

# Bachelor of Science

## HEALTH AND HUMAN PERFORMANCE DEPARTMENT-CHECKLIST (KINESIOLOGY/EXERCISE SCIENCE-HEALTH PROFESSIONS) FALL 2020

*This is NOT an official degree plan: for ADVISING PURPOSES ONLY.*

TEXAS CORE CURRICULUM (44hrs)	UH	TRN	NEED
6 hrs of <b>COMMUNICATION</b>			
ENGL 1303			
ENGL 1304			
3 hrs of <b>MATH</b> <i>excludes Math 1300</i>			
MATH 1310			
3 hrs of <b>MATH REASONING</b>			
MATH 2311 or PSYC 3301			
3 hrs of <b>LANG, PHILOSOPHY &amp; CULTURE</b>			
_____			
3 hrs of <b>CREATIVE ARTS</b>			
_____			
8 hrs of <b>LIFE AND PHYSICAL SCIENCE</b>			
BIOL 1361/1161			
BIOL 1362/1162			
3 hrs of <b>SOCIAL SCIENCE</b>			
KIN 1304			
3 hrs of <b>WRITING IN THE DISCIPLINES</b> (UH Specific)			
_____			
6 hrs of <b>AMERICAN HISTORY</b>			
HIST 1377			
HIST 1378			
6 hrs of <b>POLITICAL SCIENCE</b>			
POLS 1336			
POLS 1337			

B.S. Math & Science (6hrs)	UH	TRN	NEED
<i>These courses are in addition to the math &amp; science core classes.</i>			
<i>Excludes Math 1300. Refer to list of approved math/reasoning courses below.</i>			
3 hrs of MATH 1330			
3 hrs of Math Reasoning			

\*Students receive 3 attempts to complete all prerequisite courses with a C- or better; failure to do so will result in ineligibility to graduate in the major. Students must receive a C- or better to receive course credit.

KINESIOLOGY CORE (30hrs)	UH	TRN	NEED
KIN 1352 Foundations of Kines Studies *			
KIN 3304 Human Structure & Phys Perform			
KIN 3305 Soc & Cultural Aspects of Sport			
KIN 3306 Physiology of Human Performance *			
KIN 3309 Biomechanics *			
KIN 3350 Psyc Aspects of Sports & Exercise			
KIN 4310 Measurement in Human Perform *			
KIN 4315 Motor Learning and Control			
KIN 4370 Exercise Testing			
NUTR 2332 Introduction to Human Nutrition			

KIES-Health Prof Core (24hrs)	UH	TRN	NEED
BIOL 1334/1134 Human Anatomy and Phys			
BIOL 1344/1144 Human Anatomy and Phys			
CHEM 1331/1111 Fundamentals of Chemistry			
CHEM 1332/1112 Fundamentals of Chemistry			
PHYS 1301/1101 Intro General Physics I			
PHYS 1302/1102 Intro General Physics II			

General Electives	UH	TRN	NEED
<i>Need 120 hrs (36 of which must be ADV) &amp; 2.0 GPA to earn degree. ELEC are <u>additional hrs needed</u> to meet degree requirements. Repeat/Remedial courses do not count towards total hrs. *** Student must complete a minimum of 16 credit hours for the elective block of which 9hrs must be HHP advanced courses.***</i>			
Required Electives (16hrs) _____			
HHP ADV.			
HHP ADV.			
HHP ADV.			
General Elective (ANY 3000-4000 COURSE) ADV.			
General Elective			
PEB ACTIVITY/ One Hour Course			

HHP ADV Options- ANY KIN OR NUTR CLASS IN THE 3000-4000 LEVEL

SUGGESTIONS:

KIN 3301, KIN 4300, KIN 4301, KIN 4303, KIN 4390, KIN 4398

NUTR 4334, NUTR 4351, NUTR 4352, NUTR 4353, NUTR 4349

See Back for Advisor Notes

Student Signature

Date