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## **Professional Profile**

- Licensed Clinical Social Worker, Texas State Board Approved Clinical Supervisor
- Expert in trauma-informed practice and family violence program development and administration
- Certified Practitioner in Equine-Assisted Psychotherapy (EAGALA)
- Excellent oral presentation and communication skills
- Research experience in early onset trauma, ACEs, and shelter program evaluation

## **Areas of Specialization**

### **Clinical Social Work**

- Licensed Clinical Social Worker since 2009
- Expertise in trauma-informed Cognitive Behavioral Therapy and Object Relations Therapy

### **Trauma-Informed Practice**

- Director, Trauma Education Program (TEP)
- Currently working on certification in Neuro-sequential Model of Therapeutics (NMT)
- Currently working on certification in Natural Lifemanship Equine Model

### **Family Violence Program Development and Administration**

- Board Member, Harris County Domestic Violence Coordinating Council (1997 to Present)
- Director of Family Violence Center at Northwest Assistance Ministries (2000 thru 2013)
- Co-Founder of Houston's PetSafe Program with the Houston SPCA (1998)
- Chair of Harris County Adult Violent Death Review Team (2003 thru 2015)

### **Equine-Assisted Psychotherapy**

- Certified EAGALA therapist since 2012
- Current practitioner of equine-assisted psychotherapy (2012 thru Present)
- Committee Member, EAGALA University Committee (2015 thru 2018)
- Currently working on certification in Natural Lifemanship Equine Model

## **Research**

- Generational impact of ACEs on families experiencing family violence
- Evaluation of enhanced transitional housing program focusing on safety and long-term sustainable housing
- Imposter Phenomena – Principle Investigator Holly Hutchins, PhD, studying the impact of modified CPT therapy on imposter phenomena on PhD level faculty
- Currently working on capacity-building grant with the Houston Coalition against Hate

## **Academic Experience**

University of Houston, Graduate College of Social Work  
Clinical Assistant Professor – August 2013 thru Present

Houston Community College System, Human Services Technology  
Adjunct Professor – January 2008 thru December 2013

## **Teaching**

- ***Cognitive Behavioral Interventions*** (formerly Trans-theoretical Cognitive Behavioral Interventions) – Overview of the theoretical perspectives and the acquisition of clinical skills in Motivational Interviewing and Cognitive Behavioral Therapy techniques. Remote and face-to-face delivery.
- ***Core Concepts in Trauma Treatment for Children and Adolescents*** – Utilizing a child developmental approach, learning is focused on working with diverse populations of children and adolescents impacted by sudden trauma and addressing generational trauma with individuals and families. Remote and face-to-face delivery.
- ***Trauma and Social Work*** – Overview of the impact of trauma on diverse populations, including an emphasis on self-care for social workers. Online and face-to-face delivery.
- ***Child Abuse and Neglect*** – Theoretical approaches to understanding child abuse issues and the short and long-term impacts of abuse on individual and families.
- ***Family Violence*** – Skill development in the assessment of family violence and introduction to crisis intervention and long-term support services. Online and face-to-face delivery.
- ***Assessment in Social Work*** - Building skill acquisition by assessing individuals, families, organization and communities.

## **Course Development**

- Trauma and Social Work – hybrid and online version (Spring 2018)
- Family Violence – hybrid and online version (Fall 2016)
- Core Concepts in Trauma Treatment of Children and Adolescents – Remote (2020)
- Cognitive Behavioral Interventions-Remote delivery (2020)

## **Course Revisions**

- Assessment in Social Work, face-to-face (Fall 2015)
- Family Violence, face-to-face (Fall 2015)
- Child Abuse and Neglect, face-to-face (Fall 2016)
- Trauma and Social Work face-to-face (Spring 2016)
- Trans-theoretical CBI, face-to-face (Fall 2017)
- Child Abuse and Neglect-face-to-face (Fall 2018)

## **Independent Studies**

- Luana de Silva, Bridging the Gap between Doulas and Social Workers (Fall 2015)
- Andria Soderquist, Family Violence Perpetrators (Fall 2020)

## **Faculty Mentorship**

- Stephen Parks, LCSW, Adjunct Professor
- Brooke Medina, LCSW, Adjunct Professor
- Michelle Lucas, LCSW, Adjunct Professor
- Jill Gracely, LCSW, Adjunct Professor

## **Student Mentorship – PhD Students**

- Shu Zho, Fall 2015
- Nikki Hune, Fall 2018

## **Teaching Awards**

2017 - Community Organization and Change for Social Justice, Faculty Award

2019 – Outstanding Clinical Faculty Award

## Honors

2015 – Voted by GCSW students to read names of MSW graduates at Convocation Ceremony

## Service

### College Community Service

- Admissions Committee, Fall 2014 to Spring 2016
- Foundation Committee, Fall 2015 to Spring 2016
- Field Practicum Advisory Committee, Fall 2016 to Spring 2018
- Clinical Concentration Committee, Fall 2016 to Spring 2017/Fall 2018 to Present
- Strategic Planning Committee, Fall 2017 to Spring 2018, Fall 2019 to Present
- Curriculum Committee, Fall 2017 to Spring 2018, Fall 2019 to Present

### Administrative Appointments

- 2013 - Director, Trauma Education Program (formerly Child Trauma Program)

## Professional Presentations and Trainings

### Internal Trainings

- **Amtsberg, D.** (2014). *El Salvadorian Symposium–Trauma and Social Work*
- **Amtsberg, D.** (2016). *GCSW Alumni Meeting-Family Violence and Trauma*
- **Amtsberg, D.** (2016). *GCSW Clinical Leadership Society-Family Violence and #1800SAFE*
- **Amtsberg, D.** (2016). *GCSW Alumni-Assessing Family Violence*
- **Amtsberg, D.** (2016). *GCSW Clinical Leadership Society-Equine-Assisted Psychotherapy*
- **Amtsberg, D.** (2016). *UH-Swansea Collaboration-Panel Moderator*
- **Amtsberg, D.** (2016). *GCSW Foundation Research Conference-Adult Violent Death Review Team Report-2016*
- **Amtsberg, D.** (2017). *GCSW PhD Program-Adult Violent Death Review Team Report-2016*
- **Amtsberg, D.** (2017). *GCSW PhD Program- Self-Care and Stress Management*

- **Amtsberg, D. & Brown A.** (2017). *Foundation SW 6201-Building a Strong Foundation*
- **Amtsberg, D.** (2017). *Foundation Committee-Foundation Practice*
- **Amtsberg, D.** (2018). *GLOBE and UH Behavioral Health Program-Family Violence and Trauma*
- **Amtsberg, D.** (2018). *GCSW PhD Program-Self-Care*
- **Amtsberg, D.** (2018). *Foundation Committee-Foundation Practice*
- **Amtsberg, D. & Brown, A.** (2018). *Foundation SW 6201-Building a Strong Foundation*
- **Amtsberg, D.** (2018). *GCSW Shine Program-Intersectionality of Family Violence and Trauma*
- **Amtsberg, D.** (2019). *A Shared Journey-GCSW Foundation, Day 2*

## External Presentations

- **Amtsberg, D.** (2014). *Houston Association of Black Journalists-Domestic Violence And Spanking-Panelist*
- **Amtsberg, D.** (2014). *Harris County Domestic Violence Coordinating Council-Intimate Partner Violence: Summit on Practice and Policy*
- **Amtsberg, D.** (2015). *Catholic Charities-Self-Care*
- **Amtsberg, D.** (2015). *Catholic Charities-Trauma 101*
- **Amtsberg, D.** (2015). *The Lovett Center-Family Violence and Trauma*
- **Amtsberg, D.** (2015). *Catholic Charities-Trauma 101*
- **Amtsberg, D.** (2015). *First3Years Food for Thought Series-Family Violence and Trauma*
- **Amtsberg, D.** (2015). *Catholic Charities Executive Board-Trauma 101*
- **Amtsberg, D.** (2015). *Catholic Charities-Organizational Readiness*
- **Amtsberg, D.** (2015). *Harris County Juvenile Probation Department-Family Violence and Trauma*
- **Amtsberg, D.** (2015). *Houston Matters/NPR Interview-Trauma and Self-Care*
- **Amtsberg, D.** (2015). *Houston Moment Interview-#1800SAFE*
- **Amtsberg, D.** (2015). *NASW-TX Annual Conference-Community Assessment through The Eyes of a Fatality Review Team*
- **Amtsberg, D.** (2015). *Child Advocates of Ft. Bend-Keynote Speaker-The Impact of Trauma on Child Development*
- **Amtsberg, D.** (2015). *Houston Matters/NPR Interview-#1800SAFE*
- **Amtsberg, D.** (2015). *Catholic Charities-Trauma Treatment*
- **Amtsberg, D.** (2015). *FM Radio 107.5 Interview-#1800SAFE*
- **Amtsberg, D.** (2015). *Catholic Charities-Trauma Treatment*

- **Amtsberg, D.** (2016). *Equine Growth and Learning Association (EAGALA) Annual International Conference-University Committee Mission and Accomplishments*
- **Amtsberg, D.** (2016). *AVANCE-Toxic Stress and Trauma*
- **Amtsberg, D.** (2016). *AVANCE-ACE Scores and Self-Care*
- **Amtsberg, D.** (2016). *Mental Health America of Greater Houston-Childhood Poverty*
- **Amtsberg, D.** (2016). *Upbring Foster in Texas Annual Conference-Trauma-Informed Care*
- **Amtsberg, D.** (2016). *1/20/2016 – Arrow Ministries-Panelist-Resilience Film by TUGG*
- **Amtsberg, D.** (2016). *Houston Community College-Adult Violence Death Fatality Review Team Findings*
- **Amtsberg, D.** (2016). *The Simmons Foundation-Panelist-Resilience Film by TUGG*
  
- **Amtsberg, D.** (2017). *Child Protective Services-Family Violence 101*
- **Amtsberg, D.** (2017). *CSWE-Family Violence Fatality Review Team, A Call to Action*
- **Amtsberg, D.** (2017). *Catholic Charities – Trauma 101*
- **Amtsberg, D.** (2017). *Catholic Charities – Trauma-Informed Care*
  
- **Amtsberg, D.** (2018). *Houston Trauma Consortium-Family Violence and Trauma*
- **Amtsberg, D.** (2018). *Catholic Charities-Trauma 101*
- **Amtsberg, D.** (2018). *UH Alumni Association-Panelist-Healing After Harvey*
- **Amtsberg, D.** (2018). *GCSW Teach-In: Immigration Policy*
- **Amtsberg, D.** (2018). *Houston Bereavement-Informed Community Committee-Panelist-Restorative Support for Families after Traumatic Death Conference*
- **Amtsberg, D.** (2018). *Big Brothers Big Sisters Annual Conference-Trauma and The Impact on Child Development*
- **Amtsberg, D.** (2018). *MD Anderson Social Work Department-Trauma and the Impact on Child Development*
- **Amtsberg, D.** (2018). *GCSW Collaboration with Harris County DA’s Office-Panelist-Breaking the Silence*
  
- **Amtsberg, D.** (2019). *Facebook Live:*  
[https://m.facebook.com/story.php?story\\_fbid=10156836738799847&id=310757504846&sfnsn=mo&s=100000213221943&w=y](https://m.facebook.com/story.php?story_fbid=10156836738799847&id=310757504846&sfnsn=mo&s=100000213221943&w=y)
- **Amtsberg, D.** (2019). *SSWR Conference-EPoster Presentation with Dr. Borja-Intergenerational Continuity of Adverse Childhood Experiences and Female Domestic Violence Survivors and Their Children*
- **Amtsberg, D.** (2019). *Clinical Psychology Program-UH-Dr. Anka Vujanovic -Mental Health Careers*
- **Amtsberg, D.** (2019). *Imposter Phenomena-UH-Dr. Holly Hutchins*

- **Amtsberg, D.** (2019). *Trauma Across the Lifespan-What Family Practitioners Need to Know-GLOBE and Health Center staff*
- **Amtsberg, D.** (2019). *Trauma Across the Lifespan-The Bridge over Troubled Waters, Staff Training*
- **Amtsberg, D.** (2019). *Mental Health Fair-Hemophilia Foundation of America.*
- **Amtsberg, D.** (2019). *Clinical Psychology Program-UH-Dr. Anka Vujanovic -Mental Health Careers*
- **Amtsberg, D.** (2019). *Intergenerational Continuity of Adverse Childhood Experiences and Female Domestic Violence Survivors and Their Children. Northwest Assistance Ministries*
- **Amtsberg, D.** (2019). *Intergenerational Continuity of Adverse Childhood Experiences and Female Domestic Violence Survivors and Their Children. GCSW-US/Mexico Conference*

## **Professional Consultations**

- Catholic Charities – Trauma-Informed Practice
- AVANCE – Trauma-Informed Practice
- Change Happens! – Trauma-Informed Practices

## **Research**

- *Bridging the Gap* - Program Evaluation for the Bridge Over Troubled Water, Inc., enhanced transitional housing program
- *Overcoming Your Inner Critic* - Principle Investigator Holly Hutchins, PhD, studying the impact of modified CPT therapy on imposter phenomena on PhD level faculty
- *Intergenerational Continuity of Adverse Childhood Experiences and Female Domestic Violence Survivors and Their Children* - Northwest Assistance Ministries, Family Violence Center – Co-PI Sharon Borja, PhD
- *Houston Coalition against Hate* – Capacity building among HCAH agency members.

## **Publications**

- Texas Speech Communications Journal. 08/1997, *Cruelty to Animals ... A Communication Form in Family Violence*, August 1997
- CSWE Publication with Fordham University. 2019, *Specialized Practice Curricular Guide for Trauma-Informed Social Work Practice*

## **Community Service**

- Harris County Domestic Violence Coordinating Council, Executive Board, 2017 to Present
- Community Development Project: #1800SAFE campaign. 01/2015 to Present
- Co-Founder of the Houston/Harris County PetSafe Program with the Houston SPCA, November 1997.

## **Professional Experience**

**Northwest Assistance Ministries (NAM)** – March 1997 to July 2013

Director, Family Violence Center

- Responsible for \$600K annual program budget
- Grant writing and annual reporting
- Administration of grant funds within state and federal guidelines
- Development and implementation of operating guidelines
- Recruitment, training and supervision of staff and volunteers
- Clinical work with clients in both individual and group settings
- Development, administration and analysis of agency-wide Needs Assessment
- Directed crisis intervention services agency-wide
- Recruitment, training and supervision of graduate social work and clinical students

**Harris County Adult Violent Death Review Team (AVDRT)** – January 2003 to December 2015

Chair / Volunteer

- Recruitment and training of county-wide agencies to collaborate with the AVDRT
- Responsible for collecting case list information on family violence homicides/suicides in coordination with the Harris County DA's Office and Harris County Public Health and Environmental Services department
- Responsible for overseeing a secure environment for the confidential case files
- Providing statistical, non-confidential information to the AVDRT team members and to other agencies, by request
- Responsible for writing, production, and dissemination of biannual AVDRT report to citizens of Harris County and Texas
- Consulted with Texas counties considering the development and implementation of county-wide fatality review teams across the state
- Testify in front of the Texas Legislature to support the passing of laws to create safety and support for victims of family violent (confidentiality of review team members and increases in punishment for strangulation cases)



**Harris County District Attorney's Office – December 1994 to March 1997**

- Interview and assess the needs of victims of family violence, adults and children
- Instituted the data collection process of animal cruelty statistics
- Prepared witnesses for testimony in family violence court cases
- Testified in Harris County criminal courts on felony family violence cases