Adolescent Version
Using survey data from a national sample of Hispanic adolescents, the purpose of this study was to standardize a psychosocial stress assessment tool with immigrant and U.S.-born Hispanics in the United States.
National Institute of Mental Health
Role: Research Associate
8. R01HD043371 Padilla (PI) 5/2006-4/2009
Mexican American Child Health: Birth to Early Childhood
The goal of this project is to identify the factors that influence the health and development of Mexican American children from birth through age 5 in a comparative context with the non-Hispanic white and non-Hispanic black populations. A particular goal of this study is to investigate how hypothesized protective factors present during pregnancy may or may not continue to sustain the health and development of Mexican American children beyond birth.
National Institute of Child Health and Development
Role: Research Assistant

Unfunded Submitted Proposals

1. Center of Excellence Kakadiaris, I. (PI) 10/2014
This grant is a large university-wide effort to bid for a Center of Excellence for Borders, Trade, and Immigration that was funded by the Department of Homeland Security. I developed a primary project entitled, *Unaccompanied Alien Children from Central America: The Post-Release Processes of Integration in the United States* that was not funded.
Department of Homeland Security
Role: Principal Investigator
2. R21HL122862-01 Berger Cardoso & Cervantes (PIs) 6/2013
Cultural Stress as a Correlate of Obesity in Hispanic Adults
This study will: (1) investigate the relations of cultural stressors to body composition in U.S. born and foreign-born Hispanic adults; (2) examine obesity-related health behaviors and mental distress indicators as mediators of cultural stress and adiposity; and (3) qualitative interview information will explore how cultural beliefs about health, diet, physical activity, eating behaviors, and sleep quality relate to cultural stressors in Hispanic Adults.
National Heart, Lung, and Blood Institute
3. R01 MH103250-01 Zayas & Alegría (PIs) 6/2013
Suicide Attempts of Adolescent African American, Caucasian and Latina females

2010 Ad-hoc reviewer
Public Child Welfare Journal

College Service

2014-present Faculty Sponsor for Alliance (LGBTQIA GCSW club)
2013-present Foundations Practice Lab Coordinator
2014-2015 Hogg Foundation Bilingual Scholarship Mentor
2014-2015 Faculty search committee
2013-2015 Foundations committee
2013-2014 Latino specialization workgroup
2014 Student support services search committee
2013 Merit work group
2012-2013 Evaluation committee

University Service

2012- Present Mental Health Evaluator
University of Houston, Immigration Law Clinic

Practice Experience

2014-2016 YMCA International Services Program Evaluation
Houston, Texas
2006-2007 Bilingual Behavioral Health Specialist
The Houston Council on Alcohol and Drugs and Baylor Psychiatry
Houston, Texas
2005-2006 Bilingual Social Worker
Family Services of Greater Houston, Houston, Texas
2004-2005 Bilingual Psychotherapist
Community Family Center, Houston, Texas
2003-2004 Bilingual Social Work Intern
Columbia University School of Social Work,
Morris High School Special Education Department Bronx, New York
2002-2003 Bilingual Social Work Intern
Columbia University School of Social Work,
New York Roberto Clemente Center