



PLANNED PARENTHOOD TRAINING CENTER

Sex Education for Professionals Fall Series

The Planned Parenthood Gulf Coast Training Center announces the Sex Education for Professionals Fall Series. The calendar includes *Upping Your Game: Sex Education for Health Educators* to improve skills for those providing sexuality programming for youth; *But I'm Not A Sex Therapist* to help counselors and therapists directly address sexuality with clients; and *Sexuality for Nurses and Health Care Providers* to improve the sexual health of their patients. Planned Parenthood Gulf Coast provides CEUs for nurses and counselors while increasing their skills, knowledge and comfort to address sexuality- related issues in work with students, clients and patients.

BUT I'M NOT A SEX THERAPIST: SEXUALITY FOR COUNSELORS AND THERAPISTS

Ethics, Values and Sexuality

Monday October 7th

1:00PM -- 4:00PM

3 Ethics CEUs for Social Workers and Licensed Professional Counselors

Instructor: Meryl Cohen, MEd, LCSW

Cost - \$40

Participants will look at how their own sexual learning may impact their work with clients and discover how to respond with empathy and support to a broad range of sexual issues and behaviors. We will address the differences between personal and professional values while discussing variations of sexual behavior, including differences in sexual desire and paraphilias. We will explore such questions as: "What is Typical Sexual Expression?" "How can we keep eroticism alive in long term relationships?"

Challenges to Sexual Functioning

Wednesday October 16th

9:00AM -- 1:00PM

3 CEUs for Social Workers and Licensed Professional Counselors

Instructor: Meryl Cohen, MEd, LCSW

Cost - \$40

Clients face challenges to sexual functioning throughout the lifespan. Participants will address how illness, disability and aging affect sexual functioning and relationships and how to help clients deal with these challenges. We will explore the history and present thinking in the sex therapy world reviewing Masters and Johnson, Helen Singer Kaplan, Rosemary Basson, David Schnarch and Feminist Models. There will be an opportunity to hear real client challenges and address treatment options.

About the instructor:

Meryl Cohen, MEd, LCSW, Vice President of Education Planned Parenthood Gulf Coast is a Certified Sexuality Educator with Masters degrees in Education and Social Work. She is adjunct faculty at University of Houston Graduate College of Social Work where she teaches Human Sexuality. She has served as adjunct in sexuality education for Baylor College of Medicine and UT School of Public Health and taught hundreds of parents and professionals issues of sexual and reproductive health.

**For more information on the Sex Education for Professionals Fall Series please call
713.831.6557 or email education@ppgulfcoast.org.**

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