

**On Campus No-cost FLU SHOTS for BCBSTX HealthSelect
FACULTY, STAFF and STUDENT Members**

This year influenza season arrives in the middle of the COVID-19 pandemic. For this reason, it is even more important to get a flu shot. Getting your flu vaccination can minimize your risk of getting the flu and of making COVID symptoms worse.

POWER UP Employee Wellness is joining forces with the **Student Health Center** in a coordinated effort to maximize on-campus opportunities to get immunized. Pharmacists will be onsite to provide the **four strain flu shot** for faculty and staff (with BCBSTX HealthSelect) and students (with the school's insurance) at no cost. (Seniors 65+ will be offered the recommended **Fluzone HD** vaccine.) **Seven flu shot clinics will be offered.** However, due to social distancing requirements, this year *appointments will be necessary.*

To receive your flu shot, you will need to:

- Schedule your appointment early. Appointments will be closed two days prior to each clinic and no walk-ins will be allowed.
- Make your appointment online for a day, time & location that works for you by clicking the link below.
- Consent to having a temperature check and not have fever.
- Wear a face mask covering the mouth and nose the entire time.
- Complete the "**Vaccination Consent Form**" in its entirety, *in advance*, and bring it with you.
- **Have the proper insurance card with you.** UH Employees need to bring their OptumRx (pharmacy insurance card). Employees 65 years or older with Medicare Part B need to bring their red, white, and blue card to the clinic. Students who have the school's BCBSTX insurance should bring their student medical-pharmacy insurance card. Students on their parent's insurance will need to bring both their medical *and* pharmacy insurance cards.
- Wear a sleeveless shirt/have your sleeves rolled up for speedy administration of the shot if possible.

CLICK HERE to make your appointment for your vaccination today. If you are unable to get an appointment for the day and time of your choosing, select any of the other clinics available.

Tuesday, Sept. 8, 2020

Time	Location	Room
10:00 A.M. to 1:00 P.M.	Campus Recreation and Wellness Center	Classroom 1004
2:00 P.M. to 5:00 P.M.	Farish Hall	KIVA Room 101

Wednesday, Sept. 16, 2020

Time	Location	Room
9:00 A.M. to 12:00 P.M.	Health 2 Bldg., College of Medicine	9 th Floor, Rooms 9020/9021
10:00 A.M. to 1:00 P.M.	Farish Hall	KIVA Room 101
3:00 P.M. to 6:00 P.M.	Health 2 Bldg., College of Optometry	2 nd Floor, Shulman Lounge

Thursday, Sept. 24, 2020

Time	Location	Room
10:00 A.M. to 1:00 P.M.	Campus Recreation and Wellness Center	Classroom 1004
2:00 PM to 3:00 PM	Technology Bridge	Bldg. 3, Room 195

Not on the BCBSTX Medical plan? If you do not have BCBSTX insurance, it is recommended that you check with your insurance provider first. Some insurance companies require members to go only to their medical providers or pre-selected, approved sites.

Paying out of pocket? Flu shots will be available for \$39.00. The discounted rate for students will be \$25.00. Payment can be made via check with driver's license or exact change during the clinic.

Unable to attend one of the clinics? Faculty and staff can go to most pharmacies and receive the flu vaccine at no cost with the BCBSTX Health Select insurance plan. (Ask first to verify that coverage is provided at 100%.) Students can receive flu shots at the **Student Health Center** while supplies last.

Whether on campus or working/learning remotely, please take the time to get your flu shot this year!

Best regards,

Court Stein, Wellness Administrator
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Human Resources,

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