This worksheet is part of a curated selection of Diversity, Equity and Inclusion exercises maintained by the UH Center for Diversity and Inclusion. It is intended to provide an engaging, hands-on activity that allows participants to gain a greater understanding of Diversity, Equity and Inclusion topics.
Crossing the Line Activity

Explanation: This is an activity meant to show the general background of our group in response to racial, social, sexual, and cultural differences in our society. Each member is to respond to the questions below.

In order to maintain confidentiality, we will collect them and then randomly hand the papers back. Thus, allowing each person to get someone else's paper. Once the papers have been passed out, each statement will be read aloud by the facilitator. Each group member will be asked to stand if that statement on the paper they are holding has been marked “YES”.

Instructions: -Respond to the following statements by writing Y for “yes” or N for “no” in the left column

I…
___ played sports in high school
___ have traveled to a country that speaks a language other than English
___ got picked on in school
___ am the first person in my family to go to college
___ was a leader in high school
___ got suspended from school
___ was rejected from a college I wanted to attend
___ have grandparents that were born outside of the United States
___ have/had an eating disorder/problem
___ have a learning challenge
___ have a step parent
___ take medication on a daily basis for health reasons
___ have broken someone’s heart
___ have caught myself judging someone before I even met them
___ have dated someone outside of my race
___ have raised-grown-killed food for my consumption
___ has a friend or family member who has been sexually assaulted or raped
___ have experienced privileges that people of other races don’t
___ have been followed around a store when I shopped
___ have been the target of a racist comment
___ abandoned my faith at some point in my life
___ know the meaning of an upside down pink triangle
___ have had someone close to me die
___ love someone who has been or is in jail
___ have danced/entered a gay bar
___ have been asked to answer for my entire race; as if I was the “expert”
___ have a friend or family member, or I have thought about or attempted suicide
___ have someone that I love effected by alcoholism
___ am close to someone who is homosexual
___ have a friend for family member, or I was abused as a child
___ feel comfortable walking down the street holding hands with my partner
___ have been on welfare or social services
___ depend on financial aid to attend college

Beyond P.C.: Let’s Understand Each Other
NWACUHO Feb. 2004 ~ Timi C. Tullis