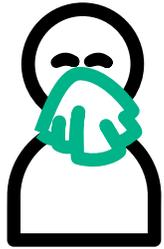


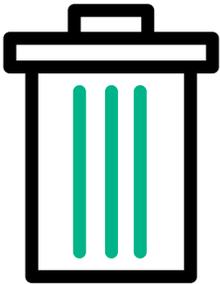
STOP THE SPREAD OF GERMS:



COVER

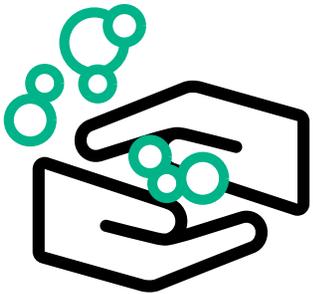
When you cough or sneeze:

- cover your nose and mouth with a tissue OR
- cough or sneeze into your upper sleeve, not your hands.



TOSS

Toss your used tissue into the trash.



CLEAN

Clean your hands with

- soap and warm water OR
- an alcohol-based hand cleaner.