



## 4 Steps: Strengthening Your Fit

- 1** Cohort Connection
- 2** Get Involved on Campus
- 3** Choose a Major
- 4** Learn about Campus Resources

Last semester you had the opportunity to explore course options, meet new people and begin to figure out how you fit on campus. Our goal this semester is to help you strengthen your fit! We have identified programs that will help you make a bold statement about who you are and connect with your cohort along the way.

### Cohort Connection

On March 25th we had a celebration in our offices, located in the basement of the MD Anderson Library, to congratulate UHin4 members of the Class of 2018! Thanks to those who were able to attend this celebration and enjoyed an afternoon of free t-shirts, food, music, and connecting with your classmates! This was a great opportunity to meet new friends and STRENGTHEN YOUR FIT. We look forward to creating opportunities like this over the course of your four years at UH. Congratulations!!

### Dates to Remember:

- |                 |                                   |
|-----------------|-----------------------------------|
| <b>03.26-28</b> | Frontier Fiesta                   |
| <b>03.31</b>    | Get Involved Workshop             |
| <b>04.06</b>    | Last day to drop with a "W"       |
| <b>04.08</b>    | Choosing a Major/Career Workshops |
| <b>04.09</b>    | Priority Registration             |



Contact us:  
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## Getting the help we need - Campus Resources

We all need help sometimes, and that's okay; however, what isn't okay is that many students at other universities go without ever getting the help that they need. Fortunately for you, that never has to be the case. UH offers a host of resources, all for the sake of helping you. So why would you ever go without getting the help you need? Exactly, you wouldn't! Click [here](#) for a list of resources available to UHin4 students!

As a part of the UHin4 family, you are also a valuable part of the UH family. With that, we want nothing more than for you to have everything you need to remain healthy, and be successful. So, whether you need help with math, assistance with writing a paper, or maybe just a friendly person to talk to, remember, there's someone to help!



## Workshops 4 Success

### Have you found your on-campus fit?

**When:** March 31st/12pm to 1pm

**Where:** In basement of the MD Anderson Library, enter from the Technology Commons entrance (facing the Student Center) and follow the signage to room 57.

Have you found your fit? Representatives from the College of Engineering and Bauer College of Business, along with staff from the [Center for Student Involvement](#), are joining together for an Involvement workshop.

Click [here](#) to RSVP.

### Have you chosen a major?

**When:** April 8th/12pm to 1pm

**Where:** In basement of the MD Anderson Library, enter from the Technology Commons entrance (facing the Student Center) and follow the signage to room 57.

Do you need assistance choosing a major? Deciding on a career path is a major decision, you should explore your options before making a commitment. We are teaming with [University Career Services](#) to offer a workshop on how to choose a major and career.

Click [here](#) to RSVP.