

Hello,

Thank you for contacting me and your interest in participating in the study titled 'Interlimb Coordination During Walking and Grasping.'

As the title suggests we are interested in exploring the different limb coordination patterns when individuals pick up objects while walking, with one of our primary objectives being to determine if/ how young adults modify their arms and legs coordination pattern.

Should you decide to participate you will come to our research center in the Health 2 building, room 2051 on the main campus at the University of Houston. Upon arrival, we will go through the consent form together and you will be able to ask members of the research team any questions you would like. If you choose to volunteer, you will complete a short questionnaire (the Par-Q) that provide us basic information regarding your general health status.

You would be required to attend three data collection sessions and at the completion of testing you will receive a \$20 Target gift card.

Do you have any questions for me?

Thank you for your time.

### **Inclusion Criteria**

Are you between the age of 18 and 35?

Are you right-handed

Are you free of any neurological or physical/injury condition that could prevent you from maintaining a healthy manner of walking, reaching and grasping a small object while walking?

Are you able to provide consent to participant in this research.

### **Exclusion Criteria**

Are you left-handed or ambidextrous?

Do you have any neurological or physical/injury condition that could prevent you from maintaining a healthy manner of walking, reaching down and grasping a small object while walking?

Are you pregnant?

Are you a prisoner?

Are you enrolled in KIN 4315 taught by Dr. Layne?