



CAPS NEWSLETTER

SUMMER 2021

SERVICES | NEWS | UPDATES

UH.EDU/CAPS | 713-743-5454

SUMMER PSYCHOTHERAPY SERVICES

Call to get Connected!
713-743-5454



24/7 Crisis Services
Individual Counseling
Single Session
Couples Counseling
Group Counseling

[CLICK HERE](#)
to request a
MENTAL HEALTH PRESENTATION
FROM CAPS
THIS SUMMER

Give to CAPS
[click here](#)

Did you know CAPS offers
COUPLES COUNSELING?

LET'S TALK VIRTUAL SUMMER SCHEDULE

Zoom: 91244361097
uh.edu/caps/outreach/lets-talk



MEET LET'S TALK COORDINATOR JANET CLEMENSON



She joined CAPS team in Aug 2014 & has grown the Let's Talk consultation program by collaborating with UH Campus Rec Art Walks. She loves our diverse student population & is a strong ally for LGBTQ & DACA students.

NEWS

**CAPS CLINICIAN
LAURA ZAVALA-MEMBRENO
AWARDED AT 9TH ANNUAL SHRLIES**

Hall Council Program of the Year
Stress Management and Mental Health

(University Lofts)

