

MH-RITES Center Research Fellow

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Throughout my career at The University of Toronto, I have been committed to the academic mission of the Department of Psychiatry in the areas of teaching and education, while supporting research, maintaining a strong focus on clinical excellence, and serving as a resource to other physicians and health professionals. I was promoted to the level of Assistant Professor in July 2010 and I have been wholeheartedly involved in education and education leadership, especially in Undergraduate Medical Education, but also with Postgraduate Medical education. My teaching philosophy has remained consistent over the years with a strong passion for undergraduate and postgraduate education as well as Creative Professional Activity endeavours focused on education with physician groups, public/community education and interdisciplinary education.

I have been involved with Creative Professional Activities centered on Collaborative Care, development of the Canadian Guidelines on Schizophrenia, and being the Physician Champion for Psychiatry for the Epic Project at SickKids. I was part of the group who wrote the “Canadian Guidelines for the Pharmacological Treatment of Schizophrenia Spectrum and Other Psychotic Disorders in Children and Youth” and the “Canadian Treatment Guidelines on Psychosocial Treatment of Schizophrenia in Children and Youth in the *Canadian Journal of Psychiatry*. We also presented the guidelines at the Canadian Academy of Child and Adolescent Psychiatry the same month.

I have been involved with a number of activities involving community and public education and knowledge translation including: an educational resource book for children about smoking; the development of a series of conferences on child and youth mental health; and the development of online modules about mood disorders for parents and for youth.

I have been involved with a number of Creative Professional Activities involving interdisciplinary education, including: the development of a suicide prevention handbook at CAMH; policy development around patients at risk of suicide, suicidal behaviours, and harm to others secondary to a psychiatric disorder at SickKids; an ongoing mental health screening initiative at SickKids; and education around psychosis through Telepsychiatry. As well, I have been involved in teaching and supervision of allied health professional students.