

UNIVERSITY of  
**HOUSTON**  
STUDENT GOVERNMENT ASSOCIATION

**Label:** SGAB-57022

**Date introduced:** March 3<sup>rd</sup>, 2021

**Author(s):** President Khademakbari, Chief Justice Munoz,

**Sponsor(s):** Attorney General Bonneté, Speaker Cheng

**Committee:** Student Life

**Draft:** Vote

**Student Suicide Prevention Act**

**Whereas,** mental health challenges, substance use and abuse, and suicidal ideation rates have increased during the COVID-19 pandemic<sup>1</sup>;

**Whereas,** suicide is the second leading cause of death among college students<sup>2</sup> ;

**Whereas,** the University of Houston Counseling and Psychological Services department hosts a nationally recognized suicide prevention program called “Question, Persuade, Refer” (QPR)<sup>3</sup>.

**Therefore, be it enacted by the Student Government Association of the University of Houston:**

The Student Government Association will participate in Counseling and Psychological Services’ “Question, Persuade, Refer” suicide prevention program on a yearly basis as a part of the UHSGA’s mission to End the Stigma against mental health.;

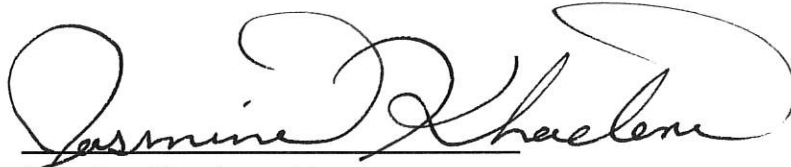
**Be it further enacted,** participation in the QPR Suicide Prevention Training will count towards the Executive and Senatorial volunteer hour requirements.

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<sup>1</sup> <https://www.cdc.gov/mmwr/volumes/69/wr/mm6932a1.htm>

<sup>2</sup> Rosiek A, Rosiek-Kryszewska A, Leksowski Ł, Leksowski K. Chronic stress and suicidal thinking among medical students. *Int J Environ Res Public Health*. 2016;13(2):212. doi:10.3390/ijerph13020212

<sup>3</sup> <https://www.uh.edu/caps/outreach/qpr-suicide-prevention/>



Jasmine Khademakbari

Student Government President

Date of President's Approval: 3/31/21



Julian Cheng

Speaker of the Senate

Date of Senate Approval: 3/31/21

