



► Understanding, developing and promoting a healthy lifestyle is the major focus of the Department of Health and Human Performance (HHP) in the College of Liberal Arts and Social Sciences at the University of Houston (UH).

The HHP Department is committed to providing outstanding educational experiences and premier research opportunities designed to develop tomorrow's leaders in the exercise, health and fitness, sport administration and nutrition industries.

Our diverse and accomplished faculty is a student-oriented team of professionals on the forefront of educational technology. Their research projects include collaborations throughout the world.

Please contact us if you have any questions concerning our graduate programs.

Dr. Charles Layne  
Professor and Department Chair

For application materials for the MAT program, email Todd Boutte at [tcboutte@uh.edu](mailto:tcboutte@uh.edu).

Open the gateway to your future  
and apply today at [www.applytexas.org](http://www.applytexas.org)

**UNIVERSITY of HOUSTON**  
HEALTH and HUMAN PERFORMANCE

3855 Holman St Garrison Gym Rm 104  
Houston, TX 77204-6015  
Phone: 713.743.9840  
Fax: 713.743.9860  
<http://hhp.uh.edu/mat>

**UNIVERSITY of HOUSTON**  
HEALTH and HUMAN PERFORMANCE



**Master of  
Athletic Training Program**

**UNIVERSITY of HOUSTON**  
HEALTH and HUMAN PERFORMANCE



**Master of  
Athletic Training Program**

## What is an Athletic Trainer?

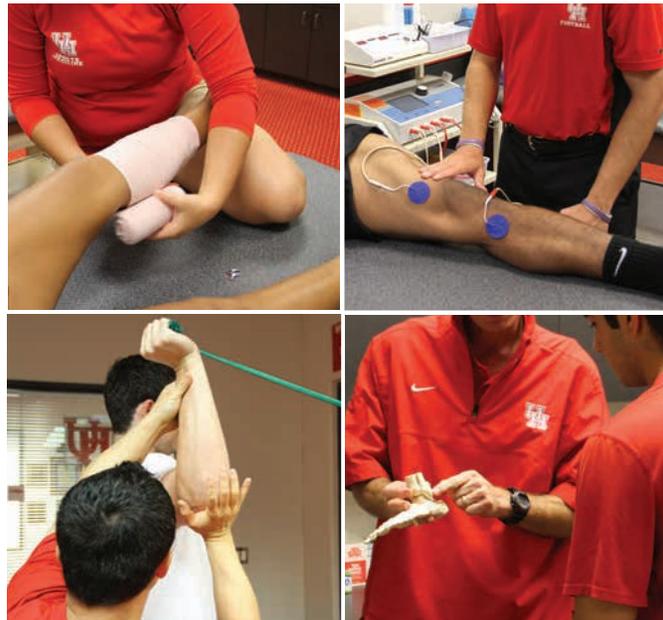
Athletic Trainers (ATs) are health care professionals who collaborate with physicians. The services provided by ATs comprise prevention, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions.

## Athletic Training Practice Domains

- Injury/Illness Prevention and Wellness Protection
- Clinical Evaluation and Diagnosis
- Immediate and Emergency Care
- Treatment and Rehabilitation
- Organizational and Professional Health and Well-being

## Content Areas

- Evidence-Based Practice
- Prevention and Health Promotion
- Clinical Examination and Diagnosis
- Acute Care of Injury and Illness
- Therapeutic Interventions
- Psychosocial Strategies and Referral
- Healthcare Administration
- Professional Development and Responsibility



## Why UH

- According to a recent study by online news site Polycymic, UH ranks fourth nationally and is number one in Texas in meeting the U.S. President's standards for providing a value-minded education. It is the only master's degree in AT in the Greater Houston Area.
- Clinical education sites and opportunities with UH Athletics, Memorial Hermann Sports Medicine, NASA, local and area high schools, professional teams and clinics.
- Work with a dynamic faculty who are student oriented in the areas of athletic training, sports medicine and human performance.
- Engage in networking and professional development to be exposed to athletic training and sports medicine professionals to increase job marketability and placement.
- Become part of an active, nationwide alumni organization that proudly supports the great traditions of the University of Houston.



Thank you for choosing the Master of Athletic Training (MAT) Program in the Department of Health and Human Performance at the University of Houston. The goals of the MAT follow three main components.

- Offer a nationally competitive athletic training program that uses the NATA Educational Competencies and the BOC Athletic Training Practice Domains and Role Delineation Study as the infrastructure for the curriculum.
- Give students opportunities for learning, inquiry, discovery, and personal and professional growth in a real world setting with an interdisciplinary group of faculty dedicated to program and student success.
- Prepare students to pass the Board of Certification Exam in Athletic Training and to enter the workforce as an AT and be successful contributors to the field.

Feel free to contact me if you have any questions.

Best wishes,

Dr. Josh Yellen  
 Director, Master of Athletic Training Program  
 jbyellen@central.uh.edu.  
 713.743.5902

UNIVERSITY of HOUSTON  
 COLLEGE of LIBERAL ARTS & SOCIAL SCIENCE  
 Health and Human Performance

The University of Houston is an EEO/AA institution