

COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES

Bachelor of Science

Fitness and Sports

Four-Year Academic Map 2018-2019

YEAR 1	Semester 1 Fall			Semester 2 Spring			Total
	ENGL 1303	First Year Writing I*	3	ENGL 1304	First Year Writing II*	3	
	POLS 1336	U.S. and Texas Constitution*	3	POLS 1337	U.S. Government*	3	
	HIST 1376/1377	The United States to 1877*	3	HIST 1378/1379	The U.S since 1877*	3	
	KIN 1304	Public Health Issues in Physical Activ.*	3	KIN 1352	Foundation of Kinesiology Studies	3	
	MATH 1310	College Algebra*	3	MATH 1330	Pre-calculus*	3	
	Semester Hours			15	Semester Hours		15

YEAR 2	Semester 1 Fall			Semester 2 Spring			Total
	MATH 2311	Intro. to Probability & Statistics	3	NUTR 2332	Intro to Human Nutrition	3	
	CORE	Creative Arts*	3	CORE	Writing in the Disciplines *	3	
	CORE	Language, Philosophy & Culture*	3	KIN 3305	Sociological & Cultural Aspects of Sport	3	
	KIN 3301	Design/Eval. of Physical Activity Progs	3	KIN 3350	Psychological Aspects of Sport & Exerc.	3	
	BIOL 1310	General Biology*		BIOL 1320	General Biology II*		
	OR	OR	3	OR	OR	3	
	BIOL 1361	Intro to Biological Science		BIOL 1362	Intro to Biological Science II		
Semester Hours			15	Semester Hours		15	30

YEAR 3	Semester 1 Fall			Semester 2 Spring			Total
	PHYS 1301	General Physics I	3	KIN 3309	Biomechanics	3	
	KIN 3306	Physiology of Human Performance	3	KIN 4300	Physical Activity in Older Adults	3	
	KIN 3304	Human Struct. & Physical Perf.	3	General Elective	Approved General Elective	3	
	KIN 4301	Workplace Wellness	3	KIN 4310	Measurement in Human Perf.	3	
	NUTR 3340	Nutrition Life Cycle	3	HHP	Approved Advanced Elective	3	
	Semester Hours			15	Semester Hours		15

YEAR 4	Semester 1 Fall			Semester 2 Spring			Total
	KIN 4302	Fitness & Human Sexuality	3	KIN 4370	Exercise Testing	3	
	KIN 4330	Child & Adolescent Obesity	3	General Elective	Approved General Elective	3	
	General Elective	Approved General Elective	3	General Elective	Approved General Elective	3	
	KIN 4315	Motor Learning	3	HHP	Approved Advanced Elective	3	
	KIN 4355	Organization & Administration of Athletics	3	HHP	Approved Advanced Elective	3	
	Semester Hours			15	Semester Hours		15
							120

*State of Texas Core Curriculum

Students should meet with their academic advisor to formulate their own plan.