

# Bachelor of Science

## HEALTH AND HUMAN PERFORMANCE DEPARTMENT-CHECKLIST (NUTRITION-Nutritional Science Track) FALL 2026

This is NOT an official degree plan: for ADVISING PURPOSES ONLY.

TEXAS CORE CURRICULUM (44hrs)	UH	TRN	NEED
6 hrs of <b>COMMUNICATION</b>			
ENGL 1301			
ENGL 1302			
3 hrs of <b>MATH</b> <i>excludes Math 1300</i>			
MATH 1314			
3 hrs of <b>MATH REASONING</b>			
MATH 1342 or PSYC 2317			
3 hrs of <b>LANG, PHILOSOPHY &amp; CULTURE</b>			
_____			
3 hrs of <b>CREATIVE ARTS</b>			
_____			
8 hrs of <b>LIFE AND PHYSICAL SCIENCE</b>			
CHEM 1311/1111			
CHEM 1312/1112			
3 hrs of <b>SOCIAL SCIENCE</b>			
KIN 1304			
3 hrs of <b>WRITING IN THE DISCIPLINES</b> *(UH Specific)			
_____			
6 hrs of <b>AMERICAN HISTORY</b>			
_____			
6 hrs of <b>POLITICAL SCIENCE</b>			
GOVT 2305			
GOVT 2306			

B.S. Formal Science (6hrs)	UH	TRN	NEED
<i>These courses are in addition to core requirements. Students must complete at least 12 credit hours in the quantitative or formal sciences, and at least 6 credit hours must be in MATH. Excludes MATH 1300.</i>			
MATH 2312			
PHYS 1301			

Hours (120 total hours required)	UH	TRN	NEED
By Type			
Total Hours Completed (UH + TRN)	0		
Remaining Hours Needed	0		

Must have a 3.00 GPA and junior standing to declare

NUTRITION CORE (27hrs)	UH	TRN	NEED
NUTR 2332 Introduction to Human Nutrition			
NUTR 3334 Advanced Nutrition			
NUTR 3336 Nutritional Pathophysiology			
NUTR 4312 Nutrition Assessment & Planning			
NUTR 4334 Community Nutrition			
<b>Choose two lecture/lab pairs from the following:</b>			
BIOL 2301 Anatomy and Physiology I			
BIOL 2101 Anatomy and Physiology Laboratory I			
BIOL 2302 Anatomy and Physiology II			
BIOL 2102 Anatomy and Physiology Laboratory II			
BIOL 3324 Human Physiology			
BIOL 3224 Human Physiology Lab			
<b>Choose one lecture/lab pair from the following:</b>			
BIOL 2320 Microbiology for Non-Science Majors			
BIOL 2120 Microbiology for Non-Science Maj Lab			
BIOL 2321 Microbiology for Science Majors			
BIOL 2121 Microbiology for Science Majors Lab			

NUTRITIONAL SCIENCE TRACK (28hrs)	UH	TRN	NEED
PHYS 1101 Intro to General Physics Lab			
PHYS 1302 Intro to General Physics II			
PHYS 1102 Intro to General Physics II Lab			
CHEM 2323 Fund of Organic Chemistry			
CHEM 2123 Fund of Organic Chemistry Lab			
CHEM 2325 Fund of Organic Chemistry II			
CHEM 2125 Fund of Organic Chemistry II Lab			
Biochemistry: BCHS 3304 or BCHS 3307*			
Medical Nutrition Therapy: NUTR 4333 or NUTR 4347			
NUTR 4346 Research in Nutrition			
NUTR Advanced (3000-4000 level)			
NUTR Advanced (3000-4000 level)			

\*BCHS 3304 recommended for students planning to apply for pre-professional graduate level

General Electives (15hrs)	UH	TRN	NEED
<i>Need 120 hrs (36 of which must be ADV) &amp; 2.0 GPA to earn degree. ELEC are <u>additional hrs needed</u> to meet degree requirements. Repeat/Remedial courses do not count towards total hrs. *** Student must complete a minimum of 15 hours for the elective block, of which at least 9 hours must be advanced courses.***</i>			
General Advanced Elective			
General Advanced Elective			
General Advanced Elective			
General Elective			
General Elective			