

**4+1 Bachelor of Science in Health with a Specialization  
in Public Health and Master's in Public Health**

| Fall Term 1 (15 hours) |                           | CR/TRN | Gr. |
|------------------------|---------------------------|--------|-----|
| HLT 1353               | Click here to enter text. | 3      | Gr. |
| ENGL 1303              | First Year Writing I      | 3      | Gr. |
| HIST 1377              | The U.S. To 1877          | 3      | Gr. |
| MATH 1310              | College Algebra           | 3      | Gr. |
| NS #####               | Click here to enter text. | 3      | Gr. |
| Natural Sci            |                           |        |     |

| Summer Term 6 (6 hours) |                           | CR/TRN | Gr. |
|-------------------------|---------------------------|--------|-----|
| MINOR                   |                           | 3      | Gr. |
| HLT #####               | Click here to enter text. | 3      | Gr. |
| HLT elctv               |                           |        |     |

| Spring Term 2 (15 hours) |                               | CR/TRN | Gr. |
|--------------------------|-------------------------------|--------|-----|
| HLT 2320                 | Introduction to Public Health | 3      | Gr. |
| ENGL 1304                | First Year Writing II         | 3      | Gr. |
| HIST 1378                | The U.S. Since 1877           | 3      | Gr. |
| MATH #####               | Click here to enter text.     | 3      | Gr. |
| Math Rsng                |                               |        |     |
| NS #####                 | Click here to enter text.     | 3      | Gr. |
| Natural Sci              |                               |        |     |

| Fall Term 7 (15 hours) |                                      | CR/TRN | Gr. |
|------------------------|--------------------------------------|--------|-----|
| HLT #####              | Click here to enter text.            | 3      | Gr. |
| HLT elctv              |                                      |        |     |
| HLT 4320               | Administration of Health Services    | 3      | Gr. |
| VISUAL/PERF ARTS       | Click here to enter text.            | 3      | Gr. |
| HDFS 1300 (WID)        | Development of Contemporary Families | 3      | Gr. |
| MINOR                  |                                      | 3      | Gr. |

| Summer Term 3 (3 hours) |   | CR/TRN | Gr. |
|-------------------------|---|--------|-----|
| POLS 1336               | U.S. & Texas Constitutions and Politics | 3      | Gr. |

| Spring Term 8 (15 hours) |  | CR/TRN | Gr. |
|--------------------------|--|--------|-----|
| HLT 4310                 | Program Plan Health Prof                     | 3      | Gr. |
| HLT 4317                 | Foundations of Epidemiology in Public Health | 3      | Gr. |
| SOCIAL SCIENCE           | Click here to enter text.                    | 3      | Gr. |
| HUMANITIES               |  | 3      | Gr. |
| MINOR                    |  | 3      | Gr. |

| Fall Term 4 (15 hours) |                                | CR/TRN | Gr. |
|------------------------|--------------------------------|--------|-----|
| HLT 3301               | Behavior Theory & Practice     | 3      | Gr. |
| POLS 1337              | US Govt: Congress, Pres & Crts | 3      | Gr. |
| MINOR                  |                                | 3      | Gr. |
| MATH #####             | Click here to enter text.      | 3      | Gr. |
| Math Rsng              |                                |        |     |
| HLT 3306               | Environmental Health           | 3      | Gr. |

| Summer Term 9 (6 hours)   |                           | CR/TRN | Gr. |
|---------------------------|---------------------------|--------|-----|
| HLT #####                 | Click here to enter text. | 3      | Gr. |
| HLT elctv                 |                           |        |     |
| MINOR / APPROVED ELECTIVE |                           | 3      | Gr. |

| Spring Term 5 (15 hours) |   | CR/TRN | Gr. |
|--------------------------|---|--------|-----|
| HLT 3380                 | Culture and Health                      | 3      | Gr. |
| HLT 3381                 | Health Promotion and Disease Prevention | 3      | Gr. |
| HLT 4307                 | Measrmt Techniqs – Hlt                  | 3      | Gr. |
| MINOR                    |   | 3      | Gr. |
| MATH #####               | Click here to enter text.               | 3      | Gr. |
| Math Rsng                |   |        |     |

**4+1 Bachelor of Science in Health with a Specialization  
in Public Health and Master's in Public Health**

The following courses will be taken at the UT School of Public Health. Students must choose one option:

**OPTION A: BSH/MPH Health  
Promotion and Behavioral Sciences Major**

| Fall Term 10 (MPH hours=10) |                                       | CR/TRN | Gr. |
|-----------------------------|---------------------------------------|--------|-----|
| PH 1690                     | Foundations to Biostatistics          | 4      | Gr. |
| PHM 1111                    | Health Promotion Theory and Methods I | 3      | Gr. |
| PHW 2120                    | Man's Impact on the Environment       | 3      | Gr. |
| <b>OR</b>                   |                                       |        |     |
| PHM 2110                    | Overview of Environmental Health      |        |     |

| Spring Term 11 (UH hours=3; MPH hours=6) |   | CR/TRN | Gr. |
|--|---|--------|-----|
| PHM 2610                                 | Fundamentals to Epidemiology            | 3      | Gr. |
| PHM 3715                                 | Intro to Management and Policy Sciences | 3      | Gr. |
| HLT 4392                                 | Internship                              | 3      | Gr. |

**OPTION B: BSH/MPH Community Health Practice  
Major**

| Fall Term 10 (MPH hours=10) |   | CR/TRN | Gr. |
|-----------------------------|---|--------|-----|
| PH 1690                     | Foundations to Biostatistics                      | 4      | Gr. |
| PHM 1110                    | Social and Behavioral Aspects of Community Health | 3      | Gr. |
| PHW 2120                    | Man's Impact on the Environment                   | 3      | Gr. |
| <b>OR</b>                   |   |        |     |
| PHM 2110                    | Overview of Environmental Health                  |        |     |

| Spring Term 11 (UH hours=3; MPH hours=6) |   | CR/TRN | Gr. |
|--|---|--------|-----|
| PHM 2610                                 | Fundamentals to Epidemiology            | 3      | Gr. |
| PHM 3715                                 | Intro to Management and Policy Sciences | 3      | Gr. |
| HLT 4392                                 | Internship                              | 3      | Gr. |

**OPTION C: BSH/MPH Environmental and  
Occupational Health Major**

| Fall Term 10 (MPH hours=10) |   | CR/TRN | Gr. |
|-----------------------------|---|--------|-----|
| PH 1690                     | Foundations to Biostatistics                                  | 4      | Gr. |
| PHM 1110                    | Social and Behavioral Aspects of Community Health             | 3      | Gr. |
| PH 2100                     | Foundations of Environmental and Occupational Health Sciences | 3      | Gr. |

| Spring Term 11 (UH hours=3; MPH hours=6) |   | CR/TRN | Gr. |
|--|---|--------|-----|
| PHM 3715                                 | Intro to Management and Policy Sciences | 3      | Gr. |
| PHM 2610                                 | Fundamentals to Epidemiology            | 3      | Gr. |
| HLT 4392                                 | Internship                              | 3      | Gr. |

† minimum 2.5 overall UH GPA to declare Health major

\*Writing in the Disciplines (WID) – HDF5 1300 suggested course

**TOTAL DEGREE REQUIREMENTS:  
120 hours minimum**

## 4+1 Bachelor of Science in Health with a Specialization in Public Health and Master's in Public Health

**NOTE:** Recommended Minors – Biology, Nutrition, HDFS, Kinesiology, Psychology, Asian American Studies  
 Declare minor and submit signed minor degree plan to your Health advisor  
 Students completing the Health Promotion Track are eligible to become Certified Health Education Specialists.  
 Students with an associate's degree or certification in an Allied field should notify the Health advisor for degree options.

**Student Responsibilities/ To Do List:**

- \_\_\_\_\_ Need transfer credits to post: submit &/or follow-up with Registration & Academic Records
- \_\_\_\_\_ To petition classes to count for a particular course submit a transfer or general petition form
- \_\_\_\_\_ Contact University Testing Services regarding test credits (AP/CLEP)
- \_\_\_\_\_ To declare major submit a general petition form.
- \_\_\_\_\_ File an official degree plan.
- \_\_\_\_\_ Apply for graduation through PeopleSoft by deadline.
- \_\_\_\_\_ Meet with major advisor each semester.
- \_\_\_\_\_ Watch your GPA – UH GPA below 2.0: Academic Notice/Academic Probation/Academic Suspension
- \_\_\_\_\_ Program GPA minimum 2.5 overall - Current GPA \_\_\_\_\_
- \_\_\_\_\_ Last 30 hours must be completed at UH (no dual enrollment; no new transfers)
- \_\_\_\_\_ Need a minimum of 120 hours to fulfill the degree requirements

| Health Electives                         |  |
|--|--|
| HLT 2310: First Aid and Safety           | HLT 4303: Obesity Epidemic                             |
| HLT 3300: Social Health and Wellness     | HLT 4306: Women's Health Issues                        |
| HLT 3303: Health of the Elementary Child | HLT 4308: Understanding Cancer                         |
| HLT 3304: Adolescent Health              | HLT 4309: Health Disparities                           |
| HLT 3325: Medical Terminology            | HLT 4393: Internship                                   |
| HLT 3330: Asian American Health Issues   | HLT 4397: Selected Topics                              |
| HLT 4197: Social Health Training         | HLT 4398: Individual Study with Health Faculty Sponsor |
| HLT 4302: Human Sexuality                |  |

**Transfer Cap:** The maximum number of lower level hours you can transfer to UH from ANY institution is 66 credit hours. Courses taken at a community college will **always** be considered lower level courses. Do not assume course you took elsewhere will transfer to UH as equivalent.

**30 Hour Rule (UH Residency):** The last 30 hours prior to graduation must be completed at UH with no dual enrollment (being enrolled at UH & another school at the same time) and no new transfer credits! All transfer work should be completed & transferred by junior year.

**UH Repeat Rule:** Texas-resident undergraduate students who *attempt* a course with the same content for a third or more times will be charged a premium tuition rate - an additional \$100 per semester credit hour over the Texas resident rate - for those credit hours.

**The "W" Policy (Withdrawals):** Effective Fall 2007, student may only withdraw from a max of 6 classes during their college career (this includes UH and transfer courses). Any withdrawals thereafter will automatically be turned into "F". No petitions for grade changes will be accepted. The "F" is final.

**Texas Undergraduate Tuition Hour Cap:** If you were first enrolled in a Texas public university or Jr. College any time after Fall 2006 and complete 30 hours over the total number of hours required by your degree plan, you will be charged out-of-state tuition for any courses taken thereafter. If you were first enrolled prior to 2006, the tuition cap is in effect 45 hours over the total hours required for degree. Any students first enrolled prior to Fall 1999 are exempt from the in-state tuition cap.

**Hours Needed to Degree:** Students must complete a *minimum* of **120** hours of coursework in order to obtain a Bachelor's degree. Remedial and Repeated Courses will not be counted towards the hours needed for degree. Of those 120 hours, a **minimum of 36 MUST be advanced hours.**

**\*Applying for Graduation:** Schedule an appointment at the beginning of your final semester to ensure all requirements are met. You must apply for graduation online at the beginning of the semester you intend on graduating. If you are disapproved for graduation, you will need to re-apply for graduation the following term.

**\*Lower Level** = 1000/2000 (freshman/sophomore level courses) **ADV (advanced)** = 3000/4000 (junior/senior level courses)

*\* This information is subject to change. Please contact your advisor for the latest updates.*

The University of Houston Undergraduate Catalog Online intends to reflect current academic policies, procedures, degree offerings, course descriptions, and other information pertinent to undergraduate study at the University of Houston. The College of Education reserves the right to change the provisions of this degree plan at any time, including, but not limited to, degree requirements and course offerings as necessitated by university or legislative action.