

Families CAN Newsletter

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TRANSITION WORKSHOP

**FALL 2016
(FY17)
Volume 22, Issue 1**

The Transition Workshop is an informational program created to help parents deal with all the areas related to the transition of their teens to adulthood and adult services. The group meets on the 3rd Thursday of every odd month at 6:30 p.m. at Shriners Hospital. Our next meeting will be held on September 15th. The speaker will be Jane Cummins , Executive Director from the H.E.A.R.T. Program, (Housing, Entrepreneurship And Readiness Training). The H.E.A.R.T. program promotes structured independence for persons living with developmental disabilities by providing innovative education, training, housing and employment programs.

Shriners' Hospital is located at 6977 Main St., 6th Floor Cafeteria area (just past intersection of Main & Holcombe). Park in their **FREE** covered parking garage.

NOTE: This will be our last workshop for 2016. Our new year will begin: January 19, 2017

For more information or to be added to the Transition Workshop email list, contact:

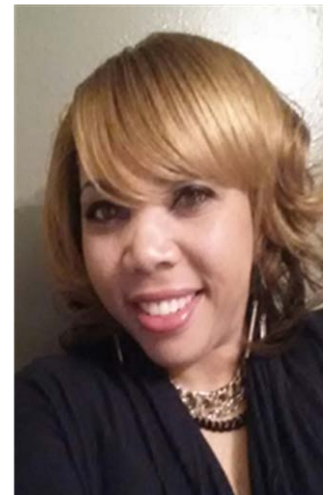
Ava Fletcher, Transition Coordinator, acfletc2@central.uh.edu at 713-743-0608 or Olga Guerra olguerra@central.uh.edu at 713-743-5592.

See you there!

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Families CAN
Welcomes a new staff



Sherena Smith, Family Partner



**UH - Clear Lake
Center for Autism and Developmental Disabilities (CADD)
2016-2017 Community Speaker Series**

Location: UHCL, Bayou Building, Room 1510 (Garden Room)
2700 Bay Area Blvd., Houston, Tx 77058

Time: 10:30 am – 12:30 p.m.

Register: <https://apps.uhcl.edu/ORS/CADD>

COST: Free – Includes lunch provided by Jersey Mike's Subs

Sept. 10, 2016: Autism: A Parent's personal Journey by Judy Blake

October 22, 2016: Applied Behavior Analysis 101 by Louisa Hussein

November 19, 2016: Making Teachable Moments out of Meltdowns for Toys, Treats, and Attention by Leah Smith and Christie Stiehl

December 10, 2016: Method behind the Mystery: Understanding and Managing Pica and Stereotypic Behavior by Lisa Rettig

SUNDAY, NOV. 6, 2016

Daylight-saving time ends

- Turn your clock back one hour tonight before going to bed.
- It's also time to change batteries in your smoke detectors.



UPCOMING EVENTS

2

Dionysus Theatre has been the only inclusive theatre in the state of Texas. Bringing together actors with disabilities along with those who are able-bodied, Dionysus has entertained, empowered, enlightened and educated people across the state.

The 10 week classes begin on **Tuesday, September 13th** and end on November 15th from 7:00 pm. – 8:30 pm. The address is 4930 W. Bellfort, Houston, TX. 77035 at the Salem Evangelical Lutheran Church. Ages 13 and up. The cost is \$210.00.

If you have any further questions, please feel free to call Deborah Nowinski, Artistic Director/Founder, (**deb@dionysustheatre.org**) Dionysus Theatre at 713.728.0041 or register at thelinseyfamily@aol.com,
Web address: www.dionysustheatre.net

Houston Autism Speaks and Resource Fair

When: **Sunday, September 18, 2016**, Minute Maid Park-501 Crawford, Houston, Tex 77022. Register at www.walknowforautismspeaks.org/houston or email Kaitlin Hart at kaitlin.hart@autismspeaks.org. Event starts at 10:00 am until 2:00 pm.

City of Houston – Mayor’s Office for People with Disabilities (MOPD) Disability Awareness Month Kickoff-DAMK, Friday, September 30, 2016 from 10:00 am - 1:00 pm – Metropolitan Multi-Service Center – 1475 West Gray, Houston, Tx. 77019. For more information, contact Angel Ponce at 832-394-0814.

Sixth Annual Walk for Mental Health Awareness - Houston 5K Walk & Mental Health EXPO

When: **Saturday, October 8, 2016** - On-site registration begins 6:30 AM - - Open day of registration at 7:00AM Walk will start at 8:00AM - Mental Health Expo with door prizes will start at 9:30 - All finished by 11 AM.
www.thehoustonwalk.org

White Cane Safety Day, Friday, October 14, 2016 – 9:30 am, Houston City Hall – White Cane Safety Day promotes awareness and understanding of persons with vision loss and blindness while celebrating their accomplishments and independence. For more information call 713-802-3127.
houstonwhitecanesafetyday@gmail.com

Annual Walk for Sickle Cell Houston – Saturday, October 22, 2016 Join us for our annual Houston Walk at MacGregor Park (5225 Calhoun Houston, Texas). Please gather your friends, family, church members and teams to support children with sickle cell disease attending Camp Cell-A-Bration. To register visit www.walkforsicklecellhouston.org Registration starts at 9:00 am.

17th Annual Chronic Illness and Disability Conference

Transition from Pediatric to Adult Based Care

This conference provides a state-of-the-art update on issues involved in transitioning youth and young adults with chronic illness and disability to adult based services. This conference is for healthcare professionals, young adults and parents. The dates for the conference are: **Thursday, Oct. 27th - Friday, Oct. 28th** Spanish Translation will not be available at the Houston site. For more information, please call 713.798.8237. To register/pay online visit the activity website at www.baylorcme.org. **Parent Scholarships are available.** **Contact Texas Parent to Parent at <http://txp2p.org/training/registerforSpecialTraining.html>** or contact Mary Jo Miller at maryjo.miller@txp2p.org for an application.

The Down Syndrome Association of Houston (DSAH)

16th Annual Buddy Walk and Buddy Run

When: **Saturday, Nov. 12, 2016** – Where: Sam Houston Race Park, The Pavilion, 7575 N. Sam Houston Parkway West – Time: 10 am to 2 pm

For more information, please email buddywalk@dsah.org or call 713-682-7237
<http://dsah.org/programs/houston-buddy-walk/>

The Sailing Angels Foundation introduces sailing to children with developmental disabilities in the form of recreational therapy and education. We do not charge for this service but, instead, rely upon and are most appreciative of donations. For more information, please contact, Captain Dave McCabe at (281) 507-1867 or email Dave at davemccabe@sailingangels.org



2016 BAYTOWN SPECIAL RODEO, Saturday, September 10, 2016, 10:00AM-2:00PM @ Baytown Youth Fair Grounds, 7900 North Main Street, Baytown, Texas. Please email, ron@specialrodeo.com, jr@specialrodeo.com or visit their website online at www.specialrodeo.org to register or for more information.

The River is a non-profit 501(c) (3) organization whose mission is to provide an accessible, affordable, fine arts education for individuals, ages 4-19, who have disabilities, chronic illnesses, or are economically disadvantaged. Siblings are welcome. The River Performing and Visual Arts offers year round, barrier free, classes in music, art, drama and dance. Scholarships are available. Classes start **September 17th - December 3rd**, at the City of Houston Multi-Service Center at 1475 West Gray. For registration and more information, please call The River at 713-520-1220. Or visit their website at www.tuts.com/river Registration is \$25.00 and Tuition is \$125.00 per class. School year classes are held on Saturdays.

Houston's Super Kids, a nationwide program to promote **Soap Box Derby** racing for children with disabilities. The Houston Super Kids race will be held on **Saturday, September 24th**. Ages 7 -17, under 150 lbs. Check in is at 9:00 am., race begins at 12:00 am. For more information, please call 281-891-3420, Rick Higginbotham or register online at <http://www.qhsbd.org>

Houston Farm & Ranch Special Children's Day - Saturday, September 24, 2016 Time: 10:00AM-2:00PM located at Abercrombie St. near HWY 6 and Clay road for children to be able to get out in the fresh air and have some fun. There will be clowns, Mimes, disc jockey, mule drawn wagon rides and various displays. The Katy Cowgirls, a precision riding team and open drill team, will perform in our covered arena from 12:00 PM to 1:30 PM for your entertainment. Please RSVP via email to: dora@houstonfarmandranch.org

2016 Pasadena Little Wranglers Rodeo, Sunday, September 25, 2016, 1-4pm. For more information, call Marilyn O'Neill at 832-205-2676 or contact the Pasadena Multi-Purpose Recreation Center 281-487-1755. Preregistration ends September 10th. Pre-Registration can be done at LittleWranglerRegistration@yahoo.com.

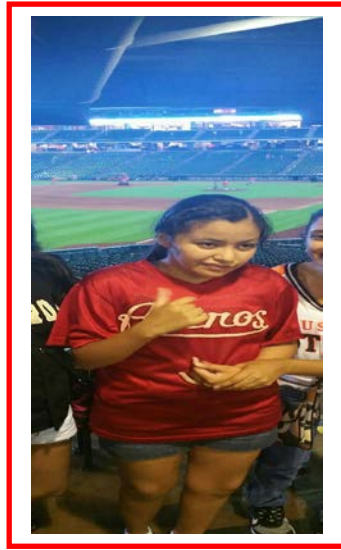
Exceptional Rodeo for Exceptional Kids, Friday, September 30, 2016 at Tucker Rodeo Arena at Fort Bend County Fairgrounds, Rosenberg, Texas at 10:00 a.m. For additional information & registration: Call: 281-342-6171. <http://fortbendcountyfair.com/events/2016/exceptional-rodeo>

The Winter 2016 TUTS Workshop, Saturday, December 10, 2016, 10:00 AM-2:00PM @ the Rehearsal Studio at the Hobby Center. Held for ages 7-19. 1:30 show, \$40.00 for participants. www.tuts.com/river

Children's Museum

To the families who are a part of the Families CAN program, please call to request free passes from your Family Partner at 713-743-5435. You can use these passes to visit the Children's Museum of Houston anytime. Each pass admits up to four people for FREE!

Summer Fun



A very busy summer with camps, baseball games, sailing and attending parent trainings



Education Department – The ARC of Greater Houston

Free Trainings – September – November 2016

- September 26th - (11:00-1:30) – Response to Intervention (Rti): What is it and How Does It Interact with Special Education?
- October 24th - (11:00-1:30) – Autism and Special Education: The Best Services for School Success
- November 23rd - (11:00-1:30) – Understanding How to Interpret Formal School and Medical Evaluations: Tests and Measurement 101

Location: Harris Center for Mental Health & IDD (9401 Southwest Freeway, Room 104). **(free parking in the parking garage – 1st floor and lower level)** RSVP to: karen@aogh.org 713-957-1600 Ext. 114 – must be made 2 days in advance (by 5:00 pm) of any training date – must provide full name, contact phone number and email.

Special Education 101 Training Dates - Fall 2016

September 14, 2016, October 12, 2016, November 9, 2016, December 14, 2016

Time: 11:00 a.m. - 1:00 p.m.

Location: Harris Center for Mental Health & IDD - 9401 Southwest Freeway, Room 104

This course is typically offered once monthly from September through May. It provides a thorough overview of the special education process including referral, rights, services, procedural safeguards, least restrictive environment and the meaning of educational progress. The cost for the training is \$25.00* To reserve: e-mails (2 days in advance—must provide name and emergency phone contact number. 713-957-1600 #114, www.aogh.org.

FALL Community Resource, Transition Fairs, Seminars & Conferences

- **PRN – TEAM Project** Presents “Game On! Share the Knowledge” Symposium Series – **Friday, September 23rd** - 8:00 am to 4:00 pm – Region 4 Education Service Center – McKinney Conference Center – 7200 Northwest 100 Drive – Houston, Tx. 77092 – Free Event – Register at <https://www.eventbrite.com/event/24879464147> or for more information please contact Celia Ulloa at 832-640-0509.
- **Guardianship and Special Needs Trust: Future Planning Issues for Every Special Needs Family** sponsored by Friends and Families of Asians with Special Needs (FFASN) – **Saturday, September 24th** – 9:00 am to Noon- The Harris Center Conference Room-9401 SW Freeway, Houston 77074 –Attendance is Free, RSVP requested by 9-17-2016, email: FFASN.Houston@gmail.com, Call 281-840-8435.
- **Sheldon ISD Transition Fair 2016 - Thursday, September 29th** – 4:00 pm – 7:00 pm - Sheldon Early College High School – is 8540 C. E. King Pkwy., Houston, TX 77044 – For more information contact, Jane Painter, District Transition Specialist at 281-727-3052.
- **Spring ISD College Night – Thursday, October 13th** - from 6:00 -8:00 pm @ Spring High School.,- 19428 I-45
- **Aldine ISD Transition Fair – Wednesday, October 19th** – 6:00 pm – 7:30 pm – M.O. Campbell Center – 1865 Aldine Bender.
- **Klein ISD - Saturday, October 29th** - 9:00 am-1:00 pm. Klein Multi-Purpose Center. 7500 FM 2920, Spring, TX 77379.
- **Healing with Heart – Caregivers Seminar – Friday, November 11th** – Registration - 8:30 am – Event from 9:00am to 2:30 pm. United Way Community Resource Center, 50 Waugh Drive, Houston, Texas 77007. \$10 Registration fee. Register at www.bcm.edu/healthcare/care-centers/transition-medicine/news-events/healing-with-heart-caregivers-seminar
- **Save the Date -The Arc of Greater Houston Fall Conference - Friday, November 18th**. Houston Food Bank Conference Center. Call 713-957-1600 for more information. www.aogh.org

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**Emergency preparedness**

June 1st – November 30th is the Official Hurricane Season.

Here are some Quick Tips for you and your family.

- Have a Family Plan
- Prepare an Emergency Kit
- Prepare your home
- Prepare your vehicle
- Call 211 to register your child with special needs.

Check out the website for Texas Department of State Health Services for Children with Special Health Care Needs for additional information.

http://www.dshs.state.tx.us/preparedness/e-prep_public.shtm

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Families CAN Program

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