

COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES

Bachelor of Science Fitness and Sports

Four-Year Academic Map 2021-2022

YEAR 1	Semester 1 Fall			Semester 2 Spring			Total
	ENGL 1301 (formerly ENGL 1303)	First Year Writing I*	3	ENGL 1302 (formerly ENGL 1304)	First Year Writing II*	3	
	GOVT 2306 (formerly POLS 1336)	U.S. & Texas Constitution & Politics*	3	GOVT 2305 (formerly POLS 1337)	U.S. Government*	3	
	HIST 1376/1377	The United States to 1877*	3	HIST 1378/1379	The United States since 1877*	3	
	KIN 1304	Public Health Issues in Physical Activity & Obesity*	3	KIN 1352	Foundations of Kinesiology Studies, Health & Fitness	3	
	MATH 1314 (formerly MATH 1310)	College Algebra*	3	MATH 2312 (formerly MATH 1330)	Precalculus*	3	
	Semester Hours			15	Semester Hours		15

YEAR 2	Semester 1 Fall			Semester 2 Spring			Total
	CORE	Language, Philosophy, & Culture*	3	CORE	Writing in the Disciplines*	3	
	CORE	Creative Arts*	3	NUTR 2332	Introduction to Human Nutrition	3	
	MATH 1342 (formerly MATH 2311)	Elementary Statistical Methods*/^	3	KIN 3305	Sociological & Cultural Aspects of Sport	3	
	KIN 3301	Design & Evaluation of Physical Activity Programs	3	KIN 3350	Psychological Aspects of Sport & Exercise	3	
	BIOL 1308 (formerly BIOL 1310) OR	Biology for Non-Science Majors I*	3	BIOL 1309 (formerly BIOL 1320) OR	Biology for Non-Science Majors II*	3	
	BIOL 1306 (formerly BIOL 1361)	Biology for Science Majors I		BIOL 1307 (formerly BIOL 1362)	Biology for Science Majors II		
Semester Hours			15	Semester Hours		15	30

YEAR 3	Semester 1 Fall			Semester 2 Spring			Total
	PHYS 1301	College Physics I	3	KIN 3309	Biomechanics	3	
	KIN 3306	Physiology of Human Performance	3	KIN 4300	Physical Activity in Older Adults	3	
	KIN 3304	Human Structure & Physical Performance	3	KIN 4310	Measurement Techniques in Human Performance	3	
	KIN 4301	Workplace Wellness	3	Elective	1000-4000 level course	3	
	NUTR 4351 OR	Gerontology and Nutrition	3	HHP	Approved Advanced Elective	3	
	NUTR 4352	Child and Adolescent Nutrition					
Semester Hours			15	Semester Hours		15	30

YEAR 4	Semester 1 Fall			Semester 2 Spring			Total
	KIN 4302	Fitness & Human Sexuality	3	KIN 4370	Exercise Testing	3	
	KIN 4330	Child & Adolescent Obesity	3	Elective	1000-4000 level course	3	
	Elective	1000-4000 level course	3	Elective	1000-4000 level course	3	
	KIN 4315	Motor Learning & Control	3	HHP	Approved Advanced Elective	3	
	KIN 4355	Organization & Administration of Athletics	3	HHP	Approved Advanced Elective	3	
Semester Hours			15	Semester Hours		15	30
							120

*State of Texas Core Curriculum. Students should meet with their academic advisor to formulate their own plan.

^ Students may take PSYC 3301 in place of MATH 1342.