Racial Trauma is Real C2 Workshop
Learn about the impact of racial trauma; how to cope & support those affected!

Suicide Prevention Virtual Training - QPR
Mondays & Thursdays 12 - 1
Registration required!

DID YOU KNOW?
2/3 OF STUDENTS WHO VISIT CAPS SAY DEPRESSION OR ANXIETY IS THEIR MAIN CONCERN?
LEARN ABOUT OUR ESSENTIAL SKILLS WORKSHOPS THAT HELP STUDENTS LEARN THE LATEST COPING SKILLS NEED TO ADDRESS THEIR CONCERNS

NEED PRIVACY FOR CAPS COUNSELING? VISIT THE TELE-HEALTH STATION

CAPS SUGAR LAND OFFICE
ALBERT & MAMIE GEORGE (AMG) 119

In-Person Visits are available with contract clinician Sarah Northrup

Tele-health Station Hours
Mon-Tues 2p-4p
Wed-Fri 10a-4p

SUGAR LAND LIAISONS

Dr. Marti Trummer-Cabrera
Liaison to UH Sugar Land & College of Nursing

Karen Jubert
Liaison to College of Technology

Dr. Cecilia Sun
Liaison to College of Education

Request a Presentation from CAPS