

FamiliesCAN

Winter 2018 Newsletter



*Happy Holidays from the staff at
Families CAN!*

*Ava Fletcher
Cecilia Gonzalez
Olga Guerra
Edith Rubio
Sherena Smith
Shelley Townsend*

*(Our offices will be closed beginning
December 24th until January 1st 2019.)*

Special Needs Summer Camp Fair

Saturday, February 2, 2019

9:00 am to 1:00 pm

For more information visit www.mikeysplace.net

UNIVERSITY of **HOUSTON**
COLLEGE of EDUCATION

Transition Workshop

The Transition Workshop is an informational program created to help parents deal with all the areas related to the transition of their teens to adulthood and adult services.

Topic: How to help your young adult be
Employment Ready

Speaker: Robin Rettie, M.Ed. - Lighthouse
Learning Resource

DATE: January 17, 2019

TIME: 6:30 p.m.—8:00 p.m.

LOCATION: Shriners Hospital, in the 6th floor
Cafeteria—6977 Main St.

Parking is free. Refreshments provided by Texas
Children's Health Plan

FOR MORE INFORMATION, CONTACT:

Ava Fletcher, 713-743-0608

Olga Guerra, 713-743-5592

Sherena Smith, 713-743-5992

EVENTS

Second Act Theatre—Classes will begin on January 15, 2019 at the Multipurpose Center, 1475 West Gray. The Second Act Theatre offers theatre classes to young adults with disabilities. For more information, please contact thesecondacttheatre@gmail.com or call 713-569-2611

14th Annual Conference & Resource Fair—January 26, 2019 from 9am-1:30pm. This event is sponsored by Family to Family Network and will be held at Houston Community College North West – Spring Branch. For more information call 713-466-6304 or email conference@familytofamily.org
Website: <http://www.familytofamilynetwork.org/what-we-do/training/annual-parent-conference>

Disability Leadership Network of Houston 2019 - Class Series beginning February 2nd, February 23rd, March 16th and March 30th on Saturdays from 9 am to 2:45 pm. Attendance at all four classes is required. Location: Kingwood Baptist Church. 3500 Woodland Hills Dr, Kingwood, TX 77339. Family member, Individual with disability/self-advocate – FREE. For more information: <http://www.familytofamilynetwork.org/what-we-do/disability-leadership-advocacy> or email f2feris@sbcglobal.net or f2fjudy@global.net or call 713-466-6304

The ARC of Texas 2019 Inclusion Works! Conference—February 10-12, 2019. Hilton Denton Convention Center Hotel, Denton, TX, will hold this year's conference at the Embassy Suites. Registration for parents and students is \$105, for professionals who register early it is \$230, \$250 for regular registration and \$ 280 for late registration. For more information or to register go to <https://www.thearcoftexas.org/events/inclusion-works/> or email mespinal@thearcoftexas.org or call 512-485-9728.

REEL ABILITIES Houston Film Festival—February 12-21, 2019. A citywide film and arts festival that uses the arts to promote inclusion and celebrate the lives, stories, and artwork of people with disabilities. For more information: <http://www.reelabilitieshouston.org/schedule-of-events.php> or call 713-225-0880 or email ReelAbilities@jfshouston.org

Mardi Gras Ball for Special People - March 3, 2019 at Moody Gardens in Galveston, Texas from 12pm– 4pm. The day will be filled with fun, food, and dance for the entire family. FREE admission for people with special needs, their immediate family and/or caregivers who RSVP from January 16-February 16. For more information, visit: http://www.moodygardens.com/get_involved/hope_therapy/mardi_gras_ball/ to RSVP, call 409-683-4108 or email volunteers@moodygardens.org

The River - a program of TUTS Education provides accessible, affordable, fine arts education for individuals who have disabilities, ages 4-19. Siblings are welcome. Classes begin in January 2019 and are held for 10 weeks in the Houston Metropolitan Multi-Service Center located at 1475 West Gray. Register online at <https://www.tuts.com/river>. For more information, call 713-520-1220 or email education@tuts.com

Friends of Down Syndrome Cinderella Ball—March 23, 2019 from 6pm – Midnight. This event will be held at the Norris Conference Center's Red Oak Ballroom (2nd floor) in City Center. Address: 816 Town and Country Blvd, Houston, TX 77024 (I-10 & Beltway 8). For more information, visit <http://www.friendsofdownsyndrome.org/> or call 281-989-0345

The Houston Museum of Natural Science-Sensory Friendly Day

December 3, 2018, 9am – 5pm

For more information, visit: <http://www.hmns.org/> or call 713- 639-4629

EVENTS

The Texas Transition Conference—February 20-22, 2019. The conference will be held at the Wyndham San Antonio Riverwalk. This is a two-day event with a pre-conference session, focused on providing evidence-based practices that result in smooth transition from school to adult life for youth with disabilities. Register at ttc.tamu.edu/ or call Cheryl Grenwelge, TTC Director, at 979-845-3727, Email: cgrenwelge@tamu.edu

UHCL Autism Speakers Series—The University of Houston – Clear Lake is hosting Autism Speaker series beginning January 26th until April 13, 2019. They are free monthly lectures! Visit their website for more details <https://www.uhcl.edu/autism-center/speaker-series/> or call 281-283-3452

Rare Disease Day Houston—February 23, 2019. Located at The Health Museum (1515 Hermann Drive, Houston, Texas 77004) 9:00 a.m. to 1:00 p.m. For more information and to register go to <http://www.bcm.edu/eveninggenetics> or call (832) 822-4280 The event is free and open to our community!

Down Syndrome of Greater Houston Adaptive Ballet 2019 - Please join us at the Greater Houston Adaptive Ballet taking place on Spring 2019. All new students must attend a trial class to determine if they are ready for the program. Families of dancers also must be up to date members of DSAH. For more information, call 713.682.7237 ext. 201 or visit <https://dsah.org/>

Lions Camp 2019 – Sessions begin on June 2, 2019. Lions Camp provides free activities for children with physical disabilities, Down syndrome, and type 1 diabetes. For more information visit: <http://www.lionscamp.com/> or call 830-896-8500

Epilepsy Foundation's—Kamp Kaleidoscope—July 1-7, 2019. Camp Neuron-July 8-14. Camp Spike & Wave – June 10-16. These camps are for children with Epilepsy between ages 15-19. Applications are available online February 2019. For questions, email or call Suzanne Thomas at stthomas@eftx.org or call 713-789-6295. For more information, visit: <http://www.eftx.org/>

Texas Elks Camp 2019 - Sessions begin in Summer 2019. The Elks camp provides free camp activities for children who meet the criteria and are ages 7 - 15 with a variety of different diagnosis. For more information, call 830-875-2425. Send an email to: txelks@gvec.net Visit: <https://www.texaselkscamp.org/>

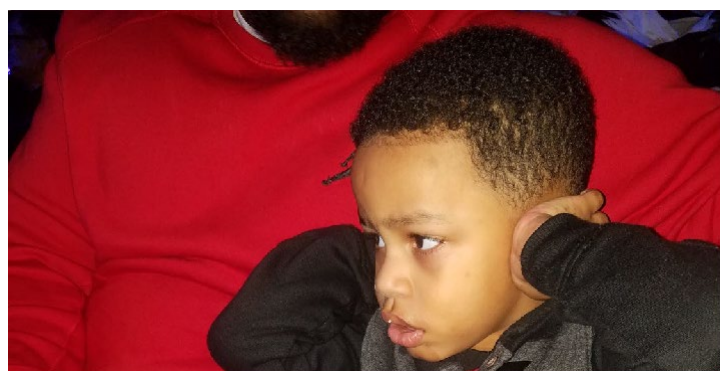
2019 Arc of Greater Houston Dances - West Gray Multi-Service Center-6:30-9:00pm, \$5 per person (caregiver free) Location: 1475 W. Gray. All participants MUST have a consent form on file! 1-6-2019 New Year's Celebration (Black, White, Bling). 2-3-2019 Valentine's Day Social. Snacks are on a first come, first serve basis. For more information, visit: <https://www.aogh.org> or call 713-957-1600

Go sailing for the Holidays with Sailing Angels - Sailing Angels teaches sailing to special needs children as a form of Education and recreational therapy. They provide sailing adventures at no cost to the participants. For more information, please contact, Captain Dave McCabe at 281-507-1867 or email Dave at davemccabe@Sailingangels.org Visit: <http://www.sailingangels.org/>

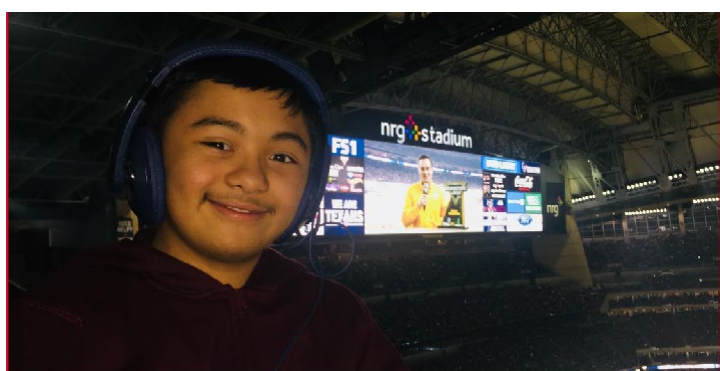
Recreational Activities



Disney on Ice



Disney on Ice



Monster Jam



Disney on Ice

Families CAN Staff

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Volunteers
Ana Perez, Translation Editor/Parent Volunteer
Cecilia Gonzalez, Edith Rubio, Student Interns

www.uh.edu/education/pep/families-can/

NEWS YOU CAN USE

2018/19 SEASON AUTISM-FRIENDLY
PERFORMANCE

The Sleeping Beauty

SUNDAY, APRIL 7, 2019

11:00 A.M.

Margaret Alkek Williams Dance Lab at the Houston
Ballet Center for Dance

TICKETS \$10 – CALL 713-227-2787 TO PURCHASE

TICKETS ON SALE NOW!

More Info: HoustonBallet.org/ECE

“Night to Shine”

Sponsored by the Tim Tebow Foundation
Friday, Feb 8, 2019

6:00-9:30 pm

Location: New Hope Church -288 Campus 3640
CR58, Manvel Texas 77578

For more information, call 281-604-4000 or
events@newhopechurch.tv