

# FRATERNITY AND SORORITY LIFE AT THE UNIVERSITY OF HOUSTON





## Welcome to the University of Houston!

We are thrilled that you have decided to continue your education here and join a caring, diverse community of scholars, leaders, and friends. You will hear this said many times, but allow us to be one of the first to say ‘Go Coogs’!

We’re also excited to share with you an experience that has brought incredible meaning to thousands of students here both during their time as a student and their time as an alum: membership in a fraternity or sorority. Throughout these pages, you will hopefully learn about the opportunities for personal growth and development, friendship, and service that come with fraternity/sorority membership. Our fraternity & sorority community at UH has a 60+ year history of creating engaged, successful students and alumni.

We know what you may be thinking. Unfortunately, the recent narrative regarding fraternities and sororities is not always a kind one; one that reflects personal growth, positive relationships, and care and concern for your fellow students. However, at UH, our fraternity/sorority community works hard to change that narrative. When we continuously speak with members of fraternities and sororities, they tell us stories of how their membership in a fraternity or sorority has provided them a home away from home, helped them to succeed inside the classroom, helped them to develop a passion for service and social issues, and provided them deep friendships that will last far beyond their time as a student. The fraternity/sorority experience is rooted in over 200 years of positive values...we think that’s pretty awesome!

So as you are looking for ways to enhance your Cougar experience, we invite you to explore fraternity/sorority membership. We hope you are interested in joining a growing community of students and alumni looking to make UH and the world a better place.

We look forward to meeting you!

**Jason, Cassandra, Guillermo, Kyle, and Pamela**  
*The Center for Fraternity & Sorority Life staff*

## THE CENTER FOR FRATERNITY AND SORORITY LIFE

The Center for Fraternity and Sorority Life is located in Student Center North. Come stop by to say “Hi” and check out our *Fraternity and Sorority Wall* which features information on all of our organizations.

### Vision Statement:

The University of Houston Center for Fraternity & Sorority Life will provide a nationally-recognized, urban, Tier One fraternity & sorority experience that serves as the primary vehicle for student success.



*“At the end of the day you still have your sisters to lean on regardless of your differences. Sisterhood is unconditional.”*

*– Christy Ho*



**JOCELYN ROMAN**  
SUPPLY CHAIN  
SENIOR

When I joined the sorority I did not know what I was getting myself into. But I'm glad I did it. Being far from home, the sorority gave me the "Home away from Home". I had amazing "sisters", we would go exploring, late night dinners, movies, etc. But above all that, the sorority rebuilt me to be a stronger, independent woman. The leadership roles taught us how to network, how to talk to individuals with different attitudes, how to be organized and learn business basics and how to run meetings.



**ASAEI GUILLEN**  
HOTEL & RESTAURANT  
MANAGEMENT  
JUNIOR

As a transfer student from Dallas being in a new institution I was looking for a second family. If you are seeking leadership opportunities, service events or social settings a Greek organization can provide you with them. As members, our two main goals are to serve our surrounding communities and to graduate our brothers, which is the main reason why we are all here. I've made many decisions in my life and without a doubt becoming a COOG and joining this great brotherhood have been the best.



**MORGAN HARDIN**  
NUTRITION  
JUNIOR

Joining my sorority has been one of the best decisions I've ever made in my life. I know all of my sisters well and we genuinely view each other as family both on a local and national level. My sorority values sisterhood, scholarship, and service, which are things that are not only important on the collegiate level but in life as well. Join a fraternity or sorority if you want to be a part of something exquisite and rewarding!



**MICHAEL TRAN**  
PSYCHOLOGY  
SENIOR

My fraternity has given me the best college-life experience. The University of Houston was a new and unfamiliar place for me. Coming from a small town, I had to start over. I did not know where to start and started with no friends. I chose fraternity life with no regrets. Networking has never been easier. Friends have never been so close. I have always been told, "Don't knock it, until you try." My friends that I have made through fraternity life are now my family away from home.



**ADRIAN HERNANDEZ**  
HOTEL & RESTAURANT  
MANAGEMENT  
SOPHOMORE

You should explore membership because it allows you to grow as a person. It helps you grow by instilling positive values, meeting new people, and sometimes gaining new skills and perspectives. You'll also have the opportunity to help your own chapter, campus, and organization as a whole grow as well. There's more to membership that simply can't be put into words, so if you'd like to find out, give it a chance!

WHY SHOULD I EXPLORE FRATERNITY/SORORITY MEMBERSHIP?

# ABOUT UH FRATERNITY AND SORORITY LIFE:



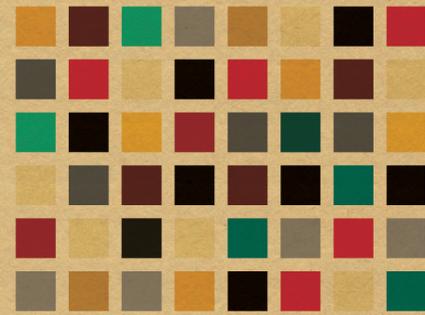
1500+ students

# 1956:

The beginning of the UH fraternity and sorority community

# 450%

Growth in UH fraternity/sorority members since 2010.



48 chapters and colonies.



# 61+%

Percentage of members who identify as students of color.

## HOW TO JOIN

During the first week of each semester, UH hosts “*Cat’s Back*,” a student organization fair where many of the fraternities and sororities will be present! Here is the chance to meet them and ask questions about membership and more. Do not be shy, the fraternities and sororities want to meet you as much as you want to meet them. Talk about what your interests are, goals while at UH, and what you hope to accomplish after you graduate.

Be sure to ask each organization about their individual requirements for membership, as membership eligibility requirements may differ from chapter to chapter. Also, we encourage you to explore multiple fraternities or sororities. Looking at a variety of organizations will allow you to best clarify your own personal goals and aspirations, and find a group that will best help you to achieve them.

### HOUSTON PANHELLENIC COUNCIL (HPC)

Panhellenic Formal Recruitment takes place early in the fall semester. Women will meet the seven chapters through a process of mutual selection. We encourage potential new members to keep an open mind during the process to find the chapter best for them. Sign up here: [uh.edu/panhellenic/recruitment/register.html](http://uh.edu/panhellenic/recruitment/register.html)

### INTERFRATERNITY COUNCIL (IFC)

Each of the fraternities hosts recruitment events at the start of each semester. For more information and to sign up: [uh.edu/ifc/recruitment/](http://uh.edu/ifc/recruitment/)

### MULTICULTURAL GREEK COUNCIL (MGC)

At “*Cat’s Back*” students can learn about the chapter’s rush weeks/events, these occur during the first few weeks of school each semester.

### NATIONAL PAN-HELLENIC COUNCIL (NPHC)

At the start of each semester, NPHC hosts ‘Meet the Greeks’. During this event, moderators go over the minimum requirements to join the organizations and best practices when it comes to showing interest of becoming a member of one of NPHC’s fraternities or sororities. Each group hosts interest meetings promoted online as well as through flyers across campus.

### UNITED GREEK COUNCIL (UGC)

Each fraternity and sorority has their own requirements for becoming a new member and host their own informational sessions with members of the respective organization to allow potential new members to learn about the fraternity or sorority. More information can be found on: [uh.edu/ugc](http://uh.edu/ugc)

### SPECIAL INTEREST GROUP

Visit [uh.edu/cfsl](http://uh.edu/cfsl) for information on our Special Interest Groups.



# CHAPTERS AND COUNCILS

Over the next few pages, we will introduce you to the vibrant chapters and councils we have at the University of Houston. A chapter is an individual fraternity or sorority. A council is a governing body of a group of chapters.

You will notice the icons under the chapters who are excelling in specific areas. Explanations of the icons are below!



## **BROTHERHOOD AND SISTERHOOD DEVELOPMENT:**

The chapter shows a strong brotherhood/sisterhood within its organization. The chapter respects the dignity of people while embracing the free exchange of ideas and beliefs. The chapter also educates and promotes healthy lifestyles.



## **LEADERSHIP DEVELOPMENT:**

Chapter does well with values-based learning and promotes leadership based opportunities for its membership.



## **RITUAL AND VALUES:**

Chapters highlighted with the 'Ritual and Values' icon under them have instilled the values of their organization into the University of Houston.



## **SERVICE & CITIZENSHIP:**

Chapter actively participates in community service opportunities as well as understands social issues facing their communities.



## **INTELLECTUAL DEVELOPMENT:**

Chapters with this icon have developed and maintained a strong scholarship program in order to assist with academic success.



## HOUSTON PANAHELLENIC COUNCIL

The Houston Panhellenic Council (HPC) governs the seven National Panhellenic Conference affiliated sororities at the University of Houston. HPC promotes sorority life by encouraging leadership, high academic achievement, philanthropic and community service efforts, as well as lasting bonds of sisterhood. HPC serves as a forum for discussing issues facing collegiate women and the UH community.



## INTERFRATERNITY COUNCIL

The Interfraternity Council (IFC) is the self-governing organization that provides guidelines and support to its member organizations. Each IFC member organization focuses on different aspects of fraternity and sorority life, including academics, athletics, campus involvement, community services, leadership, and brotherhood. IFC provides a way for member organizations to work together and achieve a greater level of success.





## NATIONAL PAN-HELLENIC COUNCIL

The National Pan-Hellenic Council, Incorporated (NPHC) is currently composed of nine historically African-American sororities and fraternities. NPHC promotes interaction through forums, meetings and other mediums for the exchange of information and engages in cooperative programming and initiatives through various activities and functions.

### SORORITIES



ALPHA KAPPA  
ALPHA  
NEW 2016



DELTA SIGMA  
THETA



SIGMA  
GAMMA RHO



ZETA PHI  
BETA

### FRATERNITIES



ALPHA PHI  
ALPHA



KAPPA ALPHA  
PSI



OMEGA PSI  
PHI  
NEW 2016



PHI BETA  
SIGMA

## MULTICULTURAL GREEK COUNCIL

The Multicultural Greek Council (MGC) is the governing council that represents and advocates for sororities and fraternities that are multicultural-by-mission. Fraternities and sororities within MGC also promote multicultural membership among their organizations. MGC hosts an annual MGC Week highlighting the mission of the Council and the goals of its member organizations.

### SORORITIES



ALPHA KAPPA  
DELTA PHI



DELTA PHI  
OMEGA



KAPPA  
DELTA CHI



KAPPA PHI  
GAMMA



LAMBDA  
DELTA PSI



SIGMA PHI  
OMEGA



THETA  
NU XI

### FRATERNITIES



BETA CHI  
THETA



DELTA EPSILON  
PSI



GAMMA  
BETA



OMEGA  
DELTA PHI



OMEGA PHI  
GAMMA  
NEW 2016



SIGMA BETA  
RHO





## UNITED GREEK COUNCIL

The United Greek Council (UGC) was created by the predominantly Latino/a fraternal organizations at The University of Houston in the spring semester of 2012. They were formerly known as the Latin Greek Council and recently changed their name to demonstrate each member organization's inclusivity. UGC was established with the goal of promoting unity and positive collaboration within the fraternity and sorority community and with other fraternal organizations on campus.

### SORORITIES



GAMMA RHO  
LAMBDA



LAMBDA THETA  
ALPHA



SIGMA LAMBDA  
GAMMA

### FRATERNITIES



ALPHA PSI  
LAMBDA



LAMBDA  
THETA PHI



SIGMA  
LAMBDA BETA

## SPECIAL INTEREST GROUP

Our Special Interest Groups operate without membership in a council. These groups are also affiliated with their international organizations.



PHI SIGMA  
RHO

# ALUMNI TESTIMONIALS



"Being a member of Chi Omega at the University of Houston has been a refinement in my life. The incredible opportunities I had and the smart and caring women I met during my college years, both in Chi Omega and Panhellenic, have been a huge part of my life (and my family's life as well). I own two successful businesses in Houston; most of that success is due to the support of friends I made during days as a student."

— **Cathy Coers Frank**  
Chi Omega  
Past member, UH Alumni  
Association Board of Directors  
Class of 1980



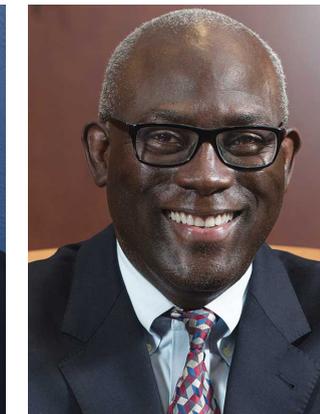
"Being in a sorority helped lay the foundation for skills I continue to use in my professional life. I learned how to step outside my comfort zone, how to speak publicly, and how to lead a group of individuals. Participating in events like homecoming, Frontier Fiesta, and MGC helped me learn collaboration, conflict management, and how to look past differences to work towards a goal. Working in the Organizational/Leadership Development arena, I teach these same skills to new leaders every day."

— **Melanie Rodriguez**  
Kappa Delta Chi  
National President  
Class of 2001



"I came to UH I was a kid from out of town who knew no one. I was drawn to fraternity life and the camaraderie and friendship it promised. With Tau Kappa Epsilon I found that comfortable home and warm fraternal environment that I sought. I also found the fraternity to be a great teacher of character, leadership, and of commitment to serving others. After graduation I continued to be involved as an Alumni volunteer with the UH Teke chapter and with the fraternity in general."

— **Robert Planck**  
Tau Kappa Epsilon  
Former National President  
Class of 1971



"During my freshman year at UH, I joined Kappa Alpha Psi Fraternity. The fraternity provided me the opportunity to learn to lead, as well as aligning with other young men who were dedicated to using their college to become achievers in life. My group included future physicians, judges, executives, and an astronaut. Going through college with men like these helped set me on a path to personal achievement."

— **Regent Gerald McElvy**  
Kappa Alpha Psi  
UH System Board  
of Regents Member  
Class of 1975



# LEADERSHIP PROGRAMS AND ORGANIZATIONS

Being a member of fraternity and sorority life at the University of Houston opens the doors to various leadership development programs. With these programs you have the opportunity to interact with students from other chapters as well as an array of staff and faculty members at UH. On campus programs as well as offsite excursions are a highlight of members' academic year. We also showcase our top academic achieving members of the community with the 'Order of Omega' honor society. There are many ways to get involved within fraternity and sorority life!

## FRATERNITY & SORORITY PRESIDENT'S LEADERSHIP SUMMIT

At the start of each fall semester, the chapter presidents of our fraternities and sororities travel to an off campus location to engage in active team and relationship building with one another.

## FUTURE GREEK LEADERS ACADEMY

The Future Greek Leaders Academy brings together members who are in their first year of membership. During this time members and UH staff members travel to an overnight location to learn about each other and the UH fraternity and sorority community.

## FRATERNITY/SORORITY PROGRAM BOARD (FSPB)

The Fraternity/Sorority Program Board is made up of fraternity & sorority members who work together to provide programs for the UH community and fraternity/sorority members. These programs range from educational to social.

## ORDER OF OMEGA

The purpose of Order of Omega is to recognize those fraternity men and women who have attained a high standard of leadership in interfraternity activities. The organization highlights the top academic performing fraternity and sorority members.

# FRATERNITY AND SORORITY HOUSING

## BAYOU OAKS

Bayou Oaks is an on-campus townhouse facility that is home to fifteen UH fraternity and sorority chapters. Designed to combine a traditional chapter house with conventional apartment-style living, Bayou Oaks gives fraternity and sorority members the opportunity to experience

sisterhood and brotherhood while living within walking distance to the UH campus. Supported by the Fraternity & Sorority Housing Coordinator, each townhouse has its own manager who is responsible for addressing any of the chapter's housing needs.

*For more information on Bayou Oaks or how to live together on campus with your Greek organization, contact Guillermo Flores at [GJFlores@uh.edu](mailto:GJFlores@uh.edu) or go online to [uh.edu/cfsl/housing](http://uh.edu/cfsl/housing).*



SAY YES TO **GETTING INVOLVED...**



SAY YES TO **GETTING SUPPORT...**



SAY YES TO **STAYING HEALTHY...**



SAY YES TO **LIVING ON CAMPUS...**



uh.edu/dsaes UH\_DSAES

SAY YES TO **SUCCESS**

What does #UHSUCCESS look like to you?

UNIVERSITY of **HOUSTON**  
STUDENT AFFAIRS & ENROLLMENT SERVICES



**LAUNCH**

**FREE SERVICES PROVIDED:**

- Learning Strategies  
Workshops:
- Time Management
  - Test-Taking Skills
  - Improving Concentration
  - Reading & Note Taking
  - Improving Memory
  - Overcoming Procrastination

Register at:  
[uh.edu/ussc/launch](http://uh.edu/ussc/launch)

**ACADEMIC COUNSELING**

Individual academic counseling provides students the opportunity to discuss a variety of academic concerns: time management, procrastination, test anxiety, test taking, study skills, concentration, memory, note taking, reading, motivation, etc. Appointments to meet with an academic counselor can be made by calling LAUNCH at (713) 743-5411.

**PEER TUTORING**

LAUNCH provides individual and group tutoring in over 100 different courses. Our tutors are available for selected courses in subjects such as:

- Accounting
- Math
- Biology
- Physics
- Chemistry
- Statistics
- Economics
- Engineering
- Computer Science
- Writing Papers
- And more!

Schedules for specific course tutoring hours are available at:  
[uh.edu/ussc/launch](http://uh.edu/ussc/launch)

Tutoring is provided on a walk-in basis. No appointment necessary. All UH Students Welcome.

**N109 Cougar Village 1 • 713-743-5411**  
[uh.edu/ussc/launch](http://uh.edu/ussc/launch)

UNIVERSITY of  
**HOUSTON**

CENTER for FRATERNITY & SORORITY LIFE



**FACEBOOK:**

FRATERNITY AND SORORITY LIFE  
AT THE UNIVERSITY OF HOUSTON

**INSTAGRAM:** @UH\_CFSL

**TWITTER:** @UH\_CFSL

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