April 16, 2019

UH Statement to requesting News Media

“The University of Houston has made tremendous investment in our student-athletes over the last several years to create an optimal environment for training and performance, in addition to their academic success. The training regimen for each sport follows NCAA guidelines and we are always looking at every aspect of strength and conditioning to determine how we can improve results while ensuring the safety of our student-athletes. In February, immediately following multiple diagnoses of rhabdomyolysis, we made changes in our training program, which reflect our highest priority -- the health and wellbeing of our athletes. We continue to monitor and support the training and performance of our athletes to aid them in competing at the highest levels.”