



Important Reminders!

NEW SCHOLARSHIPS AVAILABLE

SCHOLARSHIPS AWARDED TO THE TOP 3 MOST ACTIVE MEMBERS!

1ST PLACE: \$100
2ND PLACE: \$50
3RD PLACE: \$30

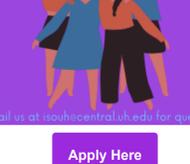
~ How to get points?
By attending virtual events, attending in person events, participating in social media challenges and more!

QUESTIONS?
CONTACT US AT
ISO@CENTRAL.UH.EDU

Become a Member

JOIN OUR TEAM!

Positions open:
Treasury Team
Event Planning Team
Sports Management Team



Email us at iso@central.uh.edu for questions!

Apply Here

This week...

Did you miss our first general meeting? No worries, join us this week!

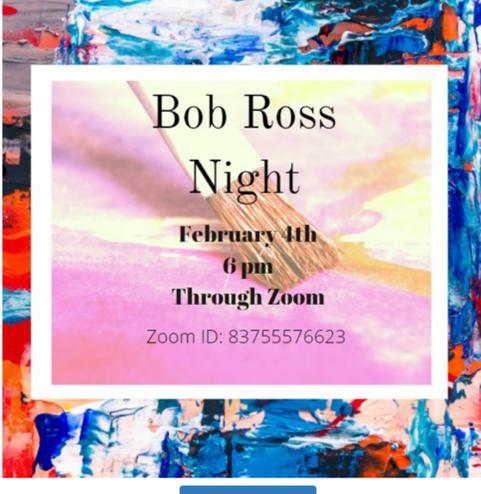


Info Session with ISO

Wednesday February 3rd
5pm Through Zoom!

IG: iso_uh
isouh.org

Zoom Link Here



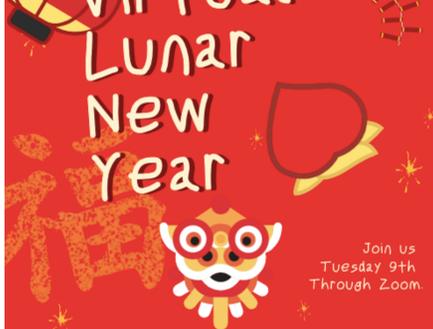
Bob Ross Night

February 4th
6 pm
Through Zoom

Zoom ID: 83755576623

Zoom Link Here

This Month...



Virtual Lunar New Year

Join us
Tuesday 9th
Through Zoom.

FEBRUARY 10TH
3-5PM
STUDENT CENTER SOUTH



VALENTINE'S PHOTOBOTH

Want a cute couples pic? We got you!
No boo yet? We'll update your tinder pics fool!

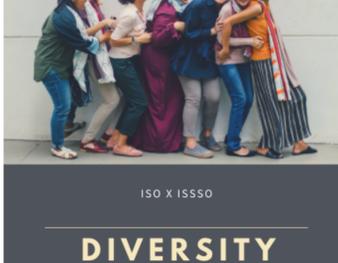


ISO X UH WELLNESS

International Dating Panel

February 11th
6pm





ISO X ISSSO

DIVERSITY FORUM

February 17th | 2-3PM | Zoom

Love sports? Check this out!

ISO @ University of Houston

SPORT!

#something new and exciting!

NEW CHALLENGES ARE COMING!

ISO TEAM IS INTRODUCING NEW CHALLENGES STARTING NEXT WEEK!

There will be two kinds of challenges to help everyone stay active and mindful!

- Bi-Weekly challenge
- Weekly fitness and wellness challenge

what's the difference?

BI-WEEKLY CHALLENGES
Focus on non-physical activities. These challenges are perfect for absolutely everyone! Help to free your brain from work and stress, to engage your creative mind!

FITNESS & WELLNESS CHALLENGES
Motivate everyone to stay active every week! Because of the pandemic, a lot of us have been forced to sit in front of our devices all day. These challenges are designed to give your body the break it deserves while keeping you both physically, and mentally healthy!

HOW TO PARTICIPATE?
By sharing pictures/videos while tag us on social media using the hashtag of the week! Which will be posted on @iso_uh Instagram! Be sure to check us out!

YOU CAN EARN MEMBERSHIP POINTS BY PARTICIPATING IN THE CHALLENGES!

You can earn **SPORT** points! These points will count towards your membership points to win our scholarship! ISO team will keep track of your points!

- Pictures = 3 points
- Videos = 5 points

Non-members can also participate, and their points will be tracked too! If you have friends who want to participate, share these challenges with them!

The person with the most points in the **middle** of the semester will win a **10 dollar gift card!** And the person with the most points at the **end** of the semester will win a **20 dollar gift card!!**

NOTE MEMBERS WILL HAVE THE PRIVILEGE TO CHOOSE A GIFT CARD. NON-MEMBERS WILL RECEIVE A GIFT CARD OF ISO CHOICE. NON-MEMBERS CAN'T PARTICIPATE TO WIN THE ISO SCHOLARSHIP. HOWEVER, IF THEY CHOOSE TO BECOME MEMBERS MID-SEMESTER, THEIR PREVIOUS POINTS WILL BE COUNTED.

Stay updated with our social media!
Instagram: @iso_uh
Facebook: @ISOofUH

Have more questions?
Contact our sports manager
Emmayural@gmail.com
luimontes7@gmail.com

Get in
contact
with us!

the ISO sports GroupMe!



For more info...

- Follow us on IG at iso_uh
- Check out our website at isouh.org
- Contact us at isouh@central.uh.edu

