

The Southwest Adolescent Treatment Alliance Presents

THE FIRST ANNUAL ADOLESCENT CONFERENCE WORKING WITH ADOLESCENTS AND FAMILIES



The Council on Alcohol and Drugs
303 Jackson Hill St.
Houston, Tx 77007

Friday, February 22, 2013
8:00am-5:00pm

7 CEU's
available for

LICENSED PROFESSIONAL
COUNSELORS
SOCIAL WORKERS
MARRIAGE AND FAMILY
THERAPISTS
CHEMICAL DEPENDENCY
COUNSELORS
PSYCHOLOGISTS

The adolescent conference will bring together four dynamic speakers to address the challenges therapists face when working with adolescents and families. Presentations will include engaging difficult adolescents enabling changes in the parent-teen relationship, addressing adolescent addiction and medication management issues.

Bring your business cards and brochures as the conference is also designed to provide networking opportunities for therapists and treatment programs.

CONFERENCE PRESENTATIONS

Parenting Styles and Adolescent Behavior: The Importance of Working with the Adolescent's Family

— Joanne E. Carlson, LCSW

Based on Ms. Carlson's book

The Parent Effect: How Parenting Style Affects Adolescent Behavior and Personality Development, this workshop identifies 5 distinct parenting styles including the "My House, My Rules Parents", the "Cool Parents", the "Easy-going Parents" the "Not Now I'm Busy Parents" and the "Your Life is My Life Parents". Utilizing case examples and media clips, various adolescent behavioral and emotional reactions to these different parental styles are presented. Further, subsequent adult characteristics are addressed. This workshop also explores the importance of working with an adolescents' family and offers ideas for engaging the family while maintaining the adolescent-therapist relationship.

Modalities for Treatment of Adolescents with Psychiatric Disorders

— Aaron Goldman, M.D.

Participants will learn about pharmacologic treatment for adolescent psychiatric disorders including new and effective medication choices for teens. Dr. Goldman will also explore basic complementary/alternative treatments for adolescent psychiatric disorders.

Engaging and Working With Difficult Teens

—Richard Newman, LPC, LCSW

This program will focus on techniques used at the first contact and in subsequent sessions including information gathering, forming a therapeutic alliance with the teen and with the family, the use of humor, direction, and confrontation. Theoretical considerations will be addressed along with the varying role of the therapist, balancing support for the teen with the support for the parents, and getting buy-in.

What's New And Scary in The World of Adolescent Addiction

— Stacie Allphin, LCDC

This workshop will allow participants will be able to identify current drugs (both legal and illegal) popular with adolescents and their typical methods of use. Participants will learn about current trends and hot topics in the adolescent world including sexting and other dangerous behaviors. Additionally, this seminar will explore current treatment modalities and action methods most appropriate and successful for teens.

Information
and
Registration
available
at
www.swadol.org

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