

UNIVERSITY of **HOUSTON**  
HEALTH and HUMAN PERFORMANCE



**MASTER OF ATHLETIC TRAINING PROGRAM HANDBOOK**

Revised: Fall 2018

Dr. Josh Yellen, Program Director  
Dr. Mark Knoblauch, Co-Clinical Education Coordinator  
Dr. Layci Harrison, Co-Clinical Education Coordinator

**NOW IS THE LAW OF THE JUNGLE  
AS OLD AND TRUE AS THE SKY  
FOR THE COUGAR THAT KEEPS IT WILL PROSPER  
BUT THE COUGAR THAT BREAKS IT WILL DIE  
AS THE WIND HOWLS THROUGH THE LAND  
THE LAW SWINGS SIDE TO SIDE  
FOR THE STRENGTH OF THE PRIDE IS THE COUGAR  
AND THE STRENGTH OF THE COUGAR IS THE PRIDE**

- Adapted from  
“The Law of the Jungle” by Rudyard Kipling

# **7 HABITS OF HIGHLY EFFECTIVE PEOPLE**

By:  
Stephen R. Covey

## **Habit 1: Be Proactive:**

This is the ability to control one's environment, rather than have it control you, as so often is the case. Self determination, choice, and the power to decide response to stimulus, conditions and circumstances.

## **Habit 2: Begin With The End In Mind:**

This is called the habit of personal leadership- leading oneself that is, towards what you consider your aims. By developing the habit of concentrating on relevant activities you will build a platform to avoid distractions and become more productive and successful.

## **Habit 3: Put First Things First:**

This is the habit of personal management. This is about organizing and implementing activities in line with the aims established in habit 2. Habit 2 is the first, or mental creation; Habit 3 is the second or physical creation.

## **Habit 4: Think Win-Win:**

This is the habit of interpersonal leadership, necessary because achievements are largely dependent on cooperative efforts with others. Win-Win is based on the assumption that there is plenty for everyone, and that success follows a cooperative approach more naturally than the confrontation approach of win-or-lose.

## **Habit 5: Seek First To Understand, Then To Be Understood:**

One of the great maxims of the modern age. This is the habit of communication, and it's extremely powerful. Diagnose the problem before you prescribe the solution. Simple and effective, and essential for developing and maintaining positive relationships in all aspects of life.

## **Habit 6: Synergize:**

This is the habit of creative cooperation. The principle is that the whole is greater than the sum of its parts, which implicitly lays down the challenge to see the good and potential in the others person's contribution.

## **Habit 7: Sharpen The Saw:**

This is the habit of self renewal and it necessarily surrounds all the other habits, enabling and encouraging them to happen and grow. The self can be interpreted into four parts, all of which need feeding and developing. These parts are: Spiritual, Mental, Physical and Social/ Emotional.

## **MAT PROGRAM**

### **OATH OF PROFESSIONAL PRACTICE**

**As I enter into the medical profession as an Athletic Trainer, I will do no harm. I will practice athletic training with compassion, respecting the rights, welfare and dignity of all, rendering quality patient care regardless of age, gender, race, religion, disability, sexual orientation, or any other characteristic protected by law.**

**I will comply with all laws, ethical standards, and regulations that govern the practice of athletic training and provide the best medical care to each patient that I treat using sound clinical judgment, current knowledge, evidence-based guidelines, and thoughtful and safe application of resources, treatments, and therapies.**

**I will communicate effectively and truthfully, while maintaining privacy and confidentiality of patient information. I will avoid any conduct that reflects negatively on the profession of athletic training and/or jeopardizes my patient's well-being and I will strive to serve the profession and community in a manner that benefits society at large.**

# Table of Contents

7 Habits of Highly Effective People .....	3
OATH OF PROFESSIONAL PRACTICE.....	4
UH MISSION STATEMENT.....	7
HHP MISSION STATEMENT .....	7
MAT MISSION STATEMENT .....	7
DEFINITION OF A CERTIFIED ATHLETIC TRAINER.....	8
ATHLETIC TRAINING PRACTICE DOMAINS.....	8
OUTCOMES – GOAL #1 .....	9
OUTCOMES – GOAL #2 .....	10
OUTCOMES – GOAL #3 .....	11
ADMINISTRATIVE FLOW CHART .....	12
Requirements for completion of the MAT degree:.....	13
OUTLINE OF COURSE SEQUENCE AND CLINICAL EDUCATION.....	14
Semester 1 – Summer I: .....	14
Semester 2 – Fall I: .....	15
Semester 3 – Spring I.....	16
Semester 4 – Summer II.....	17
Semester 5 – Fall II.....	18
Semester 6 – Spring II.....	19
FLOW CHART OF COURSE WORK.....	20
CLINICAL EDUCATION.....	21
CAATE STANDARDS RELEVANT TO MAT PROGRAM CLINICAL EDUCATION .....	22
Clinical Case Study Guidelines .....	23
Overview and Purpose .....	23
Identifying a Clinical Case Study: .....	23
CLINICAL EDUCATION TERMS AND DEFINITIONS.....	25
PRECEPTOR TRAINING AND REQUIREMENTS .....	26
CLINICAL EDUCATION REQUIREMENTS.....	27
GUIDELINES FOR CLINICAL EDUCATION .....	29
REGULATIONS OF CLINICAL EDUCATION HOURS.....	31
RECORDING CLINICAL EDUCATION HOURS.....	32
PROFESSIONAL ETHICS, EXPECTATIONS & BEHAVIORAL STANDARDS .....	33
STANDARD I. COMPETENCE:.....	33
STANDARD II. HONESTY: .....	33
STANDARD III. COMPASSION:.....	34
STANDARD IV. RESPECT FOR OTHERS:.....	34

STANDARD V. PROFESSIONAL RESPONSIBILITY: .....	34
STANDARD VI. SOCIAL RESPONSIBILITY: .....	34
RETENTION POLICIES & PROCEDURES .....	35
UNIVERSITY OF HOUSTON STUDENT HANDBOOK .....	35
UNIVERSITY OF HOUSTON GRADUATE STUDENT CATALOG .....	35
REVIEW PROCESS OF SUBSTANDARD ACADEMIC AND CLINICAL PERFORMANCE.....	36
DRESS CODE .....	37
BLOODBORNE PATHOGEN AND INFECTIOUS DISEASE POLICY .....	40
Communicable Disease Policy .....	41
CONFIDENTIALITY AGREEMENT.....	42
POLICY REGARDING CONFIDENTIAL INFORMATION .....	43
SOCIAL RELATIONSHIP POLICY .....	44
SOCIAL MEDIA POLICY.....	45
ELECTRONIC COMMUNICATION POLICY .....	46
<b>PURPOSE OF THIS POLICY</b> .....	46
<b>ASSIGNMENT OF STUDENT E-MAIL</b> .....	46
DRUG TESTING AND CRIMINAL BACKGROUND CHECK POLICY .....	47
DRUG TESTING AWARENESS SHEET - VERIFICATION FORM.....	48
THERAPEUTIC EQUIPMENT Safety Policy.....	49
SPORTS WAGERING POLICY .....	50
FINANCIAL RESPONSIBILITIES .....	51
ATTENDANCE AND OUTSIDE EMPLOYMENT POLICY .....	52
MAT Student Inclement Weather Policy.....	53
ATHLETIC TRAINING STRATEGIC ALLIANCE.....	54
MASTER OF ATHLETIC TRAINING PROGAM .....	55
MAT student VERIFICATION SHEET.....	55

## **UNIVERSITY OF HOUSTON** **UH MISSION STATEMENT**

The mission of the University of Houston is to offer nationally competitive and internationally recognized opportunities for learning, discovery, and engagement to a diverse population of students in a real-world setting. The University of Houston offers a full range of degree programs at the baccalaureate, master's, doctoral and professional levels and pursues a broad agenda of research and creative activities. As a knowledge resource to the public, the university builds partnerships with other educational institutions, community organizations, government agencies, and the private sector to serve the region and impact the world.

## **HEALTH AND HUMAN PERFORMANCE** **HHP MISSION STATEMENT**

The Department of Health and Human Performance generates knowledge, develops scholars, leaders, and health and wellness professionals, and serves the community through innovative programs and partnerships.

## **MASTER OF ATHLETIC TRAINING** **MAT MISSION STATEMENT**

Consistent with the mission of the University of Houston (UH) and the Department of Health and Human Performance, the Master of Athletic Training (MAT) program will offer a nationally competitive athletic training program that will generate knowledge, develop leaders and scholars, and provide students opportunities for learning, and personal and professional growth. These opportunities will occur in a real-world clinical settings that will prepare students academically, clinically, and through scholarly involvement to enter the workforce as an athletic trainer and be successful contributors to the medical profession.

### **Goals:**

- 1) Offer MAT students a nationally competitive athletic training program that uses the most current curricular standards and professional practice domains as the infrastructure for the curriculum and to generate knowledge as well as develop leaders and scholars.
- 2) Provide MAT students opportunities for learning as well as personal and professional growth in a real world clinical setting with an interdisciplinary group of faculty and preceptors dedicated to program and student success.
- 3) Prepare MAT students to pass the Board of Certification Exam for Athletic Training, enter the workforce as an Athletic Trainer, and be a successful contributor to the medical profession.

**This preparation, along with successfully passing of the Board of Certification (BOC) Examination for Athletic Training and meeting the appropriate state licensing requirements will qualify graduates for entry-level careers in Athletic Training.**

## **DEFINITION OF A CERTIFIED ATHLETIC TRAINER**

Athletic Trainers (ATs) are healthcare professionals who render service or treatment, under the direction of or in collaboration with a physician, in accordance with their education and training and the states' statutes, rules and regulations. As a part of the healthcare team, services provided by ATs include injury and illness prevention, wellness promotion and education, emergent care, examination and clinical diagnosis, therapeutic intervention, and rehabilitation of injuries and medical conditions. \*Athletic training is recognized by the American Medical Association (AMA) as a healthcare profession.

## **ATHLETIC TRAINING PRACTICE DOMAINS**

- Injury and Illness Prevention and Wellness Promotion
- Examination, Assessment and Diagnosis
- Immediate and Emergency Care
- Therapeutic Intervention
- Healthcare Administration and Professional Responsibility

# **MASTER OF ATHLETIC TRAINING PROGRAM**

## **OUTCOMES – GOAL #1**

The following are the educational goals and objectives for the MAT program at the University of Houston. Students will show knowledge, skills and behaviors prior to graduation in the following areas:

- 1) To prepare athletic training students to be academically competent in research specific to athletic training.
- 2) To prepare athletic training students to be academically competent in immediate and emergency care.
- 3) To prepare athletic training students to be academically competent in prevention of injury.
- 4) To prepare athletic training students to be academically competent in wellness promotion.
- 5) To prepare athletic training students to be academically competent in skills in therapeutic interventions.
- 6) To prepare athletic training students to be academically competent in skills in healthcare administration and professional development.
- 7) To prepare athletic training students to be academically competent in skills in examination, assessment, and diagnosis.
- 8) To ensure quality teaching of knowledge, skills, and behaviors by the University of Houston MAT program course instructors.

The MAT program evaluates each goal and educational outcome using a comprehensive assessment plan which includes evaluations of lecture, lab, clinical education, and student self-evaluation.

## **MASTER OF ATHLETIC TRAINING PROGRAM**

### **OUTCOMES – GOAL #2**

- 1) To prepare MAT students to be clinically proficient in the knowledge, skills, and behaviors required for the profession of athletic training.
- 2) To ensure quality teaching of clinical knowledge, skills, and behaviors in clinical education by the University of Houston MAT program preceptors.
- 3) To ensure compliance with the University of Houston MAT program's policies and procedures by all preceptors and clinical sites.
- 4) To provide MAT students the opportunity for academic, clinical, and scholarly development and professional growth.

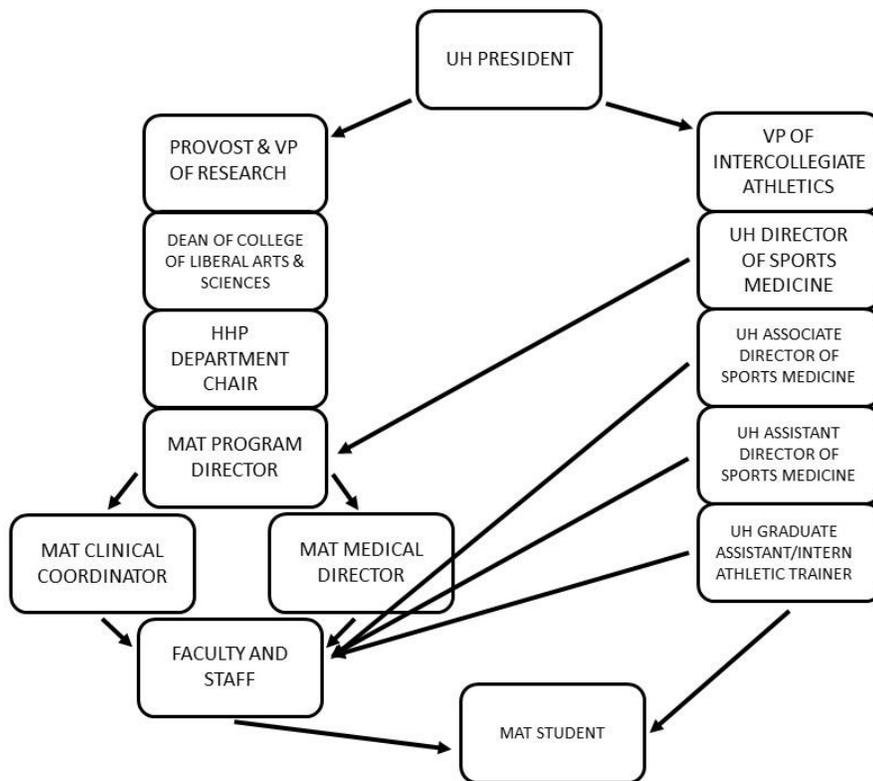
## **MASTER OF ATHLETIC TRAINING PROGRAM**

### **OUTCOMES – GOAL #3**

- 1) To prepare MAT students to pass the Board of Certification (BOC) Exam for Athletic Training on their first attempt
- 2) To prepare graduating MAT students to seek and obtain direct employment into the athletic training job market
- 3) To analyze and incorporate feedback from graduating MAT students through the use of a programmatic exit survey within one year following their graduation from the MAT program

# MASTER OF ATHLETIC TRAINING PROGRAM

## ADMINISTRATIVE FLOW CHART



## MASTER OF ATHLETIC TRAINING PROGRAM

### REQUIREMENTS FOR COMPLETION OF THE MAT DEGREE:

- Satisfactorily complete all courses in the degree with an overall GPA of 3.0 or higher (as referenced in Retention Policies and Procedures (p. 35)
  - *When a student falls below the required G.P.A. and/or receives a grade of “C” in two or more classes, the MAT student will be removed from the MAT program. Students who have been academically removed from the program and wish to re-enter the program **must** retake any course in which they earned a “C” prior to continuing on full-time in the MAT program.*
- Successful completion of all assigned clinical education experiences.
- Submission of a minimum of one (1) Clinical Education Case Study to a national journal or professional conference as outlined in the Clinical Case Study guidelines (p. 23)

# **MASTER OF ATHLETIC TRAINING PROGRAM**

## **OUTLINE OF COURSE SEQUENCE AND CLINICAL EDUCATION**

### **Semester 1 – Summer I:**

#### **Anatomical Basis of Athletic Injury (ATP 6301)**

Athletic Training Students will study, obtain, and develop the necessary skills and knowledge of the gross and functional anatomical and physiological principles of athletic injury with practical application to motor performance.

#### **Anatomical Basis of Athletic Injury Lab (ATP 6101)**

Application of theories, skills and practice obtained in 6301.

#### **Emergency Management & Prevention of Injury (ATP 6302)**

Athletic Training Student will study, obtain, and develop the skills and knowledge necessary to help sustain life, reduce pain, and minimize the consequences of sudden injury or illnesses.

#### **Emergency Management & Prevention of Injury Lab (ATP 6102)**

Application of theories, skills and practice obtained in 6302.

#### **Clinical Education 1 (ATP 6191)**

Clinical integration of educational competencies reflected in the academic preparation obtained in Anatomical Basis of Injury and associated lab (ATP 6301/6101) and Emergency Management and Prevention of Injury and associated lab (ATP 6302/6102). Students will obtain 90-270 hours (averaging 180 hours) of clinical education in individual and team sports, sports requiring protective equipment (e.g. helmet and shoulder pads), and/or patients of different sexes per semester.

## **Semester 2 – Fall I:**

### **Introduction to Research in Athletic Training (ATP 6311)**

Athletic Training Student will study, obtain, and develop the necessary skills and knowledge to critically review and use evidence in the field of Athletic Training. This course will introduce research topics and the data collection and application of statistical methods used in Athletic Training and related research.

### **Therapeutic Modalities for Athletic Injuries (ATP 6312)**

Athletic Training Students will study, obtain, and develop the necessary skills and knowledge to investigate and analyze indications, contraindications and biophysics of agents that aid in the healing of athletic injuries and the reduction of pain, utilizing appropriate therapeutic modalities, basic therapeutic exercises and rehabilitative techniques.

### **Lower Extremity Evaluation (ATP 6313)**

Athletic Training Students will study, obtain, and develop the skills and knowledge necessary to formulate a systematic examination of the fundamental principles and concepts of athletic training as it relates to the prevention, evaluation, diagnosis, treatment and rehabilitation of lower extremity injuries.

### **Lower Extremity Evaluation Lab (ATP 6113)**

Application of theories, skills and practice obtained in 6313.

### **Clinical Education 2 (ATP 6192)**

Clinical integration of educational competencies reflected in the academic preparation obtained in Anatomical Basis of Injury and associated lab (ATP 6301/6101) and Emergency Management and Prevention of Injury and associated lab (ATP 6302/6102), Introduction to Research in Athletic Training (ATP 6311), Therapeutic Modalities for Athletic Injuries (ATP 6312), Lower Extremity Evaluation and associated lab (ATP 6313/6113). Students will obtain 170-510 hours (averaging 340 hours) of clinical education in individual and team sports, sports requiring protective equipment (e.g. helmet and shoulder pads), and/or patients of different sexes per semester.

## **Semester 3 – Spring I**

### **Athletic Training Administration (ATP 6321)**

Athletic Training Students will study, obtain, and develop the necessary skills and knowledge to plan, coordinate and supervise administrative components of an athletic training organization including those pertaining to health care, financial, personnel and facilities management, and public relations.

### **Pharmacology in Athletic Training (ATP 6322)**

Athletic Training Students will study, obtain, and develop the necessary skills and knowledge of the principles of drug therapy across the lifespan and the use of drugs as they pertain to the health care of athletes and their effect on athletic competition. An emphasis on the knowledge, skills and values required of the Athletic Trainer on pharmacological applications, including indications, contraindications, precautions, interactions, documentation and governing regulations relevant to the treatment of injury and illness in athletic training.

### **Upper Extremity Evaluation (ATP 6323)**

Athletic Training Students will study, obtain, and develop the skills and knowledge necessary to formulate a systematic examination of the fundamental principles and concepts of athletic training as it relates to the prevention, evaluation, diagnosis, treatment and rehabilitation of upper extremity injuries.

### **Upper Extremity Evaluation Lab (ATP 6123)**

Application of theories, skills and practice obtained in 6323.

### **Clinical Education 3 (ATP 6193)**

Clinical integration of educational competencies reflected in the academic preparation obtained in Anatomical Basis of Injury and associated lab (ATP 6301/6101) and Emergency Management and Prevention of Injury and associated lab (ATP 6302/6102), Introduction to Research in Athletic Training (ATP 6311), Therapeutic Modalities for Athletic Injuries (ATP 6312), Lower Extremity Evaluation and associated lab (ATP 6313/6113), Athletic Training Administration (6321), Pharmacology in Athletic Training (ATP 6322), and Upper Extremity Evaluation and associated lab (ATP 6323/6123). Students will obtain 170-510 hours (averaging 340 hours) of clinical education in individual and team sports, sports requiring protective equipment (e.g. helmet and shoulder pads), and/or patients of different sexes.

## **Semester 4 – Summer II**

### **Head, Neck & Spine Evaluation (7301)**

Athletic Training Students will study, obtain, and develop the skills and knowledge necessary to formulate a systematic examination of the fundamental principles and concepts of athletic training as it relates to the prevention, evaluation, diagnosis, treatment and rehabilitation of head, neck, and spine injuries.

### **Head, Neck and Spine Evaluation Lab (7101)**

Application of theories, skills and practice obtained in 7301.

### **General Medical Conditions (ATP 7302)**

Athletic Training Students will study, obtain, and develop the skills and knowledge necessary to identify and treat medical conditions of the nervous, urinary, endocrine, reproductive, respiratory, gastrointestinal, cardiovascular, integumentary systems. Emphasis placed on the role the Athletic Trainer has in the prevention, evaluation, diagnosis, treatment and rehabilitation of associated conditions as directed by a supervising physician.

### **Clinical Education 4 (ATP 7194)**

Clinical integration of educational competencies reflected in the academic preparation obtained in Anatomical Basis of Injury and associated lab (ATP 6301/6101) and Emergency Management and Prevention of Injury and associated lab (ATP 6302/6102), Introduction to Research in Athletic Training (ATP 6311), Therapeutic Modalities for Athletic Injuries (ATP 6312), Lower Extremity Evaluation and associated lab (ATP 6313/6113), Athletic Training Administration (6321), Pharmacology in Athletic Training (ATP 6322), and Upper Extremity Evaluation and associated lab (ATP 6323/6123), Head, Neck, and Spine Evaluation and associated lab (ATP 7301/7101), and General Medical Conditions (ATP 7302). Students will obtain 90-270 hours (averaging 180 hours) of clinical education in individual and team sports, sports requiring protective equipment (e.g. helmet and shoulder pads), and/or patients of different sexes, non-sport-patient populations, and a variety of conditions other than orthopedics per semester.

## **Semester 5 – Fall II**

### **Nutrition and Performance (ATP 7311)**

Athletic Training Students will study, obtain, and develop the necessary skills and knowledge to evaluate nutritional needs across the life span, focusing on the basic nutrients and their food sources as well as and nutrient utilization in the human body. There will be a study of the association between nutrition and exercise performance, nutrition assessment of athletes, how to measure body composition, and the use of and controversy over ergogenic aids.

### **Principles of Strength & Conditioning (ATP 7312)**

Athletic Training Students will study, obtain, and develop the skills and knowledge necessary for instruction in basic physiological adaptations to strength and speed development, exercise prescription and testing, and facility design and safety.

### **Rehabilitation of Sports Injuries (ATP 7313)**

Athletic Training Students will study, obtain, and develop the skills and knowledge necessary to understand the principles of rehabilitation of sports injuries including range of motion, pain control, balance, proprioception, strengthening, and endurance. The development of therapeutic goals and objectives, exercise gradation and methods of evaluating rehabilitation progress will be stressed.

### **Rehabilitation of Sports Injuries Lab (ATP 7113)**

Application of theories, skills and practice obtained in 7313.

### **Clinical Education 5 (ATP 7195)**

Clinical integration of educational competencies reflected in the academic preparation obtained in Anatomical Basis of Injury and associated lab (ATP 6301/6101) and Emergency Management and Prevention of Injury and associated lab (ATP 6302/6102), Introduction to Research in Athletic Training (ATP 6311), Therapeutic Modalities for Athletic Injuries (ATP 6312), Lower Extremity Evaluation and associated lab (ATP 6313/6113), Athletic Training Administration (6321), Pharmacology in Athletic Training (ATP 6322), and Upper Extremity Evaluation and associated lab (ATP 6323/6123), Head, Neck, and Spine Evaluation and associated lab (ATP 7301/7101), and General Medical Conditions (ATP 7302), Nutrition and Performance (7311), Principles of Strength & Conditioning (7312), and Rehabilitation of Sports Injuries and associated lab (7313/7113). Students will obtain 170-510 hours (averaging 340 hours) of clinical education in individual and team sports, sports requiring protective equipment (e.g. helmet and shoulder pads), and/or patients of different sexes, non-sport-patient populations, and a variety of conditions other than orthopedics.

## **Semester 6 – Spring II**

### **Psychological Aspects of Sports Injury (ATP 7321)**

Athletic Training Students will study, obtain, and develop the skills and knowledge necessary to recognize and intervene, and when appropriate, refer to a recognized professional; the socio-cultural, mental, emotional, and physical behaviors of athletes and others involved in physical activity.

### **Seminar in Athletic Training (ATP 7322)**

A capstone course designed for research discussion of critical questions and contemporary issues and problems in athletic training/sports medicine. Athletic Training Students will prepare for the Board of Certification Exam.

### **Clinical Education 6 (ATP 7196)**

Clinical integration of educational competencies reflected in the academic preparation obtained in Anatomical Basis of Injury and associated lab (ATP 6301/6101) and Emergency Management and Prevention of Injury and associated lab (ATP 6302/6102), Introduction to Research in Athletic Training (ATP 6311), Therapeutic Modalities for Athletic Injuries (ATP 6312), Lower Extremity Evaluation and associated lab (ATP 6313/6113), Athletic Training Administration (6321), Pharmacology in Athletic Training (ATP 6322), and Upper Extremity Evaluation and associated lab (ATP 6323/6123), Head, Neck, and Spine Evaluation and associated lab (ATP 7301/7101), and General Medical Conditions (ATP 7302), Nutrition and Performance (7311), Principles of Strength & Conditioning (7312), Rehabilitation of Sports Injuries and associated lab (7313/7113), Psychological Aspects of Sports Injuries (ATP 7321), and Seminar in Athletic Training (ATP 7322). Students will obtain 170-510 hours (averaging 340 hours) of clinical education in individual and team sports, sports requiring protective equipment (e.g. helmet and shoulder pads), and/or patients of different sexes, non-sport-patient populations, and a variety of conditions other than orthopedics.

# MASTER OF ATHLETIC TRAINING PROGRAM

## FLOW CHART OF COURSE WORK

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>Summer I</b>	<b>Fall I</b>	<b>Spring I</b>	<b>Summer II</b>	<b>Fall II</b>	<b>Spring II</b>
ATP 6301 (3 hours)	ATP 6311 (3 Hour)	ATP 6321 (3 Hour)	ATP 7301 (3 Hour)	ATP 7311 (3 Hour)	ATP 7321 (3 Hour)
ATP 6101 (1 Hour)	ATP 6312 (3 Hour)	ATP 6322 (3 Hour)	ATP 7101 (1 Hour)	ATP 7312 (3 Hour)	ATP 7322 (3 Hour)
ATP 6302 (3 Hour)	ATP 6313 (3 Hour)	ATP 6323 (3 Hour)	ATP 7302 (3 Hour)	ATP 7313 (3 Hour)	ATP 7196 (1 Hour)
ATP 6102 (1 Hour)	ATP 6113 (1 Hour)	ATP 6123 (1 Hour)	ATP 7194 (1 Hour)	ATP 7113 (1 Hour)	
ATP 6191 (1 Hour)	ATP 6192 (1 Hour)	ATP 6193 (1 Hour)		ATP 7195 (1 Hour)	
<b>Total Hours: 9</b>	<b>Total Hours: 11</b>	<b>Total Hours: 11</b>	<b>Total Hours: 8</b>	<b>Total Hours: 11</b>	<b>Total Hours: 7</b>

# **MASTER OF ATHLETIC TRAINING PROGRAM**

## **CLINICAL EDUCATION**

**Clinical education hour average across the duration of the MAT program: 2530.** In a regular academic semester (i.e. fall/spring), an MAT student must be able to obtain between a minimum of 425 and a maximum of 680 clinical education hours per semester. In a short semester (i.e. summer), an MAT student must be able to obtain between 225 and 360 clinical education hours per semester. Clinical education course grades will be calculated using end-of-semester hour totals as follows: an MAT student must be able to obtain between a minimum of 225 and a maximum of 360 clinical education hours per semester. These calculations are based off of weekly totals of a minimum of 25 and a maximum of 40 clinical education hours per week. Clinical education hours will be one component of the MAT student's grade(s) in their clinical education courses, which include ATP 6191, 6192, 6193, 7194, 7195, and 7196. The hours used in calculating these hour totals for clinical education course grades will only be those hours entered into the clinical education hour recording log in Excel *and approved by the MAT student's assigned preceptor.*

In the event that an MAT student is anticipated to fall short of the required semester clinical education hours due to situations beyond their control (e.g. assigned sport team is travelling, clinical site is cancelled for the day, inclement weather, etc.), that MAT student is expected to initiate procedures to obtain additional clinical education hours with another approved preceptor and clinical site. In order to obtain clinical education hours outside of the student's originally assigned site, the following requirements and criteria must be met:

- 1) the MAT student must have permission from both their current and proposed site's preceptor
- 2) the MAT student must have permission from the MAT program clinical education coordinator
- 3) the clinical education hours obtained at their proposed alternative site must meet the MAT program's goals and objectives for clinical education (i.e. Goal #2)

## **MASTER OF ATHLETIC TRAINING PROGRAM**

### **CAATE STANDARDS RELEVANT TO MAT PROGRAM CLINICAL EDUCATION**

44. Students must interact with other medical and health care personnel
46. Clinical education must follow a logical progression that allows for increasing amounts of clinically supervised responsibility leading to autonomous practice upon graduation. The clinical education plan must reinforce the sequence of formal instruction of athletic training knowledge, skills, and clinical abilities, including clinical decision-making.
47. Clinical education must provide students with authentic, real-time opportunities to practice and integrate athletic training knowledge, skills, and clinical abilities, including decision-making and professional behaviors required of the profession in order to develop proficiency as an Athletic Trainer.
48. The variety of patient populations, care providers, and health care settings used for clinical education must be consistent with the program's goals and objectives.
49. Clinical placements must be non-discriminatory with respect to race, color, creed, religion, ethnic origin, age, sex, disability, sexual orientation, or other unlawful basis.
50. Students must gain clinical education experiences that address the continuum of care that would prepare a student to function in a variety of settings with patients engaged in a range of activities with conditions described in athletic training knowledge, skills and clinical abilities, Role Delineation Study/Practice Analysis and standards of practice delineated for an athletic trainer in the profession. Examples of clinical experiences must include, but should not be limited to: Individual and team sports; Sports requiring protective equipment (e.g., helmet and shoulder pads); Patients of different sexes; Non-sport patient populations (e.g., outpatient clinic, emergency room, primary care office, industrial, performing arts, military); A variety of conditions other than orthopedics (e.g., primary care, internal medicine, dermatology).
54. Athletic training students must be instructed on athletic training clinical skills prior to performing those skills on patients.
57. All clinical education experiences must be educational in nature. The program must have a written policy that delineates a minimum and maximum requirement for clinical hours.
58. All clinical education experiences must be educational in nature. Students must have a minimum of one day off in every seven-day period.
60. All clinical education experiences must be educational in nature. Students will not replace professional athletic training staff or medical personnel.
63. The program must include provision for supervised clinical education with a preceptor (see Personnel Standards). Students must be directly supervised by a preceptor during the delivery of athletic training services. The preceptor must be physically present and have the ability to intervene on behalf of the athletic training student and the patient.

# **MASTER OF ATHLETIC TRAINING PROGRAM**

## **CLINICAL CASE STUDY GUIDELINES**

### **Overview and Purpose**

The purpose of conducting a clinical case study is to expose the MAT student to an organized way of developing clinical reasoning skills which are based on the knowledge, skills and behaviors that the student develops in MAT program lecture, lab and clinical education courses.

### **Identifying a Clinical Case Study:**

Clinical case studies are designed to provide information specific to a unique injury or intervention with the intent of making the medical community aware of either a unique injury/condition or aware of a successful/non-successful intervention.

Working with one of your assigned preceptors this semester, you will collect relevant data specific to a unique injury, condition, or treatment that you will formulate into a clinical case study based on the following guidelines:

- 1) The clinical case study must be pre-approved by the clinical education course instructor using the approval form listed below
- 2) The clinical case study must be from an injury that occurs or is being treated during your current semester's clinical education assignment(s).
- 3) The clinical case study must be specific to an injury/condition that you have previously or are currently receiving formal instruction about within the MAT Program. For example, Clinical I case studies must be specific to Emergency Care or General Anatomy. Any potential case study that does not fall into one of these areas (e.g. spine evaluation) must receive approval from the course instructor prior to beginning the clinical case study.
- 4) You must obtain a signed waiver from the athlete/patient/client (and parents if the athlete/patient/client is a minor) prior to initiating any work on the clinical case study (e.g. writing, medical history, etc.). This waiver must not be obtained until you have received approval for the clinical case study by the course instructor. In the event your chosen clinical case study is not approved by the patient (and, if necessary, the patient's parent or guardian), you will need to seek out a different clinical case study.
- 5) Due to the number of students in the MAT program, it is expected that there may not be enough 'unique' injuries/conditions for all students to conduct an independent clinical case study. Therefore, it is possible that two (2) students could report on the same injury, with prior approval by the course instructor. Each student is expected to turn in his or her original independent work.
- 6) You cannot repeat data collected from an injury/condition from which you or another MAT student has previously reported. For instance, if you (or another student) reported a clinical case in semester II, you (or another student) may not use this data for a clinical case study in semester VI. The sole exception is if the injury/condition has had a significant turn of events such as re-injury or non-healing that was not included as part of a previously reported clinical case study. If this occurs, you must obtain approval from the course instructor to again report on this injury. If approved you must also obtain a new (or updated) signed waiver.
- 7) The clinical case study must be written using scientific writing and adhering to the content and formatting guidelines provided below.
- 8) During your time in the MAT program, and as a requirement of the completion of the degree, one case study must be submitted (*not necessarily accepted*) for publication/presentation to either a professional conference or journal (e.g. SWATA, NATA, JAT, etc.) Failure to submit at

least one case study will result in deduction of points in the seminar class (ATP 7322) during your last semester and will disqualify you from completing the MAT degree.

# MASTER OF ATHLETIC TRAINING PROGRAM

## CLINICAL EDUCATION TERMS AND DEFINITIONS

**Clinical Education:** The application of athletic training knowledge, skills, and clinical behaviors on an actual patient base that is evaluated and feedback provided by a preceptor.

**Clinical Education Coordinator:** The full-time faculty member of the host institution and a BOC-certified athletic trainer responsible for the clinical progression and evaluation of the student, preceptor and clinical site evaluation, and preceptor training.

**Clinical Site:** A physical area where clinical education occurs.

**Emergency Action Plan:** A venue-specific “blueprint” used for the management of medical emergencies.  
See: <http://www.nata.org/sites/default/files/EmergencyPlanningInAthletics.pdf>

**Healthcare Professional:** Chiropractor, dentist, registered dietician, emergency medical technician, nurse practitioner, nutritionist, paramedic, occupational therapist, optometrist, orthotist, pharmacist, physical therapist, physician assistant, podiatrist, prosthetist, psychologist, registered nurse, or social worker who holds a current active state or national practice credential and/or certification in the discipline and who’s discipline provides direct patient care in a field that has direct relevancy to the practice and discipline of Athletic Training. These individuals may or may not hold formal appointments to the instructional faculty.

**Medical Director:** The physician who serves as a resource regarding the program’s medical content. There is no requirement that the medical director participates in the clinical delivery of the program.

**Physician:** A medical doctor (MD) or doctor of osteopathic medicine (DO) who possesses the appropriate state licensure.

**Preceptor:** Certified/licensed professional who teaches and evaluates students in a clinical setting using an actual patient base.

**Program director:** The full-time faculty member of the host institution and a BOC-certified athletic trainer responsible for the implementation, delivery, and administration of the AT program.

## MASTER OF ATHLETIC TRAINING PROGRAM

### PRECEPTOR TRAINING AND REQUIREMENTS

1. Athletic trainers who serve as MAT program approved preceptors must be credentialed by **both** the Board of Certification and State of Texas in Athletic Training.
2. Non-athletic trainers (see “Healthcare Professional” on p. 25) who serve as MAT program preceptors must be credentialed by the State of Texas in a healthcare profession.
3. MAT program preceptors must not be currently enrolled in the Master of Athletic Training Program at the University of Houston.
4. MAT program preceptors will receive planned and ongoing education from the MAT program designed to promote a constructive learning environment.
5. MAT program preceptors must directly supervise MAT students at all times during clinical education.
6. MAT program preceptors must provide instruction and assessment utilizing approved MAT program forms and clinical education plan to assess the current knowledge, skills, and behaviors of the MAT students.
7. MAT program preceptors must provide instruction and assessment of the MAT student’s clinical integration proficiencies, communication skills, and clinical decision making during actual client/patient care.
8. MAT program preceptors must facilitate the clinical integration of skills, knowledge, and evidence regarding the practice of athletic training.
9. MAT program preceptors must demonstrate understating of and compliance with the MAT program’s policies and procedures.
10. All non-physician (e.g. AT, PT, RD, RN, PA, etc.) healthcare providers and non-surgeon physicians must complete an initial face-to-face MAT program preceptor training conducted by the MAT program and complete a required preceptor training assessment prior to supervising MAT students.
11. All MAT program preceptors will receive and must comply with ongoing updates pertaining to the supervision of MAT students.

# **MASTER OF ATHLETIC TRAINING PROGRAM**

## **CLINICAL EDUCATION REQUIREMENTS**

1. Clinical education must follow a logical progression that allows for increasing amounts of clinically supervised responsibility, leading to autonomous practice upon graduation. The clinical education plan must reinforce the sequence of formal instruction of athletic training knowledge, skills, and clinical behaviors, including clinical decision-making.
2. Clinical education must provide students with authentic, real-time opportunities to practice and integrate athletic training knowledge, skills, and clinical behaviors, including decision-making and professional behaviors required of the profession in order to develop proficiency as an athletic trainer.
3. Clinical education must allow students opportunities to practice with different patient populations, care providers, and in various allied healthcare settings relative to the MAT program's mission statement.
4. Clinical education assignments cannot discriminate based on sex, ethnicity, religious affiliation, or sexual orientation.
5. There must be opportunities for students to gain clinical education experiences that address the continuum of care that would prepare a student to function in a variety of settings with patients engaged in a range of activities with conditions described in athletic training knowledge, skills, and clinical behaviors, role delineation study and standards of practice delineated for a certified athletic trainer in the profession. Examples of clinical experiences must include but should not be limited to individual and team sports; sports requiring protective equipment (e.g. helmet and shoulder pads); patients of different sexes; non-sport patient populations (e.g. outpatient clinic, emergency room, primary care office; industrial, performing arts, military); a variety of conditions other than orthopedics (e.g. primary care, internal medicine, dermatology).
6. All clinical education sites must be evaluated by the MAT program on an annual and planned basis, and the evaluations must serve as part of the program's comprehensive assessment plan (please see MAT Program Preceptor and Clinical Site Evaluation Form and AT Student Evaluation of Preceptor and Clinical Site).
7. An athletic trainer certified by the BOC who currently possesses the appropriate state athletic training practice credential must supervise the majority of the student's clinical coursework. The remaining clinical coursework may be supervised by any appropriately state-credentialed medical or allied-health professional.
8. Athletic training students must be instructed on athletic training clinical skills prior to performing those skills on patients.
9. All clinical education must be contained within individual courses that are completed over a minimum of two academic years. Clinical education may begin prior to or extend beyond the institution's academic calendar.
10. All clinical education experiences must be educational in nature and include the following: MAT program must have a written policy that delineates a minimum/maximum for clinical hours; students must have a minimum of one day off in every seven-day period; students will not receive any monetary remuneration during this education experience, excluding scholarships.
11. Students will not replace actual athletic training staff or medical personnel.
12. The MAT program must include provisions for supervised clinical education with a preceptor that will contain the following: regular communication between the program and the preceptor; the number of students assigned to a preceptor in each clinical setting must be in a ratio to ensure effective clinical learning and safe patient care; students must be directly supervised by a preceptor during the delivery of athletic training services. The preceptor must be physically present and have the ability to intervene on behalf of the athletic training student and/or patient/client.
13. All sites must have a venue-specific written and accessible emergency action plan (EAP) and blood borne pathogen policy that are based on well-established national standards or institutional offices

charged with institution-wide safety (e.g. position statements, occupational/environmental safety office, police, fire and rescue). Students must have immediate access to these plans in an emergency.

# **MASTER OF ATHLETIC TRAINING PROGRAM**

## **GUIDELINES FOR CLINICAL EDUCATION**

The MAT student's clinical education will be composed of six (6) semesters of assigned clinical education under the direct supervision of a Master of Athletic Training program preceptor. These clinical education assignments will be sequential in nature and will build upon the student's athletic training knowledge, skills, and behaviors. MAT students will not be permitted to engage in clinical education assignments until having been exposed to the related educational competencies in a formal, educational academic or clinical setting.

The Master of Athletic Training Program will use preceptors and clinical sites that incorporate the following CAATE-required clinical education opportunities:

1. Individual and team sports
2. Sports requiring protective equipment (e.g. helmet and shoulder pads)
3. Patients of different sexes
4. Non-sport patient populations (e.g. outpatient clinic, emergency room, primary care office, industrial, performing arts, military)
5. A variety of conditions other than orthopedics (e.g. primary care, internal medicine, dermatology)

In addition, the MAT program will also provide clinical education opportunities in the following areas:

1. Primary care
2. Operative and non-operative orthopedic care
3. Emergent conditions
4. Pediatric care
5. Therapeutic interventions and rehabilitative care

The sequence of clinical education assignments will follow a set progression as outlined below. All preceptors and clinical sites must be approved by the MAT program as defined in the "Clinical Site and Preceptor Agreement" prior to the student engaging in clinical education assignments.

1. **ATP 6191**: Students will engage in clinical education that incorporates anatomical, orthopedic, and neurological identification, emergent conditions, and injury prevention and wellness promotion
2. **ATP 6192**: Students will engage in clinical education that incorporates anatomical, orthopedic, and neurological identification through clinical evaluation and diagnosis focused on the lower extremity, emergent conditions, injury prevention and wellness promotion, and therapeutic interventions and rehabilitative care
3. **ATP 6193**: Students will engage in clinical education that incorporates anatomical, orthopedic, and neurological identification through clinical evaluation and diagnosis focused on the upper extremity, emergent conditions, injury prevention and wellness promotion, therapeutic interventions and rehabilitative care, and healthcare administration.
4. **ATP 7194**: Students will engage in clinical education that incorporates anatomical, orthopedic, and neurological identification through clinical evaluation and diagnosis focused on the head, neck, and spine, emergent conditions, injury prevention and wellness promotion, therapeutic interventions and rehabilitative care, and healthcare administration, primary care, and both operative and non-operative orthopedic care.

5. **ATP 7195**: Students will engage in clinical education that incorporates anatomical, orthopedic, and neurological identification, each of which are focused holistically using clinical evaluation and diagnosis focused holistically, emergent conditions, injury prevention and wellness promotion, therapeutic interventions and rehabilitative care, and healthcare administration, primary care, both operative and non-operative orthopedic care
6. **ATP 7196**: Students will engage in clinical education that incorporates anatomical, orthopedic, and neurological identification, each of which are focused holistically using clinical evaluation and diagnosis, emergent conditions, injury prevention and wellness promotion, therapeutic interventions and rehabilitative care, and healthcare administration, primary care, both operative and non-operative orthopedic care, and psychological considerations.

# MASTER OF ATHLETIC TRAINING PROGRAM

## REGULATIONS OF CLINICAL EDUCATION HOURS

The following are regulations for assigned clinical education experiences:

1. All MAT students ***must*** have reliable transportation to and from assigned clinical education experiences.
2. Clinical education hours that are not spent under the direct supervision of an assigned MAT program preceptor will not be counted and/or recorded as clinical education hours.
3. Clinical education hours that are not spent at an MAT program-approved clinical site will not be counted and/or recorded as clinical education hours.
4. Time spent traveling to and from an assigned clinical site will not be counted and/or recorded as clinical education hours.
5. Clinical education hours that are not spent in a constructive and meaningful learning environment (e.g. direct patient care, preceptor instruction/evaluation) will not be counted and/or recorded as clinical education hours. Travel to and from an event is not included as clinical education (e.g. team travel, individual travel).
6. Total Clinical Education hours will range from a minimum of 25 to a maximum of 40 clinical education hours per week and must meet the clinical education guidelines set out in the section entitled “Clinical Education” (p.21).
7. In the event that a MAT student’s assigned clinical site will not provide enough hours to meet the clinical education weekly or semester minimums, that MAT student is required to seek additional hours at an alternate site, provided that the additional hours do not interfere with his or her assigned site.
8. Only hours approved by the MAT student’s assigned preceptor will be allowed to be applied toward the semester’s minimum/maximum hour total. Random checks of online recording of hours may be conducted by the Clinical Coordinator to verify proper hour accumulation by the MAT student.

<b>Clinical I:</b>	<b>ATP 6191:</b>	<b>(1 nine-week clinical education block)</b>
<b>Clinical II:</b>	<b>ATP 6192:</b>	<b>(2 eight and a half week clinical education blocks)</b>
<b>Clinical III:</b>	<b>ATP 6193:</b>	<b>(2 eight and a half week clinical education blocks)</b>
<b>Clinical IV:</b>	<b>ATP 7194:</b>	<b>(1 nine-week clinical education block, includes general medical and surgical observations)</b>
<b>Clinical V:</b>	<b>ATP 7195:</b>	<b>(1 seventeen-week clinical education block)</b>
<b>Clinical VI:</b>	<b>ATP 7196:</b>	<b>(1 seventeen-week clinical education block)</b>

I as a MAT student in the Master of Athletic Training program at the University of Houston, understand and will cooperate, comply, and adhere with the Guidelines and Regulations for Clinical Education Hours as they are stated above. These guidelines and regulations are required for me to complete the MAT degree at the University of Houston.

---

**Master of Athletic Training Student’s Printed Name**

---

**Date**

---

**Master of Athletic Training Student’s Signature**

---

**Date**

## **MASTER OF ATHLETIC TRAINING PROGRAM**

### **RECORDING CLINICAL EDUCATION HOURS**

The following are Guidelines for Recording Clinical Education Hours:

1. In each semester the MAT student will use the MAT hour log to record Clinical Education Hours.
2. **Only those clinical education hours logged and approved by the supervising preceptor will be used to determine total clinical education hours obtained by an MAT student per semester**
3. An MAT student must be able to obtain between a minimum of 10 and a maximum of 40 clinical education hours per week. Clinical education course grades will be calculated using end-of-semester hour totals as follows: Summer clinical education hours must total at least 225 hours, and spring/fall semesters should total at least 425 hours in order to receive full academic credit for the obtained clinical education hours.
4. The assigned MAT program approved preceptor reserves the right to challenge an MAT student's reported Clinical Education hours at any time. Challenges will be brought to the immediate attention of the Clinical Education Coordinator.
5. Failure to accurately report and record Clinical Education hours will result in disciplinary action pursuant to the "*MAT Program Professional Ethics, Expectations & Behavioral Standards*" (pg. 33).

# MASTER OF ATHLETIC TRAINING PROGRAM

## PROFESSIONAL ETHICS, EXPECTATIONS & BEHAVIORAL STANDARDS

**The highest of professional ethics, expectations, and behaviors are expected of all MAT students at the University of Houston in every aspect of their involvement in the MAT program (i.e. classroom, clinical education, volunteerism, social media, community involvement, etc).**

The following standards and guidelines will serve to help the MAT student better self-monitor, evaluate and understand their own professional identity as well as assist him/her in completing the academic and clinical education requirements leading to the Master of Athletic Training degree at the University of Houston.

The following items outlined, combined with other documents in the MAT program Student Handbook will serve as guidelines, expectations, and standards for the MAT student in the completion of the degree. These guidelines, expectations, and standards will help the MAT student become familiar with the BOC Standards of Professional Practice, the NATA Code of Ethics, and the State of Texas Advisory Board of Athletic Training in an effort to make a successful transition from MAT student to professional Certified Athletic Trainer.

### **STANDARD I. COMPETENCE:**

Competence is demonstrated in many ways including **preparing and actively participating in various learning activities (classroom, laboratory and clinical education)**, striving for mastery in all areas of his/her education and having the ability to accurately reflect on such experiences. **The MAT student masters the basic knowledge, skills, and behaviors relevant to all practice domains of Athletic Training.** These domains include Injury/Illness Prevention and Wellness Protection; Clinical Evaluation & Diagnosis; Immediate and Emergency Care; Treatment and Rehabilitation; Organizational and Professional Health and Well-being.

### **STANDARD II. HONESTY:**

The MAT student recognizes that athletic training is fundamentally dependent on the most accurate and honest information and knowledge so that any acceptance or promotion of dishonesty will threaten to devalue the profession of Athletic Training. In support of the University of Houston's Student Code of Conduct (<http://www.uh.edu/dos/pdf/codeofconductFall2013.pdf>), **the MAT student that strives for honesty will accurately report actions and events as well as avoid cheating, plagiarism or any dishonest behaviors and/or actions.** *Everything that is presented to the Master of Athletic Training Program (examinations, case studies, assignments, clinical education, etc.) will be the MAT student's original work with no falsification of information.* The MAT student will recognize that a commitment to honesty requires not only that the MAT student avoid any dishonest behavior but also report observed instances of dishonesty to the appropriate authorities, regardless of his/her relationship to the subject of the report. **Any intent by a MAT student to intentionally mislead or deceive MAT program administrators (i.e. faculty, preceptors) or university administration will subject that MAT student to dismissal from the MAT program.**

### **STANDARD III. COMPASSION:**

The MAT student is compassionate, using empathy to sense other patients'/clients' concerns and is always willing to identify, articulate, and respond to the psycho-social needs of the patient/client. **The MAT student will actively listen and respond with empathy to patients/clients. The MAT student will assist fellow classmates in dealing with the challenges of a professional program. The MAT student will seek and accept constructive feedback from preceptors, Clinical Staff, and Academic Faculty regarding the effect of his/her behavior on others.**

### **STANDARD IV. RESPECT FOR OTHERS:**

A. Consistent with the BOC 'Standards of Professional Practice', the athletic trainer or applicant respects and safeguards his or her relationship of trust and confidence with the patient and does not exploit his or her relationship with the patient for personal or financial gain. Furthermore, the athletic trainer or applicant respects the expertise and responsibility of all health care providers involved in a patient's care.

B. The MAT student striving to respect others will respect the personal boundaries of others and will avoid any discrimination of other individuals. The MAT student will honor differences and diversity in people and demonstrate an awareness of how such differences affect personal and professional interactions. **Respect will be shown in all settings of the Master of Athletic Training program (classroom, laboratories, clinical education, etc.).** The MAT student maintains attitudes and behaviors that communicate respect. **The value and dignity of others is respected in all encounters.** Because respect requires an appreciation of feelings, beliefs and experiences of others, the MAT student takes an interest in all people regardless of race, religion, ethnicity, sexual orientation, political affiliation, or socio-economic status.

### **STANDARD V. PROFESSIONAL RESPONSIBILITY:**

**The MAT student that has accepted professional responsibility will contribute to a positive learning (academic & clinical) environment. The MAT student will be an active and punctual participant for all activities (classroom, laboratories, clinical education, etc.) that are integral parts of the learning experience.** The MAT student will take responsibility of notifying others (Academic Faculty, Clinical Staff, preceptors) in advance whenever possible, when an unavoidable absence or tardiness occurs. It is the responsibility of the MAT student to complete all missed assignments. The MAT student will have the interpersonal skills to cope with the challenges and conflicts that are inherent to the Athletic Training profession. The MAT student will demonstrate a willingness and ability to identify, discuss, confront and possibly seek the appropriate advice and help for his/ her own problematic behaviors.

### **STANDARD VI. SOCIAL RESPONSIBILITY:**

The MAT student realizes that all people live in societies that profoundly influence an individual's race, religion, ethnicity, sexual orientation, political affiliation, or socio-economic status. **The MAT student will honor the obligation and responsibility of conducting himself/herself with pride, respect and dignity towards others at all times.** The socially responsible MAT student will be able to identify the multiple social factors that influence patients/clients and the MAT student's actions and attitudes. The MAT student will be proactive in addressing the psycho-social factors that adversely affect others.

## **MASTER OF ATHLETIC TRAINING PROGRAM**

### **RETENTION POLICIES & PROCEDURES**

After students have been formally accepted into the MAT program at the University of Houston, the MAT student must maintain an overall G.P.A. of 3.0 and/or receive no more than one grade of “C” or any grade less than a “C” in any of the required MAT program courses. When a student falls below the required G.P.A. and/or receives a grade of “C” in two or more classes and/or any grade less than a “C” in any one class, the MAT student will be dismissed from the MAT program.

When a student falls below the required G.P.A. and/or receives a grade of “C” in two or more classes, the MAT student will be removed from the MAT program. Students who have been academically removed from the program and wish to re-enter the program **must** retake any course in which they earned a “C” prior to continuing on full-time in the MAT program. Students that receive a grade less than a “C” in any one class will not have the opportunity to re-enter the MAT Program.

Should the MAT student who has been dismissed from the MAT program wish to file a grievance, he/she must follow the guidelines as defined at the following link:

<http://www.uh.edu/class/students/graduate/academics-planning/policies-procedures/index.php>

## **UNIVERSITY OF HOUSTON STUDENT HANDBOOK**

<http://www.uh.edu/dos/studenthandbook/>

## **UNIVERSITY OF HOUSTON GRADUATE STUDENT CATALOG**

<http://catalog.uh.edu/index.php>

# **MASTER OF ATHLETIC TRAINING PROGRAM**

## **REVIEW PROCESS OF SUBSTANDARD ACADEMIC AND CLINICAL PERFORMANCE**

At the end of each academic semester, the MAT program Selection and Retention Committee will review the academic status of each MAT student. In the event that a course instructor or preceptor reports that the behavior and/or performance of an MAT student (academically or clinically) warrants a review, the outline below provides the procedures that will be followed for this process.

### **Procedure 1. Course Instructor/Preceptor Defines Problem:**

- a) Document the problem
  - a. Course instructor or preceptor identifies the problem
  - b. Course instructor or preceptor will compose a detailed description in the form of a Formal Complaint submitted via email to the MAT program director
  - c. Complaint is forward to the MAT program Selection and Retention Committee
  - d. Selection and Retention Committee meet with course instructor/preceptor
  - e. Selection and Retention Committee meet with the MAT student
  - f. Selection and Retention Committee determines appropriate remediation with specific timelines implemented
    - a.) Upon determination of an infraction of the MAT Program Handbook, the MAT Program Selection & Retention Committee will make a decision that will consist of one of the following:
      1. Verbal Warning
      2. Formal Write-Up
      3. Suspension
      4. Probation
      5. Dismissal
  - g. A copy of the Formal Complaint will be placed in the MAT student's folder

### **Procedure 2. Program Director & Instructor/Preceptor Conference:**

1. Remediation and solution of problem
  - a. If parameters outlined in Procedure 1 are not met, the MAT student is placed on Suspension and/or Probation. In addition, the HHP Department Chair, Associate Chair, and Professional Master's Degree (PMD) Committee will be made aware of the following:
    - i. MAT student may be suspended from participating in Clinical Education
    - ii. MAT student may be suspended from travel with an assigned team
    - iii. MAT student may be suspended from attending Professional Development events
    - iv. MAT student may not be permitted to represent the MAT program in any official capacity
  - b. Suspension and/or Probationary length will be determined by the MAT program Selection and Retention committee
  - c. If after a Suspension and/or Probationary period, the parameters and stipulations outlined in Procedure 1 and Procedure 2 are not met as outlined by the MAT Program Selection & Retention Committee, the MAT student will be administratively dismissed from the MAT program.

# MASTER OF ATHLETIC TRAINING PROGRAM

## DRESS CODE

The Master of Athletic Training Program at the University of Houston is a professional graduate health care program preparing each student for the professional rigors of Athletic Training. The faculty, staff, preceptors, and administrators associated with the MAT program and the University of Houston are dedicated to upholding the highest possible practices and standards associated with the field of Athletic Training.

The MAT student is required to uphold and adhere to the following guidelines at all times. Failure to do so will result in disciplinary action, and repeated actions will result in dismissal of the MAT student from the MAT Program at the University of Houston. Furthermore, MAT students must adhere, understand, and comply with the attire guidelines and professional expectations required of them at each assigned clinical education experience (i.e. physician office, football practice, etc.). Appropriate attire expectations must also be adhered to at all professional development opportunities. The MAT student must make every attempt to adhere to the attire expectations of the professionals associated with those settings.

Please be aware that some clinical sites may be ‘rivals’ with other MAT sites. Therefore, always make a sound effort to wear site-specific clothing at your assigned clinical experience site (i.e. do not wear “Pearland” clothing at Dawson High.)

### Daily Operation (i.e. practice coverage):

1. MAT program / approved clinical site collared shirt. Preference is to wear site-specific clothing.
  - a. Shirts must be clean and neat
  - b. Shirts should be tucked in at all times
2. MAT program / approved clinical site khaki shorts/pants
  - a. Shorts/pants must be appropriately fitting (e.g. length, size) for both male and females
  - b. Shorts/pants must be clean and neat
  - c. Belts must be one color (brown or black with no “decorations”)
3. MAT program / approved clinical site nylon warm ups
4. MAT program / approved clinical site sweatshirts
5. Athletic (Tennis, Running, etc.) shoes
6. MAT program / approved clinical site hats
  - a. Hats are not to be worn inside
7. Athletic Training pack with required supplies during practice and games
8. All MAT students must have UH Student Identification visible **at all times** at all clinical sites.

### Men:

- a) Any mustaches, beards and goatees will be appropriately groomed when the MAT reports for duty
  - a. Some clinical sites do not permit facial hair
- b) Hair will be appropriately styled so as not to interfere with the daily operations and duties of the MAT student
  - a. Hair will neatly groomed at all times
  - b. Hair will remain out of the face
  - c. Hair should be held back with a solid and neutral color headband and/or hair tie if necessary and approved by the clinical site
  - d. Hair will be traditional colors
  - e. Side burns will be no lower than the student’s ear lobes
- c) Earrings and facial piercing(s) are unacceptable
- d) Tobacco use of any kind is prohibited at all times

**Women:**

- a) Hair will be appropriately styled so as not to interfere with the daily operations and duties of the MAT student
  - a. Hair will remain out of the face
  - b. Hair should be held back with a solid and neutral color headband and/or hair tie
  - c. Hair will be traditional colors
- b) Earrings will be studded
  - a. Earrings that hang below the earlobe are unacceptable.
- c) Hair, makeup, and jewelry should be acceptable for a healthcare facility
- d) Facial piercing are unacceptable
- e) All tattoos will be covered
- f) Tobacco use of any kind is prohibited at all times

**Game Coverage\*:**

- 9. MAT program / approved clinical site collared shirt. Preference is to wear site-specific clothing.
  - a. Shirts must be clean and neat
  - b. Shirts should be tucked in at all times
- 10. MAT program / approved clinical site khaki shorts/pants
  - a. Shorts/pants must be appropriately fitting (e.g. length, size) for both male and females
  - b. Shorts/pants must be clean and neat
  - c. Belts must be one color (brown or black with no “decorations”)
- 11. MAT program / approved clinical site nylon warm ups
- 12. MAT program / approved clinical site sweatshirts
- 13. Athletic (Tennis, Running, etc.) shoes
- 14. MAT program / approved clinical site hats
  - a. Hats are not to be worn inside
- 15. Athletic Training pack with required supplies
- 16. All MAT students must have UH Student Identification visible **at all times** at all clinical sites.

**Men will:**

- a) Any mustaches, beards and goatees will be appropriately groomed when the ATS reports for duty
  - a. Some clinical sites do not permit facial hair
- b) Hair will be appropriately styled so as not to interfere with the daily operations and duties of the MAT student
  - a. Hair will neatly groomed at all times
  - b. Hair will remain out of the face
  - c. Hair should be held back with a solid and neutral color headband and/or hair tie if necessary and approved by the clinical site
  - d. Hair will be traditional colors
  - e. Side burns will be no lower than the student’s ear lobes
- c) Earrings and facial piercing(s) are unacceptable
- d) All tattoos will be covered
- e) Tobacco use of any kind is prohibited at all times

**Women will:**

- a) Hair will be appropriately styled so as not to interfere with the daily operations and duties of the MAT student
  - a. Hair will remain out of the face
  - b. Hair should be held back with a solid and neutral color headband and/or hair tie
  - c. Hair will be traditional colors
- b) Earrings will be studded
  - a. Earrings that hang below the earlobe are unacceptable
- c) Hair, makeup, and jewelry should be acceptable for a healthcare facility
- d) Facial piercing are unacceptable
- e) All tattoos will be covered
- f) Tobacco use of any kind is prohibited at all times

**Classroom activity and professional development:**

1. MAT program / approved clinical site t-shirt or collared shirt.
  - a. Shirts will be clean and neat
  - b. Shirts will be tucked in when appropriate
2. Khaki shorts, jeans, or program-affiliated mesh shorts
  - a. Shorts will be appropriately fitting for both male and female
3. MAT program / approved clinical site nylon warm ups/wind suits, sweatshirts, hats, and running shoes
4. University of Houston Student Identification must be visible

**\* Depending on the clinical education assignment, it may be required that you wear professional dress (business suit, etc.) or scrubs. It is the MAT student's responsibility to verify each site's appropriate attire expectations with their assigned preceptor.**

**\*\*Individual clinical sites and preceptors may require the use of that particular organization's policy and procedures to be adhered to. It is the responsibility of the MAT student to adhere to and maintain the individual standards of each individual organization.**

**\*\*\* Examples of non-appropriate attire include but are not limited to: leggings, yoga pants, tank tops, inappropriate - length shorts, compression wear, other University/College attire (other than those that are affiliated with the MAT Program), etc. The MAT Program faculty and associated preceptors have the right to interpret what is appropriate and professional at any time. Failure to comply with the MAT Program dress code will result in dismissal from the classroom and/or clinical site. Repeated violations of the policy will result in disciplinary actions.**

---

Master of Athletic Training program Student Signature

Date of Signature

# **MASTER OF ATHLETIC TRAINING PROGRAM**

## **BLOODBORNE PATHOGEN AND INFECTIOUS DISEASE POLICY**

Consistent with the University of Houston Biological Safety manual that outlines the requirements and guidelines for the safe handling of biological materials, The Master of Athletic Training program will enforce the same policy and procedures set forth by the University of Houston. This policy ensures that the safety of all members of the campus community is a primary concern of the University of Houston. The University demonstrates this concern through compliance and enforcement of federal, state, local, and University of Houston System rules and regulations to which the University is subject.

The purpose of this manual is to further promote safety through the proper management of potentially hazardous biological materials. In addition to policies, responsibilities and requirements for working with biological materials, this manual contains helpful information for the day to day management of your laboratory. For additional information or clarification of the contents of this manual please contact Biological Safety at the number listed below.

The contents of the manual can be found at the following link:  
[http://www.uh.edu/ehs/manuals\\_and\\_forms/Biological\\_Safety.pdf](http://www.uh.edu/ehs/manuals_and_forms/Biological_Safety.pdf)

### **HELPFUL TELEPHONE NUMBERS AND CONTACT INFORMATION**

Environmental Health and Safety (EHS)	(713) 743-5858
Biological Safety Manager	(713) 743-1200
Safety Specialists (for Biosafety)	(713) 743-4055 (713) 743-3324
University Health Center	(713) 743-5151
University of Houston Department of Public Safety	(713) 743-3333

# MASTER OF ATHLETIC TRAINING PROGRAM

## COMMUNICABLE DISEASE POLICY

Communicable diseases result from micro-organisms that can be transmitted from person-to-person, via animals, food and drink, surfaces, and/or air. Vehicles used to transmit disease can include body fluids, contact with infected surfaces, and/or inhaling air from an infected individual. Common communicable diseases include, but are not limited to:

- Ebola
- Enterovirus D68
- Flu
- Hantavirus
- HIV/AIDS
- Measles
- MRSA
- Pertussis
- Rhinopharyngitis
- Sexually Transmitted Disease
- Shigellosis
- Tuberculosis
- West Nile Virus

While you are an MAT student at the University of Houston, there is a possibility that while participating in clinical education you may become ill with a communicable disease (i.e influenza). This communicable disease policy has been developed to identify those instances and to outline appropriate action when they occur. This policy will help ensure the safety of the patient/athlete, personnel of the clinical site and MAT program, and/or MAT student.

During those instances that an MAT student feels that he or she has contracted a communicable disease, the following steps should be initiated to provide assistance with the proper course of action:

1. The MAT student should immediately notify his or her course instructor, preceptor, Clinical Education Coordinator, and MAT Program Director prior to being absent from class or clinical education
2. The MAT student should contact the University of Houston's Health Center or their personal medical professional (e.g. nurse practitioner, physician) for evaluation if uncertain of the severity of the condition
3. If the MAT student is diagnosed with a communicable disease (e.g. influenza), patient care / clinical education should NOT be conducted until either all signs and symptoms resolve or the treating medical professional provides full clearance
  - If the MAT student is running a fever (temperature  $\geq 101.4^{\circ}\text{F}$ ), he or she is NOT permitted to attend class or clinical education until the fever has been resolved for a 24 hour period
4. If an MAT student seeks care from a medical professional for a communicable disease, that student must provide written documentation (i.e. clearance) from that medical professional to the MAT Program Director and Clinical Coordinator
5. It is the MAT student's responsibility to effectively communicate with their course instructor, assigned preceptor, Clinical Coordinator, and Program Director regarding an expected return date as well as obtaining necessary information regarding missed coursework. Missed course work and/or exam make-up will be permitted with appropriate communication with the MAT student's course instructor and/or proper documentation from their medical professional regarding the fever or illness.

### Tips for preventing the spread of communicable diseases

- Allow adequate time for recovery from illness
- Frequent handwashing, especially after restroom use, patient care, and sneezing/coughing
- Avoid excessive touching of one's mouth and nose

---

Acknowledgment:

***By signing below, I the MAT student agree that I understand and will comply with the standards and expectations outlined in this communicable disease policy.***

MAT student: \_\_\_\_\_

Date: \_\_\_\_\_

Printed name: \_\_\_\_\_

# **MASTER OF ATHLETIC TRAINING PROGRAM**

## **CONFIDENTIALITY AGREEMENT**

Consistent with the Board of Certification for Athletic Training, Code of Professional Responsibility for the Athletic Trainer (BOC 1.4) which states that an individual must “maintain the confidentiality of patient information in accordance with applicable law”, the National Athletic Trainers’ Association Code of Ethics (NATA 1.3) which states that “members shall preserve the confidentiality of privileged information, and shall not release such information to a third party not involved in the patient’s care without a release unless required by law”, and the Texas Advisory Board of Athletic Trainers (871.13-n) which states that “a licensee shall not violate any provision of any Federal or State statute relating to confidential medical communications and/or records”, and, patient information must be maintained in accordance with applicable law.

### **Health Insurance Portability and Accountability Act (HIPAA) - 1996**

HIPAA is the acronym for the Health Insurance Portability and Accountability Act that was passed by Congress in 1996. HIPAA does the following:

- Provides the ability to transfer and continue health insurance coverage for millions of American workers and their families when they change or lose their jobs;
- Reduces health care fraud and abuse;
- Mandates industry-wide standards for health care information on electronic billing and other processes; and
- Requires the protection and confidential handling of protected health information

# **MASTER OF ATHLETIC TRAINING PROGRAM**

## **POLICY REGARDING CONFIDENTIAL INFORMATION**

The student will use confidential information only as needed to perform the duties as a student in the Master of Athletic Training program. This means, among other things, that:

- The MAT student will only access confidential information for which the student has a need to know.
- The MAT student will respect the confidentiality of any verbal communication or reports printed from any information system containing patient's/client's information and handle, store and dispose of these reports appropriately at the University and associated clinical agency.
- The MAT student will not in any way divulge, copy, release, loan, alter, or destroy any confidential information except as properly authorized within the scope of all professional activities.
- The MAT student will carefully protect all confidential information. The student will take every precaution so that the patient/client, their families, or other persons do not overhear conversations concerning patient/client care or have the opportunity to view client/patient records.
- The MAT student will comply with all policies and procedures and other rules of the University and associated agencies relating to confidentiality of information and access codes.
- The MAT student will understand that the information accessed through all clinical information systems agencies contains sensitive and confidential patient/client care, business, financial and hospital employee information that should only be disclosed to those authorized to receive it.
- The MAT student will not knowingly include or cause to be included in any record or report of false, inaccurate or misleading entry.

The student will understand that violation of this Confidentiality Agreement may result in disciplinary and legal action with fines. By signing this, the student acknowledges that he or she has read, understood and will comply with the Agreement.

**Print Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

# MASTER OF ATHLETIC TRAINING PROGRAM

## SOCIAL RELATIONSHIP POLICY

The field of athletic training is a health care profession which involves caring, concern, discipline, and self-awareness. The MAT student should be aware of the potential problems with social relationships that may exist with an athlete/patient/client or fellow MAT student.

1. An amorous or social relationship between a MAT student and an athlete/patient/client or fellow MAT student may impair or undermine the ongoing trust needed for provision of effective athletic training knowledge, skills, and behaviors. Clinically, because of the MAT student's role and influence over the athlete/patient/client, inherently conflicting interests and perceptions of unfair advantage can arise when an MAT student assumes or maintains medical responsibility for an athlete/patient/client. Furthermore, in the event that there is a personal relationship between one MAT student and another, such a relationship can interfere with the ability of those students to provide quality patient care as well as act professionally as a representative of the MAT program. Therefore, it is the policy of the University of Houston's Master of Athletic Training program that each MAT student who has medical responsibilities for athletes/patients/clients shall not assume or maintain medical responsibility for an athlete/patient/client with whom the MAT student has engaged in amorous or social relations, even if such relations were consensual. In addition, MAT students who are in a relationship will not be placed in a clinical education assignment together. If such amorous or social relationships predate the assumption of medical responsibility with an athlete/patient/client or between MAT students, the MAT student **must immediately** disclose the amorous or social relationship to the MAT Program Director and/or Clinical Education Coordinator(s), who shall promptly arrange other clinical education assignment(s) for the MAT student(s).
2. Violating this policy must be reported to the Program Director of the MAT Program who will then forward the violations to the MAT Program Selection and Retention Committee. The Selection and Retention Committee will review alleged violations of this policy. Violations of the policy may result in sanctions applied to the MAT student that include but are not limited to suspension or dismissal from the MAT Program.

# MASTER OF ATHLETIC TRAINING PROGRAM

## SOCIAL MEDIA POLICY

(Facebook, Twitter, Snapchat, Instagram, etc.)

- 1. Be truthful about who you are:** Post as an individual, not as a representative of the University of Houston or the Master of Athletic Training program. You may denote that you are a student of the University of Houston but, unless given specific authority to do so, may not state that you speak on behalf of, or for, the Master of Athletic Training program or the University.
- 2. Never post under an assumed or stolen name:** Use your real name when posting. Using an “undercover” alias or someone else’s profile to keep yourself hidden in order to make inflammatory statements is not a good practice and shows that you do not want to stand behind your statements.
- 3. Be civil:** Discussions, even heated discussions, need not degrade into name calling laced with profanity. Postings using such language or posting defamatory messages reflect poorly on the messenger and can be harmful to the recipient.
- 4. Exercise good judgment in what you post:** Once your words or images are posted to a social media site or service, they can be passed around from person to person *ad infinitum* and will last forever. Before you post something, make sure it will not have negative repercussions.
- 5. Respect confidentiality:** Once posted, there is no such thing as confidentiality. The best policy is to not post anything you believe is to be held in confidence.
- 6. Be aware of your words and the law:** Slander and libel (false or unjustified injury of the good reputation of another in speech or in writing) laws extend to the Internet as well as into the social networks as do a myriad of laws covering divulged trade secrets, medical information, and other legal matters. Err on the side of caution if you are uncertain of legal ramifications.
- 7. Be professional:** MAT students should avoid making even generic negative statements about the institution, its students or other groups of employees.
- 8. Photography/copyright:** Copyright protection of personal images, text and other intellectual property extends to the Internet and must be respected. Just because an item is easy to download and repost does not mean that it should be done. As a rule of thumb, to avoid any copyright infringement, ask and receive permission before reposting any image or text found on the Internet or create the image or text yourself.

## **MASTER OF ATHLETIC TRAINING PROGRAM** **ELECTRONIC COMMUNICATION POLICY**

### **PURPOSE OF THIS POLICY**

There is an ever-increasing reliance on electronic forms of communication (e.g. email, text) among faculty, staff and students at the University of Houston. In particular, e-mail, text messaging, and instant messaging have become an efficient, fast, and cost-effective method of communication that has many advantages over printed communication. Because of the importance of these types of communication, **electronic communication is considered one of the official forms of communication at the University.** This policy ensures that students will have access to a university e-mail account, outlines the student's responsibilities in having such an account, and establishes expectations for electronic communication between faculty and MAT students for educational purposes and between the University and students for university business purposes.

### **ASSIGNMENT OF STUDENT E-MAIL**

The University will automatically assign each student a University e-mail address at the time of first enrollment. All student e-mail accounts should be password-protected. As indicated in the University's Information Technology (UIT) security website (<http://www.uh.edu/infotech/security/index.php>), ensuring the privacy and security of e-mail accounts and e-mail correspondence depends on the appropriate use and protection of user IDs and passwords. Students should read and be familiar with this policy. This e-mail address will be in effect during the student's academic career. **All uses of electronic communication for official communication should be consistent with the Family Educational Rights and Privacy Act (FERPA), and in cases where athlete/patient/client care is being discussed, Health Insurance Portability and Accountability Act (HIPAA) compliance must be maintained at all times.**

### **COMMUNICATION WITH MASTER OF ATHLETIC STUDENTS**

Master of Athletic Training Program faculty, staff, and preceptors determine how electronic communication will be used in their classes/clinical education and should specify electronic communication requirements and expectations in course syllabi and during clinical education assignments. The UH email alias policy can be found at: <http://www.uh.edu/infotech/services/accounts/email/alias/index.php>. The MAT program's official use of program-related electronic communication will occur through email.

### **STUDENT USE OF AND RESPONSIBILITIES ASSOCIATED WITH UNIVERSITY E-MAIL**

Students are expected to check their official e-mail accounts on a frequent, ongoing, and consistent basis in order to receive MAT program, Departmental and University communications in a timely manner. **It is expected that MAT students check their e-mail at least three times per day (morning, noon, and evening).** It is the student's responsibility to report any problems with e-mail accounts to UIT.

## **MASTER OF ATHLETIC TRAINING PROGRAM**

### **DRUG TESTING AND CRIMINAL BACKGROUND CHECK POLICY**

The Master of Athletic Training program students will be engaging in clinical education working with various populations of patients/clients. Consistent with protocols of healthcare facilities, Master of Athletic Training program students will undergo both a drug test and a criminal background check administered by CertifiedBackground.com prior to the beginning of clinical education. The cost of both the drug test and criminal background check will be the responsibility of the student. For more information regarding CertifiedBackground.com, please visit the following link: [www.certifiedbackground.com](http://www.certifiedbackground.com).

After the initial drug test and criminal background check has been completed, a student may be required to obtain another drug test or criminal background check if the Master of Athletic Training program has reasonable cause to pursue such a cause.

The procedures for students who fail the initial drug test:

- 1) Removed from clinical education and required to submit a second drug-test at the student's expense within 24 hours of the Master of Athletic Trainer Program Director being notified of the results
- 2) If the results of the second test are normal, the student will be immediately reinstated
- 3) If the results of the second test are abnormal, the student will be suspended from clinical education and required to attend mandatory drug and/or alcohol counseling
- 4) The student may be readmitted to the Master of Athletic Training program only after proof that he/she has attended mandatory counseling on a consistent basis and has submitted the results of a "normal" third drug test taken at the student's expense
- 5) If a student fails the third drug test, he or she will be immediately dismissed from the Master of Athletic Training program.

Students who concerned about valid medications producing a positive drug test are recommended to bring those medications to the testing site.

Consistent with University of Houston Policies and Procedures for Student Conduct, any student admitting or proven to have violated the University Houston's Student Disciplinary Policies and Procedures regarding the unlawful possession, use, or distribution of illicit drugs and alcohol on campus or at a University-sponsored event (see Student Disciplinary Policies and Procedures Section at the link below) will be subject to disciplinary action. Furthermore, in accordance with the Board of Certification for Athletic Training Code of Professional Responsibility (1.3), the Master of Athletic Training program has a responsibility to "take appropriate action to protect patients from Athletic Trainers or other healthcare providers or Athletic Training students who are incompetent, impaired, or engaged in illegal or unethical practice." Additionally, the Texas Advisory Board of Athletic Training (871.13 section E) states that "a licensee shall not abuse alcohol or drugs in any manner which detrimentally affects the provision of athletic training care".

For students seeking drug and/or alcohol counseling, please access the following link:  
<http://www.uh.edu/human-resources/for-employees/policies-prodecures/drug-policy.pdf>

**MASTER OF ATHLETIC TRAINING PROGRAM**

**DRUG TESTING AWARENESS SHEET - VERIFICATION FORM**

I, (print your name) \_\_\_\_\_, verify that I have been informed regarding the existence of a Drug Testing Policy that is effective immediately. I have been provided with a copy of the Drug Testing Protocol in its entirety within this handbook. I also understand that a copy for review is available in the Master of Athletic Training Program Director's office.

By signing below, I am indicating that I am aware of the Drug Testing Policies and its regulations.

\_\_\_\_\_  
MAT Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
MAT Student Printed Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Program Director Signature

\_\_\_\_\_  
Date

## **MASTER OF ATHLETIC TRAINING PROGRAM**

### **THERAPEUTIC EQUIPMENT SAFETY POLICY**

Consistent with the Commission on Accreditation of Athletic Training Education (CAATE) Standard 71, the Master of Athletic Training program has adopted the following safety policy.

All clinical education affiliation sites that have and maintain therapeutic equipment will be assessed on a planned and ongoing annual basis to ensure compliance with the most recent CAATE standards. Consistent with the MAT program Evaluation of Preceptor and Clinical Site document (item #9) “*Clinical site provides proof that therapeutic equipment are properly calibrated and maintained according to manufacturer’s recommendation by Federal/State/local ordinance*”, all clinical education sites are evaluated to ensure appropriate compliance with calibration and maintenance of therapeutic equipment.

# **MASTER OF ATHLETIC TRAINING PROGRAM**

## **SPORTS WAGERING POLICY**

Consistent with the University of Houston, NCAA rules and the National Athletic Trainers' Association Code of Ethics (4.3) members of the Master of Athletic Training program will be prohibited from participating in gambling activities on amateur, intercollegiate or professional sports. Such prohibited activities include:

- 1) Providing information to individuals involved in organized gambling activities
- 2) Soliciting or accepting a bet on any intercollegiate or professional sports team or event
- 3) Participating in any wagering activities that involve risking money or any tangible items on the outcome of an athletic contest, event, tournament or season (i.e., NCAA basketball tournaments pools of any kind, Super Bowl bets, fantasy leagues that require an entry fee and provide winnings)
- 4) Participating in any gambling activities that involve intercollegiate or professional athletics, through a bookmaker, a parlay card or any other method employed by organized gambling
- 5) Engaging in activities designed to influence the outcome of an intercollegiate athletics contest or affect the win-loss margin (i.e., "point shaving") of a contest.

Participation in these impermissible gambling activities is a serious violation of NCAA and University of Houston rules and can result in dismissal from the Master of Athletic Training program.

NCAA Sports Wagering FAQs: <http://www.ncaa.org/sites/default/files/bbd-gambling.pdf>

## MASTER OF ATHLETIC TRAINING PROGRAM

### FINANCIAL RESPONSIBILITIES

In addition to the regular university fees listed in the General Catalogue, Master of Athletic Training students must assume cost for equipment and supplies, field experience transportation, lab fees, drug testing, and criminal background checks. These expected costs are estimated as follows:

#### *University Tuition Costs and Fees (Subject to Change)*

In-state tuition	Out-of-state tuition
\$385.02 per credit hour	\$900.02 per credit hour
Required University and Department Fees:	\$5,000
<b>Total cost for 57 hours = \$26,946.14</b>	<b>Total cost for 57 hours = \$56,301</b>

#### *Required Program Fees*

Textbooks for MAT program	\$1,500
Laptop/Tablet device (Microsoft compatible)	\$300-500
BOC Exam Prep Practice Exams (x4)	\$ 120
MAT-required uniforms	\$200
Athletic Training Supplies	\$100
Liability insurance ( <i>annually</i> )	\$40
NATA membership ( <i>annually</i> )	\$80 if renewing / \$60 if new
Drug testing and background check	\$80
CPR certification	\$50
Parking (Average cost per year)	\$500
BOC Exam (per attempt)	\$300
<b>Total Cost</b>	<b>~\$3,500</b>

#### *Other Associated Costs*

Reliable vehicle	Dependent upon fuel costs, distance travelled
Housing	Dependent upon location/roommates
Food	Varies
University Health Insurance	\$550
Texas Licensure Exam	\$175
<b>Total costs:</b>	<b>\$725 + food, housing, transportation</b>

<b>Approximate total required costs (in-state):</b>	<b>Approximate total required costs (out-of-state):</b>
<b>\$31,171.14 (excludes "optional" costs)</b>	<b>\$60,526 (excludes "optional" costs)</b>

For the most up-to-date information associated with costs and fees, visit

<http://www.uh.edu/financial/graduate/tuition-fees/tuition/>

## **MASTER OF ATHLETIC TRAINING PROGRAM**

### **ATTENDANCE AND OUTSIDE EMPLOYMENT POLICY**

Similar to all graduate-level medical education professional programs, the Master of Athletic Training program requires daily attendance in all classroom (lecture/lab) and clinical education assignments.

If an MAT student engages in outside employment, they may not at any time represent the MAT program at the University of Houston. Furthermore, outside employment cannot interfere with any classroom (lecture/lab) or clinical education assignments. Course assignments, exams, and/or clinical education assignments will not be scheduled around the MAT student's outside employment obligations.

Because of the time obligations associated with the professional MAT program, it is highly recommended that MAT student's do not have outside employment or other commitments that interfere with academic or clinical education obligations as a student in the MAT program.

# **MASTER OF ATHLETIC TRAINING PROGRAM**

## **MAT STUDENT INCLEMENT WEATHER POLICY**

Inclement weather can create hazards for the MAT student specific to traveling to campus and/or clinical education sites. The safety of the MAT student is at all times a priority of the MAT program, and at no time will clinical education assignment attendance be expected during times of impending inclement weather. To stay up-to-date as to the campus' status specific to impending weather, it is imperative that everyone involved has their campus emergency information updated.

MAT program has developed the following policy for MAT students and assigned MAT program preceptors to assist all parties specific to clinical education during times of evident or approaching inclement weather:

### **MAT Students:**

Communication is key for keeping all involved parties aware of your situation. Ensure that upon starting a new clinical education assignment you have both email and cell phone numbers of your assigned preceptor.

Campus/Site Closure: During those times that the UH Campus or off-campus site is closed due to inclement weather (e.g. flooding, approaching severe storm, etc), MAT students will be excused from that day's clinical education assignment. In the event that the campus/site opens late and/or closes early due to inclement weather, it is expected that the MAT student communicate with his or her assigned preceptor to discuss concerns specific to travel. Specific areas to discuss include potential hazards such as localized flooding in your part of town that may not affect the UH campus or off-campus clinical site itself.

Non-campus closure: In the event that inclement weather is occurring or is approaching and the UH campus does not intend to close, it is expected that the MAT student make a reasonable attempt to attend that day's clinical education assignment, including the possibility of arriving as a result of allowing the inclement weather to pass. However, if the MAT student feels that hazards may exist specific to travel to or from campus (e.g. localized flooding), it is expected that the MAT student contact the preceptor via text or phone as early as possible to communicate any potential travel issues.

### **MAT Preceptors:**

It is the MAT program policy that no student be punished for missing a clinical education assignment as a direct result of existing or approaching inclement weather. When possible, the MAT program will send out prior communications and updates specific to an impending weather situation. We ask that you as a preceptor use good judgment specific to expectations of the MAT student during times of inclement weather, and cover these expectations with the MAT student at the beginning of the clinical education assignment.

It is possible that teams may practice on campus or at an off-campus clinical site despite campus/site closure; in the event this happens it is important that you understand that the MAT student will likely not be there that day and/or should be dismissed (in the event the UH campus/site closes early) if he or she feels that inclement weather may affect their ability to arrive home safely.

## **ATHLETIC TRAINING STRATEGIC ALLIANCE**

<http://atstrategicalliance.org/>

### **Board of Certification (BOC)**

[www.bocatc.org](http://www.bocatc.org)

The Mission of the NATA Board of Certification is to certify athletic trainers and to identify for the public, quality healthcare professionals through a system of certification, adjudication, standards of practice and continuing competency programs.

### **Commission on Accreditation of Athletic Training Education**

[www.caate.net](http://www.caate.net)

The Commission on Accreditation of Athletic Training Education (CAATE) is the agency responsible for the accreditation of professional (entry-level) Athletic Training education programs. The American Academy of Family Physicians (AAFP), The American Academy of Pediatrics (AAP), The American Academy of Orthopedic Surgeons in Sports Medicine (AAOSSM) and the National Athletic Trainers' Association, Inc. (NATA) cooperate to sponsor the JRC-AT/CAATE and to collaboratively develop the Standards for Entry-Level Athletic Training Education Programs. Successful completion of a CAATE accredited educational program is a criteria used to determine a candidate's eligibility for the Board of Certification (BOC) examination.

### **National Athletic Trainers' Association (NATA)**

[www.nata.org](http://www.nata.org)

The mission of the National Athletic Trainers' Association is to enhance the quality of health care for athletes and those engaged in physical activity, and to advance the profession of athletic training through education and research in the prevention, evaluation, management and rehabilitation of injuries.

### **National Athletic Trainers' Association Research and Education Foundation (NATAREF)**

<http://natafoundation.org/>

The current NATA Foundation was incorporated in 1991 and established with grants from the NATA and Johnson & Johnson. During these past 25 years, the NATA Foundation has awarded more than 260 research grants totaling more than \$4 million dollars and awarded almost \$3 million to 1,490 students through our scholarship program. Additionally almost 5,000 presentations (oral and poster) have been provided through the Free Communications program.

**MASTER OF ATHLETIC TRAINING PROGRAM**

**MAT STUDENT VERIFICATION SHEET**

Upon having read through this MAT handbook, print this sheet out and sign and date it indicating that you have read, understand and will comply with the standards and expectations outlined in this handbook. Please also understand that this handbook is a dynamic document and you may therefore be notified of updates and/or revisions at any time. Please return this sheet to the Master of Athletic Training Program Director. Thank you.

MAT Student Printed Name: \_\_\_\_\_

MAT Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_