

HUMAN RESOURCES

Fall into Financial Wellness!

Retirement Seminar for UH Faculty and Staff

M.D. Anderson Library, Elizabeth D. Rockwell Pavilion

Tuesday, December 2, 2025

SESSION SCHEDULE AND DESCRIPTIONS:

9:00 AM – 9:45 AM, Retired Faculty Presentation

Join us for an introduction and discussion about a new, emerging collaborative initiative coordinated by UH Population Health in partnership with Human Resources, Parking and Transportation, IT, and others. This initiative is designed for UH faculty who have retired or are planning to retire.

11:00 AM – 12:00 PM, Voya Financial – The Six Pillars of Financial Wellness

Financial Wellness is not about being wealthy. It's about living well today, while planning for tomorrow, and being prepared for the unexpected. In this interactive session, you'll discover the six pillars that are essential to your overall financial wellness and learn practical ways to build security and peace of mind, no matter what life brings

Light refreshments: (Voya Financial)

12:00 PM – 1:30 PM, TRS – Ready to Retire

This workshop is for employees working in higher education who would like to learn about retirement. Covered topics will include how the TRS retirement plan works, what qualifies you to retire, and how the plan will benefit you in retirement.

1:30 PM – 2:30 PM, ERS - Ready, Set, Retire

In this informative workshop, representatives from ERS will discuss your medical benefits options in retirement. Included in this session will be important information related to dependent coverage and post-retirement life insurance.

2:30 PM – 3:30 PM, ERS - Medicare Preparation

Whether you're an employee or retiree, attend a Medicare Preparation session and learn about Medicare and how it works with your ERS benefits. ERS gets many questions from members who are near Medicare eligibility, and we want to answer your questions early to assist you with the Medicare process.

PLEASE JOIN US. ADD THE SESSIONS TO YOUR CALENDAR AND PLAN NOW TO ATTEND!