

UNIVERSITY of HOUSTON  
**FACULTY EXPERT**

AVAILABLE LIVE VIA DIGITAL STUDIO



## Dealing with the Impact of Grief

**RHEEDA WALKER**

Associate Professor  
UH Department of Psychology  
Licensed Clinical Psychologist

Founder of Culture, Risk and Resilience Lab

### EXPERTISE

- Resiliency of the Mind
- Culturally-informed Coping
- Diabetes Health Behaviors in African Americans
- Suicide Science
- Race-related Stress
- Theories in Personality

"The bereaved can and should be allowed whatever they need to work through grief. How one thinks about and is permitted to mourn the death of a loved one can impact the healing process."

### PUBLICATIONS

- "Religious coping style and cultural worldview are associated with suicide ideation among African American adults". Archives of Suicide Research (co-authored)
- "Perceived discrimination and morbid ideation in a longitudinal sample of African American girls and boys: Mediating effects of depression and anxiety symptomatology". Suicide and Life-Threatening Behavior (co-authored)

### CREDENTIALS

- A.B., Psychology, University of Georgia
- M.S., Clinical Psychology, Florida State University
- Ph.D., Clinical Psychology, Florida State University

### UH MEDIA RELATIONS CONTACT

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