General PD Resources
Tools to Help You

- Grantwriting and Fundraising
- How to Make a Persistent Personal Change. An Interactive Workshop
- Mentoring Maps-Ensure Adequate Academic, Career, Personal Support
- Learn in 15 : FULL ~ Skills You Need for Your Professional Development
- Learn in 15 : FULL ~ The Engagement Hurdle: Is It Too Difficult to Overcome?
- Time, Habits, Focus, Drive, Grit, Tools & Making Your OWN Checklists

Improving Your Mental Attitude

- Jiu Jitsu Against Mental Attacks: Flip Negative Criticism to Growth
- How to Work with Things that Trigger You to Overreact
- Coordinating with Others
- Emotional Intelligence
- Negotiation

Getting Over Common Graduate School Hurdles

- 15 Minute Series : Skills to Ace Graduate School - Email Sanity
- Worry, Anxiety, Imposters Syndrome
- Building Success for Non Traditional Students
- How to Build Success Out of Being Different Especially When It's hard to Do
- LGBT Academics Pride on Campus a Panel With Deans
- Positive Psychology Helping Attitude and Work Life Balance
- Surviving and Thriving in Academia: Research and Strategies Supporting Latinx Students
- Thriving in the Face of Uncertainty
- Grantwriting and Fundraising
When Time is an Issue...

- How to Keep Your Work Consistent Through a Busy Life
- Learn in 15: FULL - Being at School Again
- 15 Minute Series - Organizing Before Writing
- 15 Minute Series: Skills to Ace Graduate School - Cognitive Transfer Skills
- 15 Minute Practical Tips for Researchers - Pulling What You Need as You Read
- Research
- 15 Minute Series: Skills to Ace Graduate School - Note Taking
- 15 Minute Series: Skills to Ace Graduate School - Metacognition
- 15 Minute Practical Tips for Researchers - Diagramming Help
- Day 22 - Pomodoro Technique
- Day 23 - Getting Motivated When it's Hard
- Day 29 - What to Do When You've Stopped
- Time, Habits, Focus, Drive, Grit, Tools & Making Your OWN Checklists