Professional Development Resources for Orientation
Best of the Best for Orienting to Graduate Life

- Personal Help With Your Graduate Professional Development
- BOOK: Navigating the Hidden Curriculum of Graduate School
- A Learn in 15 - Thinking Critically and Creatively
- A Learn in 15 - Overcoming Common Struggles of PhD Work
- A Learn in 15 - Being at School Again

Webinars with Intermediate Topic

- 15 Minute Series: Skills to Ace Graduate School - Self-Regulation Skills
- Writing Tips and Tricks for the First Year Graduate Student Master's or PhD
- Finding and Utilizing the Supports You Need in Graduate School
- How to Build Success Out of Being Different Especially When It's hard to Do
- Plotting Your School Semester or Year for Graduate Success

Webinars with Advanced Topics

- Mentoring Maps - Ensure Adequate Academic, Career, Personal Support
- Surviving and Thriving in Academia: Research and Strategies Supporting Latinx Students
- LGBT Academics Pride on Campus a Panel with Deans

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Practical Skills Great for Orienting to Grad Life

- Reflective PD Notes for PreRecorded Webinars
- Managing Graduate School using Project Management Practices
- How to Make a Persistent Personal Change. An Interactive Workshop
- Personal Help With Your Graduate Professional Development

Wellness to Get on Top Of as You Orient to Graduate School

- How to Work with Things that Trigger You to Overreact
- Positive Psychology Helping Attitude and Work Life Balance
- Managing Graduate School Student Anxiety