OLIVIA E. ATHERTON

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Education

2020	PhD, Social-Personality Psychology, University of California Davis
2016	MA, Social-Personality Psychology, University of California Davis
2013	BS, Psychology (*magna cum laude*), University of Illinois Urbana-Champaign

Academic Positions

2022-	Assistant Professor, Department of Psychology, University of Houston
2020-22	Post-Doctoral Researcher, Feinberg School of Medicine, Northwestern University

Research Interests

Socio-Structural Contexts • Personality • Self-Regulation • Health • Lifespan Development
Multilevel Modeling • Structural Equation Modeling • Age-Period-Cohort • Coordinated Data Analysis

Awards

2022	SAGE Emerging Scholar Award, *Society for Personality and Social Psychology (SPSP)*
2020	J.S. Tanaka Dissertation Award, *Association for Research in Personality (ARP)*
2019	Emerging Scholar Award, *Association for Research in Personality (ARP)*
2018	Provost's Dissertation Year Fellowship, *University of California, Davis*
2017	Heritage Dissertation Award, *Society for Personality and Social Psychology (SPSP)*
2017	Dissertation Research Award, *American Psychological Association (APA)*
2015	Graduate Research Fellowship–Honorable Mention, *National Science Foundation (NSF)*

Grants

Funded

2021-23 National Institute on Aging (L60AG074169 Health Disparities Loan Repayment Program), "*Psychosocial Resilience to the Impact of Socioeconomic Disadvantage on Age-Related Diseases"* (**PI: Olivia E. Atherton**)

2020-22 National Institute on Aging (Diversity Supplement on R01-AG064006), "*Boston Early Adversity and Mortality Study: Linking Administrative Data to Longterm Longitudinal Studies*" (Co-PIs: Daniel K. Mroczek, Lewina O. Lee, **Awardee: Olivia E. Atherton**)

2015 Center for Open Science (Incubator Grant = $13,500), "*The Many Lab: Creating a Crowdsourcing Infrastructure Hosted on the OSF",* (**Co-PIs: Olivia E. Atherton**, Charles R. Ebersole, Richard A. Klein, Brian Nosek)

Under Review

Nov. 2022 National Institute on Aging (L60AG074169-01 Renewal), "*Rural-Urban Disparities in Age-Related Diseases: A Coordinated Data Analysis of 10 International Longitudinal Studies*" (**PI: Olivia E. Atherton**)

Submitted, Not Funded

2022 National Institute on Aging (Emotional Well-Being Network), "*The Moderating Role of Sense of Purpose on the Link between Rurality-Urbanicity and Health Outcomes*" (**PI: Olivia E. Atherton**, Co-I: Emily C. Willroth)

2022 University of Houston Internal Grant Proposal (Grants to Enhance and Advance Research; GEAR), "*The Creative Drama for Mental Wellness Program: A Randomized Control Trial Pilot of a Theatre-Based Mental Health Program for Youth*" (PI: Elizabeth Coen, **Co-I: Olivia E. Atherton**)

Publications

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* authors contributed equally.
Underline represents mentee.

Book Chapters

2. **Atherton, O.E.** & Schofield, T.J. (2021). Personality and parenting. In O.P. John & R.W. Robins (Eds.), *Handbook of Personality: Theory and Research*, 4th ed. New York: Guilford.

1. **Atherton, O.E.**, Donnellan, M.B., & Robins, R.W. (2020). The development of personality across the lifespan. In P.J. Corr & G. Matthews (Eds.), *The Cambridge Handbook of Personality Psychology*, 2nd ed (pp. 169-182). Cambridge: Cambridge University Press.

Peer-Reviewed Articles

33. Willroth, E.C., Luo, J., **Atherton, O.E.**, Weston, S.J., Drewelies, J., Batterham, P.J., Condon, D.M., Gerstorf, D., Huisman, M., Spiro, A., Mroczek, D.K., Graham, E.K. (in press). Personality trait predictors of healthcare use: A coordinated analysis of 15 samples. *Journal of Personality and Social Psychology*.

32. Lawson, K.M., Sutin, A.R., **Atherton, O.E.**, & Robins, R.W. (in press). Are trajectories of personality and socioeconomic factors prospectively associated with midlife cognitive function? Findings from a 12-year longitudinal study of Mexican-origin adults. *Psychology and Aging*.

31. **Atherton, O.E.**, Willroth, E.C., Luo, J., Graham, E.K., Mroczek, D.K., & Lewis-Thames, M.W. (in press). Rural-urban differences in personality traits and well-being in adulthood. *Journal of Personality*.

30. Weidmann, R., **Atherton, O.E.**, & Robins, R.W. (2022). Bidirectional associations between self-esteem and relational aggression from 5th to 11th grade. *European Journal of Personality*.

29. Serrano, S., **Atherton, O.E.**, Robins, R.W., & Damian, R.I. (2022). Whose self-control development suffers or benefits in the face of adversity? A longitudinal study of Mexican-origin youth followed from age 10 to 16. *European Journal of Personality, 36*(4), 653-664. DOI: 10.1177/08902070221080278.

28. **Atherton, O.E.**, Sutin, A.R., Terracciano, A., & Robins, R.W. (2022). Stability and change in the Big Five personality traits: Findings from a longitudinal study of Mexican-origin adults. *Journal of Personality and Social Psychology*, 122(2), 337-350. DOI: 10.1037/pspp0000385.

27. **Atherton, O.E.**, Willroth, E.C., Schwaba, T., Goktan, A.J., Graham, E.K., Condon, D.M., Rao, M.B., & Mroczek, D.K. (2021). Personality predictors of emergency department post-discharge outcomes. *Personality Science, 2*(1), 1-20. DOI: 10.5964/ps.7193.
Open Peer Review: http://dx.doi.org/10.23668/psycharchives.5231

26. Ayoub, M., Zhang, B., Göllner, R., **Atherton, O.E.**, Trautwein, U., & Roberts, B.W. (2021). Longitudinal associations between parenting and child Big Five personality traits. *Collabra: Psychology*, 7(1), 1-19. DOI: 10.1525/collabra.29766.

25. **Atherton, O. E.**, Chung, J. M., Harris, K., Rohrer, J. M., Condon, D. M., Cheung, F., Vazire, S., Lucas, R. E., Donnellan, M. B., Mroczek, D. K., Soto, C. J., Antonoplis, S., Damian, R. I., Funder, D. C., Srivastava, S., Fraley, R. C., Jach, H., Roberts, B. W., Smillie, L. D., Sun, J., Tackett, J. L., Weston, S. J., Harden, K. P., & Corker, K. S. (2021). Why has personality psychology played an outsized role in the credibility revolution? *Personality Science, 2*(1), 1-21. DOI: 10.5964/ps.6001.
Open Peer Review: http://dx.doi.org/10.23668/psycharchives.5037

24. Lawson, K.M., **Atherton, O.E.**, & Robins, R.W. (2021). The structure of adolescent temperament and associations with psychological functioning: A replication and extension of Snyder et al. (2015). *Journal of Personality and Social Psychology, 121*(5), e19-e39. DOI: 10.1037/pspp0000380.

23. **Atherton, O.E.**, Grijalva, E., Roberts, B.W. & Robins, R.W. (2021). Stability and change in personality traits and major life goals from college to midlife. *Personality and Social Psychology Bulletin, 47*(5), 841-858. DOI: 10.1177/0146167220949362.

22. Willroth, E.C., **Atherton, O.E.**, & Robins, R.W. (2021). Life satisfaction trajectories during the transition from adolescence to young adulthood. *Journal of Personality and Social Psychology, 120*(1), 192-205. DOI: 10.1037/pspp0000294.

21. Mann, F.D., **Atherton, O.E.**, DeYoung, C.G., Krueger, R.F., & Robins, R.W. (2020). Big Five personality traits and common mental disorders within a hierarchical taxonomy of psychopathology: A longitudinal study of Mexican-origin youth. *Journal of Abnormal Psychology, 129*(8), 769-787. DOI: 10.1037/abn0000633.

20. **Atherton, O.E.,** Lawson, K.M., & Robins, R.W. (2020). The development of effortful control from late childhood to young adulthood. *Journal of Personality and Social Psychology*, *119*(2), 417-456. DOI: 10.1037/pspp0000283.

19. Zheng, L.R., **Atherton, O.E.**, Trzesniewski, K.H., & Robins, R.W. (2020). Are self-esteem and academic achievement reciprocally related? Findings from a longitudinal study of Mexican-origin youth. *Journal of Personality*, *88*, 1058-1074. DOI: 10.1111/jopy.12550.

18. Lawson, K.M., **Atherton, O.E.**, Ferrer, E., & Robins, R.W. (2020). The development of educational aspirations and expectations from adolescence to young adulthood: A longitudinal study of Mexican-origin youth. *Social Psychological and Personality Science*, *11*, 965-974. DOI: 10.1177/1948550619893961.

17. Tsai, N., Jaeggi, S.M., Eccles, J.S., **Atherton, O.E.**, & Robins, R.W. (2020). Predicting late adolescent anxiety from early adolescent stress exposure: Cognitive control as a mediator. *Frontiers in Psychology, 11*, 1838. DOI: 10.3389/fpsyg.2020.01838.

16. **Atherton, O.E.,** Lawson, K.M., Ferrer, E., & Robins, R.W. (2020). The role of effortful control in the development of ADHD, ODD, and CD symptoms. *Journal of Personality and Social Psychology*, *118*(6), 1226-1246. DOI: 10.1037/pspp0000243.

15. Damian, R.I., **Atherton, O.E.**, Lawson, K.M., & Robins, R.W. (2020). The co-development of chores and effortful control among Mexican-origin youth and prospective work outcomes. *Journal of Research in Personality*, *84*, 1-13. DOI: 10.1016/j.jrp.2019.103883.

14. **Atherton, O.E.** (2020). Typical and atypical self-regulation: The importance of studying change over time. *Social and Personality Psychology Compass, 14*(1), 1-14. DOI: 10.1111/spc3.12514.

13. Wetzel, E., **Atherton, O.E.**, & Robins, R.W. (2019). Investigating the link between narcissism and problem behaviors in adolescence. *Self and Identity*, *20*(2), 268-281. DOI: 10.1080/15298868.2019.1609573.

12. Aizpitarte, A.*, **Atherton, O.E.***, Zheng, L.R., Alonso-Arbiol, I., & Robins, R.W. (2019). Developmental precursors of relational aggression among Mexican-origin youth. *Child Development, 90*(1), 117-126. DOI: 10.1111/cdev.13166.

11. **Atherton, O.E.**, Zheng, L.R., Bleidorn, W., & Robins, R.W. (2019). The co-development of effortful control and school behavioral problems. *Journal of Personality and Social Psychology*, *117*(3), 659-673. DOI: 10.1037/pspp0000201.

10. **Atherton, O.E.**, Ferrer, E., & Robins, R.W. (2018). The development of externalizing symptoms from late childhood through adolescence: A longitudinal study of Mexican-origin youth. *Developmental Psychology*, *54*(6), 1135-1147. DOI: 10.1037/dev0000489.

9. Aizpitarte, A.*, **Atherton, O.E.***, & Robins, R.W. (2017). The co-development of relational aggression and disruptive behavior symptoms from late childhood through adolescence. *Clinical Psychological Science*, *5*(5), 866-873. DOI: 10.1177/2167702617708231.

8. **Atherton, O.E.**, Tackett, J.L., Ferrer, E., & Robins, R.W. (2017). Bidirectional pathways between relational aggression and temperament from late childhood to adolescence. *Journal of Research in Personality*, *67*, 75-84. DOI: 10.1016/j.jrp.2016.04.005.

7. Ebersole, C.R., Alaei, R., **Atherton, O.E.**, Bernstein, M.J., …, & Nosek, B.A. (2017). Observe, hypothesize, test, repeat: Luttrell, Petty, & Xu (2017) demonstrate good science. *Journal of Experimental Social Psychology, 69,* 184-186. DOI: 10.1016/j.jesp.2016.12.005.

6. Parrish, K.H., **Atherton, O.E.**, Quintana, A., Conger, R.D., & Robins, R.W. (2016). Reciprocal relations between internalizing symptoms and frequency of alcohol use: Findings from a longitudinal study of Mexican-origin youth. *Psychology of Addictive Behaviors*, *30*(2), 203-208. DOI: 10.1037/adb0000138.

5. **Atherton, O.E.**, Schofield, T.J., Sitka, A., Conger, R.D., & Robins, R.W. (2016). Unsupervised self-care predicts conduct problems: The moderating roles of hostile aggression and gender. *Journal of Adolescence*, *48*, 1-10. DOI: 10.1016/j.adolescence.2016.01.001.

4. Ebersole, C.R., **Atherton, O.E.**, Belanger, A.L., Skulborstad, H.M.,…, & Nosek, B.A. (2016). Many Labs 3: Evaluating participant pool quality across the academic semester via replication. *Journal of Experimental Social Psychology*, *67*, 68-82. DOI: 10.1016/j.jesp.2015.10.012.

3. **Atherton, O.E.**, Conger, R.D., Ferrer, E., & Robins, R.W. (2015). Risk and protective factors for early substance use initiation: A longitudinal study of Mexican-origin youth. *Journal of Research on Adolescence, 26*(4), 864-879. DOI: 10.1111/jora.12235.

2. Weissman, D.G., Schriber, R.A., Fassbender, C., **Atherton, O.E.**, Krafft, C., Robins, R.W., Hastings, P.D., & Guyer, A.E. (2015). Earlier adolescent substance use onset predicts stronger

connectivity between reward and cognitive control brain networks. *Developmental Cognitive Neuroscience*, *16*, 121-129. DOI: 10.1016/j.dcn.2015.07.002.

1. **Atherton, O.E.**, Robins, R.W., Rentfrow, P.J., & Lamb, M.E. (2014). Personality correlates of risky health outcomes: Findings from a large Internet study. *Journal of Research in Personality, 50,* 56-60. DOI: 10.1016/j.jrp.2014.03.002.

Manuscripts – Revise/Resubmit and Under Review

4. **Atherton, O.E.**, Graham, E.K., Dorame, A., Horgan, D.E., Luo, J., Nevarez, M.D., Ferrie, J.P, Spiro, A., Schulz, M., Waldinger, R.J., Mroczek, D.K., & Lee, L.O. (under review). Is there intergenerational continuity in early life experiences? Findings from the Harvard Study of Adult Development. *Journal of Family Psychology.*

3. **Atherton, O.E.**, Willroth, E.C., Weston, S.J., Mroczek, D.K., & Graham, E.K. (revise and resubmit). A longitudinal investigation of how and why personality factors lead U.S. Americans to seek healthcare. *Social Science and Medicine.*

2. Matz, S., Beck, E.D.*, **Atherton, O.E.***, White, M., Kim, M., Rauthmann, J.F., Mroczek, D.K., & Bogg, T. (revise and resubmit). The promise of personality science in the digital age: How psychological targeting can be used to personalize behavior change interventions at scale. *Perspectives on Psychological Science*.

1. Graham, E.K., Beck, E.D., Jackson, K., Yoneda, T., McGhee, C., Pieramici, L., **Atherton, O.E.**, Luo, J., Willroth, E.C., Steptoe, A., Mroczek, D.K., & Ong, A.D. (revise and resubmit). Do we become more lonely with age? A coordinated data analysis of nine longitudinal studies. *Journal of Personality and Social Psychology*.

Presentations

Invited Talks

10. **Atherton, O.E.** (2023, March). *Becoming: What makes us who we are?* Invited talk at the Department of Psychology, Texas A&M University at San Antonio in San Antonio, TX.

9. **Atherton, O.E.** (2022, September). *The development and health consequences of self-regulatory traits across the lifespan.* Invited (virtual) talk at the Department of Psychology, Wake Forest University in Winston-Salem, NC.

8. **Atherton, O.E.** (2022, January). *Becoming: The development and consequences of conscientiousness across adulthood.* Invited talk at the Department of Psychology, Georgetown University in Washington DC.

7. **Atherton, O.E.** (2022, January). *The development and health consequences of self-regulatory traits across the lifespan.* Invited (virtual) talk at the Department of Psychology, University of Houston in Houston, TX.

6. **Atherton, O.E.** (2022, January). *The development and consequences of conscientiousness from young adulthood to late life.* Invited (virtual) talk at the Department of Psychological and Brain Sciences, Washington University in St. Louis, MO.

5. **Atherton, O.E.** (2021, November). *The development and consequences of self-regulatory traits across the lifespan.* Invited talk at the Department of Psychology, University of California Davis in Davis, CA.

4. **Atherton, O.E.** (2021, April). *The nature, development, and consequences of self-control across the lifespan.* Invited (virtual) talk at the Department of Psychology, Michigan State University in East Lansing, MI.

3. **Atherton, O.E.** (2020, December). *Self-control and health across the lifespan: What matters in the long run?* Invited (virtual) talk at the Department of Psychology, Carnegie Mellon University in Pittsburgh, PA.

2. **Atherton, O.E.** (2020, March). *The paradox of adolescence: A period of disruption and maturity*. Invited talk at the Graduate School of Education, Stanford University in Palo Alto, CA.

1. **Atherton, O.E.** (2019, December). *The nature, development, and consequences of self-control*. Invited talk at the Department of Psychology, University of Toronto in Ontario, Canada.

Invited Panels

1. **Atherton, O.E.** (2023, February). Panelist, *Hidden Stories of Marginalized Scholars and Scholarship: Reflections and Ways to Move Forward.* Invited session at the annual meeting for the Society for Personality and Social Psychology in Atlanta, GA.

Chaired Symposia

6. **Atherton, O.E.** (2022, February). Symposium Chair, *Personality, Affect, Health, and Well-being Across the Lifespan and Cultures*. Annual meeting for the Society for Personality and Social Psychology in San Francisco, CA.

5. Noftle, E. & **Atherton, O.E.** (2022, February). Symposium Chair, *Diversity, Equity, and Inclusion in Personality Psychology*. Dynamics in Personality Development Preconference at the annual meeting of the Society for Personality and Social Psychology in San Francisco, CA.

4. **Atherton, O.E.** & Beck, E.D. (2021, November). Symposium Chair, *Change, Correlates, and Structure of Personality Across Adulthood*. Annual meeting for the Gerontological Society of America in Phoenix, AZ.

3. **Atherton, O.E.** & Robins, R.W. (2019, March). Symposium Chair, *Developmental Correlates of Effortful Control Across Childhood and Adolescence*. Biennial meeting for the Society for Research in Child Development in Baltimore, MD.

2. **Atherton, O.E.** (2017, January). Symposium Chair, *Self-Regulatory Traits and Processes from Early Childhood through Adulthood*. Annual meeting for the Society for Personality and Social Psychology in San Antonio, TX.

1. **Atherton, O.E.**, Robins, R.W., & Bleidorn, W. (2016, July). Symposium Chair, *Successful (and Unsuccessful) Self-Control: Antecedents, Strategies, Beneficiaries, and Developmental Processes*. Biennial meeting for the European Conference on Personality in Timisoara, Romania.

Conference Presentations

20. **Atherton, O.E.** (2023, July). *Becoming: Studying effortful control and its impact on the development of my research career.* In D. Samuel (Chair), “Tanaka Dissertation Award Symposium.” Award presentation at the biennial meeting of the Association for Research in Personality in Evanston, IL.

19. Westberg, D.W., Lawson, K.M., Perkins, V., **Atherton, O.E.**, & Chung, J.M. (2023, July). *Unpacking the peer review system to build a better personality science*. Discussion Panel at the biennial meeting of the Association for Research in Personality in Evanston, IL.

18. **Atherton, O.E.,** Willroth, E.C., Graham, E.K., Luo, J., Mroczek, D.K., & Lewis-Thames, M.W. (2023, February). *Are there rural-urban differences in personality and well-being across adulthood?* In E. Baranski (Chair), "Causes and Consequences of Personality Development Across the Lifespan." Paper to be presented at the annual meeting of the Society for Personality and Social Psychology in Atlanta, GA.

17. **Atherton, O.E.**, Graham, E.K., Spiro, A., Schulz, M., Waldinger, R.J., Mroczek, D.K., & Lee, L.O. (2022, November). *To what extent is there intergenerational continuity in early life stressors?* In L.O. Lee (Chair), "Innovative Approaches to Evaluating the Lifespan Associations of Stress, Health, and Well-being." Paper to be presented at the annual meeting of the Gerontological Society of America in Indianapolis, IN.

16. **Atherton, O.E.**, Graham, E.K., & Mroczek, D.K. (2022, February). *Personality predictors of risky health behaviors across the lifespan: A coordinated analysis of 13 longitudinal studies*. In **O.E. Atherton** (Chair), "Personality, Affect, Health, and Well-being Across the Lifespan and Cultures." Paper presented at the annual meeting of the Society for Personality and Social Psychology in San Francisco, CA.

15. **Atherton, O.E.**, Sutin, A.R., Terracciano, A., & Robins, R.W. (2021, November). *Big Five development from young adulthood to midlife: Findings from a longitudinal study of Mexican-origin adults*. In **O.E. Atherton** & E.D. Beck (Co-Chairs), "Change, Correlates, and Structure of Personality Across Adulthood." Paper presented at the annual meeting of the Gerontological Society of America in Phoenix, AZ.

14. **Atherton, O.E.**, Willroth, E.C., Weston, S.J., Mroczek, D.K., & Graham, E.K. (2021, October). *Longitudinal associations between the Big Five and healthcare utilization in the U.S. and Japan*. Paper presented at the annual meeting of the Midlife in the United States (MIDUS) Study in Madison, WI.

13. **Atherton, O.E.** (2021, July). *Deconstructing problematic peer reviews in personality psychology and some calls to action*. In L.A. King & J.A. Booker (Co-Chairs), "How Open Is Personality Psychology to Researchers from Marginalized Communities?" Paper presented at the biennial meeting of the Association for Research in Personality (virtual).

12. **Atherton, O.E.** (2020, February). *A quest for lifespan social-personality data: What, where, how, and why?* In J. Lodi-Smith, E. Noftle, & T. Schwaba (Chairs), "Resource Symposium." Workshop/Hack-a-thon leader at the Lifespan Social-Personality Preconference at the annual meeting of the Society for Personality and Social Psychology in New Orleans, LA.

11. **Atherton, O.E.**, Lawson, K.M., & Robins, R.W. (2019, June). *The development of effortful control from late childhood to young adulthood*. In J. Lodi-Smith (Chair), "Emerging Scholars Award Symposium." Paper presented at the biennial meeting of the Association for Research in Personality in Grand Rapids, MI.

10. **Atherton, O.E.** & Robins, R.W. (2019, June). *Building a more generalizable personality science*. In S. Srivastava & S.J. Weston (Chairs), "Transparent and Cumulative Personality Science Preconference." Paper presented at the biennial meeting of the Association for Research in Personality in Grand Rapids, MI.

9. Lawson, K.M., **Atherton, O.E.**, & Robins, R.W. (2019, June). *Development of educational aspirations and expectations from age 10 to 19 and associations with the Big Five personality traits*. Paper presented at the biennial meeting of the Association for Research in Personality in Grand Rapids, MI.

8. **Atherton, O.E.**, Lawson, K.M., & Robins, R.W. (2019, March). *Developmental antecedents of effortful control from late childhood to young adulthood*. In **O.E. Atherton** & R.W. Robins (Chairs), "Developmental Correlates of Effortful Control Across Childhood and Adolescence." Paper presented at the biennial meeting of the Society for Research in Child Development in Baltimore, MD.

7. **Atherton, O. E.**, & Robins, R. W. (2018, April). *The developmental origins of effortful control: Findings from a longitudinal study of Mexican-origin youth*. In E. Jenchura (Chair), "Pathways of Mexican-origin youth: Using Longitudinal Growth Analysis to Examine Changes in Adaptive Functioning across Adolescence." Paper presented at the biennial meeting of the Society for Research on Adolescence in Minneapolis, MN.

6. **Atherton, O. E.**, & Robins, R. W. (2018, April). *The development of ADHD, ODD, and CD symptoms from childhood through adolescence: A longitudinal study of Mexican-origin youth*. In Z. Taylor (Chair), "Assessing Risk for Physical and Mental Health Disparities and Externalizing Behaviors in Latino Adolescents." Paper presented at the biennial meeting of the Society for Research on Adolescence in Minneapolis, MN.

5. Schofield, T.J. & **Atherton, O.E.** (2018, March). *Parenting among immigrant families: Taking communication for granted.* In S. Choe & J. Fryer (Chairs), "Parenting and Family Dynamics Preconference." Paper presented at the annual meeting for the Society for Personality and Social Psychology in Atlanta, GA.

4. **Atherton, O.E.** & Robins, R.W. (2017, July). *The co-development of self-control and externalizing symptoms from late childhood to emerging adulthood*. In C.J. Hopwood (Chair), "The Dynamics of Personality and Psychopathology." Paper presented at the biennial meeting of the Association for Research in Personality in Sacramento, CA.

3. **Atherton, O.E.**, Robins, R.W., & Bleidorn, W. (2017, January). *Co-developmental pathways between effortful control and multiple forms of externalizing problems in adolescence*. In **O.E. Atherton** (Chair), "Self-Regulatory Traits and Processes from Early Childhood through Adulthood." Paper presented at the annual meeting for the Society for Personality and Social Psychology in San Antonio, TX.

2. **Atherton, O.E.**, Robins, R.W., & Bleidorn, W. (2016, July). *The co-development of self-control and externalizing problems from late childhood through adolescence*. In **O.E. Atherton** (Chair), R.W. Robins, & W. Bleidorn (Co-Chairs), "Successful (and Unsuccessful) Self-Control: Antecedents, Strategies, Beneficiaries, and Developmental Processes." Paper presented at the biennial meeting of the European Conference on Personality in Timisoara, Romania.

1. **Atherton, O.E.**, Tackett, J.L., Conger, R.D., Ferrer, E., & Robins, R.W. (2015, June). *Relational aggression predicts personality change in adolescence*. In N. Turiano (Chair), "Antecedents of Personality Development across the Life Course: Examining Bi-Directional Effects." Paper presented at the biennial meeting of the Association for Research in Personality in St. Louis, MO.

Poster Presentations

8. **Atherton, O.E.**, Sutin, A.R., & Robins, R.W. (2020, February). *Stability and change in the Big Five across adulthood: Findings from a longitudinal study of Mexican-origin individuals*. Poster presented at the Society for Personality and Social Psychology, New Orleans, LA.

7. **Atherton, O.E.**, Lawson, K.M., & Robins, R.W. (2019, February). *Developmental antecedents of effortful control from late childhood to young adulthood*. Poster presented at the Society for Personality and Social Psychology, Portland, OR.

6. **Atherton, O.E.** & Robins, R.W. (2018, March). *Developmental pathways linking parenting practices and effortful control*. Poster presented at the 'Parenting and Family Dynamics Preconference' at the Society for Personality and Social Psychology, Atlanta, GA.

5. **Atherton, O.E.**, Conger, R.D., Ferrer, E., & Robins, R.W. (2016, January). *Individual differences in traits, cognition, and behavior predict substance use initiation from late childhood through adolescence.* Poster presented at the Society for Personality and Social Psychology, San Diego, CA.

4. **Atherton, O.E.**, Schofield, T.J., Robins, R.W., & Conger, R.D. (2015, March). *Different reactions to the unsupervised self-care context: The moderating role of aggressive temperament on conduct problems.* Poster presented at the Society for Research in Child Development, Philadelphia, PA.

3. **Atherton, O.E.**, Schofield, T.J., Robins, R.W., & Conger, R.D. (2015, February). *Unsupervised self-care predicts conduct problems among Mexican-origin youth: The moderating role of hostile aggression.* Poster presented at the Society for Personality and Social Psychology, Long Beach, CA.

2. **Atherton, O.E.** & Roberts, B.W. (2014, February). *The relationship between conscientiousness and physical health.* Poster presented at the Society for Personality and Social Psychology, Austin, TX.

1. **Atherton, O.E.**, Magerko, K.M., Rafaelli, M., & Wiley, A. (2013, April). *Parent-child relationships, social support, and sexual behavior in Mexican young adults.* Poster presented at Illinois Council on Family Relations Convention, Champaign, IL.

Teaching

Graduate Courses

2023- Foundations of Health Psychology, University of Houston

Undergraduate Courses

2023- Psychology of Personality, University of Houston
2018-19 Introduction to Personality Psychology, University of California Davis

Workshops

2023 Shaping Up! A (Quick) Primer on Structural Equation Modeling (graduate level)
Collaborative on Aging Research and Multicultural Assessment, University of Houston

2021 Free-Form Friday Host: Identifying and Sticking to Your Values, *Society for Personality and Social Psychology*

2021 Professional Development Session on Remote Job Interviewing (graduate level)
Department of Psychology, Northwestern University

2018 Personality and Adolescent Development (undergraduate level)
School of Education, University of California, Davis

2017-18 Introduction to Open Science (graduate level)
Department of Psychology, University of California, Davis

Advising

Post-Baccalaureate Research Assistants
Safi Ahmed (University of Houston)

PhD Students
Priscilla Whang (University of Houston)

Undergraduate Research Assistants
Sarah Belew (University of Houston)
Theo Andre (University of Houston)
Madeline Maddox (University of California Davis)
Nancy Budiman (University of California Davis)
Komi German (University of California Davis)
Krystal Parrish (University of California Davis)

Service

Reviewing

Editorial Boards
2023- Consulting Editor, *Journal of Psychopathology and Clinical Science*
2021- Consulting Editor, *Journal of Personality and Social Psychology (PPID)*

Journals
(https://publons.com/researcher/1659763/olivia-atherton/)
Child Psychiatry and Human Development
Collabra: Psychology
Developmental Psychology
European Journal of Personality
International Journal of Behavioral Development
Journal of Adolescence
Journal of Adolescent Health
Journal of Adult Development
Journal of American College Health
Journal of Personality
Journal of Personality and Social Psychology
Journal of Research in Personality
Personality and Social Psychology Bulletin
Personality Disorders: Theory, Research, and Treatment
Personality Science
Psychological Review
Psychological Science
Psychology of Women Quarterly
Social Development
Social Psychological and Personality Science
Social Psychology of Education
Social Science and Medicine

Books/Chapters
2022 Chapter 6: Personality Stability, Development, and Change

The Personality Puzzle (9th edition), David C. Funder, W.W. Norton & Company

Grants

2022 Grant Proposal Reviewer, "Macro-Level Sources and Micro-level Processes of Personality Development in School", *Deutsche Forschungsgemeinschaft (German Research Foundation)*

Awards

2023 Reviewer, SAGE Emerging Scholars Award Committee, *Society for Personality and Social Psychology*

Conferences

2021 Reviewer, Single Presenter submissions, *Society for Personality and Social Psychology*

Professional Society

Leadership Positions

2022- Co-Organizer, Personality Science Preconference, *Society for Personality and Social Psychology*

Committees

2022-23 Member, Programming Committee*, Association for Research in Personality*

2021- Member, Diversity Committee, *Association for Research in Personality*

Thesis/Dissertation Committees

Dissertation

2023 Hannah Lightcap (University of New Hampshire, Chair: John D. Mayer)

2023 Surizaday Serrano Holden (University of Houston, Chair: Rodica I. Damian)

Senior Honors Thesis

2023-24 Sarah Belew (University of Houston, Chair: **Olivia E. Atherton**)

Open Science

2019- Co-Director, Personality Development Collaborative
https://personalitydevelopmentcollaborative.org/

2015-2017 Co-Director, The Many Lab
https://osf.io/89vqh/

Media Coverage

2023 *Houston Chronicle:* Rural residents are more depressed and anxious than those in urban areas, UH study finds
https://www.houstonchronicle.com/news/houston-texas/education/article/uh-study-rural-urban-depression-anxiety-17890691.php

2023 *New York Post*: Here's where the most neurotic Americans live – and it's not NYC
https://nypost.com/2023/03/14/depression-anxiety-are-higher-in-these-parts-of-the-us-study/

2023 *Hogan Assessments, Science of Personality Podcast*: Personality and Goals (Ep. 67)
https://www.thescienceofpersonality.com/#podcasts

2020 *KCRA Sacramento, NBC-affiliate*: Personality and life goals go hand-in-hand, new UC Davis study reveals
https://www.kcra.com/article/uc-davis-study-personality-life-goals/34049858

2018 *SPSP Insight into Personality Psychology*: Personality and Health
http://spsp.org/resources/multimedia/experts/insight

Statistical Skills

Coordinated data analysis, structural equation modeling, multilevel modeling, survival analysis, factor analysis, Monte Carlo simulation studies, mediation. *Programs*: R, Mplus.

Turiano, N.A. & **Atherton, O.E.** (2022). It is never too late for statistics training. *APA Division 20 Newsletter*.

Professional Affiliations

Active- Society for Personality and Social Psychology (SPSP), Association for Research in Personality (ARP), Social Personality Health Network (SPHN), Gerontological Society of America (GSA)

Inactive- Society for Research in Adolescence (SRA), Society for Research in Child Development (SRCD), European Association for Personality Psychology (EAPP), Association for Psychological Science (APS), American Psychological Association (APA)