Bachelor of Science

HEALTH AND HUMAN PERFORMANCE DEPARTMENT-CHECKLIST
(HUMAN NUTRITION & FOODS BS) FALL 2026

This is NOT an official degree plan: for ADVISING PURPOSES ONLY.

TEXAS CORE CURRICULUM (42hrs)	UH	TRN	NEED
6 hrs of **COMMUNICATION**			
ENGL 1301			
ENGL 1302			
3 hrs of **MATH** *excludes Math 1300*			
MATH 1314			
3 hrs of **MATH REASONING**			
MATH 1342 or PSYC 2317			
3 hrs of **LANG, PHILOSOPHY & CULTURE**			
_____			
3 hrs of **CREATIVE ARTS**			
_____			
6 hrs of **LIFE AND PHYSICAL SCIENCE**			
CHEM 1305 or CHEM 1311 or CHEM 1312^			
NUTR 2332			
3 hrs of **SOCIAL SCIENCE**			
KIN 1304			
3 hrs of **WRITING IN THE DISCIPLINES** *(UH Specific)			
_____			
6 hrs of **AMERICAN HISTORY**			
_____			
_____			
6 hrs of **POLITICAL SCIENCE**			
GOVT 2305			
GOVT 2306			

B.S. Formal Science (6hrs)	UH	TRN	NEED
These courses are in addition to core requirements. Students must complete at least 12 credit hours in the quantitative or formal sciences, and at least 6 credit hours must be in MATH. Excludes MATH 1300.			
3 hrs of Math Reasoning^			
3 hrs of Math Reasoning			

Hours (120 total hours required)	UH	TRN	NEED
By Type			
Total Hours Completed (UH + TRN)	0		
Remaining Hours Needed	0		

^Students intending to switch to the ACEND or Nutritional Sciences sub-plan must take CHEM 1311 and MATH 2312

NUTRITION CORE (24hrs)	UH	TRN	NEED
NUTR 3334 Advanced Nutrition			
NUTR 3336 Nutritional Pathophysiology			
NUTR 4312 Nutrition Assessment & Planning			
NUTR 4334 Community Nutrition			
Choose two lecture/lab pairs from the following:			
BIOL 2301 Anatomy & Physiology I			
BIOL 2101 Anatomy & Physiology I Lab			
BIOL 2302 Anatomy & Physiology II			
BIOL 2102 Anatomy & Physiology II Lab			
BIOL 3324 Human Physiology			
BIOL 3224 Human Physiology Lab			
Choose one lecture/lab pair from the following:			
BIOL 2320 Microbiology for Non-Science Majors			
BIOL 2120 Microbiology for Non-Science Maj Lab			
BIOL 2321 Microbiology for Science Majors			
BIOL 2121 Microbiology for Science Majors Lab			

HUMAN NUTRITION & FOODS MAJOR (15hrs)	UH	TRN	NEED
NUTR Advanced Elective (3000-4000 level)			
NUTR Advanced Elective (3000-4000 level)			
NUTR Advanced Elective (3000-4000 level)			
NUTR Advanced Elective (3000-4000 level)			
NUTR Advanced Elective (3000-4000 level)			

Minor or Double Major (15-18hrs)	UH	TRN	NEED
A minor (or double major) is required. Number of hrs required may vary by department. COURSE BELOW ARE ONLY A GUIDE (not offical). ***Always refer to THAT DEPT for a complete list or requirements***			

General Electives (18hrs)	UH	TRN	NEED
Need 120 hrs (36 of which must be ADV) & 2.0 GPA to earn degree. General Electives are additional hrs needed to meet degree requirements. Repeat/Remedial courses do not count towards total hrs. *** **Student must complete a minimum of 18 hours for the general elective block.***			
General Elective			
General Elective			
General Elective			
General Elective			
General Elective			
General Elective			