This worksheet is part of a curated selection of Diversity, Equity and Inclusion exercises maintained by the UH Center for Diversity and Inclusion. It is intended to provide an engaging, hands-on activity that allows participants to gain a greater understanding of Diversity, Equity and Inclusion topics.
The Person I Least Want To Be

Purpose:
To stimulate small and large group discussion about what it means to be in a minority group. It helps get “stereotypes” out into the open so that they can be discussed. Also, to consider what mitigating factors might lessen the impact of being in that group. This lesson can build empathy for students who may be seen as at a disadvantage academically, socially or otherwise. Further, it can highlight the importance of support systems for all students.

Directions:

1. Post signs with the statements in different areas of the room (see pages following these directions)
2. Ask participants to walk around and read the signs-then stand beside the person they would least want to be.
3. Get each group to discuss their choice with each other.
4. Then go around and ask members of each group to explain their choice.
5. Repeat this process with a new task-get people to stand beside the person they would most want to be.

Also for discussion: Ask each group to discuss the emotional components of their choice. Ask them to discuss the relationship between their choice and stereotypes. What categories might be useful?

(Print the next 5 pages to post in the classroom for this lesson).
Single Mom In Mid30’s (w/2 small children and a full scholarship)
New Student From South America (who doesn’t know anyone at Cortland or in the area)
African-American Student (who went to a predominately black high school)
Wheelchair Bound Student (senior, Computer Science Major who already has a great job)
Gay Student w/a good Support System on Campus