2021 UHS SAES LEADERSHIP CONFERENCE

### YOUR PRESENTERS



SANDI MARTIN,
Director of Marketing & Communications
Office of the VP/Vice Chancellor,
University of Houston



LAUREN ADAMS,
Assistant Director of Marketing &
CreationStation,
Student Centers, University of Houston



### AGENDA

### DESIGN BASICS: The Guiding Principles

- Hierarchy
- Simplify
- White Space
- Contrast
- Typography
- Alignment
- Icons
- Designing for Social Media
- Resources

### THE WHY?

- Why are you designing?
- What is your program?
  - Educational
  - o Fun
  - Seeking Tangible Results
- Who is your audience?
  - Students
  - Faculty/Staff
  - Alumni
  - Greater Community

### HIERARCHY IS IMPORTANT

# LOOK HERE FIRST

NOW YOU'RE LOOKING HERE

Made you look

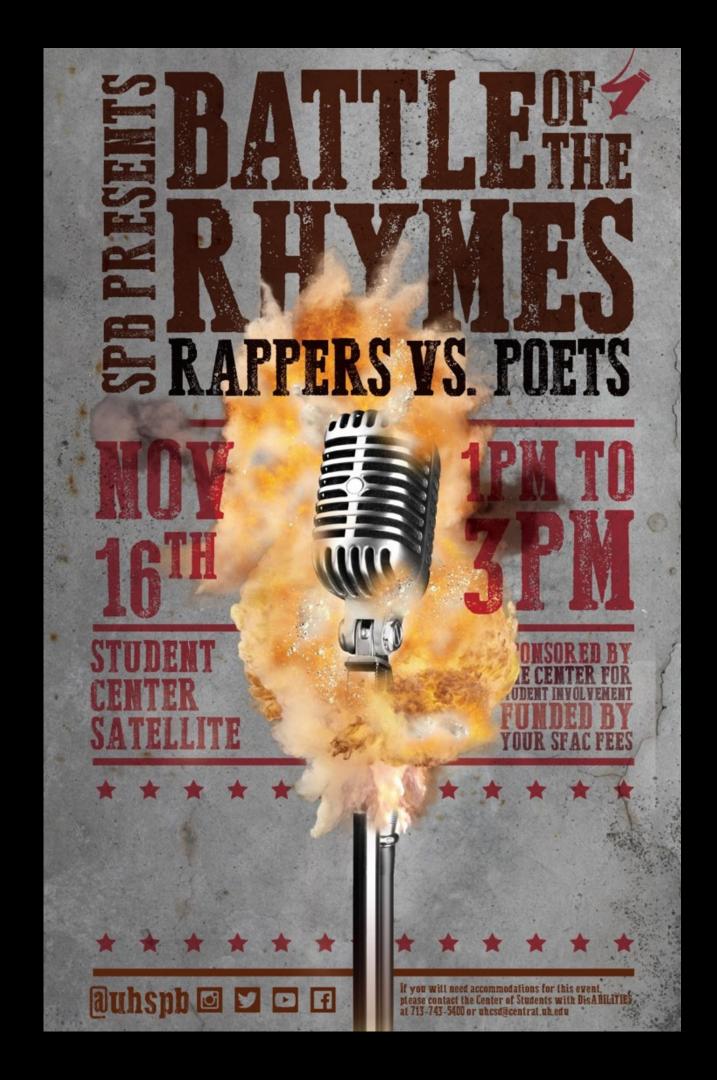
### BUILDING BLOCKS OF HIERARCHY

#### Designers use these characteristics to establish visual hierarchy:

- Size Users notice larger elements more easily.
- Color Bright colors typically attract more attention than muted ones.
- Contrast Dramatically contrasted colors are more eye-catching.
- Alignment Out-of-alignment elements stand out over aligned ones.

- Repetition Repeating styles can suggest content is related.
- Proximity Closely placed elements seem related.
- White space More space around elements draws the eye towards them.
- Texture and Style Richer textures stand out over flat ones.





## **WEEKS OF WELCOME Glow Party** Lynn Eusan Par Aug 24th, 8pm Funded by your SFAC fees Sponsored by the Center of Student Involvement

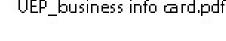


### KEEP IT SIMPLE

# Simplify, simplify, simplify.

- Helli y David Thoreall

— Julian Cearley





### URBAN EXPERIENCE PROGRAM

Encourage. Enlighten. Empower. Embrace.

GRANTS | ACADEMIC SUPPORT | INTERNSHIPS \$ so much more...





Oberholtzer Hall 250G



Office Hours: 8am-5pm M-F Phone: 713-743-6032











#### Join Today!

**University of Houston Urban Experience Program (UEP)** 

4361 Wheeler St. Rm 250 G Houston, TX 77204-3017

713.743.2255

Visit us on the web: http://www.uh.edu/uep/







Visit our website at www.uh.edu/caps for a list of "Let's Talk" locations and schedules.

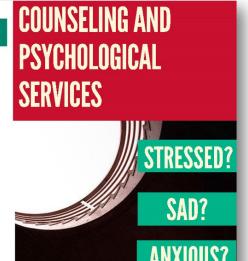
Stop by any of our

### What is "Let's Talk?"

"Let's Talk" is a program that provides easy access to informal confidential consultations with clinicians from Counseling and Psychological services (CAPS). CAPS clinicians hold walk-in hours at sites around campus. There is no appointment or fee necessary.

#### What happens during a visit to "Let's Talk?"

Appointments are first-come, first served. Usually there is not much of a wait. The clinician will listen closely to your concerns and provide support, perspective, and suggestions for resources.



#### How is "Let's Talk" different from Counseling and Psychological Services?

Clinicians at CAPS provide ongoing counseling, which usually consists of 45-50 minute appointments. "Let's Talk" is not formal counseling: it is a drop-in service where an individual can have an informal consultation with a clinician from time to time. This service is open to all University of Houston students, staff, and faculty. "Let's Talk" is the best fit for the following people:

- Students who are not sure about counseling and wonder what it's like to talk with a clinician.
- Students who are not interested in ongoing counseling but would like the perspective of a clinician.
- Students who have a specific problem and would like to briefly discuss the issue with a clinician.
- Students who have a concern about a friend and want some guidance and support about how to address the issue.
- Faculty or staff who want to consult with a therapist about an individual or student of concern.

#### Would going to "Let's Talk" help me figure out what to do about an issue of concern?

Absolutely. The clinician will talk through your issue with you and help you determine the best way to get help. If you feel comfortable with the clinician, it may be possible to meet with him or her at CAPS for ongoing treatment.

#### Is "Let's Talk" the same as therapy?

"Let's Talk" is not a substitute for psychotherapy or formal counseling and does not constitute mental health treatment. "Let's Talk" clinicians provide informal consultations to help the campus community with specific problems and to introduce them to what it's like to speak with a clinician. Your "Let's Talk" clinician can help you determine whether formal counseling at CAPS would be useful for you and, if appropriate, assist you in scheduling an appointment.

#### "Let's Talk" visits are confidential. Are there any limits to confidentiality?

"Let's Talk" discussions with CAPS clinicians are considered confidential, however, Texas law may require the clinician to disclose some or all of the information under certain limited circumstances. If you have concerns about disclosure, ask the CAPS clinician for a more complete explanation of disclosure requirements.

#### **Contact Us**

226 Student Service Center 1 Houston, TX 77204-3026 713-743-5454 www.uh.edu/caps

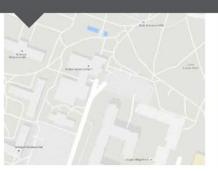


Visit our website at **uh.edu/caps** for a list of **"Let's Talk"** locations and schedules.

Stop by any of our "Let's Talk" locations on campus and tell us that you saw us on Facebook to receive a promotional item or UH Cougar Cards!



#### FIND US



Student Service Center 1 is located at UH Entrance 6, between the University of Houston Health Center and the Ezekiel W. Cullen Building. It is building 524 on the UH campus map. CAPS is on the 2nd floor at the end of the hall.

#### **Parking Information**

The closest student parking lot (9C) is located on Wheeler Street. There is also metered parking along Entrance 6/Cougar Village Dr..

The University of Houston is an EEO/AA institution.

#### HOUSTON

DUNSELING & PSYCHOLOGICAL SERVICES

#### CAPS Hours of Operation

Monday—Friday | 8:00am—5:00pm 226 Student Service Center 1 | 4365 Wheeler St., Room 226 | Houston, TX 77204-3026 | (713) 743-5454



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### DON'T BE AFRAID OF WHITESPACE

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- Also called negative space, white space is the area between design elements
- Makes your design easily scannable
- Improves readability & legibility

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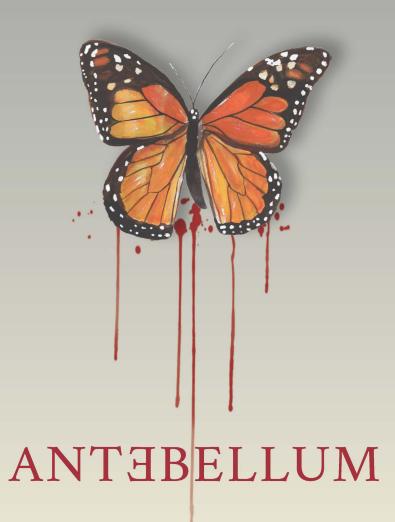
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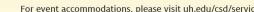


#### **STUDENT PROGRAM BOARD** SCARLET SCREEN PRESENTS



NOVEMBER 12, 2020 STUDENT CENTER THEATER 7:30 PM







# COOG STRONG

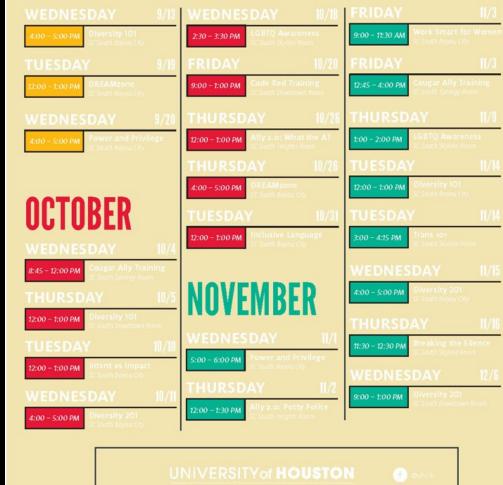




### CONTRAST IS YOUR FRIEND

### STUDENT LIFE DIVERISTY WORKSHOP

#### **SEPTEMBEI**



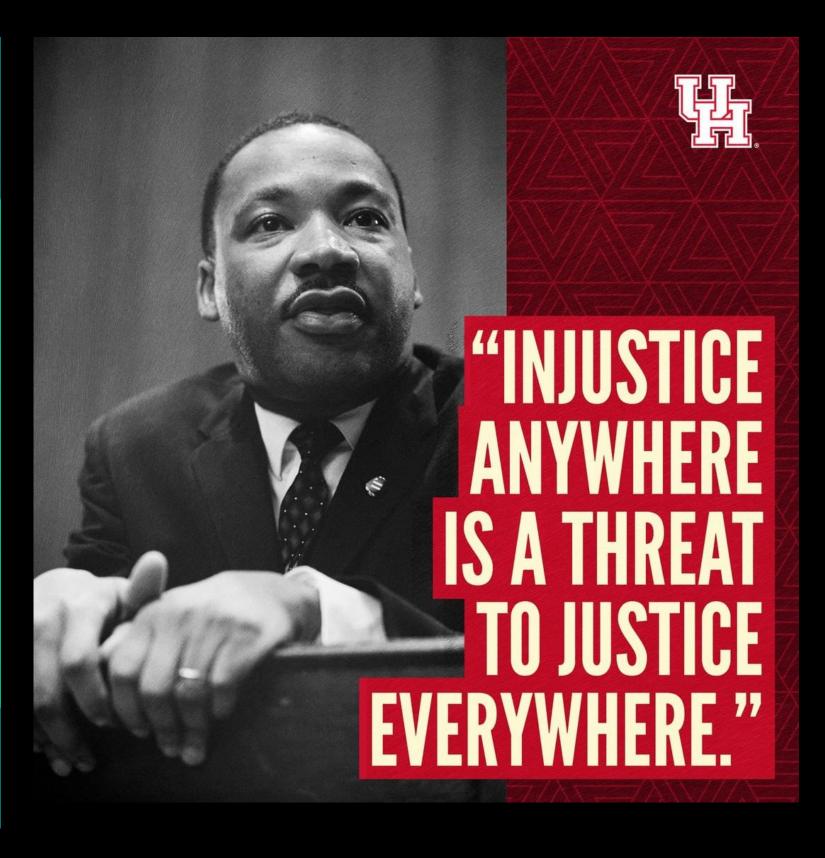
### FALL 2017 DIVERSITY WORKSHOPS

SEPTEMBER	WEDNESDAY 10/18	FRIDAY 11/3
	2:30 – 3:30 PM LGBTQ Awareness SC South Skyline Room	9:00 - 11:30 AM Work Smart for Wome SC South Heights Room
WEDNESDAY 9/13	FRIDAY 10/20	FRIDAY 11/3
4:00 – 5:00 PM Diversity 101 SC South Bayou Gity	9:00 - 1:00 PM Code Red Training SC South Downtown Room	12:45 - 4:00 PM Cougar Ally Training SC North Synergy Room
TUESDAY 9/19	THURSDAY 10/26	THURSDAY 11/9
12:00 - 1:00 PM DREAMzone SC South Bayou City	2:00 - 3:00 PM Ally 2.0: What the A? SC South Heights Room	1:00 - 2:00 PM LGBTQ Awareness SC South Skyline Room
WEDNESDAY 9/20	THURSDAY 10/26	TUESDAY 11/14
4:00 - 5:00 PM Power and Privilege SC South Bayou City	4:00 - 5:00 PM DREAMzone 5C South Bayou City	12:00 – 1:00 PM Diversity 101 SC South Bayou City
	TUESDAY 10/31	TUESDAY 11/14
OCTOBER	12:00 - 1:00 PM Inclusive Language SC South Bayou City	3:00 - 4:15 PM Trans 101 SC North Synergy room
OOTODER		WEDNESDAY 11/15
WEDNESDAY 10/4	NOVEMBER	4:00 – 5:00 PM Diversity 201 SC South Bayou City
8:45 – 12:00 PM Cougar Ally Training SC North Synergy Room	MACIMIDEK	THURSDAY 11/18
THURSDAY 10/5	WEDNESDAY 11/1	11:30 – 12:30 PM Breaking the Silence SC South Skyline Room
12:00 - 1:00 PM Diversity 101 SC South Downtown Room	5:00 - 6:00 PM Power and Privilege SC South Bayou City	
TUESDAY 10/10	THURSDAY 11/2	DECEMBER
12:00 – 1:00 PM Intent vs Impact SC South Bayou City	12:00 – 1:30 PM Ally 2.0: Potty Police SC South Heights Room	DEPENDER
WEDNESDAY 10/11	FRIDAY 11/3	WEDNESDAY 12/6
4:00 – 5:00 PM Diversity 201 SC South Bayou City	9:00 - 11:30 AM Work Smart for Women SC South Heights Room	9:00 – 1:00 PM Diversity 201 SC South Downtown Room



u will need accomposations for this event, please contact the Center

Students with DisABILITIES at 713.743.5400 or uhcsd@central.uh.ed



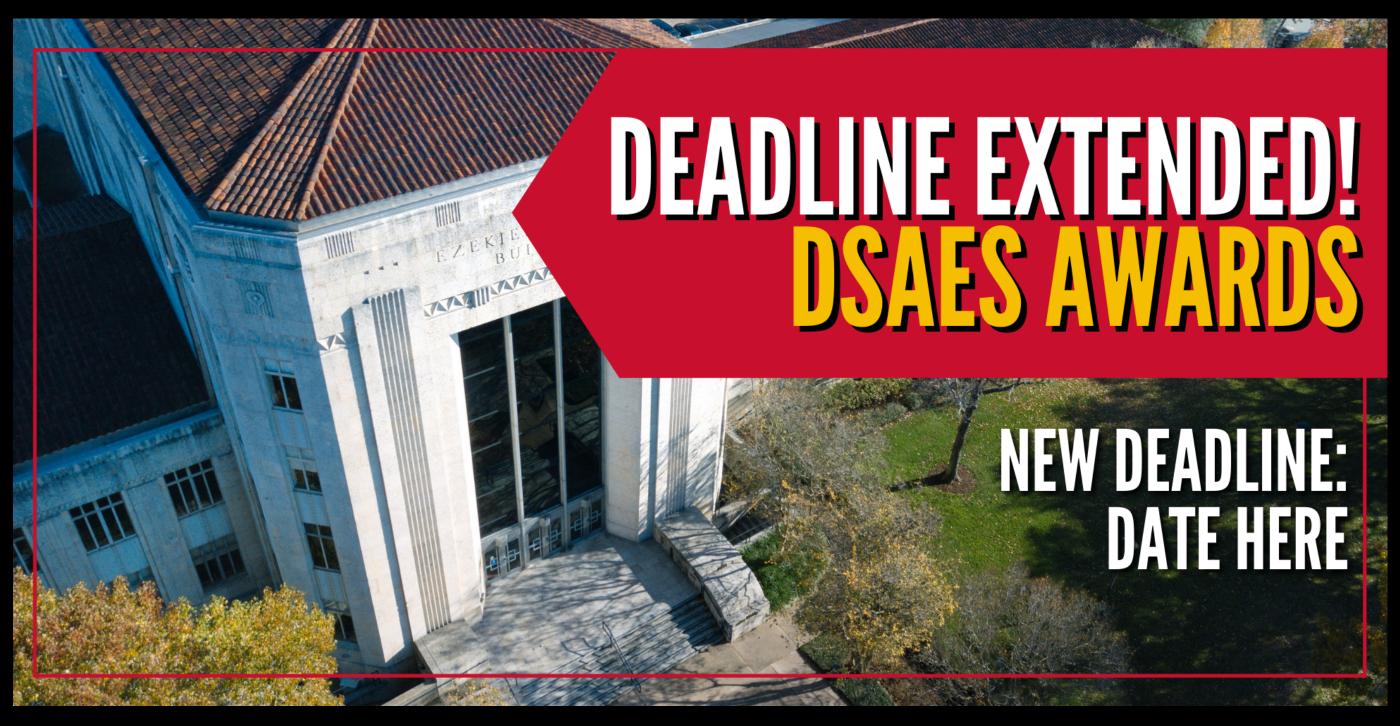
### DON'T FORGET TO CONTRAST YOUR TYPOGRAPHY





You can make text on top of photos stand out by changing the color of the photo, adding a duotone effect or overlay, or making it slightly transparent. Avoid overusing shadows and other text effects.

### DON'T FORGET TO CONTRAST YOUR TYPOGRAPHY



When all else fails, put a box or other shape element behind your text.

### AVOID TYPOGRAPHY OVERLOAD

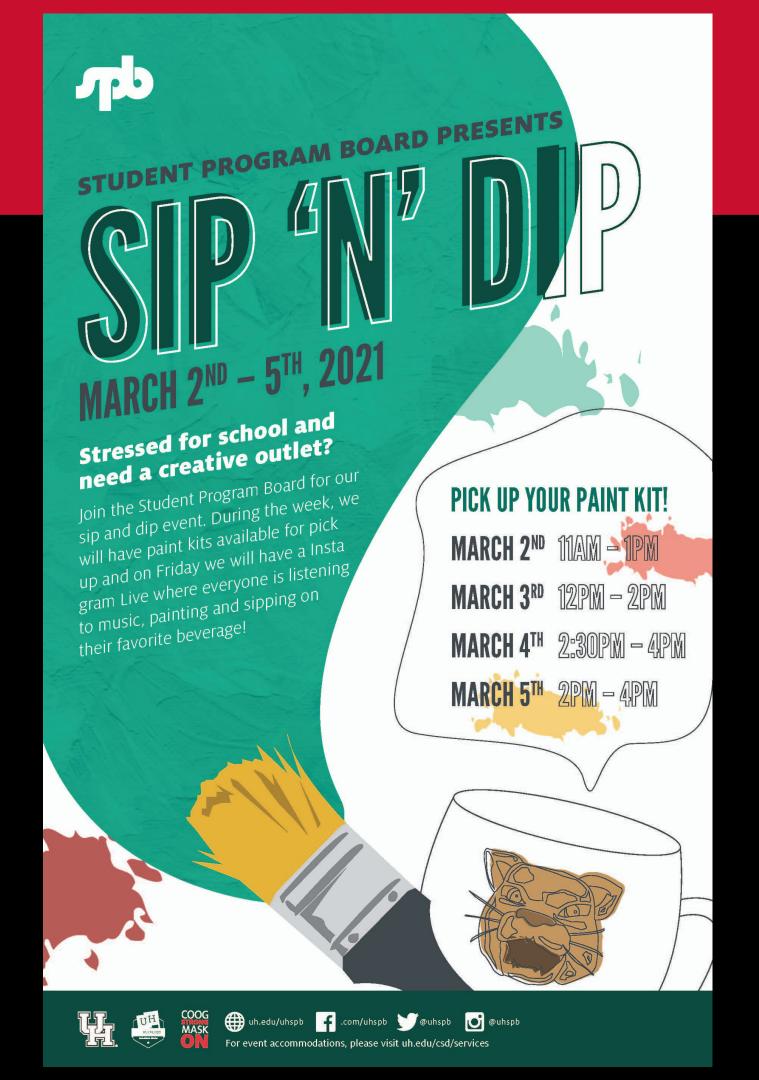
Msing Too many mismatched fonts makes for a messy design

### TYPOGRAPHY: SIMPLE IS BETTER

### LIMIT YOUR FONTS

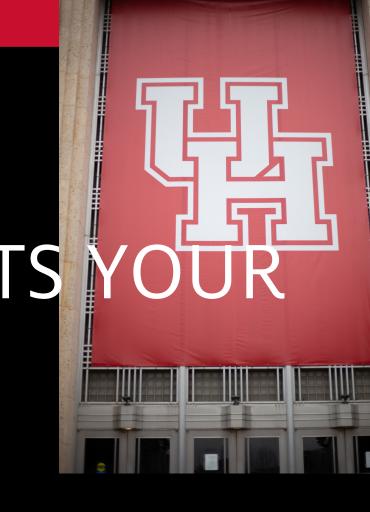
### Keep your fonts to 2-3 tops

Choosing a cohesive font palette and sticking with it creates consistency and keeps it simple



### ALIGNMENT MATTERS

### ALIGNMENT ELIMINATES CONFUSION & ASSISTS







AUDIENCE IN PROCESSING INFO

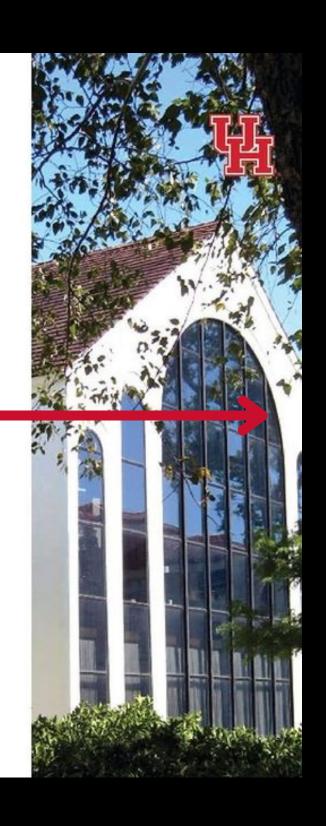
### ALIGN YOUR ELEMENTS TO EACH OTHER AND THE PAGE



DAY OF

REMEMBRANCE 03.02.21

Univers ty Chapel 12:00 PM – 1:00 PM Online at uh edu/adbruce/





### USE ICONS

### JUST TEXT IS VISUALLY BORING

#### USING ICONS CAN BRING DATA TO LIFE



1927

The University of Houston adopted the cougar, Shasta, as its official mascot 20 years after its founding.



281

Number of people who signed up for the 2021 UHS SAES Leadership Conference



7

Number of spoiled dogs Sandi owns. Their names are Oscar & Winnie.



29 million

People live in Texas, which would be the 39th largest country in the world if it were not the second biggest U.S. state.

### DESIGNING FOR SOCIAL

Students want to see photos



### SOCIAL TIPS: Ask Qs, do polls, put your text in the post

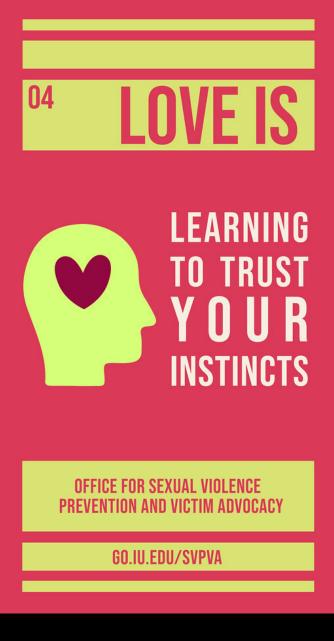


### DESIGNS WE JUST LIKE

Source: ACUI 2021 Steal This Idea Award Winners





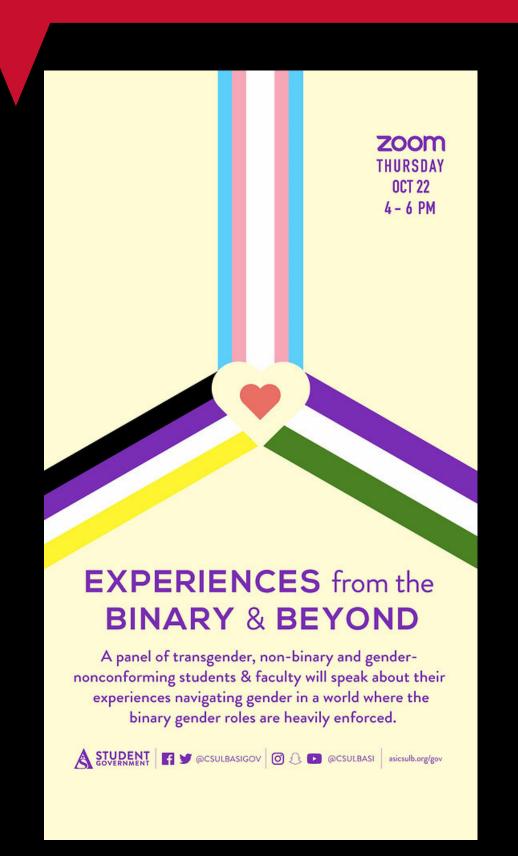






### DESIGNS WE JUST LIKE

Source: ACUI 2021 Steal This Idea Award Winners







### RESOURCES

### Photo Editing

GIMP\*

Canva\*

<u>PicMonkey</u>

Adobe Spark\*

<u>BeFunky</u>

Pixlr\*

Photoshop

Windows Photo\*

### Graphic Design

Canva\*

<u>InDesign</u>

<u>BeFunky</u>

<u>Infogram</u>

Vectr\*

Adobe Spark\*

Illustrator

### Tutorials

InDesign Secrets

<u>Layers</u>

<u>Photoshop Basix</u>

LinkedIn Learning

Canva Tutorials

Coursera

<u>Skillshare</u>

<u>Adobe</u>

\*Free or offers limited free plan

### FREE STUFF

### Free Photos

<u>Freepik</u> <u>LifeOfPix</u>

<u>PxHere</u> <u>Unsplash</u>

<u>CreativeCommons</u> <u>Morguefile</u>

<u>Pixabay</u> <u>Gratisography</u>

<u>FreeImages</u> <u>Library of Congress</u>

StockSnap.io Public Domain Project

<u>Pexels</u>

### Free Graphics

**Vecteezy** 

<u>Freepik</u>

<u>FlatIcon</u>

<u>TextureKing</u>

VectorStock

**Graphics Wall** 





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Credit: All images and graphics were created by the University of Houston Marketing & Communications, UH CreationStation, and the UH Division of Student Affairs & Enrollment Services unless otherwise noted.