



Psychological,  
Health, & Learning Sciences  
College of Education

# ARE YOU A PARENT OF A YOUNG CHILD?

Seeking parents and their  
3- to 6-year-old children to  
participate in a study

## WHAT WILL HAPPEN?

You and your child will come to our research lab  
at the University of Houston. Your child will put on  
a Polar H10 monitor and eat a snack.

## HOW LONG WILL THIS TAKE?

We anticipate your visit to our lab  
will last about 30 minutes.

## WILL I RECEIVE ANYTHING FOR STUDY PARTICIPATION?

You will receive a \$50 Target gift card.  
Your child will receive a squishy toy (Nee Doh).

## WHAT IS THE GOAL OF THE STUDY?

The goal of this study is to better understand  
children's eating behaviors.

## WHO IS LEADING THE STUDY?

The Principal Investigator is Leslie Frankel, Ph.D.,  
an associate professor in the Department of  
Psychological, Health, & Learning Sciences.

## SIGN UP FOR THE STUDY

[tinyurl.com/SnackStudySP25](https://tinyurl.com/SnackStudySP25)

You may also sign up by calling  
713-743-3999 or emailing  
[ParentChildLab@uh.edu](mailto:ParentChildLab@uh.edu)



*This research has been reviewed and approved  
by the University of Houston Institutional Review Board (IRB).*