

HEALTH PROFESSIONS ADVISING

at the

UNIVERSITY OF HOUSTON



ABOUT HEALTH PROFESSIONS ADVISING

Health Professions Advising serves students at the University of Houston interested in healthcare careers, including those in medicine, dentistry, optometry, pharmacy, nursing, physical therapy, occupational therapy and physician assistant programs.

MAJORS FOR HEALTH PROFESSIONS STUDENTS

Pre-Med, Pre-Dent, etc. are not majors or formal tracks at the University of Houston; students don't need to apply for or declare these intentions. Incoming students are encouraged to select a major in which they are genuinely interested; while some majors may include health professions prerequisites in their major requirements, there is not "best" or "bad" major for any healthcare professions or any majors that make a student stand out. The prerequisites for the various health professions can be taken alongside any major, and a health professions advisor and your major advisor can help create semester plans that include the required prerequisites and get students to graduation as quickly as possible.

APPOINTMENTS WITH HEALTH PROFESSIONS ADVISING

In the first semester at UH, the most important task of our students is to acclimate to college life and develop strong study habits. Our office encourages first-semester freshmen and transfer students to attend one of our Health Professions orientation sessions (held in person and available online) to learn more about what will be needed to become strong candidates for professional programs. Students in their second semester and transfer students are encouraged to make appointments with our office through Navigate. Please bear in mind that meeting with a health professions advisor is not a substitute for meeting with your academic advisor; your academic advisor keeps you on track for graduation, and our office keeps you on track for your future professional goals.

All students are welcome to use the resources on our website to learn more about their respective health professional path, including required courses, information on how to become a competitive candidate, and application processes.

INCOMING STUDENTS TO DO LIST

- **REVIEW HEALTH PROFESSIONS ADVISING WEBSITE**
 - Our site has many resources including quick guides, suggested course sequences, and information on becoming a competitive applicant.
 - <https://uh.edu/pre-health/>
- **JOIN THE HEALTH PROFESSIONS LISTSERV**
 - The Health Professions Listserv is designed to share information with our students about what is happening in our office, upcoming events, and prospective opportunities for students.
 - Join by visiting our website.
- **FOCUS ON BUILDING GOOD STUDY HABITS**
 - One of the most critical components of a strong application is good academic performance. Establish good study habits and take advantage of the many academic resources offered at UH to get yourself started on the right path. Talk to your academic advisor about what tutoring resources are best for your courses.
- **ATTEND A HEALTH PROFESSIONS ORIENTATION**
 - Visit our website and join our listserv to stay informed about upcoming orientations for pre-med, pre-dent, pre-nursing, etc. to gain information on getting started on your chosen path.
- **EXPLORE HEALTH PROFESSIONS STUDENT ORGANIZATIONS**
 - UH has over 500 student organizations, and many of them are focused on healthcare. Once you have settled into your academics, attend a couple of meetings!
 - <https://uh.edu/pre-health/pre-health-resources/student-organizations/>

HEALTH PROFESSIONS ADVISING

- Medicine
- Dentistry
- Occupational Therapy
- Physical Therapy
- Pharmacy
- Optometry
- Physician Assistant
- Veterinary Medicine
- Nursing (for students pursuing Nursing programs outside of UH)

To Make an Appointment (current students only):

Navigate > Support Services >
Health Professions Advising



prehealth@uh.edu



213/215 CBB