

# FY2025

Student Fee Advisory Committee



Student Health Center  
& Campus Pharmacy

Division of Student Affairs



# Executive Summary

## Mission and priorities

To provide cost-effective, comprehensive, compassionate, and quality primary, gynecological and psychiatric medical care to all UH students so they can learn best health practices and maintain their focus on successful academic outcomes.

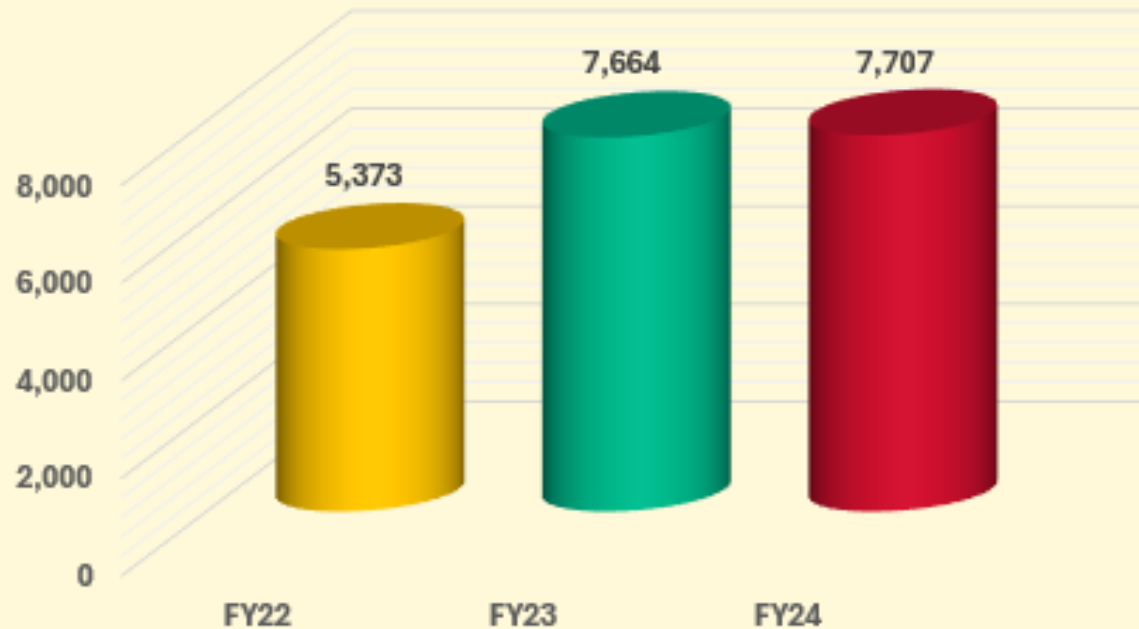


# Primary Care and Women's health



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**Primary Care Visits**



Primary care visits have increased since 2022 surpassing pre pandemic numbers (6000 visits)

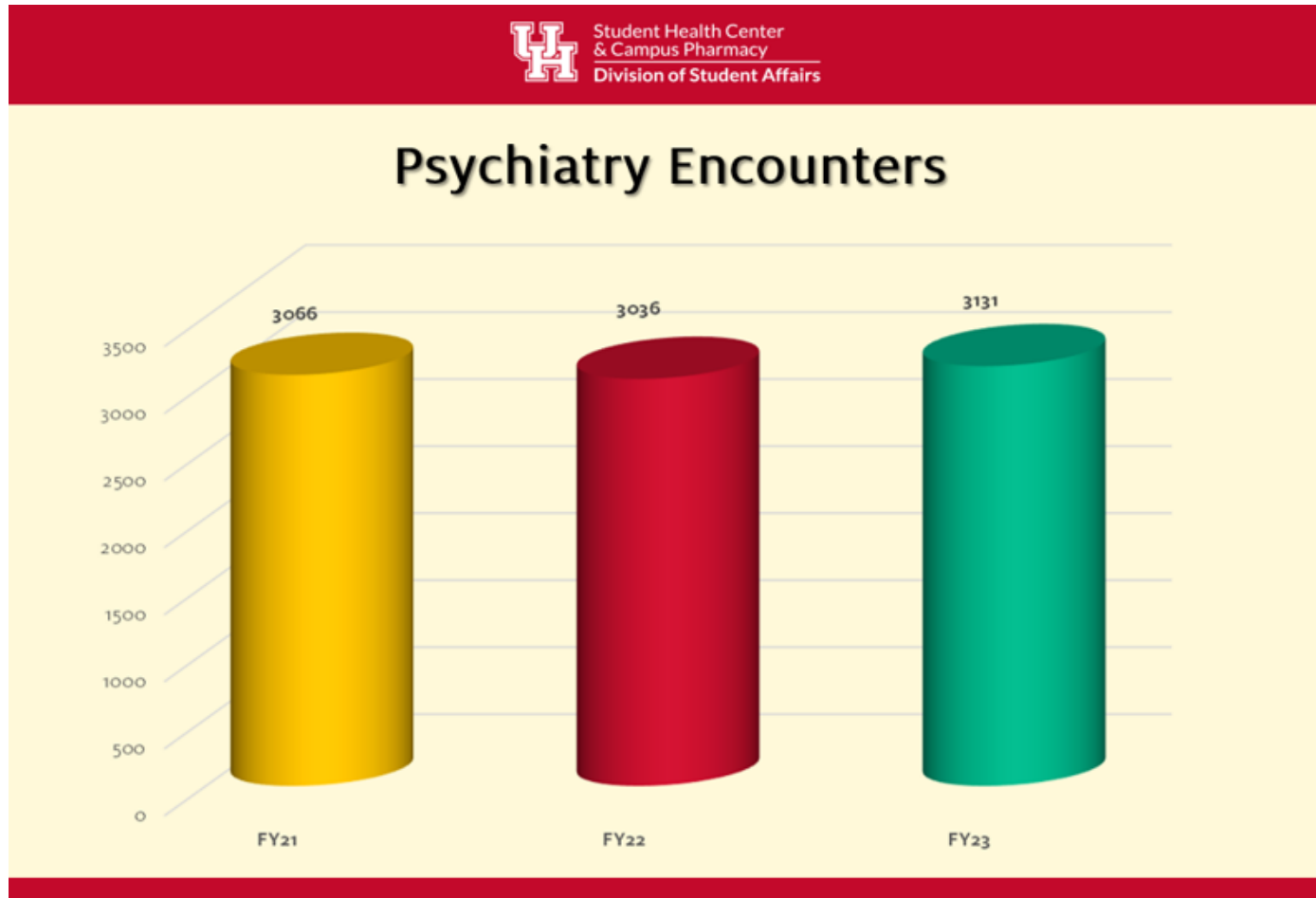
Other services provided:

- Immunizations
- Wound Care
- Nurse Triage



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# Psychiatry clinic: SHC contribution to mental health



Mental health continues to be a challenge amongst students, at the SHC we aim to provide with affordable Psychiatry services.

Top 5 diagnoses at the Psychiatry Clinic over the past year:

- Generalized anxiety disorder
- Anxiety disorder, unspecified
- Dysthymic disorder
- OCD, unspecified
- MDD, recurrent, severe, without psychotic features

# Strategic Initiatives (2024-25)

## New **SERVICES**


at the  
**Student Health Center  
Women's Clinic**

**OBGYN Consult**

**Women's Annual Exam**

**Contraception  
Management**

**Obstetric Services**

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UH STUDENT HEALTH CENTER & CAMPUS PHARMACY



# Strategic Initiatives

2024-25

## 1.- Provide access to specialized women's health services:

Adding an OBGYN and 2 full days dedicated to women's health and women's health promotion

Adding procedures to promote effective contraception: IUD and LARC (Long acting reversible contraception)

## 2.- Increase awareness of student health center services and affordability.

Participation in 10 tabling events, first year orientation, international student, college of pharmacy and school of law orientation.

Partnering with other on-campus organizations such as First Gen students.



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# Strategic Initiatives

2024-25

## 3.-Increase the percentage of students accessing their referral appointments.

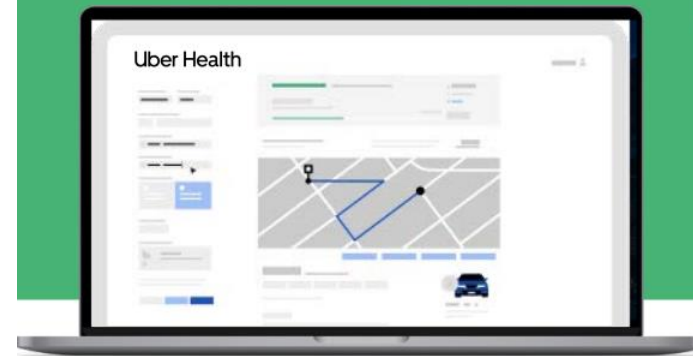
Only 25% of our referred students go to their referral appointments. Most students declared transportation is a main issue.

We partnered with Uber Health to provide rides to specific referral appointments. With no additional cost to our students.

Uber Health

## Enabling access to care and services →

The Uber Health platform is designed to improve health outcomes and the experiences of patients, caregivers, and clinicians by connecting people to care and services through a centralized, easy-to-use dashboard.



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# Increased outreach efforts





# Increased outreach efforts



Partnership with housing to do outreach within the residential facilities.

# Promotion of affordable care services

## Immunized campus!

Every year the student health center donates flu vaccines to those students who are uninsured or can't afford high deductibles.



**Get  
your  
Flu &  
Covid  
Shots**

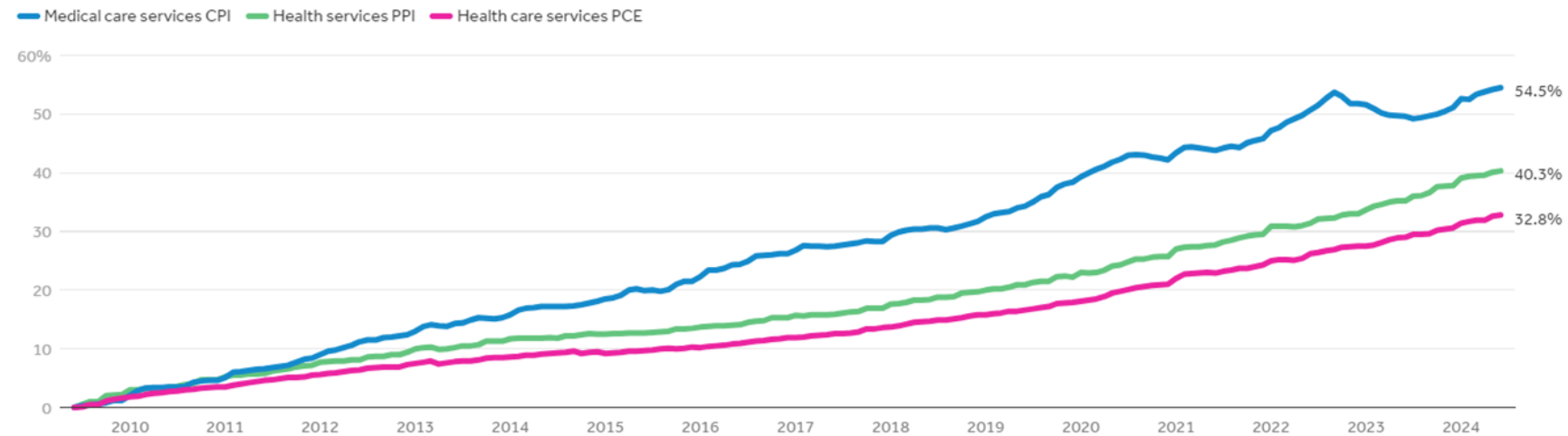
Sept. 16, 17, 18, 23, 25 & 30

  
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The graphic is a vertical rectangle with a dark red background. A large white circle is centered on the page. Inside the circle, the text "Get your Flu & Covid Shots" is written in a bold, black, sans-serif font. To the right of the text is the Houston Cougar mascot, a brown cougar wearing a red jersey with the number 27 and white pants with red stripes. The mascot is in a dynamic pose, appearing to be running or jumping. Below the circle, the dates "Sept. 16, 17, 18, 23, 25 & 30" are written in a black, sans-serif font. At the bottom left of the graphic, there is a small logo consisting of the letters "UH" in a stylized, blocky font. Below this logo, the text "Student Health Center & Campus Pharmacy" and "Division of Student Affairs" is written in a smaller, black, sans-serif font.

# Challenges faced by SHC and Campus Pharmacy

Cumulative percent change in selected health care price indices, June 2009 - June 2024



Note: CPI and PPI data are not seasonally adjusted. Producer Price Index (PPI) data measures health care services as a commodity for all payers. Consumer Price Index for All Urban Consumers (CPI-U) data measures medical care services only, including hospital and other health facility services (excluding drugs and equipment). Personal consumption expenditures (PCE) data measure total personal health care expenses.

Source: KFF analysis of [Bureau of Labor Statistics \(BLS\)](#) and [Bureau of Economic Analysis \(BEA\)](#) data • [Get the data](#) • [PNG](#)

Peterson-KFF  
**Health System Tracker**



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# Challenges faced by SHC and Campus Pharmacy

2024-25

- The SHC fee has not changed since 2008. In the past 11 years, the world has experienced many challenges in the healthcare industry, including the COVID-19 pandemic, which led to significant rises in healthcare costs overall.
- It is estimated that since 2008 we've had an accumulative inflation of 35.2%
- Medical care prices typically outpace price growth in the rest of the economy. However, starting in 2021, prices for many non-medical goods and services began increasing rapidly, outpacing the growth in medical prices.
- As general economic inflation has begun to cool more recently, medical prices are again outpacing growth in other prices.

Institution	Health Fee
Texas Tech	95 USD per student
University of Missouri	95 USD per student
Texas A&M	75 USD per student
OSU	90 USD per student
University of Kansas	132.04 USD per student
Iowa State University	151 USD per student
Kansas State University	157.48 USD per student



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# Continue to expand our mission with SF support

2024-25



- One of the main challenges we face is the ability to remain open during extended hours, our current hours are M-F from 8am to 5 pm.
- With the upcoming expansion of the residential areas the availability of other in campus services during extend hours will be needed to support our students.
- With a fee increase of 3.50, for a new fee of 25 dls per student, we will be able to pay extra hours for clinical staff.
- Extending service hours: Monday-Thursday 7:30am to 6 pm

# Continue to expand our mission with SF support

2024-25

\*By extending our services hours we would also be able to increase availability for appointments in our Psychiatry and OBGYN specialty clinics as follows:

	Primary Care 20 Minutes						Women's Health 30 Minutes	Psychiatry 30 Minutes				
	# Providers	Montalvo	Taylor	Gan	Pham	Total		# Providers	Lee-Dukes	Elkhatib	Rusciano	Total
Monday	3	15	21		20	56		2		11	8	19
Tuesday	3	17	21	16		54		3	8	11	9	28
Wednesday	2	20	21			41	8	2		10	11	21
Thursday	3	17	21	16		54	11	3	8	11	11	30
Friday	2	20	21			41		2		11	11	22
Available Appt		89	105	32	20	246	19		16	54	50	120
Total Appt Hours		29.67	35.00	10.67	6.67	82.00	9.50		8.00	27.00	25.00	60.00

Adding hours to primary care, Psychiatry and OBGYN will help us increase our availability up to 24 additional appointments per week and up to 100 additional appointments per month.



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