

# Microsoft Teams Mobile App for iOS and Android devices

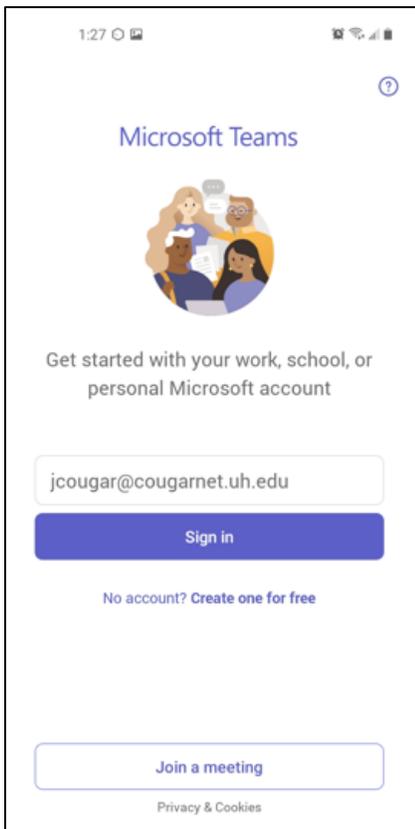
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## To Log in:

1. From your phone, click to go to the Apple Store or Google Play Store, and search for Microsoft Teams.
2. Tap **Install** to begin download.
3. Tap **Open**.
4. Enter your **email address** as (e.g., [CougarNetID@cougarnet.uh.edu](mailto:CougarNetID@cougarnet.uh.edu)).
5. Tap **Sign in**.
6. Enter your **CougarNet password**.
7. Tap **Sign In**.

**Note:** For the initial sign in you will need to tap the next few **prompts** (Next and Got it!).

Android



iOS

