CAPS NEWSLETTER
SUMMER 2021
SERVICES | NEWS | UPDATES
UH.EDU/CAPS | 713-743-5454

SUMMER PSYCHOTHERAPY SERVICES

Call to get Connected! 713-743-5454

24/7 Crisis Services
Individual Counseling
Single Session
Couples Counseling
Group Counseling

Did you know CAPS offers COUPLES COUNSELING?

LET'S TALK
VIRTUAL SUMMER SCHEDULE

Zoom: 91244361097
uh.edu/caps/outreach/lets-talk

Monday - Friday
3pm - 4pm

MEET LET'S TALK COORDINATOR
JANET CLEMENSON

She joined CAPS team in Aug 2014 & has grown the Let's Talk consultation program by collaborating with UH Campus Rec Art Walks. She loves our diverse student population & is a strong ally for LGBTQ & DACA students.

NEWS
CAPS CLINICIAN
LAURA ZAVALA-MEMBRENO
AWARDED AT 9TH ANNUAL SHRLIES

Hall Council Program of the Year
Stress Management and Mental Health
(University Lofts)