

SUBJECT MATTER EXPERT

AVAILABLE LIVE VIA DIGITAL STUDIO



Food Insecurity

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Nutrition and Obesity Studies

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EXPERTISE

- Food Assistance Programs/SNAP
- Obesity
- Fathers, Marriage and Family Instability
- Socio-economically Disadvantaged Populations
- Stress
- Hunger in College

"Our obesity rates have been skyrocketing for the past 40 years. Understanding why, aside from lack of exercise and type of food, is vital. If you're limited in the type of food you can buy, you probably have other basic needs that are not being met. I think we can help individuals live healthier lives."

PUBLICATIONS

- "Food Scholarships Could Help More Students Finish College." *The Conversation*
- "Household food security discordance among Latino adolescents and parents," *American Journal of Health Behavior* (co-authored)
- "Food insecurity and adult overweight/obesity: Gender and race/ethnic differences," *Appetite* (co-authored)

CREDENTIALS

- M.S. Ed., Psychological Services, University of Pennsylvania
- Ph.D., Applied Developmental & Educational Psychology, Boston College
- Ford Foundation Postdoctoral Fellow, University of Michigan

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